

Wakefield Children and Young People's Survey 2016

District Summary Wakefield Year 5 Primary Pupils

**Prepared by the Schools Health Education Unit, Exeter
for Wakefield Council**

Thanks

We are grateful to the teachers, schools and young people for their time and contributions to this survey. As a result we have excellent information to be used by schools, Wakefield Council and other relevant health, statutory and voluntary agencies. This work ensures local children and young people are listened to and their needs inform service provision, resource allocation and programme planning.

Schools and colleges taking part in the 2016 survey:

Airedale Academy, All Saints Featherstone CE (VA) Junior Infant and Nursery School, Alverthorpe St Paul's CE (VA) School, Ash Grove Junior and Infant School, Carleton Community High School, Castleford Academy, Castleford Oyster Park Primary School, Castleford Park Junior Academy, Crigglestone Dane Royd Junior and Infant School, Crigglestone Mackie Hill Junior and Infant School, Crigglestone St James CE Primary Academy, Crofton Academy, De Lacy Academy, English Martyrs Catholic Primary School, Gawthorpe Community Academy, Hemsworth Arts and Community Academy, Hemsworth Grove Lea Primary School, Hendal Primary School, Highfield Special School, Horbury St Peter's and Clifton CE (VC) Primary School, Jerry Clay Academy, Minsthorpe Community College, Moorthorpe Primary School, New College Pontefract, Newton Hill Community School, Normanton Common Primary Academy, Northfield Primary School, Ossett Academy and Sixth Form College, Ossett Flushdyke Junior and Infant School, Ossett Holy Trinity CE VA Primary School, Ossett South Parade Primary School, Ossett Southdale CE VC Junior School, Outwood Grange Academy, Outwood Primary Academy Kirkhamgate, Outwood Primary Academy Ledger Lane, Pinderfields Hospital PRU, Pontefract Carleton Park Junior and Infant School, Pontefract Orchard Head Junior and Infant and Nursery School, Rooks Nest Academy, Sacred Heart Catholic Primary School, Sharlston Community School, Shay Lane Primary (J and I) School, Sitlington Middlestown Junior and Infant School, Sitlington Netherton Junior and Infant School, St Helen's CE Primary School, St Ignatius Catholic Primary School, St John the Baptist Catholic Primary School, St Joseph's Catholic Primary School, Moorthorpe, Streethouse, Junior, Infant and Nursery School, The Freeston Academy, The King's School, Towngate Primary Academy, Wakefield City Academy, Wakefield College, Wakefield Flanshaw Junior and Infant School, Wakefield Greenhill Primary School, Wakefield Pinders Primary (JIN) School, Wakefield St Johns CE VA Junior and Infant School, Wakefield the Mount Junior and Infant School, Walton Primary Academy, West Bretton Junior and Infant School and Willow Green Academy.

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Introduction

Introduction

These results were collected from a sample of primary pupils aged 9 to 10 and secondary pupils aged 13 to 14 in the autumn terms 2016, together with a sample of sixth-form and college students.

This summary is an in depth analysis of the Year 5 primary aged responses to the questionnaire, more information can be found in reports and tables held by Helen Laird and Paul Jaques at Wakefield Council's Public Health team. For more information email: pauljaques@wakefield.gov.uk

The survey was commissioned by the Wakefield Council's Health Improvement team as a way of collecting robust information about young people's health and wellbeing.

Teachers were informed on how to collect the most reliable data and then pupils completed a version of the questionnaire appropriate for their age group. Year 5 pupils completed the primary version of the questionnaire. Students in Years 9 and 12 completed the secondary/FE version of the questionnaire in their secondary schools and FE colleges.

All were undertaken anonymously and there was a mix of paper based and online questionnaires.

School Year	Year 5	Year 9	Year 12+	Total
Boys	681	880	848	2409
Girls	710	878	963	2551
(Unknown)		12	6	18
Total	1391	1770	1817	4978

A total of 3161 pupils took part in 46 primary and 13 secondary school settings in Wakefield District.

1817 students in school sixth-forms and in FE colleges completed the Year 12/FE version of the survey.

1 Special school also completed an adapted version of the survey with their students.

HEADLINES – Year 5 Pupils in Wakefield District (ages 9-10)

Healthy Eating



1 in 10 pupils had no more than a drink for breakfast this morning



6 out of 10 pupils have fruit/vegetables 'on most days'



2 out of 10 pupils drink fizzy drinks 'on most days'



Physical activity



6 out of 10 pupils would like to be more active



3 out of 10 pupils do less than an hour of physical activity per day



Alcohol



8 out of 10 pupils have never drunk alcohol



Smoking



1 in 10 pupils said
someone smokes at
home in rooms they use



Safety



9 in 10 pupils said they
always wear a seatbelt
while travelling in a car



6 out of 10 pupils said they hadn't been
bullied in the last year



8 out of 10 pupils said their
school takes bullying
seriously



Enjoying and achieving



8 out of 10 pupils said they
know their targets and are
helped to meet them



3 out of 10 pupils worry 'quite
a lot' or 'a lot about exams and
tests.







Wellbeing











3 out of 10 pupils had
High/maximum
wellbeing scores



Trends

<p>2011</p> 	<p>1 in 10 pupils in 2011 said they rarely or never have chips, this has risen to 2 in 10 pupils in 2016</p>	<p>2016</p> 
<p>2011</p> 	<p>7 out of 10 pupils in 2011 said their school takes bullying seriously compared with 8 out of 10 pupils in 2016</p>	<p>2016</p> 

Inequalities

<p>Special Needs</p> 	<p>6 in 10 pupils who have special needs say they have been bullied at school in the last 12 months compared with 4 in 10 pupils who don't have special needs</p>	<p>Non-special Needs</p> 
<p>Highest deprivation</p> 	<p>2 in 10 pupils from the most deprived areas missed breakfast that morning compared with less than 1 in 10 pupils in the least deprived areas</p>	<p>Lowest deprivation</p> 
<p>Boys</p> 	<p>3 out of 10 boys and 5 out of 10 girls always wear a safety helmet when cycling</p>	<p>Girls</p> 
<p>Highest deprivation</p> 	<p>4 in 10 pupils from the most deprived areas do less than an hour's activity per day compared with 2 in 10 pupils in the least deprived areas</p>	<p>Lowest deprivation</p> 

Cross Phase Differences

	Year 5	Year 9	Year 12
Diet:			
% having no breakfast or just a drink	13%	35%	40%
% who eat fruit/veg on most days	62%	46%	47%
% fizzy drinks most days	20%	30%	32%
% who brush their teeth twice a day	81%	87%	89%
Physical Activity:			
% doing less than 1 hour physical activity per day	27%	26%	39%
% of inactive pupils who think they do enough exercise	54%	22%	17%
% who want to be more active	62%	62%	68%
Alcohol/Smoking:			
% who smoke occasionally/regularly	0%	3%	14%
% who smoke e-cigarettes occasionally/regularly	0%	6%	8%
% who at least tried e-cigarettes	3%	27%	41%
% who drink alcohol occasionally/regularly	2%	14%	63%
Drugs:			
% taken cannabis		3%	17%
% taken other form of drug		1%	5%
% taken NPS (incorrectly called legal highs)		1%	2%
Sexual health:			
% that have had sex		4%	42%
% who know where to get condoms free of charge		40%	76%
Travel:			
% who walk/cycle to school	47%	44%	18%
% who always wear a seatbelt	89%	78%	82%
% who always wear a cycle helmet	39%	10%	14%
Bullying:			
% who often/very often feel afraid of going to school because of bullying	10%	6%	2%
% who have been bullied in the last year	44%	33%	11%
% who think school takes bullying seriously	77%	47%	53%
Wellbeing:			
% recording High/max score in the Warwick-Edinburgh wellbeing score	28%	18%	18%
% worry about schoolwork/exams.	25%	36%	58%
% worry about money problems	12%	13%	32%
% keep at least one problem to themselves	67%	77%	70%
Enjoying/Achieving:			
Agree "My work is marked so I can see how to improve it"	90%	82%	85%
Agree "I know my targets and I am helped to meet them"	75%	67%	79%
Agree "My views are asked for in school"	55%	38%	49%
% think they need extra help (not currently receiving)	13%	12%	10%

Inequalities in Wakefield District

Year 5 Percentages in each social identity group reporting different behaviours	All	Ethnic minority	Young carer	Children in care	Single-parent family	Special needs	Least deprived	Most deprived	Boy	Girl
Diet										
Had no breakfast or just a drink	13%	13%	21%	10%	17%	20%	3%	19%	14%	12%
Eat fruit/veg on most days	62%	67%	61%	66%	57%	60%	72%	60%	56%	68%
Fizzy drinks/energy drinks/sports drinks on most days	20%	18%	26%	38%	23%	29%	13%	23%	22%	18%
Brush teeth two or more times	81%	75%	81%	73%	83%	68%	92%	73%	77%	85%
Physical activity										
Do less than 1 hour of physical activity a day which makes them breathe faster and feel warmer.	27%	29%	28%	43%	32%	37%	19%	35%	24%	30%
Inactive pupils who think the amount of physical activity they do is enough to keep them healthy	54%	54%	54%	38%	53%	56%	52%	44%	51%	56%
Would like to be more physically active	62%	65%	62%	52%	63%	64%	60%	68%	61%	63%
Smoking and alcohol										
Smoke cigarettes occasionally/regularly	0%	0%	1%	0%	1%	0%	0%	1%	0%	0%
Smoke e-cigarettes occasionally/regularly	0%	1%	1%	0%	1%	0%	0%	1%	0%	0%
At least tried e-cigarettes	3%	3%	5%	3%	2%	4%	1%	4%	3%	2%
Drink alcohol occasionally/regularly	2%	4%	4%	3%	2%	2%	3%	2%	4%	1%
Travel										
Walked/cycled to school	47%	48%	49%	55%	48%	53%	34%	49%	50%	43%
Always wear a seatbelt	89%	81%	84%	90%	87%	87%	95%	86%	86%	92%
Always wear a safety helmet when cycling	39%	37%	36%	24%	35%	40%	47%	24%	33%	45%
Safety										
Often/very often feel afraid of going to school because of bullying	10%	9%	13%	7%	13%	21%	11%	10%	9%	11%
Been bullied at school in the last year	44%	35%	51%	61%	40%	57%	33%	44%	43%	45%
School takes bullying seriously	77%	73%	77%	63%	75%	71%	83%	69%	75%	78%
Wellbeing										
High/maximum Warwick-Edinburgh wellbeing score	28%	32%	23%	23%	18%	29%	41%	25%	31%	26%
Worry about school-work/exams	25%	26%	32%	25%	28%	38%	21%	31%	23%	27%
Worry about money problems	12%	14%	18%	21%	17%	22%	8%	17%	14%	11%
Keep at least one problem to themselves	67%	73%	76%	83%	76%	74%	55%	77%	69%	65%
Enjoying and achieving										
Work is marked so they can see how to improve it	90%	89%	90%	79%	88%	83%	95%	84%	88%	91%
Know their targets and are helped to meet them	75%	79%	75%	75%	75%	76%	75%	72%	76%	74%
Views and opinions are asked for in school	55%	51%	56%	67%	55%	63%	59%	57%	53%	56%
Pupils who think that they need extra help if they don't currently receive it (excludes those who receive help)	13%	13%	24%	18%	15%	26%	13%	17%	13%	13%
<i>Total Sample size:</i>	1,391	141	199	30	176	165	104	256	681	710
Significance testing key									10	p<0.05
									10	p<0.01

Shaded figures are statistically significantly different from the overall Wakefield figure in the same row.

The key shows the level of statistical significance, with the darker shading showing a higher level.

This assessment depends on the size of the difference and the size of the sample in that column.

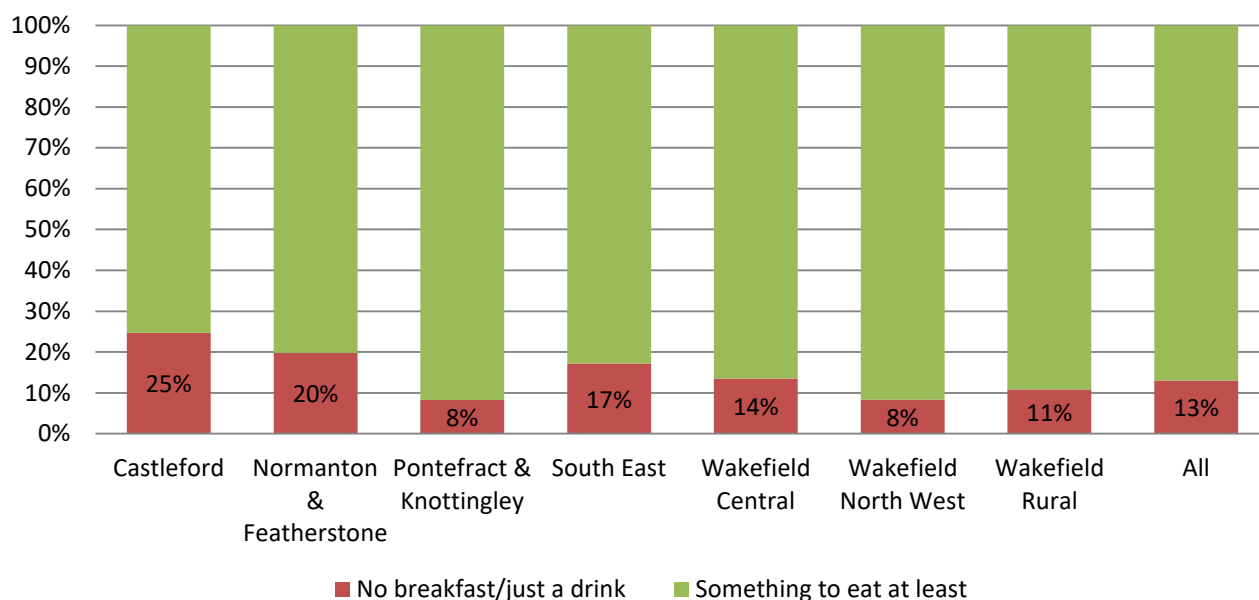
Analysis by area

Year 5 – Percentages in each Wakefield District area reporting different behaviours	All Year 5	Castleford	Normanton & Featherstone	Pontefract & Knottingley	South East	Wakefield Central	Wakefield North West	Wakefield Rural
Diet								
Had no breakfast or just a drink	13%	25%	20%	8%	17%	14%	8%	11%
Eat fruit/veg on most days	62%	55%	61%	66%	56%	59%	67%	63%
Fizzy drinks/energy drinks/sports drinks on most days	20%	22%	17%	19%	19%	25%	17%	22%
Brush teeth two or more times	81%	78%	73%	84%	81%	73%	84%	86%
Physical activity								
Do less than 1 hour of physical activity a day which makes them breathe faster and feel warmer.	27%	37%	34%	27%	30%	28%	26%	18%
Inactive pupils who think the amount of physical activity they do is enough to keep them healthy	54%	56%	52%	48%	46%	62%	59%	42%
Would like to be more physically active	62%	53%	65%	72%	65%	70%	59%	57%
Smoking and alcohol								
Smoke cigarettes occasionally/regularly	0%	1%	0%	0%	1%	1%	0%	0%
Smoke e-cigarettes occasionally/regularly	0%	1%	0%	0%	1%	1%	0%	0%
At least tried e-cigarettes	3%	3%	5%	1%	4%	4%	2%	2%
Drink alcohol occasionally/regularly	2%	6%	2%	2%	1%	2%	2%	3%
Travel								
Walked/cycled to school	47%	44%	47%	48%	51%	46%	51%	36%
Always wear a seatbelt	89%	88%	91%	90%	86%	81%	92%	93%
Always wear a safety helmet when cycling	39%	28%	42%	30%	29%	28%	50%	46%
Safety								
Often/very often feel afraid of going to school because of bullying	10%	10%	11%	15%	11%	8%	8%	12%
Been bullied at school in the last year	44%	38%	53%	38%	47%	38%	44%	48%
School takes bullying seriously	77%	74%	63%	84%	67%	77%	79%	80%
Wellbeing								
High/maximum Warwick-Edinburgh wellbeing score	28%	26%	32%	25%	22%	28%	30%	31%
Worry about school-work/exams	25%	26%	22%	29%	29%	26%	21%	27%
Worry about money problems	12%	16%	10%	13%	15%	17%	9%	12%
Keep at least one problem to themselves	67%	65%	69%	67%	71%	70%	64%	69%
Enjoying and achieving								
Work is marked so they can see how to improve it	90%	83%	83%	93%	94%	88%	91%	92%
Know their targets and are helped to meet them	75%	68%	68%	82%	72%	77%	78%	73%
Views and opinions are asked for in school	55%	51%	42%	67%	67%	54%	53%	54%
Pupils who think that they need extra help if they don't currently receive it (excludes those who receive help)	13%	15%	7%	27%	9%	18%	10%	15%
<i>Total Sample size:</i>	1391	154	91	97	166	185	458	240
Significance testing key							10	p<0.05
							10	p<0.01

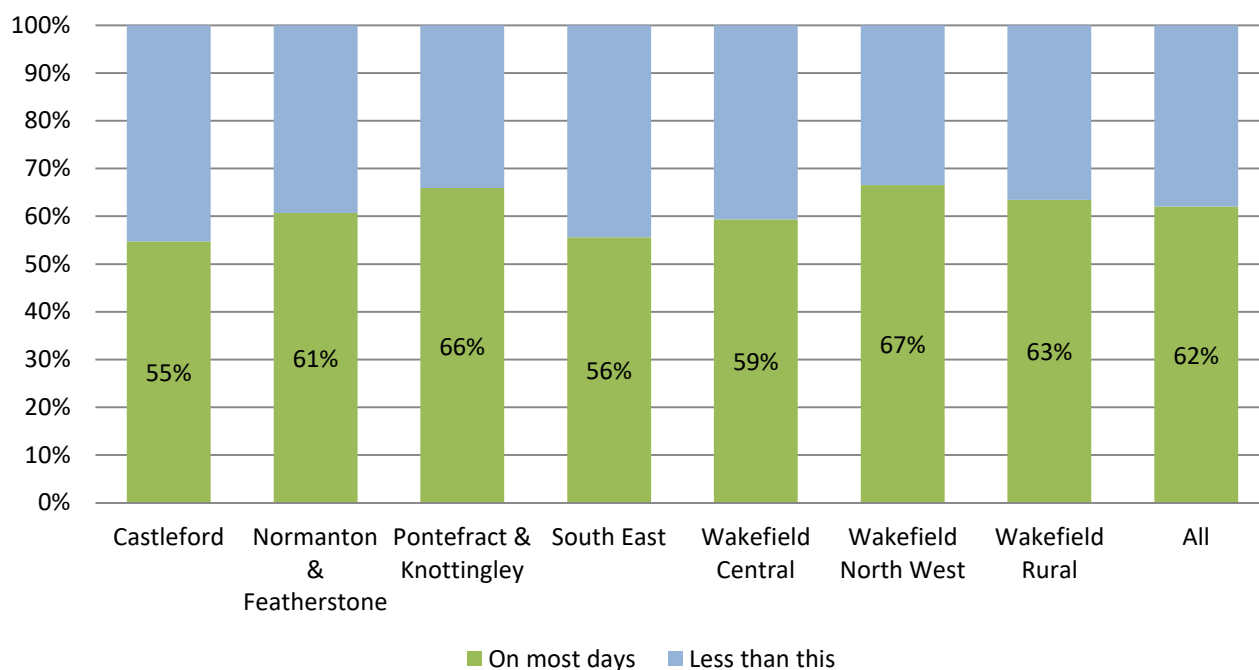
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AREA DATA

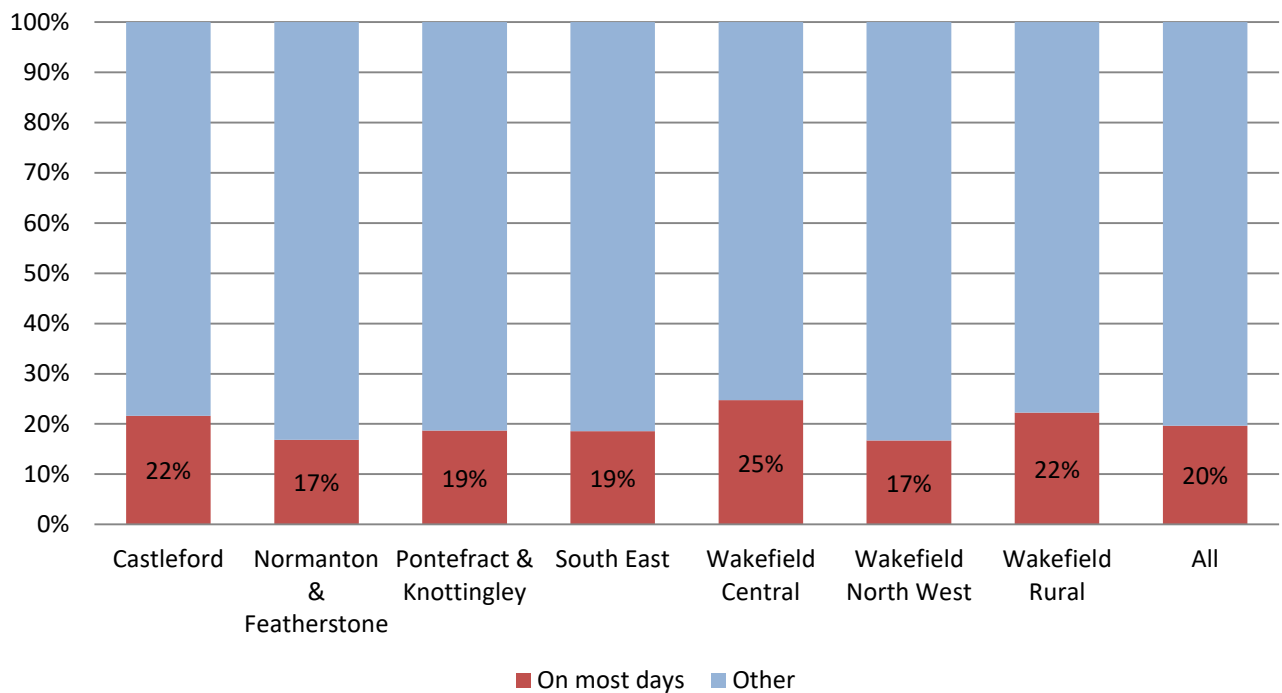
Nothing at all or just a drink before lessons this morning



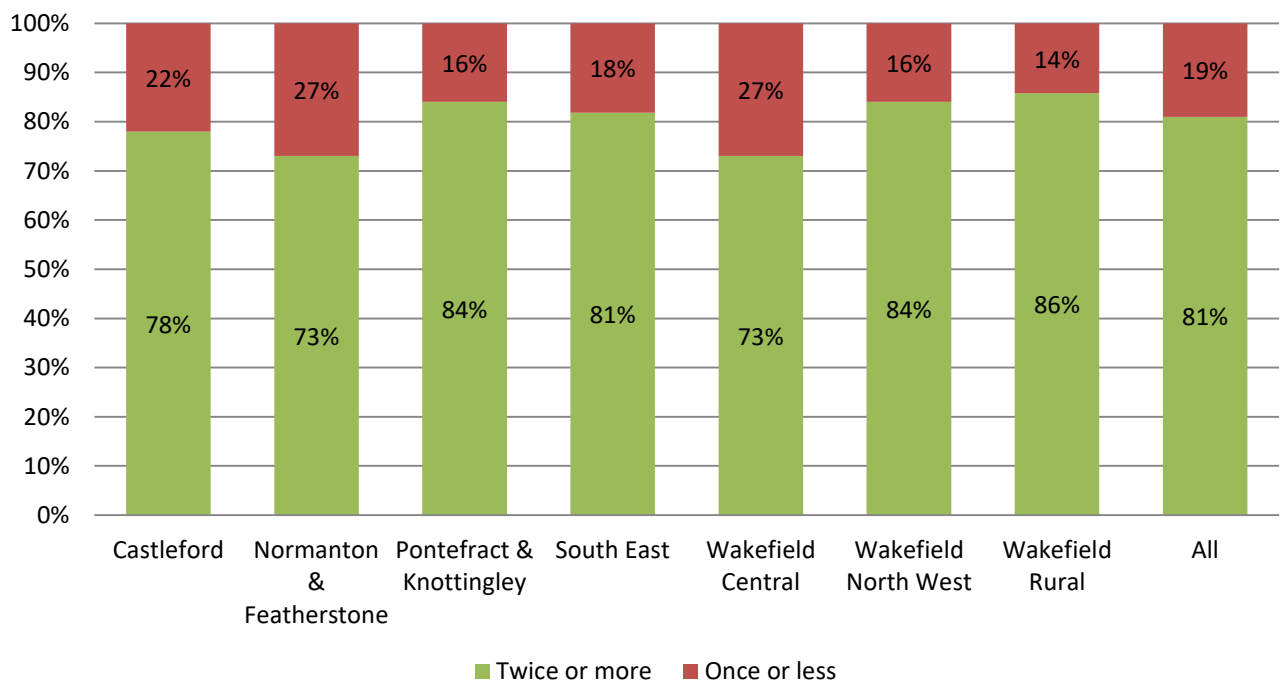
Fruit & Veg 'on most days'



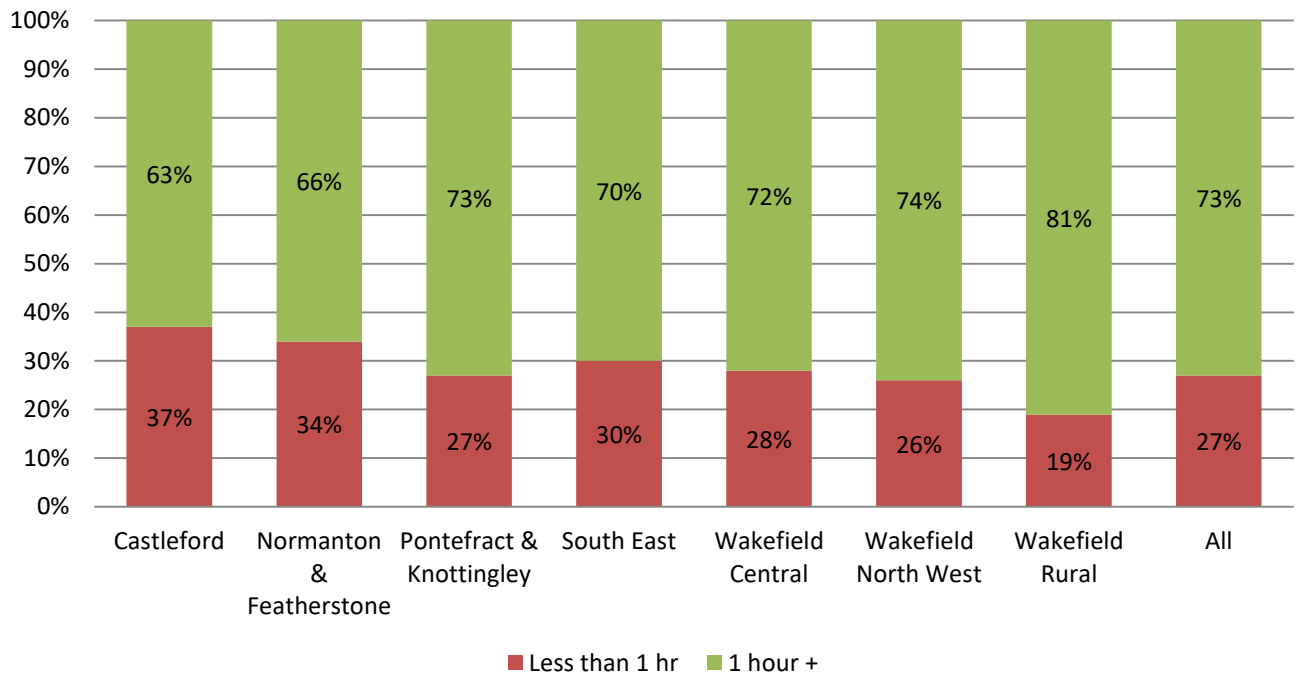
Fizzy drinks 'on most days'



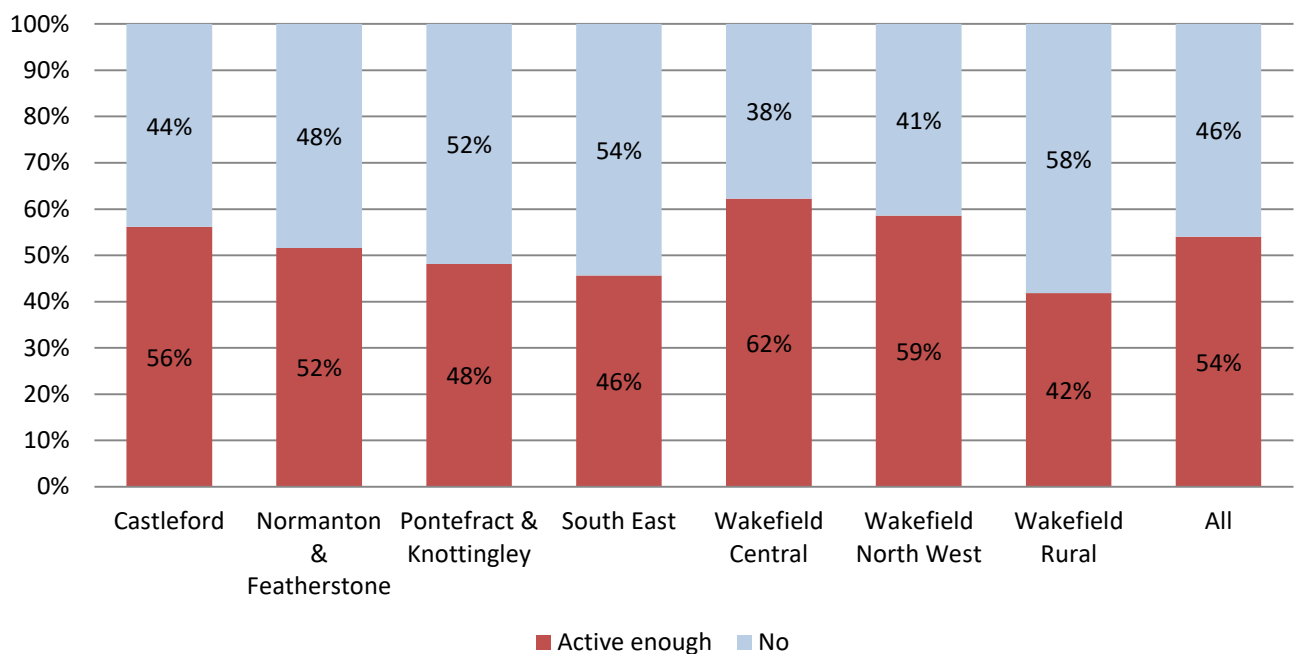
How many times a day do you normally brush your teeth?



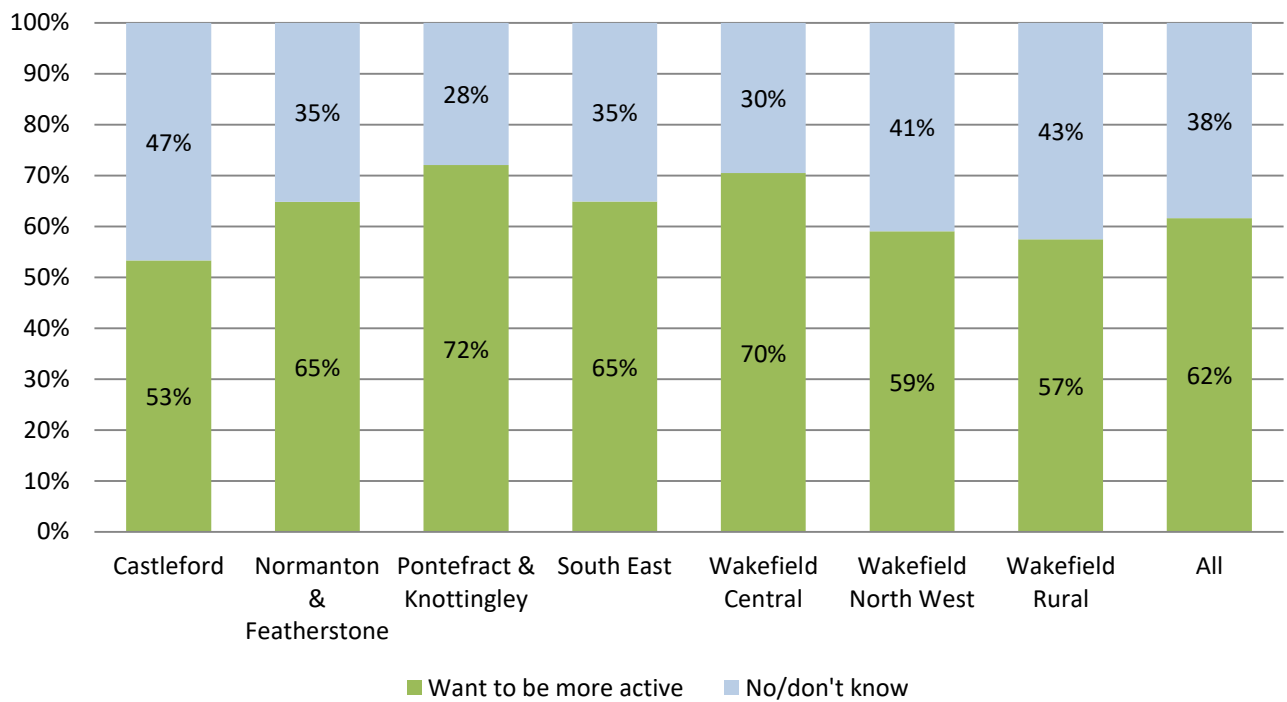
How many hours of physical activity do you do a day which makes you breathe faster and feel warmer?



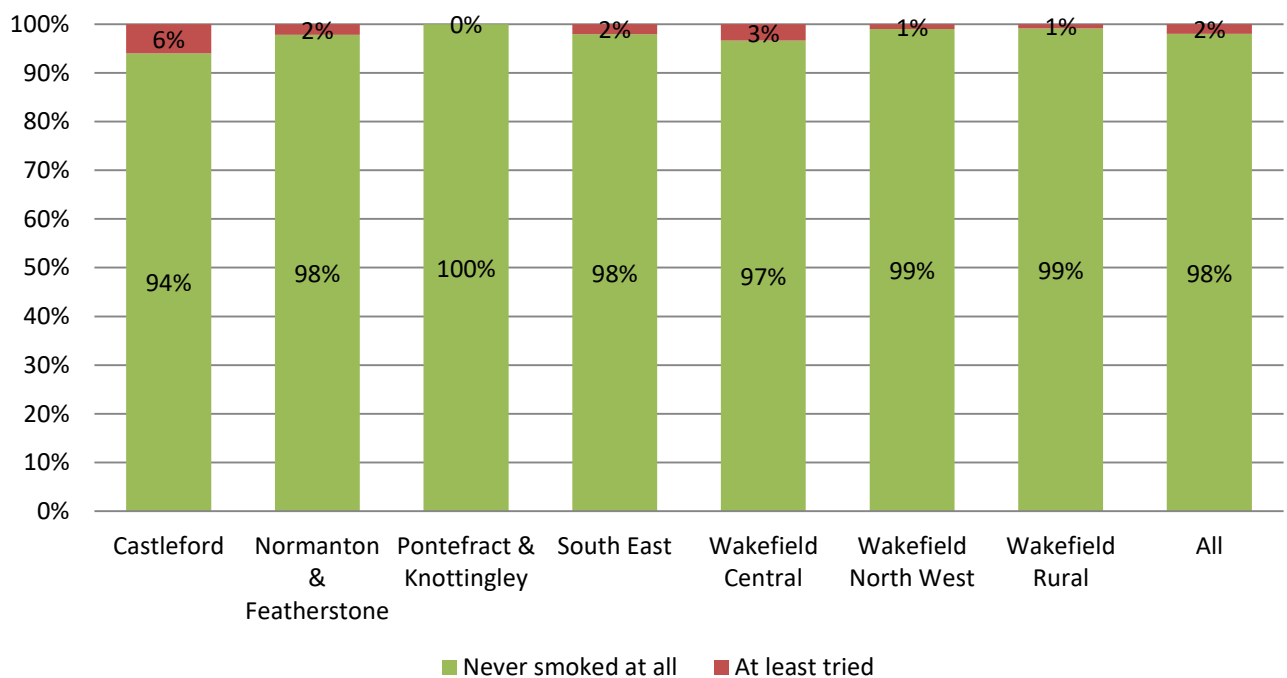
Pupils doing less than 1 hour a day - who think they are active enough to keep them healthy



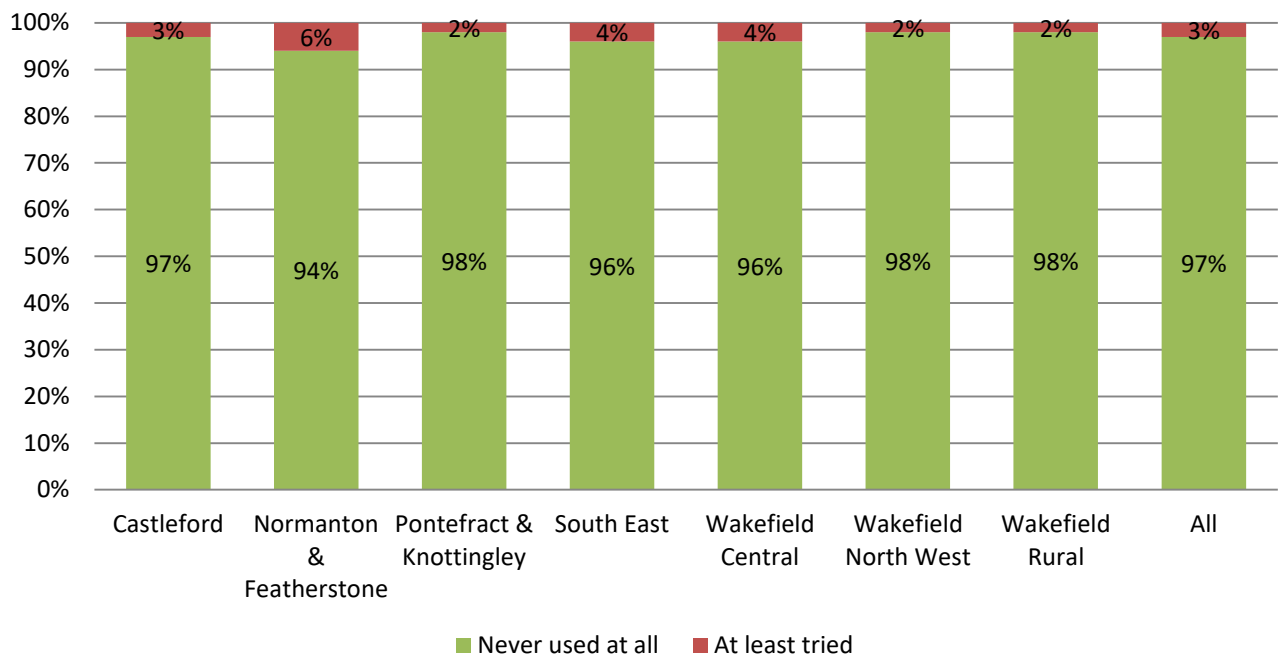
Would you like to be more physically active?



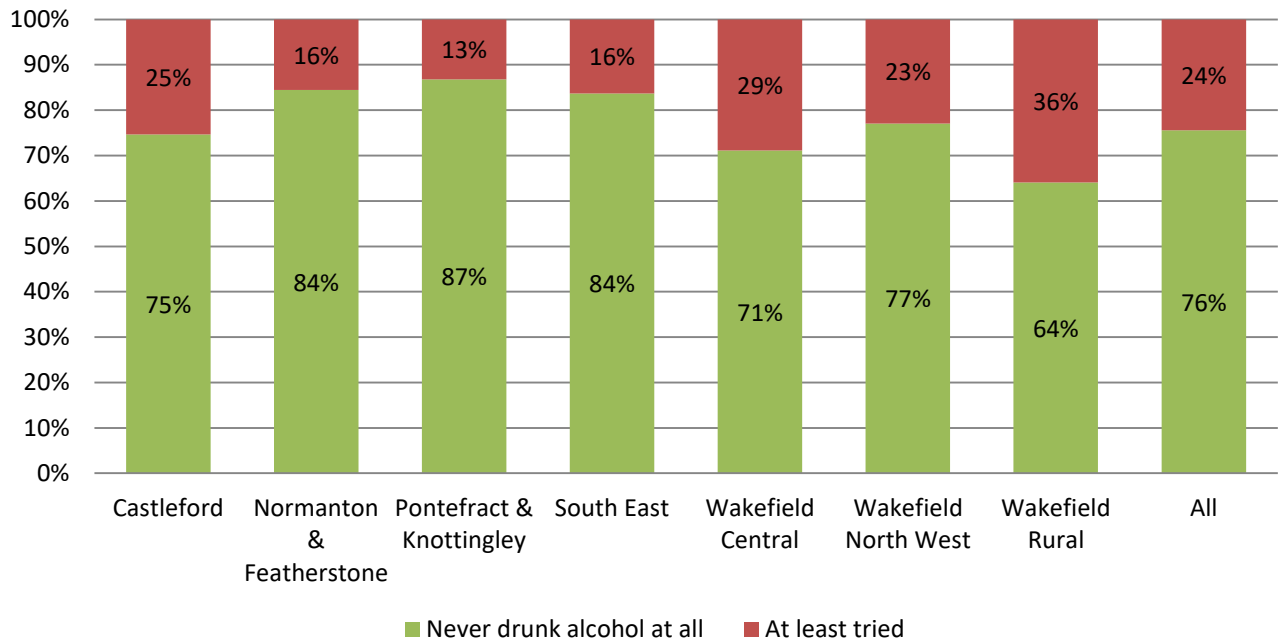
Smoking: which describes you best?



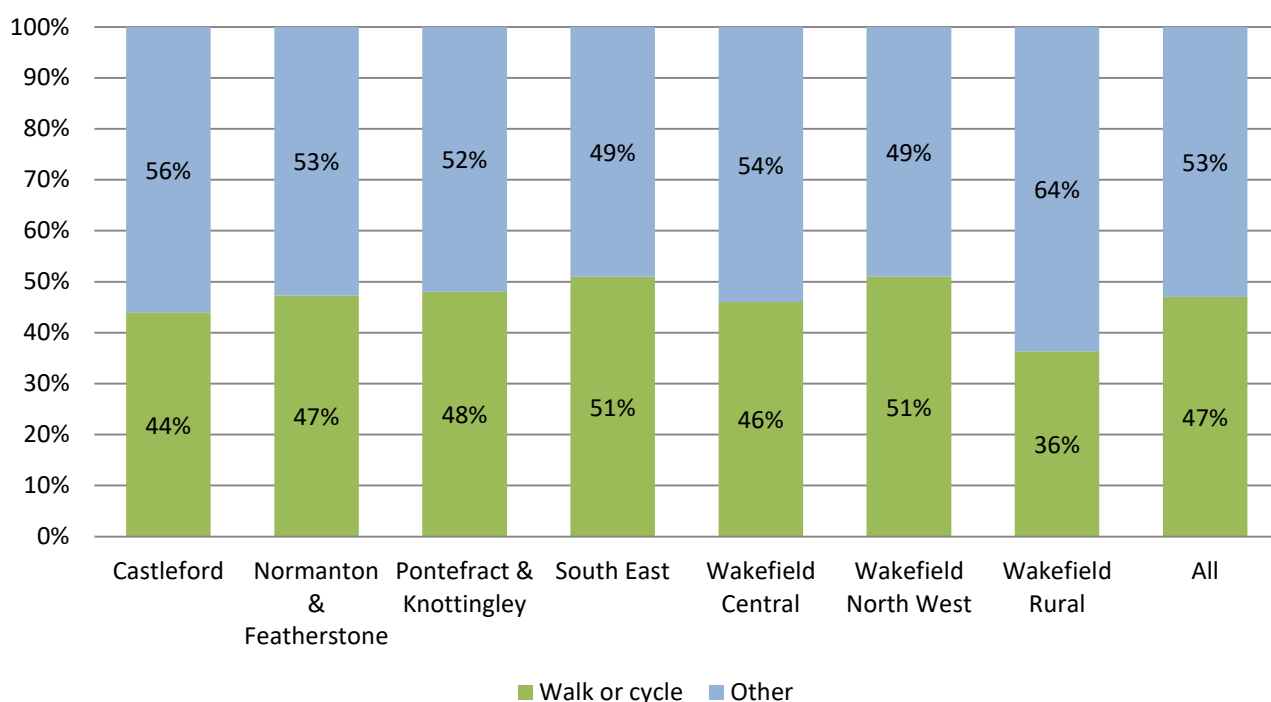
E-cigarettes: which describes you best?



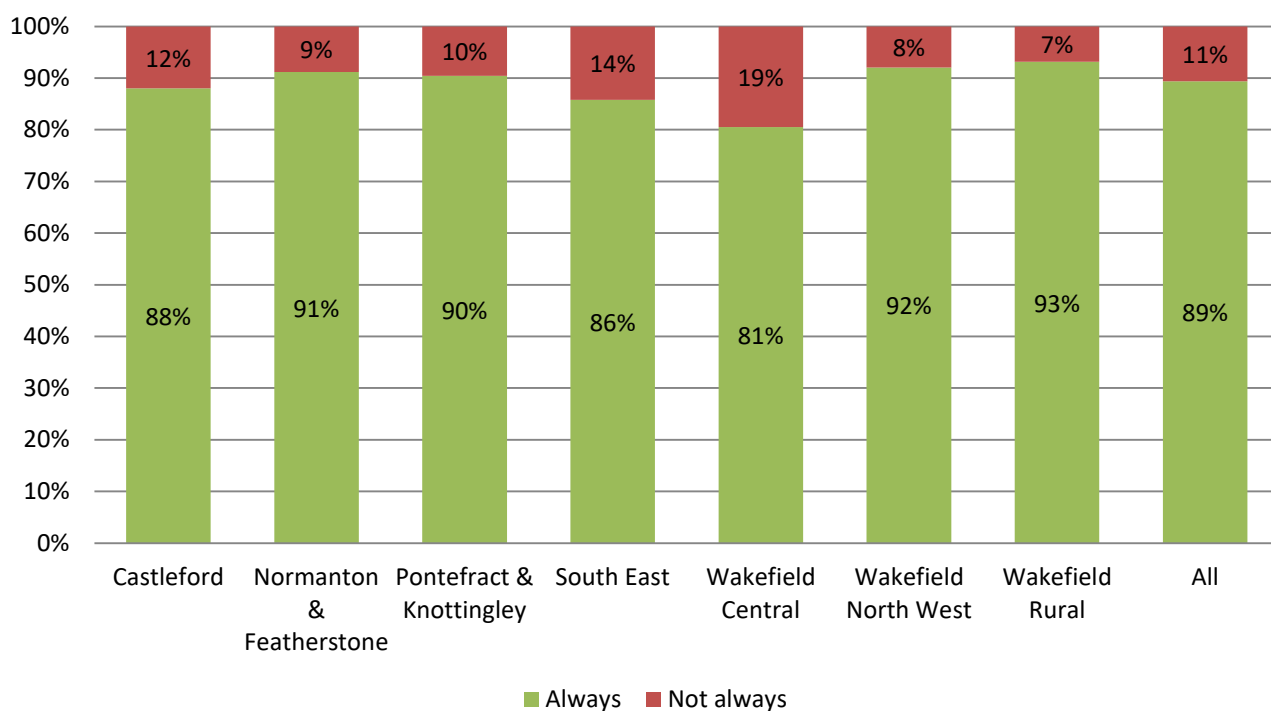
Alcohol: which describes you best?



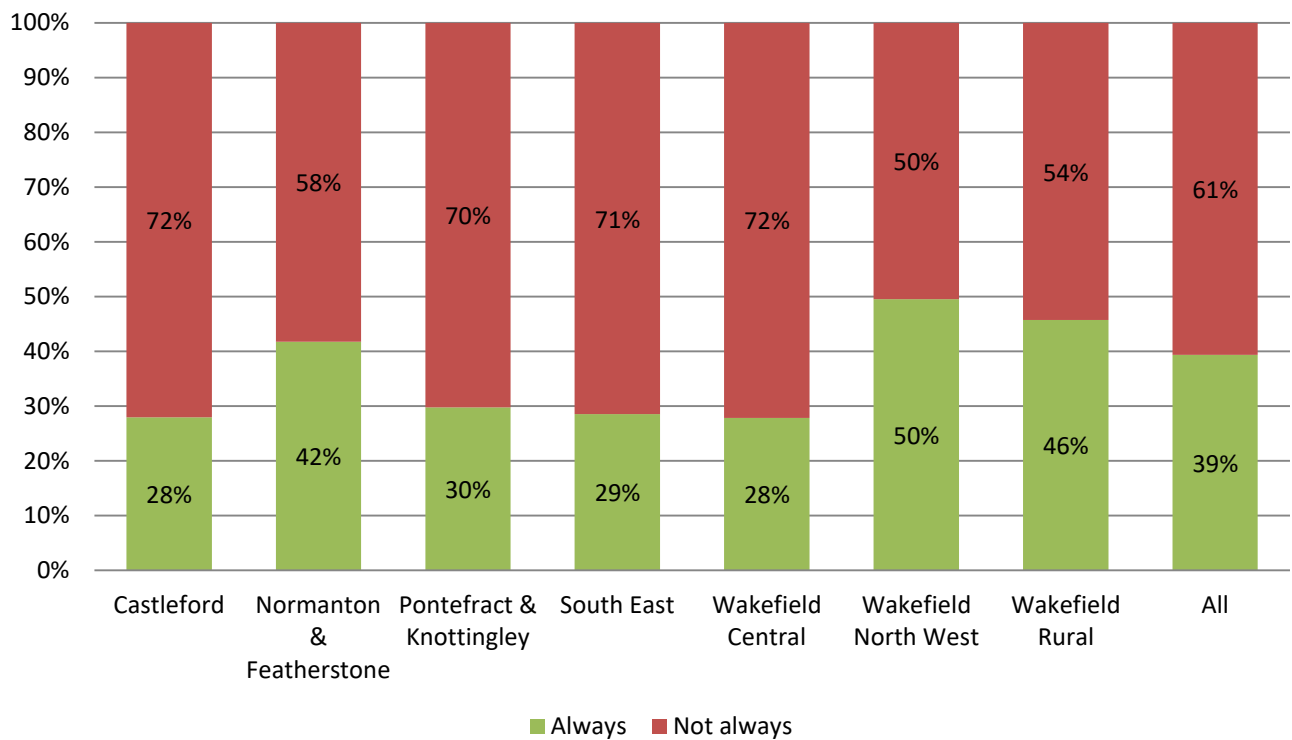
How did you get to school today?



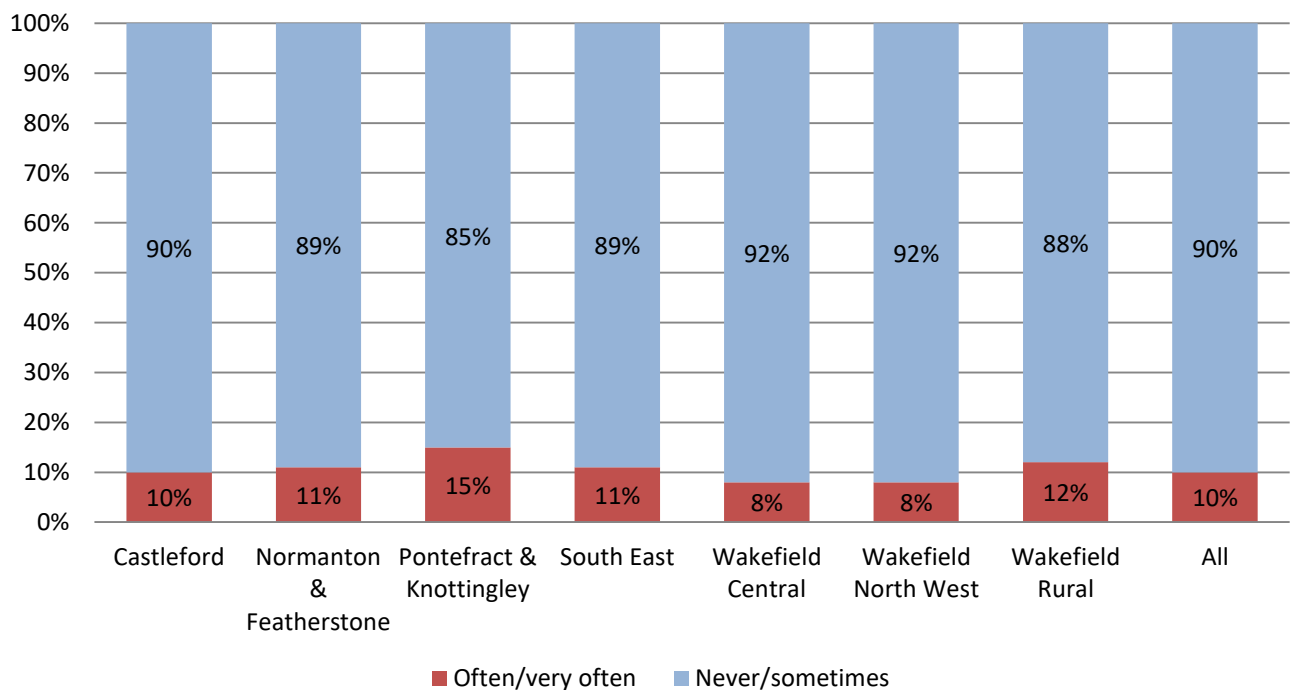
When travelling in a car do you wear a seatbelt?



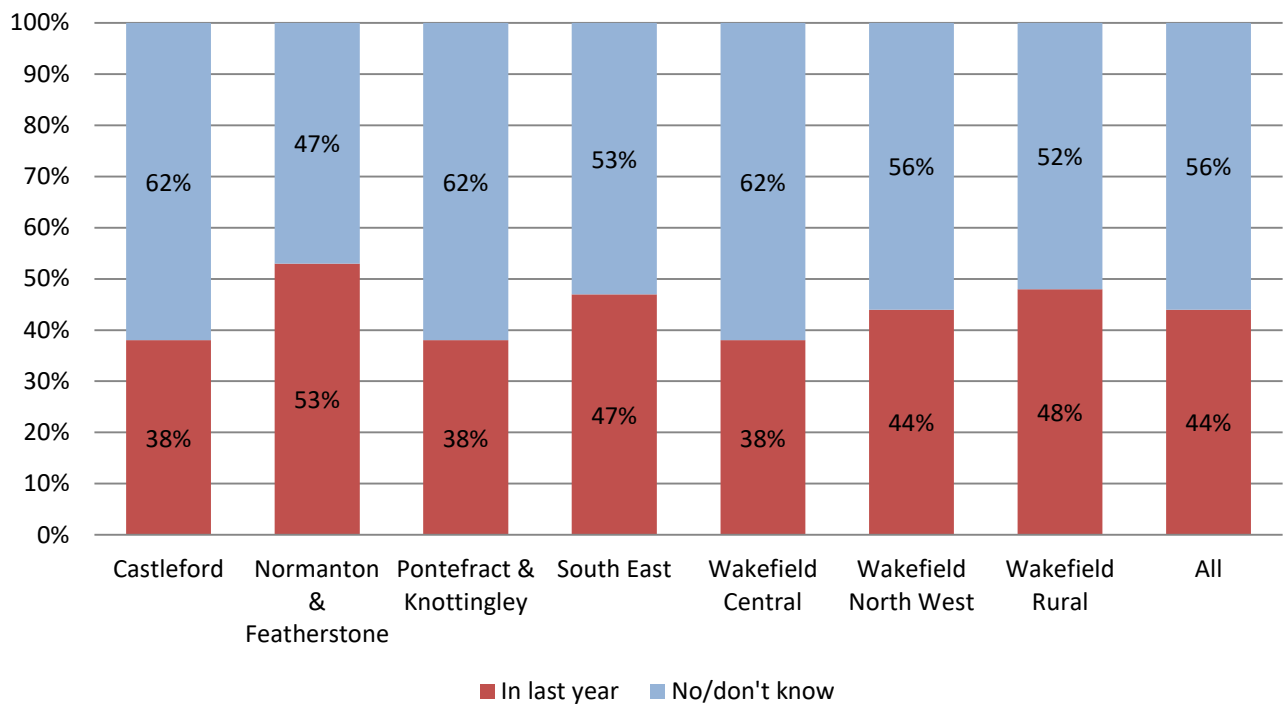
Do you wear a safety helmet when cycling?



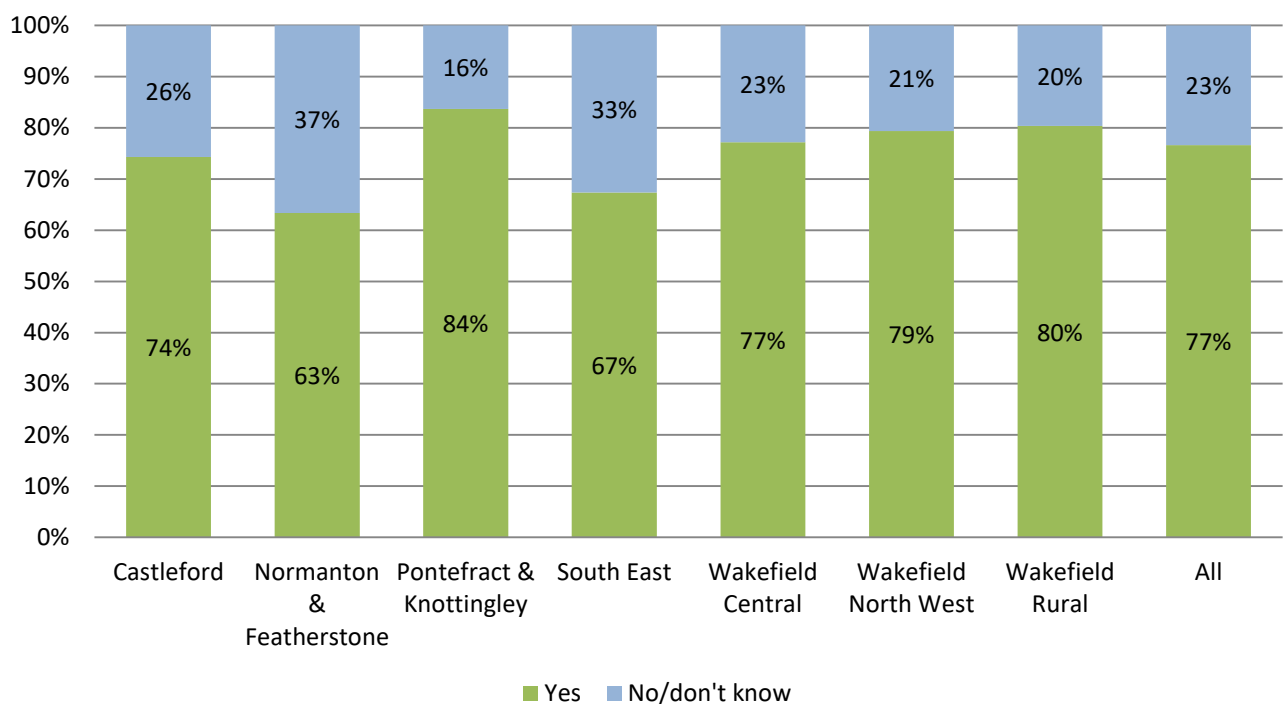
Do you ever feel afraid of going to school because of bullying?



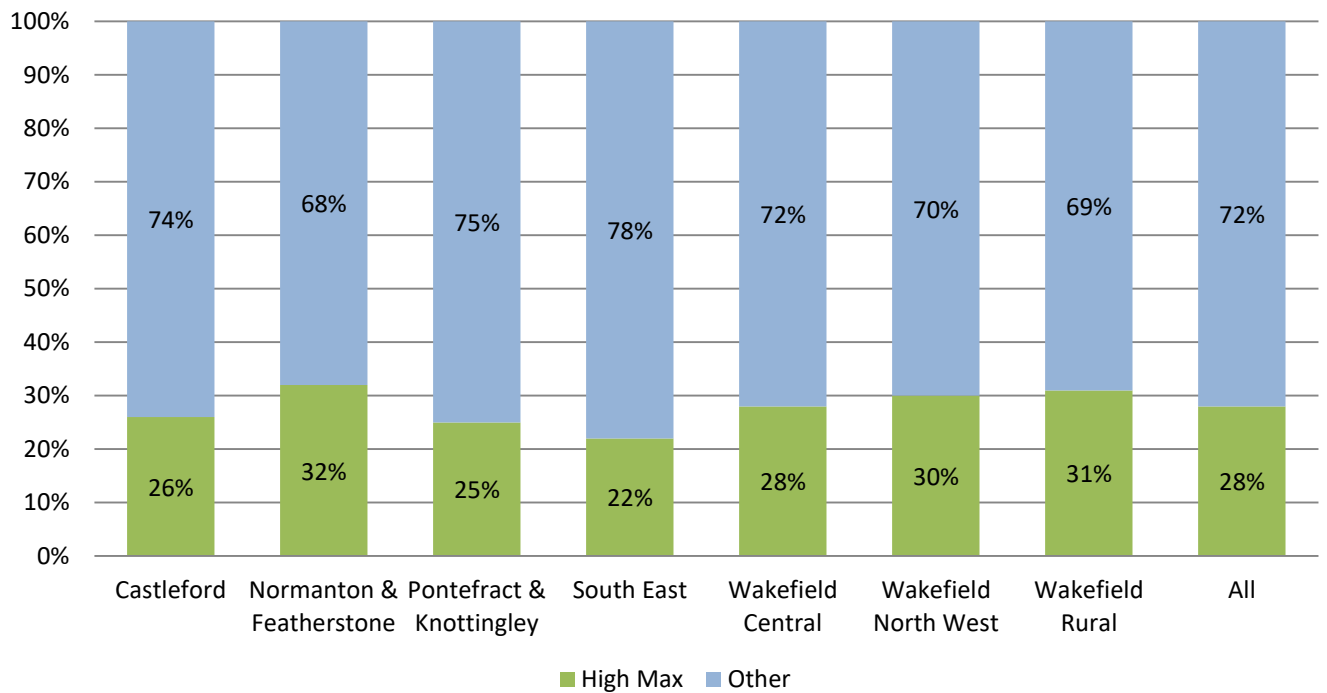
Have been bullied in last year



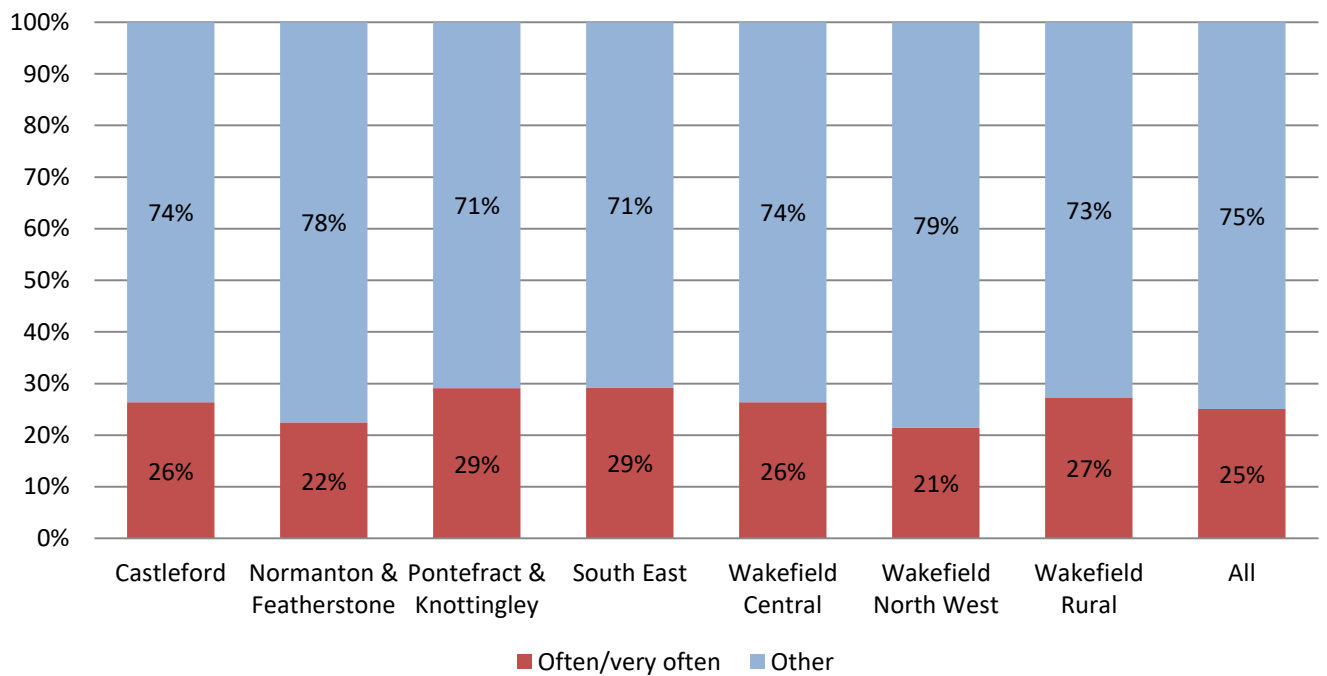
Do you think your school takes bullying seriously?



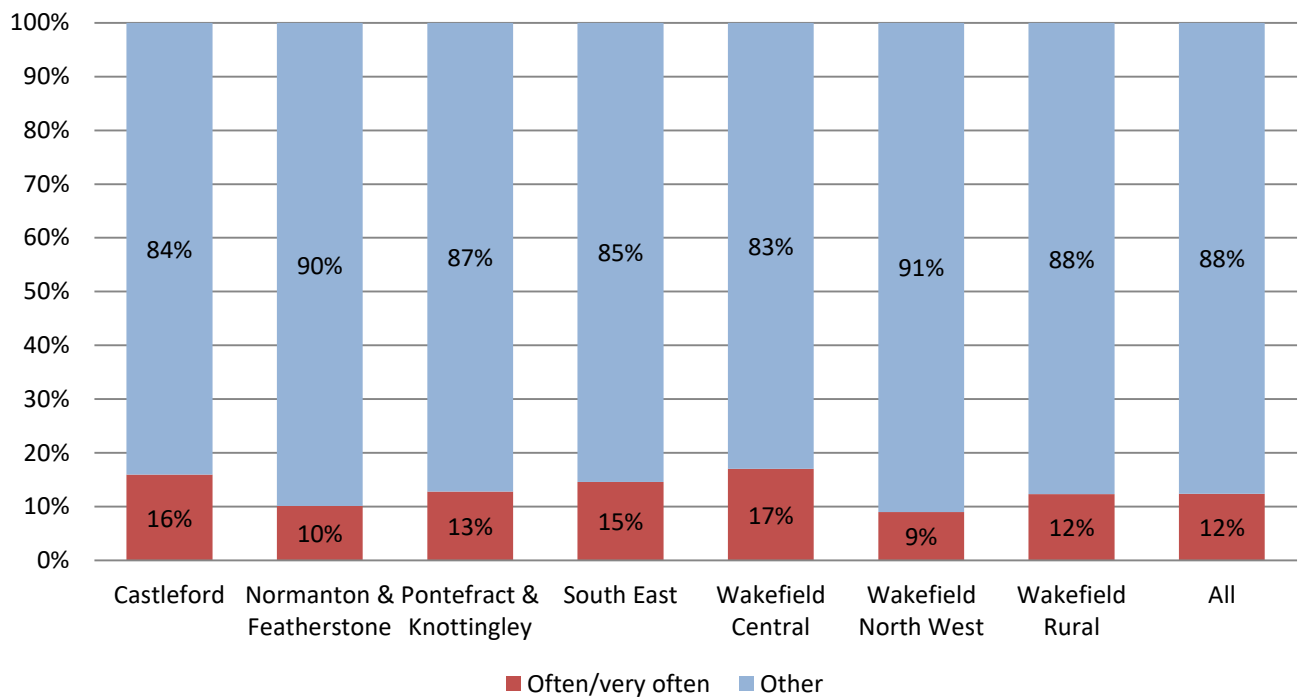
High/max wellbeing score from the The Short Warwick-Edinburgh Mental Well-being Scale (SWEMWBS)



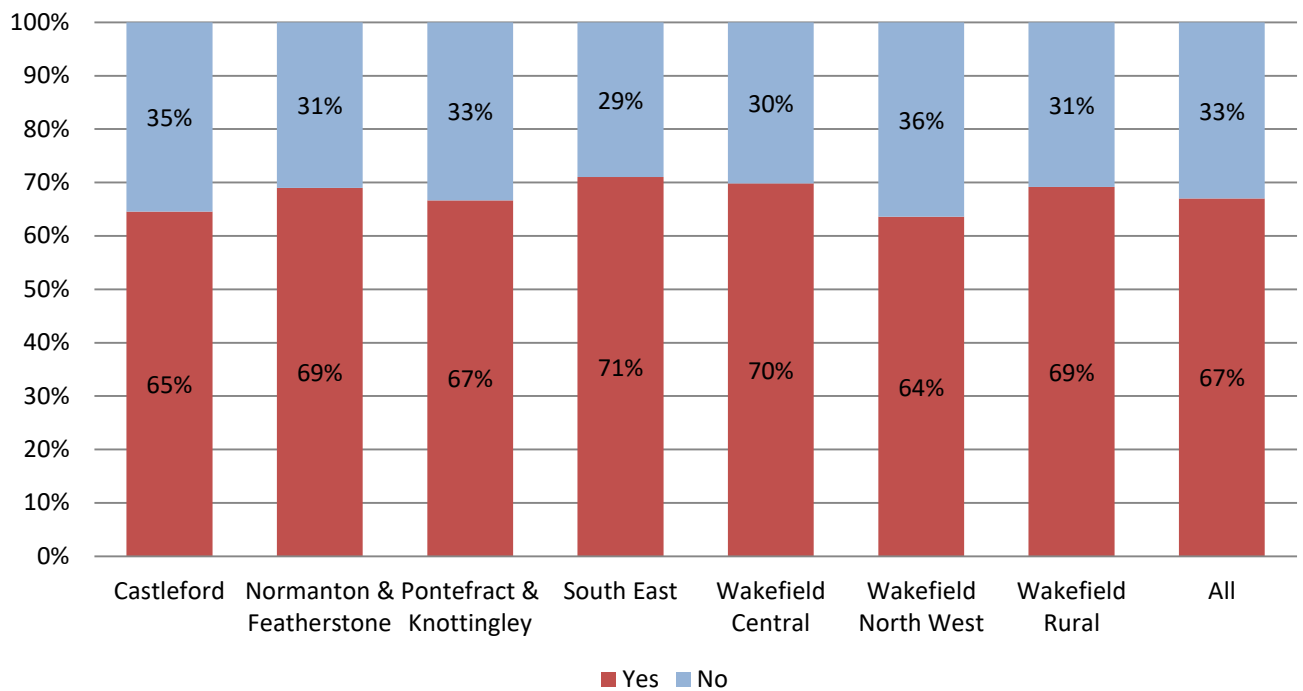
Worry about schoolwork/exams.



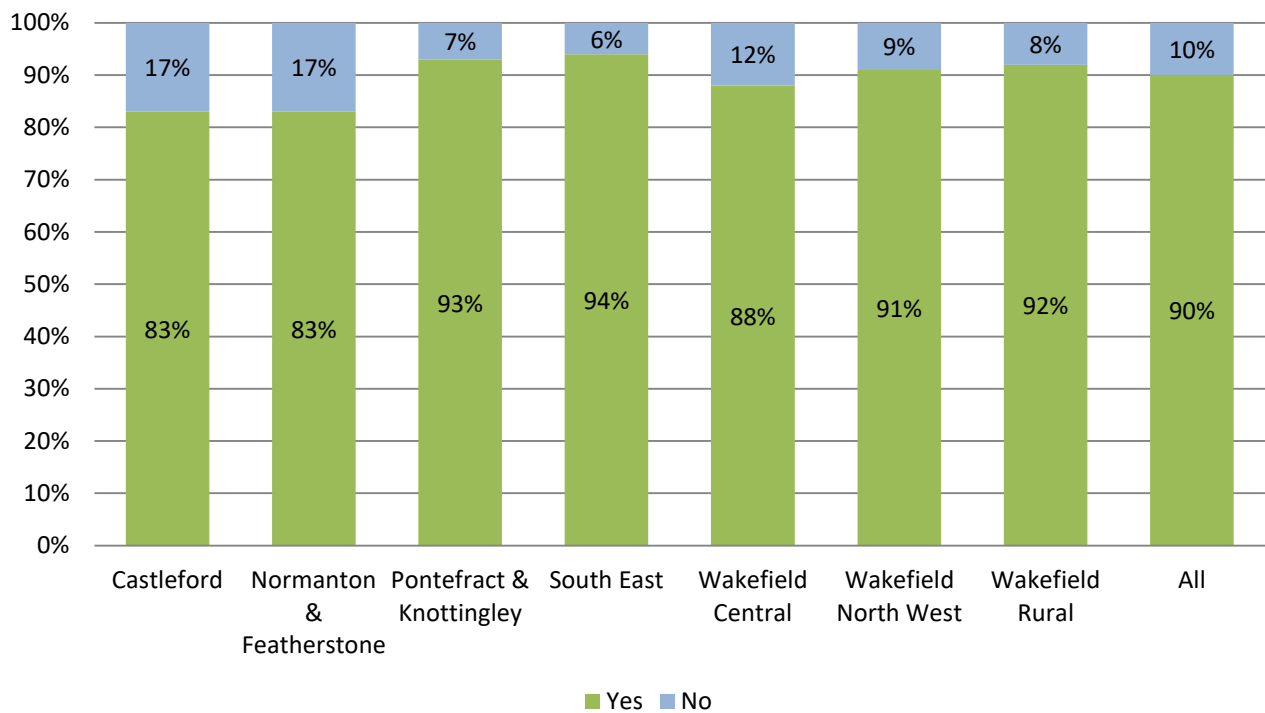
Worry about money problems



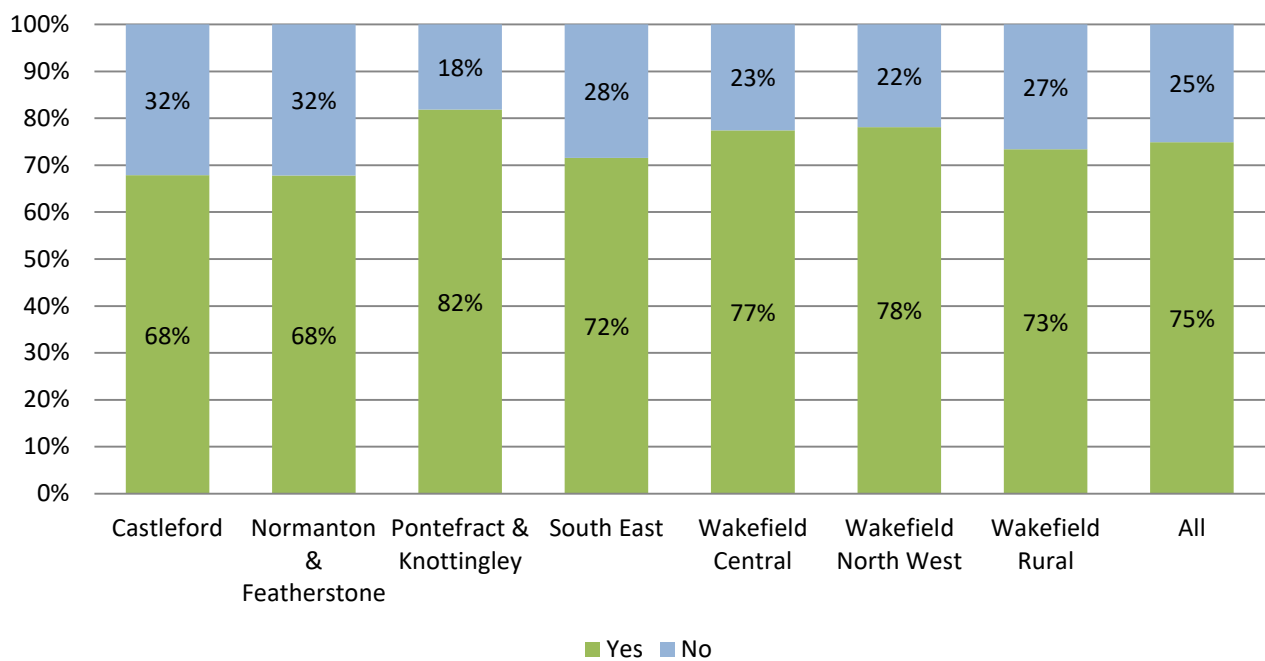
Would keep at least one problem to themselves



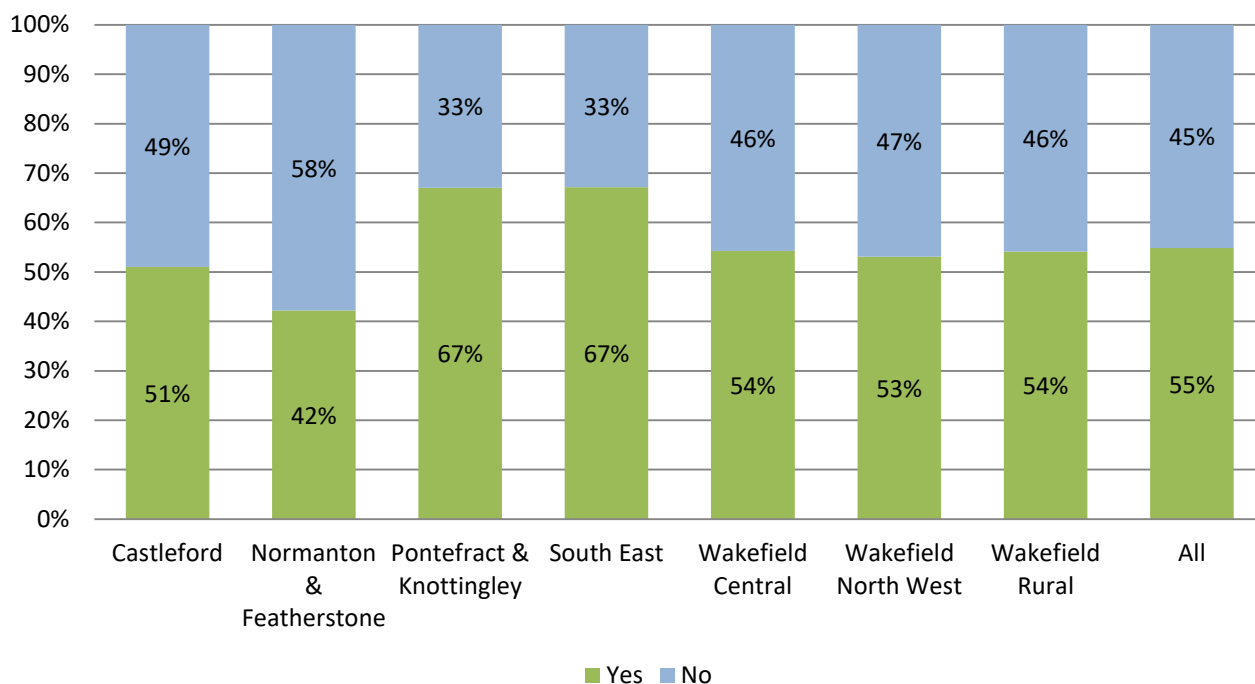
'My work is marked so I can see how to improve it'



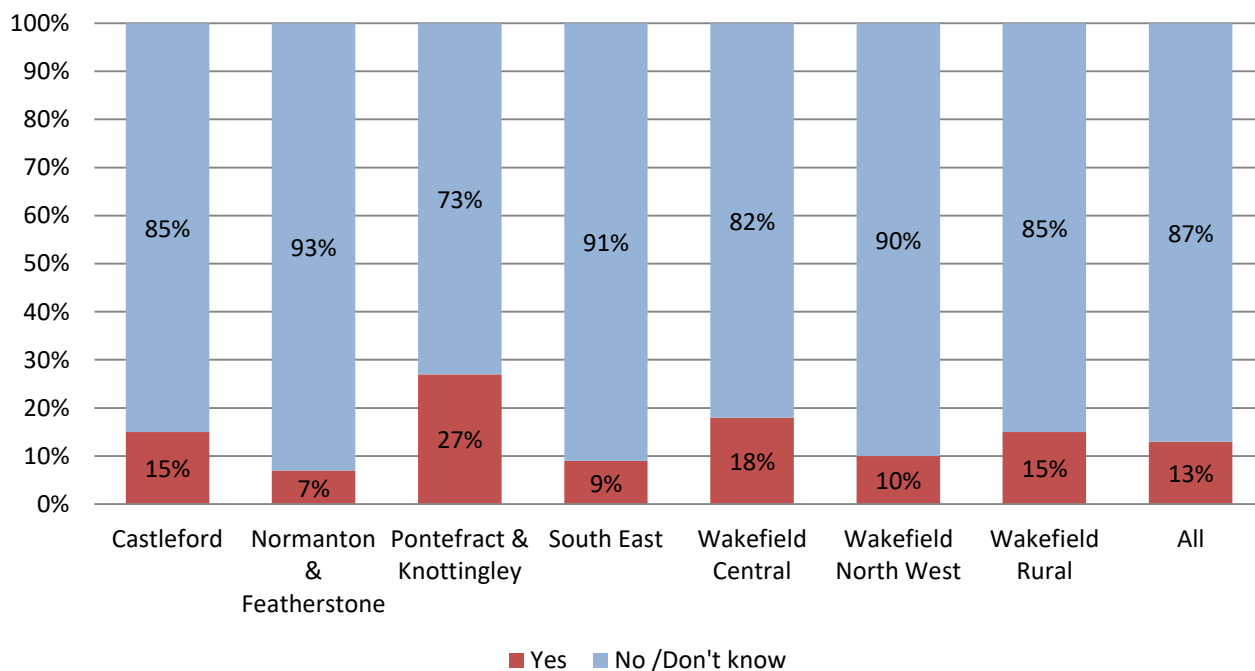
'I know my targets and I am helped to meet them'



'My views are asked for in school'



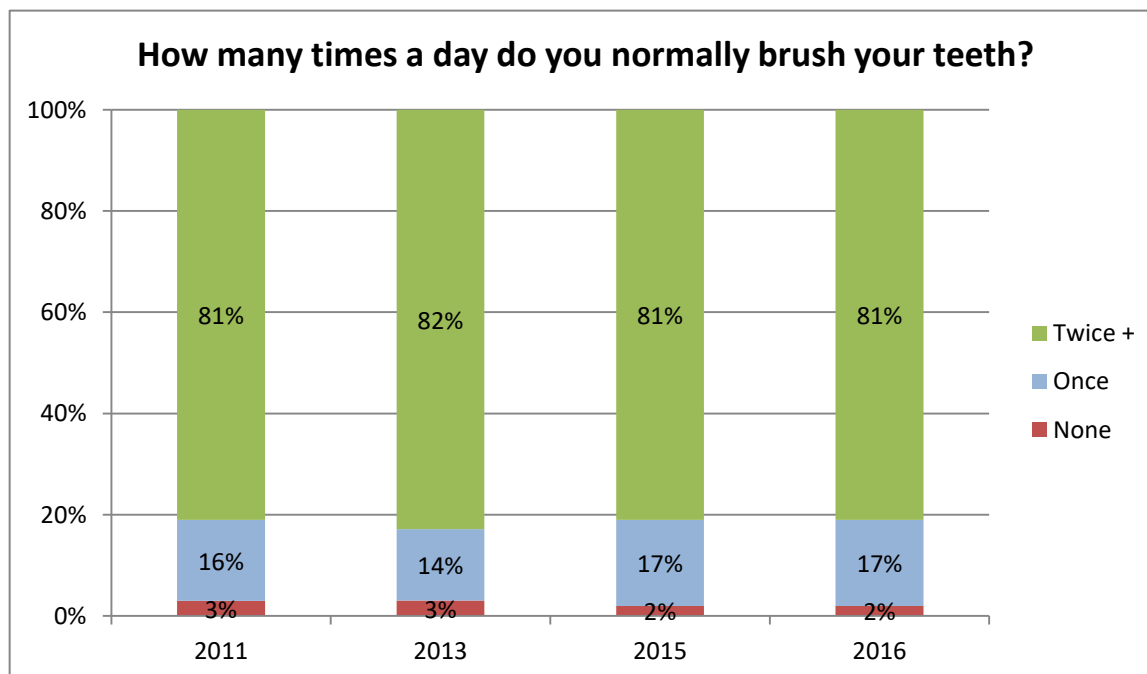
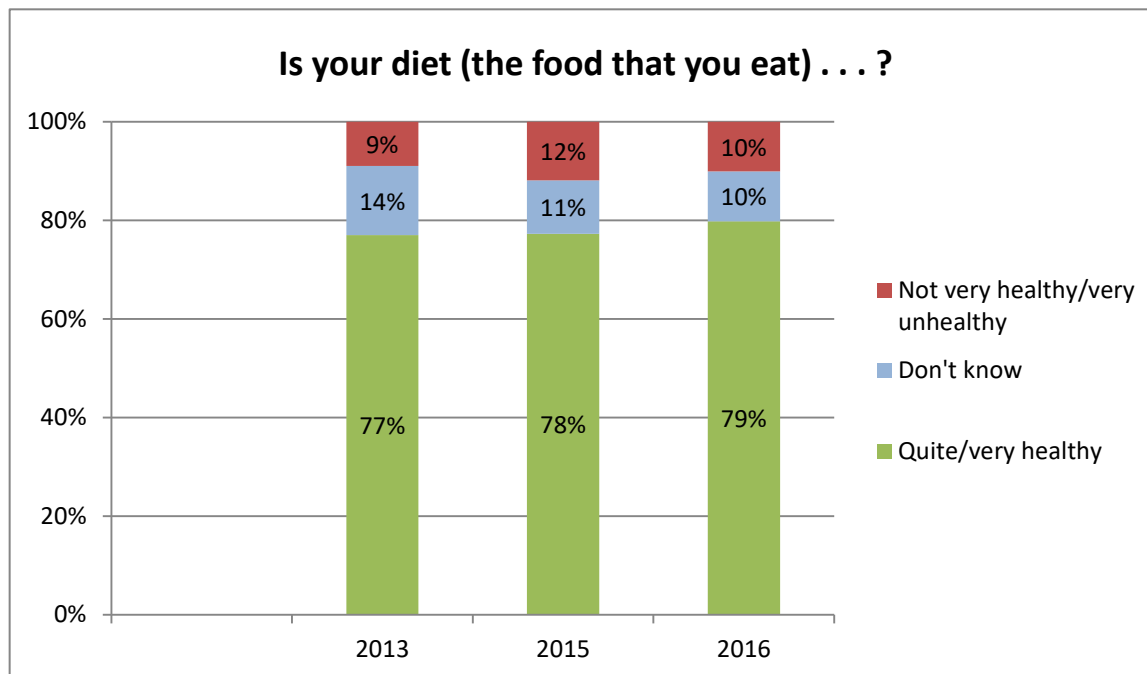
% think they need help in class and don't currently get it



Trends

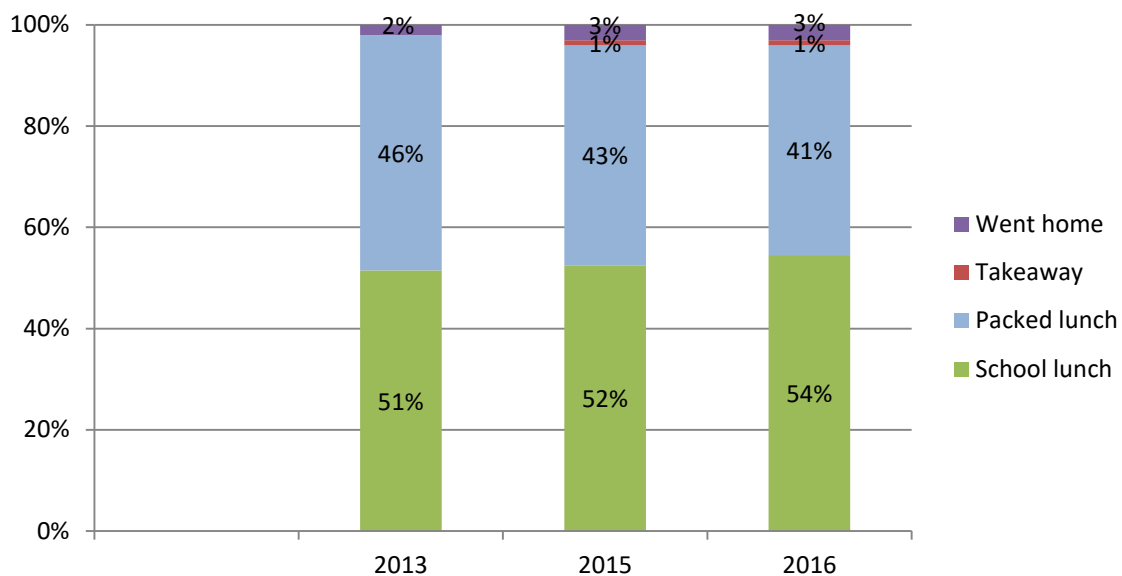
The questionnaires have changed somewhat for the 2016 version compared with previous years but the following are available for analysis.

Healthy Eating

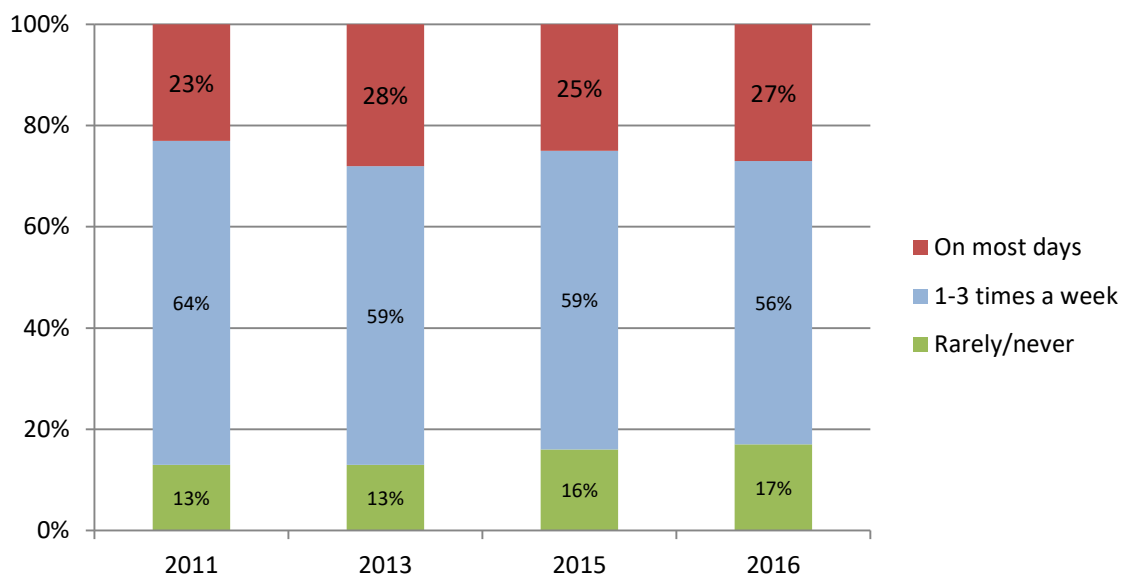


Cleaned teeth yesterday (NB 2015 Q changed to how many times normally per day)

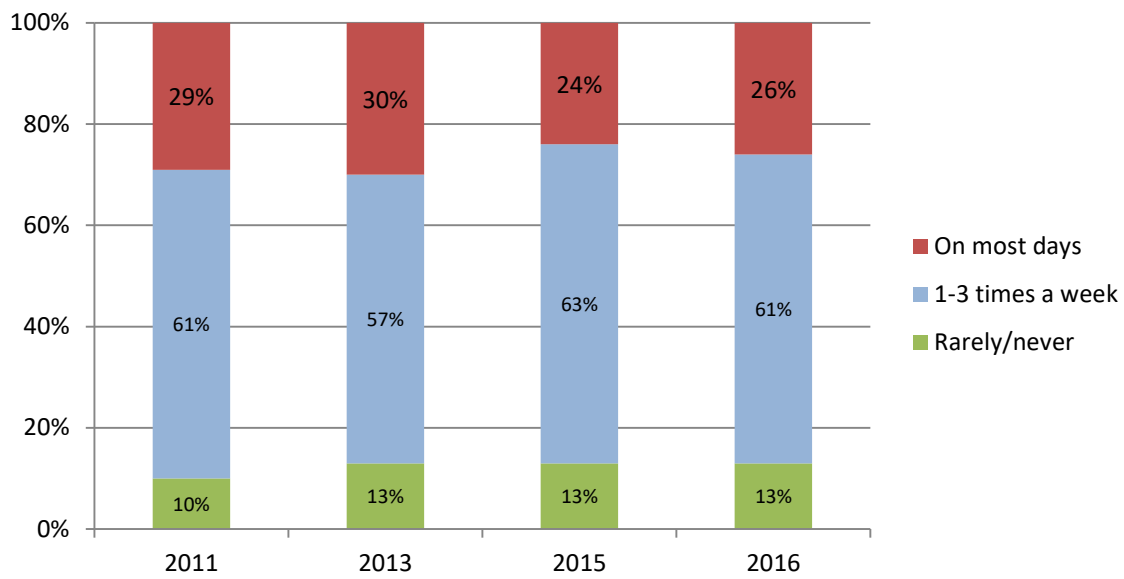
What did you do for lunch yesterday?



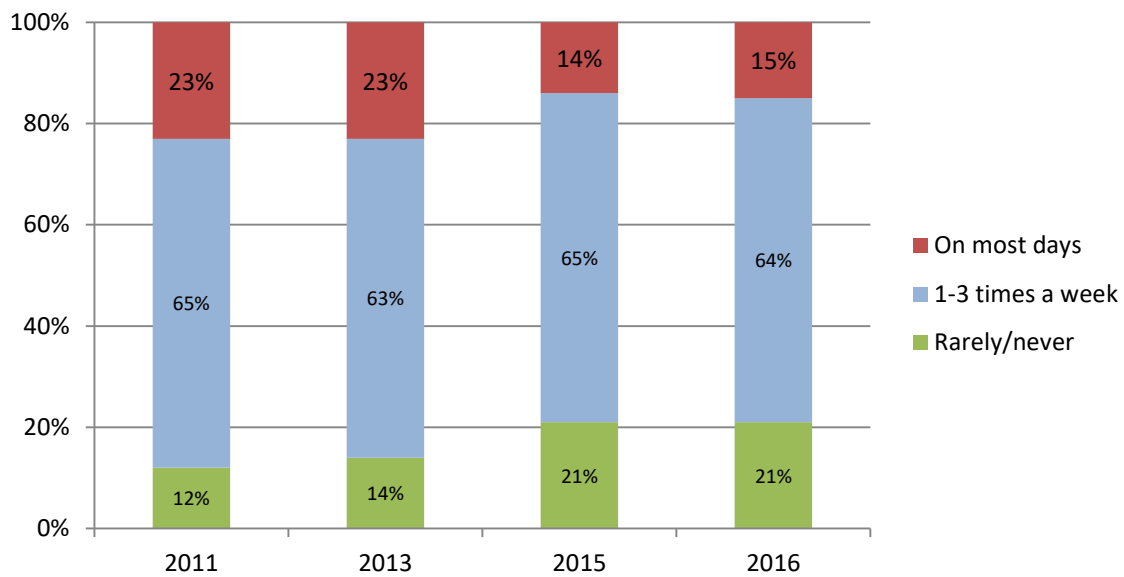
Eating crisps



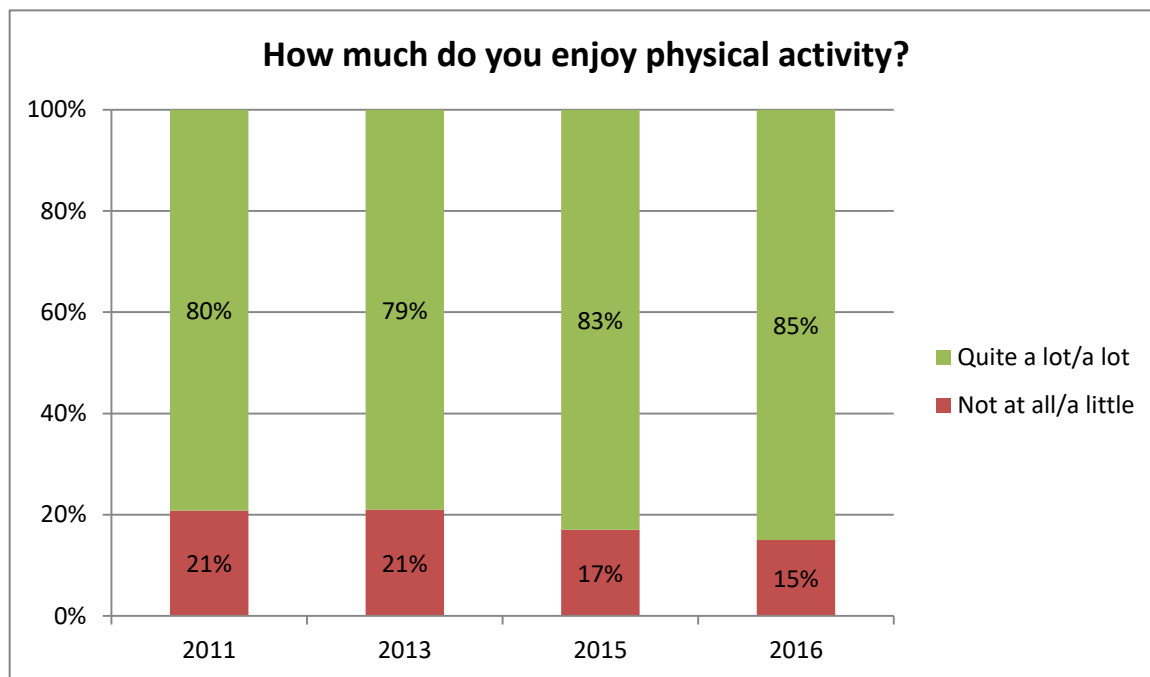
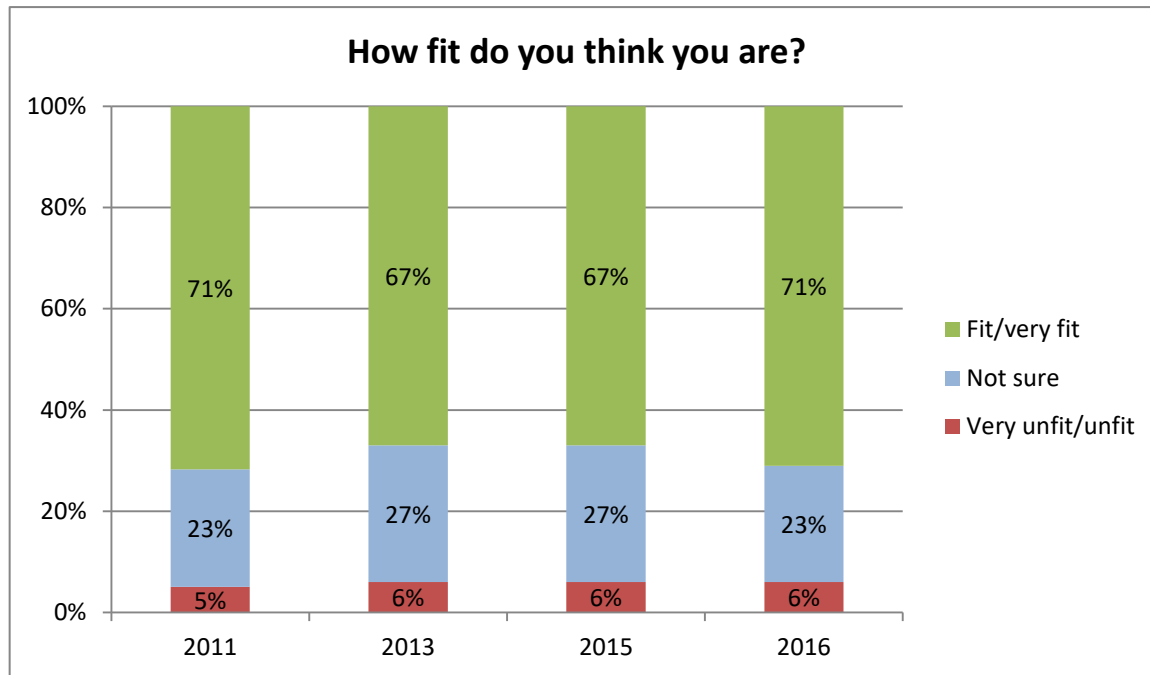
How often do you eat sweets/chocolate

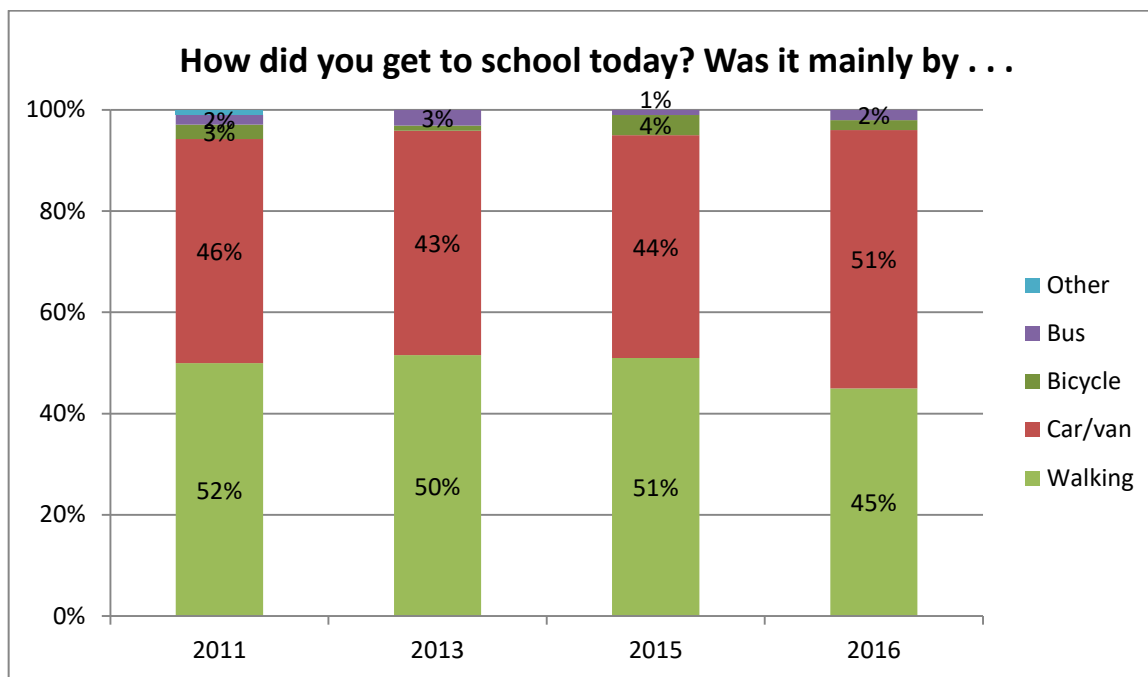


How often do you eat chips/roast potatoes

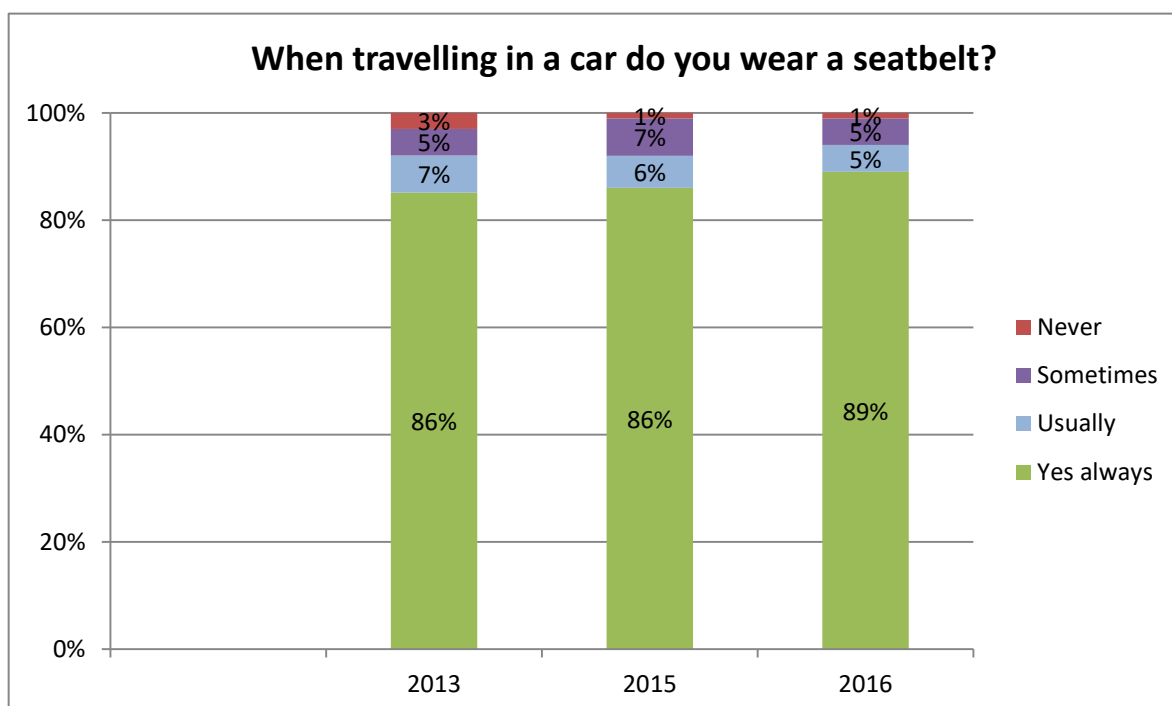


Physical Activity

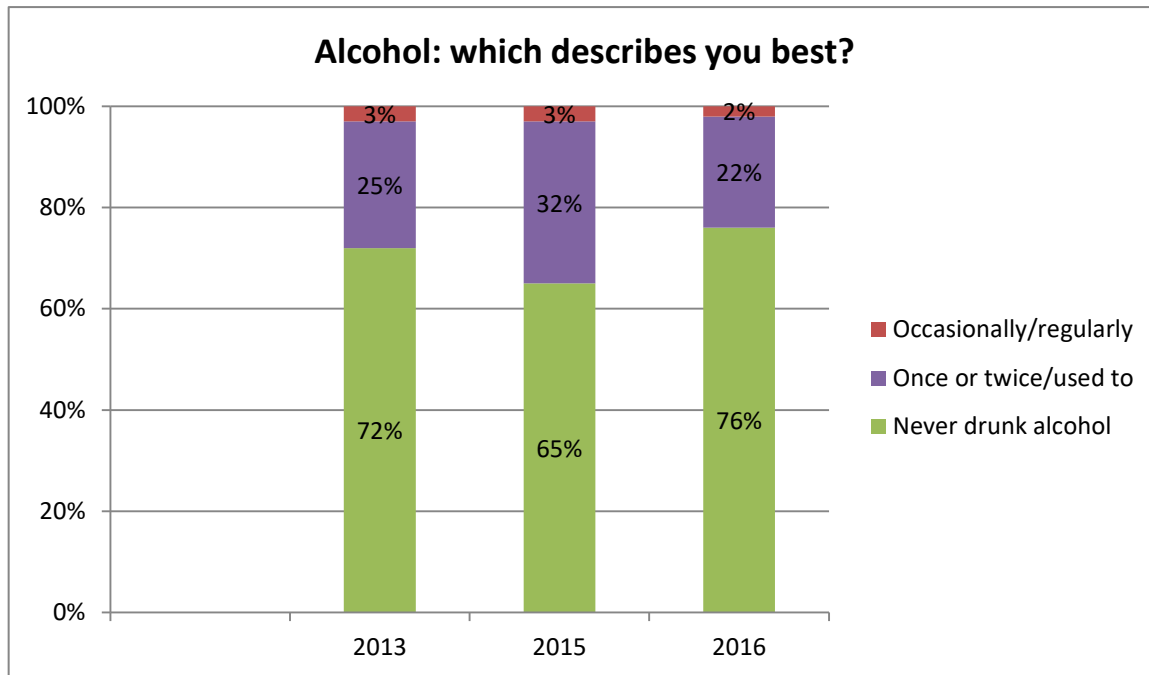




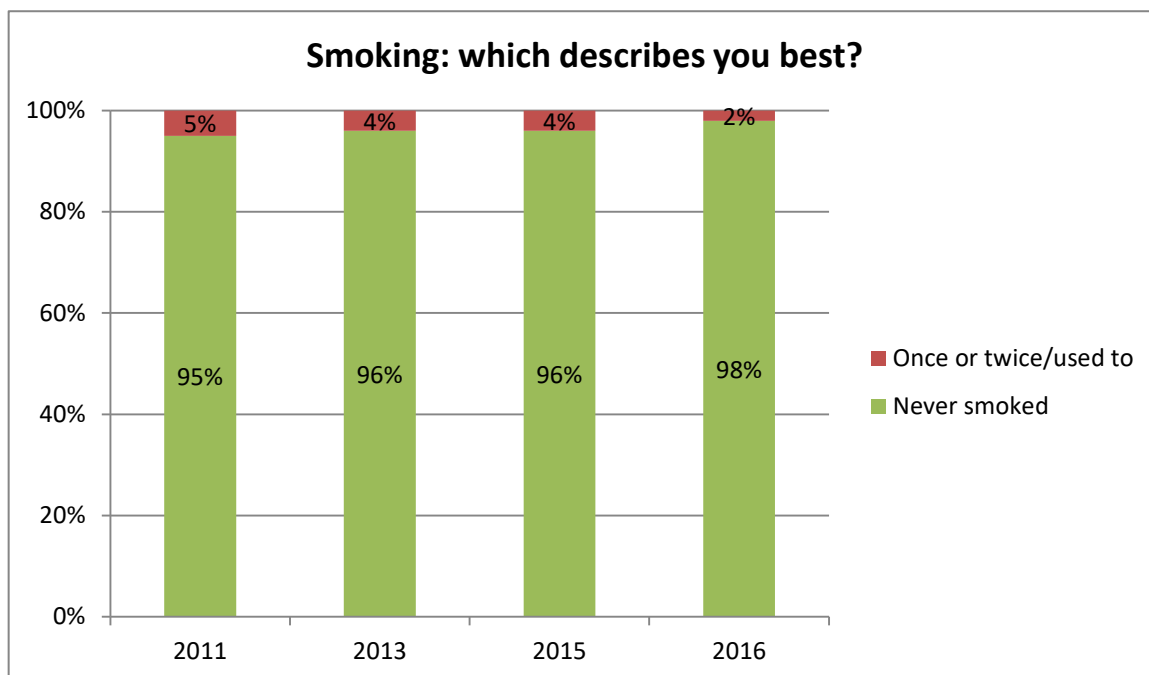
Travel to school today (NB option order changed in 2015)

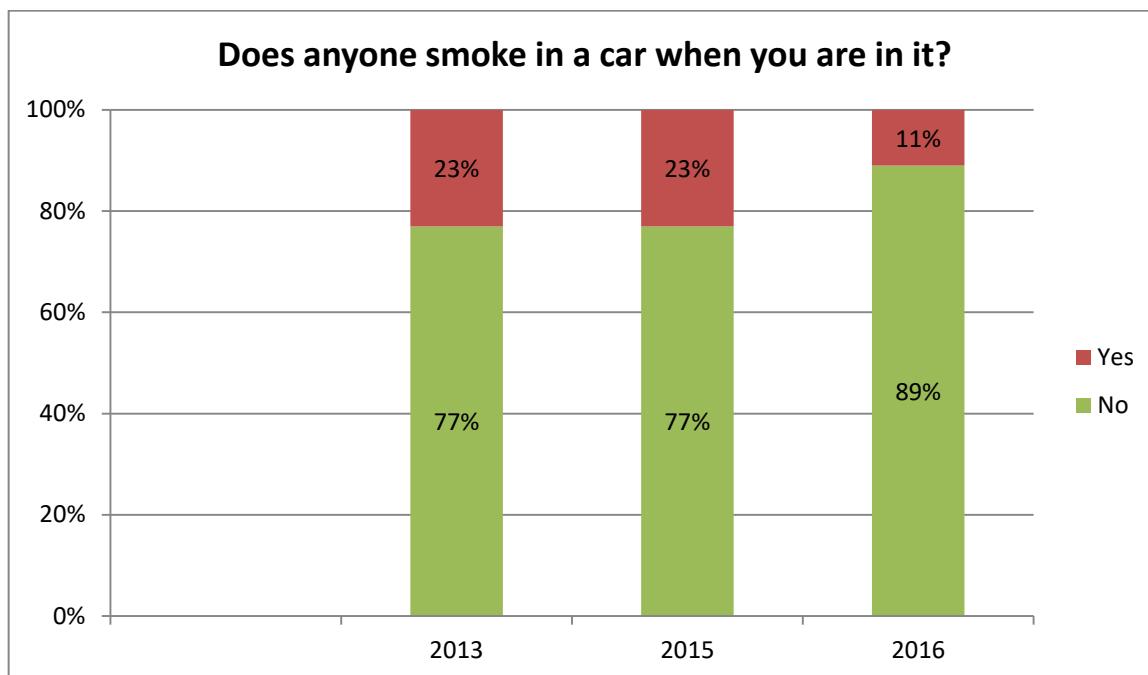


Alcohol



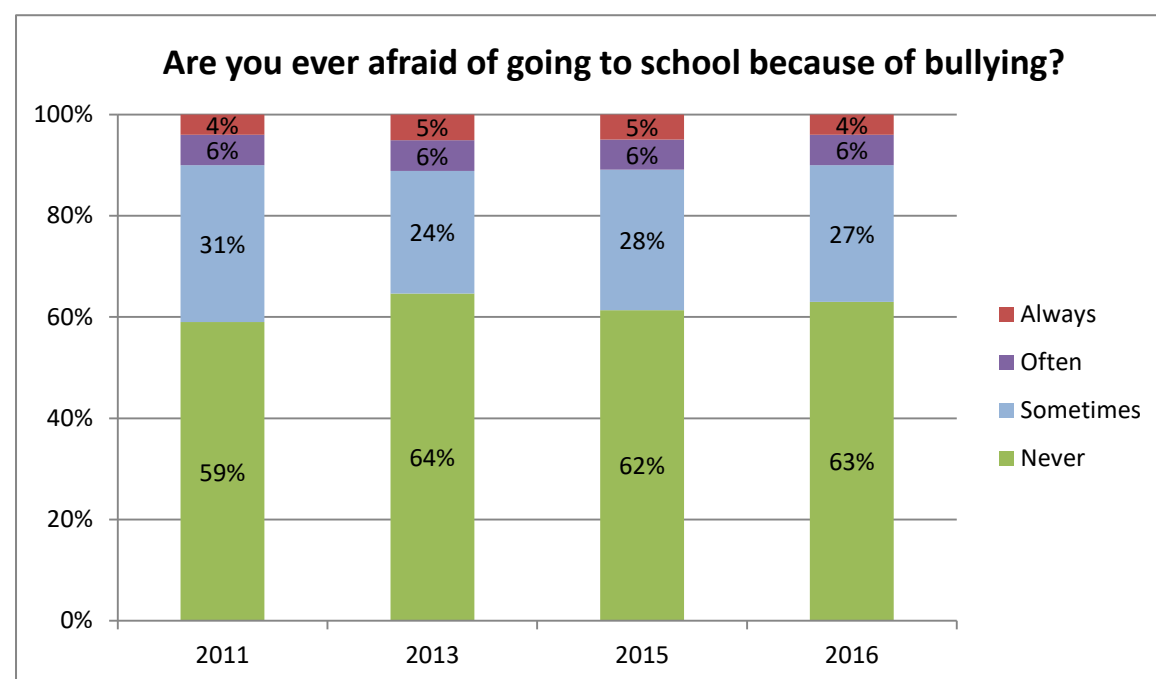
Cigarettes

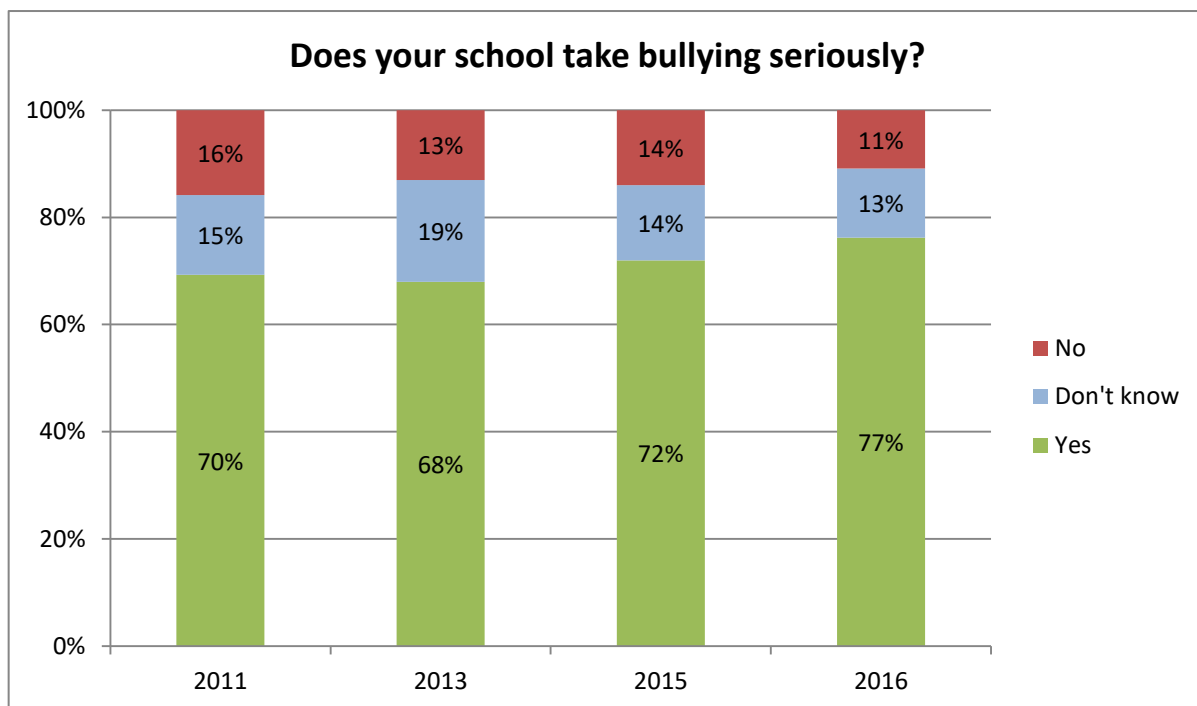
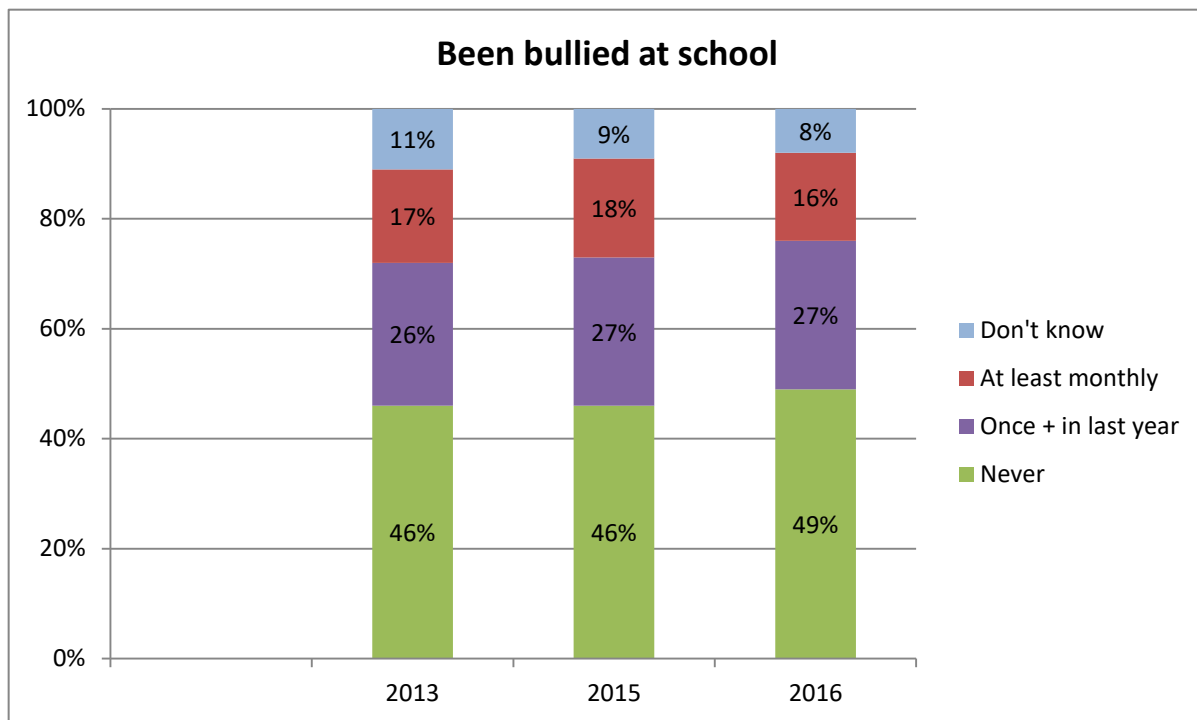




SAFETY

Bullying





EMOTIONAL HEALTH & WELLBEING

Worries

The worries question list is much shorter in the 2015/6 survey compared with the 2011 survey but the answer options are the same. It would appear that Wakefield pupils are less likely to report worrying about family problems or the way they look compared with pupils in 2011.

