

# Wakefield Children and Young People's Survey 2015

## Topic Summary:

### **INEQUALITIES WITHIN WAKEFIELD DISTRICT**

Prepared by the Schools Health Education Unit, Exeter  
for Wakefield Council

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## Introduction

These results were collected from a sample of primary pupils aged 9 to 10 and secondary pupils aged 13 to 14 in the spring and summer terms 2015, together with a sample of sixth-form and college students.

This summary is an in depth analysis of the inequalities identified within Wakefield District, more information can be found in reports and tables held by Helen Laird and Paul Jaques at Wakefield Council's Public Health team. For more information email: [pauljaques@wakefield.gov.uk](mailto:pauljaques@wakefield.gov.uk)

The survey was commissioned by the Wakefield Council's Health Improvement team as a way of collecting robust information about young people's health and wellbeing.

Teachers were informed on how to collect the most reliable data and then pupils completed a version of the questionnaire appropriate for their age group. Year 5 pupils completed the primary version of the questionnaire. Students in Years 9 and 12 completed the secondary/FE version of the questionnaire in their secondary schools and FE colleges.

All were undertaken anonymously and there was a mix of paper based and online questionnaires.

School Year	Year 5	Year 9	Year 12+	Total
Boys	735	899	514	2148
Girls	677	899	344	1920
(Unknown)		13	5	18
Total	1412	1811	863	4086

A total of 3223 pupils took part in 45 primary and 11 secondary school settings in Wakefield District.

863 students in school sixth-forms and in FE colleges completed the Year 12/FE version of the survey.

For more details please contact the Schools Health Education Unit ([www.sheu.org.uk](http://www.sheu.org.uk)).

## Inequalities in Wakefield District

### Key Headline data for 2015

#### Gender differences

- The proportion of girls doing less than an hour of physical activity per day is lower than the boys across all age phases and increases with age. 78% of Year 5 boys and 71% of Year 5 girls, 79% of Year 9 boys and 69% of Year 9 girls and 71% of Year 12+ boys and 50% of Year 12+ girls responded that they do 1+ hours of physical activity a day.
- As pupils get older, more are reporting drinking alcohol. In the primary phase it appears more boys than girls are experimenting with alcohol but in the secondary phase, the girls are ahead of the boys. We expect this may be because secondary aged girls are likely to be socialising with older boys rather than boys of their own age group. 5% of Year 5 boys and 1% of Year 5 girls, 17% of Year 9 boys and 23% of Year 9 girls and 65% of Year 12+ boys and 69% of Year 12+ girls responded that they drink alcohol occasionally/regularly.
- As pupils get older, more girls report missing lunch than boys do. In Year 5, 0% of boys and 1% of girls had no lunch the day before. In Year 9 the gap has widened to 10% of boys and 16% of girls who report this and by Year 12+, 14% of boys had no lunch compared with 19% of girls.
- Boys are more likely across the age ranges to report having fizzy drinks 'on most days' compared with girls.
- In the secondary age range, more girls than boys said that they would like to lose weight with the gap widening as they get older.
- The proportion of girls who say that they would like to be more active is higher than the boys and increases with age. 60% of Year 5 girls said that they would like to be more active compared with 71% of Year 9 girls and 79% of Year 12+ girls.
- Girls are more likely to report fear of going to school because they may be bullied. 44% of girls compares with 34% of boys in Year 5 and in Year 9, 39% of girls compares with 17% of boys. This appears to be less of a problem for Year 12+ students but still 17% of girls said this compared with 14% of boys.
- Girls are more likely to appear in the lower sections of the SWEMWB Wellbeing scale compared with boys (high scores relate to positive wellbeing so the lower the score the poorer the wellbeing) and the gap widens with age. 33% of girls and 34% of boys in Year 5 had high or maximum wellbeing scores and in Year 9, 21% of girls compares with 36% of boys. The gap widens again for Year 12+ students with only 18% of girls compared with 31% of boys in the highest brackets.
- Secondary aged girls are also less likely to say that they are happy with their life in general compared with the boys. 79% of both boys and girls in Year 5 said that they were happy with their lives but this changes to 80% of boys and only 58% of girls in Year 9. 69% of boys and 65% of girls in Year 12+ said the same.

#### Ethnicity differences

- 84% of Wakefield Year 5 pupils said they were white British. There are area differences however with 92% saying this in Pontefract & Knottingley but only 60% saying this in Wakefield Central.
- 88% of Wakefield Year 9 students said they were white British. There are area differences however with 95% saying this in Pontefract & Knottingley but only 58% saying this in Wakefield Central.
- 90% of the Wakefield Year 12+ students sample said they were white British. Only 79% of the Wakefield Central sample said this.
- In Year 5, pupils who were from non-white British backgrounds were more likely to eat take-aways than white British pupils. They were less likely to wear a seatbelt when travelling in a car and they were less likely to have been to the dentist in the last year.
- In Year 5, pupils who were from non-white British backgrounds were less likely to have drunk alcohol than white British pupils. They were less likely to enjoy physical activities or say that they do enough physical activity to keep them healthy.
- In Year 9, students who were from non-white British backgrounds were more likely to have drunk alcohol than white British students were. They are also less likely to have been to the dentist in the past 12 months.
- In Year 9, students who were from non-white British backgrounds were less likely to know where to get condoms free of charge or know where to get support and advice regarding sexual health compared with white British students.
- In Year 12+ students who were from non-white British backgrounds were less likely to say that they had drunk alcohol or think it is OK for young people their age to get drunk than white British students were.

- In Year 12+ students who were from non-white British backgrounds were less likely to say that they have heard of chemical/legal highs than white British students were. They were also less likely to be able to describe the laws relating to the age of consent for sexual relationships than white British students were.

### Young carers

- 15% of Year 5 pupils, 9% of Year 9 and 8% of Year 12+ said that they look care for anyone within their home that has a serious illness or disability (including mental health or an alcohol/drug problem).
- There were area differences for this question with the highest proportions of Year 5 pupils in Wakefield Central saying this at 24%, the lowest was Normanton & Featherstone at 10%.
- In Year 9, Wakefield Central had the highest proportion again at 12% and Wakefield North west was lowest at 4%.
- 2% of primary pupils said this caring role takes up more than 2 hours of their day.
- 4% of Year 5 pupils in Wakefield District said that they have ever tried smoking. For those that said they care for someone at home who has a serious illness or disability this figure is higher at 9%.
- This association is also seen in the Year 9 data. 20% of all Year 9 pupils have ever tried smoking or smoke now but within the group identified as 'Young carers' this figure is higher at 36%.
- For the Year 9 pupils identified as 'Young carers', there are a number of other correlations that are a concern, they are more likely to have been offered drugs and to say that they have taken drugs compared with the wider sample. 7% of Wakefield pupils said they had taken drugs but within this group it is higher at 19%.
- 36% of Year 9 pupils said that they had been bullied at school within the last 12 months but for young carers this was much higher at 53%.
- 7% of the Wakefield Year 9 sample had been sexually active; within the group of young carers this was higher at 12%.
- 69% of Wakefield Year 9 students said they were happy with their lives at the moment but for young carers this was lower at 48%.
- Similar associations can be seen in the FE student sample for young carers. They were more likely to have taken drugs, been bullied at school in the last 12 months and be less happy with their lives at the moment compared with the wider Wakefield sample.
- 32% of Wakefield Year 12+ students said that they worried about money problems. For those who care for someone at home who has a serious illness or disability this figure is higher at 49%.

### Deprivation indices

- 1010 (72%) Year 5 pupils, 1137 (63%) Year 9 pupils and 480 (56%) pupils from Year 12+ provided enough postcode information to enable identification of which LSOA they live in, allowing allocation to IMD quintiles. Charts have been produced to show some differences between areas of relatively low deprivation in the Wakefield district, labelled 'low' (pupils living in one of the top 20% least deprived areas of England), and areas of relatively high deprivation, labelled 'high' (pupils living in one of the top 20% most deprived areas of England).
- The highest proportions of White British Year 5 pupils are found in the low/med-low deprivation quintiles 90% compared with 76% in the med-high quintile. Interestingly, in the highest deprivation quintile, 87% were White British.
- 73% of Year 5 pupils in the least deprived quintile said that they eat fruit and vegetables 'on most days'. This compares with 58% in the most deprived quintile but again this is higher than the median-high quintile which has 52% eating fruit and vegetables 'on most days'.
- Proportionally more Year 5 pupils in the least deprived quintiles described their diet as 'quite or very healthy compared with those in the highest areas of deprivation and complementary to this, pupils in the most deprived quintiles were more likely to say that they would like to eat more healthily.
- 88% of Year 5 pupils in the least deprived quintile said that they brush their teeth at least twice a day and 77% said that they have been to the dentist in the last 6 months. This compares with 79% brushing their teeth and 69% visiting the dentist reported by pupils in the most deprived quintile.
- 81% of Year 5 pupils in the least deprived quintile said that they are physically active for at least an hour a day and 92% describe themselves as fit. This compares with 69% being physically active and 84% describing themselves as fit in the most deprived quintile.

- 44% of Year 5 pupils in the least deprived quintile have tried alcohol compared with 28% of pupils in the most deprived quintile. For smoking however, more pupils in the deprived quintiles have tried cigarettes.
- 24% of Year 5 pupils in the least deprived quintile have at least one adult at home who smokes compared with 56% in the most deprived quintile.
- 45% of Year 5 pupils in the least deprived quintile walked or cycled to school on the day of the survey compared with 65% in the most deprived quintile. The speed of traffic outside school was more of a concern to pupils in the more deprived quintiles than those in the least deprived quintiles.
- 33% of Year 5 pupils in the least deprived quintile said that they were at least sometimes afraid of going to school because of bullying compared with 42% in the most deprived quintile.
- 64% of Year 5 pupils in the least deprived quintile said that they usually or always wear a safety helmet when cycling compared with only 33% in the most deprived quintile.
- 79% of Year 5 pupils in the least deprived quintile said that they felt safe where they live compared with 63% in the most deprived quintile.
- In both the Year 9 and Year 12 samples, students in the least deprived quintiles were more likely to say that they live with both parents together. 71% of Year 9 students in the least deprived quintiles lived with both parents compared with 53% in the most deprived quintile.
- In the Year 12 sample, students in the least deprived quintiles were more likely to say that they had something for breakfast that morning. 16% of Year 12+ students in the least deprived quintiles said they had nothing to eat or drink before lessons that morning compared with 25% in the most deprived quintile. This was also the association seen for Year 12 students saying they had no lunch the day before.
- 62% of Year 9 students in the least deprived quintile said that they have fruit and vegetables 'on most days' compared with 42% saying this in the most deprived quintile.
- 54% of Year 12+ students in the least deprived quintile said in their opinion it is OK for young people their age to get drunk compared with 45% saying this in the most deprived quintile.
- 15% of Year 9 students in the least deprived quintile said that they have at least tried smoking compared with 25% saying this in the most deprived quintile.
- 19% of Year 9 students in the least deprived quintile said that they have at least tried smoking e-cigarettes compared with 34% saying this in the most deprived quintile.
- In both the Year 9 and Year 12 samples, students in the least deprived quintiles were less likely to say that they live with an adult who smokes. 23% of Year 9 students in the least deprived quintiles said this compared with 52% in the most deprived quintile.
- 66% of Year 9 students in the least deprived quintile said that they have heard of NSP ('Chemical highs' or 'Legal highs') compared with 31% saying this in the most deprived quintile.
- 67% of Year 9 students in the least deprived quintile said that they know where to get condoms free of charge compared with 50% saying this in the most deprived quintile. Conversely, in the FE sector this association was reversed with 71% saying this in the least deprived quintile and 87% in the most deprived quintile.
- Similar associations were seen in the secondary and FE sector as in the primary sector in relation to the safety questions. More students in the least deprivation quintiles wear a safety helmet when cycling and feel safe in the area where they live compared with students in the most deprived quintile.
- 59% of Year 9 students in the least deprived quintile said that they wanted to continue in full-time education after Year 11 compared with 46% of students in the most deprived quintile.
- Interestingly, students in the most deprived quintiles were more likely to say that their school cares whether they are happy or not. 28% of Year 9 students said this in the least deprived quintile compared with 47% in the most deprived quintile.

## Gender differences

- As pupils get older, more girls report missing lunch than boys do. In Year 5, 0% of boys and 1% of girls had no lunch the day before. In Year 9 the gap has widened to 10% of boys and 16% of girls who report this and by Year 12+, 14% of boys had no lunch compared with 19% of girls.
- Boys are more likely across the age ranges to report having fizzy drinks 'on most days' compared with girls.
- In the secondary age range, more girls than boys said that they would like to lose weight with the gap widening as they get older.
- Boys in Wakefield do more physical activity per day than girls do, but more girls than boys say that they want to be more active than they are, see table below.
- Girls are more likely to report fear of going to school because they may be bullied. 44% of girls compares with 34% of boys in Year 5 and in Year 9, 39% of girls compares with 17% of boys. This appears to be less of a problem for Year 12+ students but still 17% of girls said this compared with 14% of boys.
- Girls are more likely to appear in the lower sections of the SWEMWB Wellbeing scale compared with boys and the gap widens with age. Higher scores equate with higher levels of wellbeing and lower scores with poorer wellbeing. 33% of girls and 34% of boys in Year 5 had high or maximum wellbeing scores and in Year 9, 21% of girls compares with 36% of boys. The gap widens again for Year 12+ students with only 18% of girls compared with 31% of boys in the highest brackets.
- Secondary aged girls are also less likely to say that they are happy with their life in general compared with the boys. 79% of both boys and girls in Year 5 said that they were happy with their lives but this changes to 80% of boys and only 58% of girls in Year 9. 69% of boys and 65% of girls in Year 12+ said the same.

### Below is a table of key indicators for reference:

	Year 5		Year 9		Year 12	
	B	G	B	G	B	G
<b>Diet:</b>						
% having no breakfast or just a drink	13	12	28	38	47	43
% having school lunch	52	53	52	36	7	12
% having no lunch	0	1	10	16	14	19
% perception of pupils your age having a healthy diet (most/all)	49	47	29	21	20	19
% who eat fruit/veg on most days	52	61	46	52	31	42
% fizzy drinks most days	27	18	37	30	43	30
% pupils want to lose weight	31	31	33	63	33	67
% who brush their teeth twice a day	80	82	84	93	77	93
% visited the dentist in the last year	85	90	94	94	86	88
<b>Physical Activity:</b>						
% doing less than 1 hour physical activity per day	22	29	21	31	29	50
% doing 3+ hours physical activity per day	36	20	29	19	29	13
% who want to be more active	64	60	60	71	59	79
<b>Alcohol/Smoking:</b>						
% who smoke occasionally/regularly	0	0	2	5	22	22
% who smoke e-cigarettes occasionally/regularly	0	0	5	4	11	5
% who at least tried e-cigarettes	6	4	28	29	46	38
% who drink alcohol occasionally/regularly	5	1	17	23	65	69
% who drink alcohol regularly	1	1	2	4	22	21

<b>Travel:</b>						
% who walk/cycle to school	54	55	45	36	27	21
% who always wear a seatbelt	84	89	77	77	75	78
% who always wear a cycle helmet	24	36	9	11	7	11
% who usually/always use phone or music walking near road	13	7	33	54	60	64
% who feel unsafe because of traffic	15	16	8	9	8	8
<b>Bullying:</b>						
% who often/very often feel afraid of going to school because of bullying	9	13	3	12	5	5
% who never feel afraid of going to school because of bullying	66	56	83	61	86	83
% who think school takes bullying seriously	71	73	57	40	52	48
<b>Wellbeing:</b>						
% who are quite/very happy with their life	79	79	80	58	69	65
% who are a little/very unhappy with their life	12	14	11	26	17	23
% recording High/max score in the Warwick-Edinburgh wellbeing score	34	33	36	21	31	18

## Secondary only

	Year 9		Year 12	
	B	G	B	G
<b>Drugs</b>				
% offered cannabis	13	10	49	35
% offered other drugs	5	6	29	22
% taken cannabis	5	4	28	18
% taken other form of drug	1	1	9	4
% offered legal highs	5	4	22	11
% taken legal highs	3	2	12	5
% that have had sex	7	6	54	62
% who know where to get condoms free of charge	56	56	81	83
% who think it's ok to get drunk at their age	12	14	55	50
% who think it's ok to smoke at their age	5	5	28	23



## Differences in ethnicity

Below we have listed some statistically significant differences between White British and Other Ethnicity for Year 5:

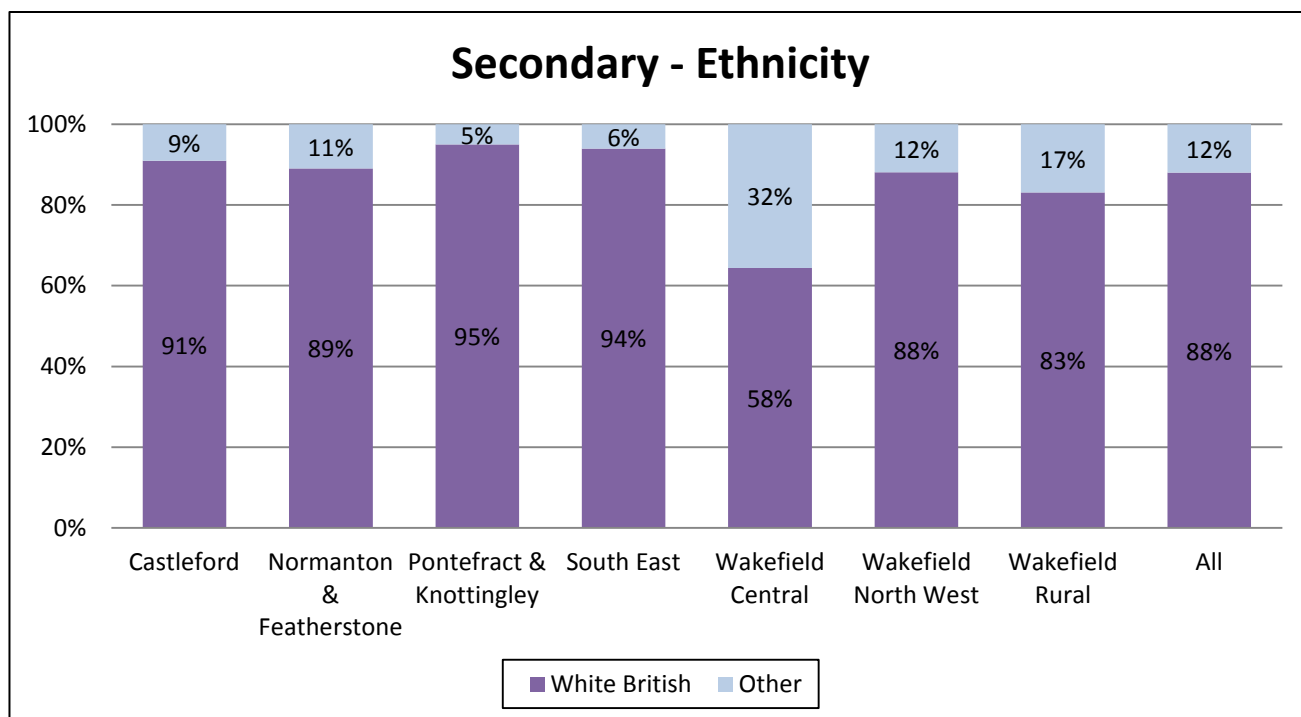
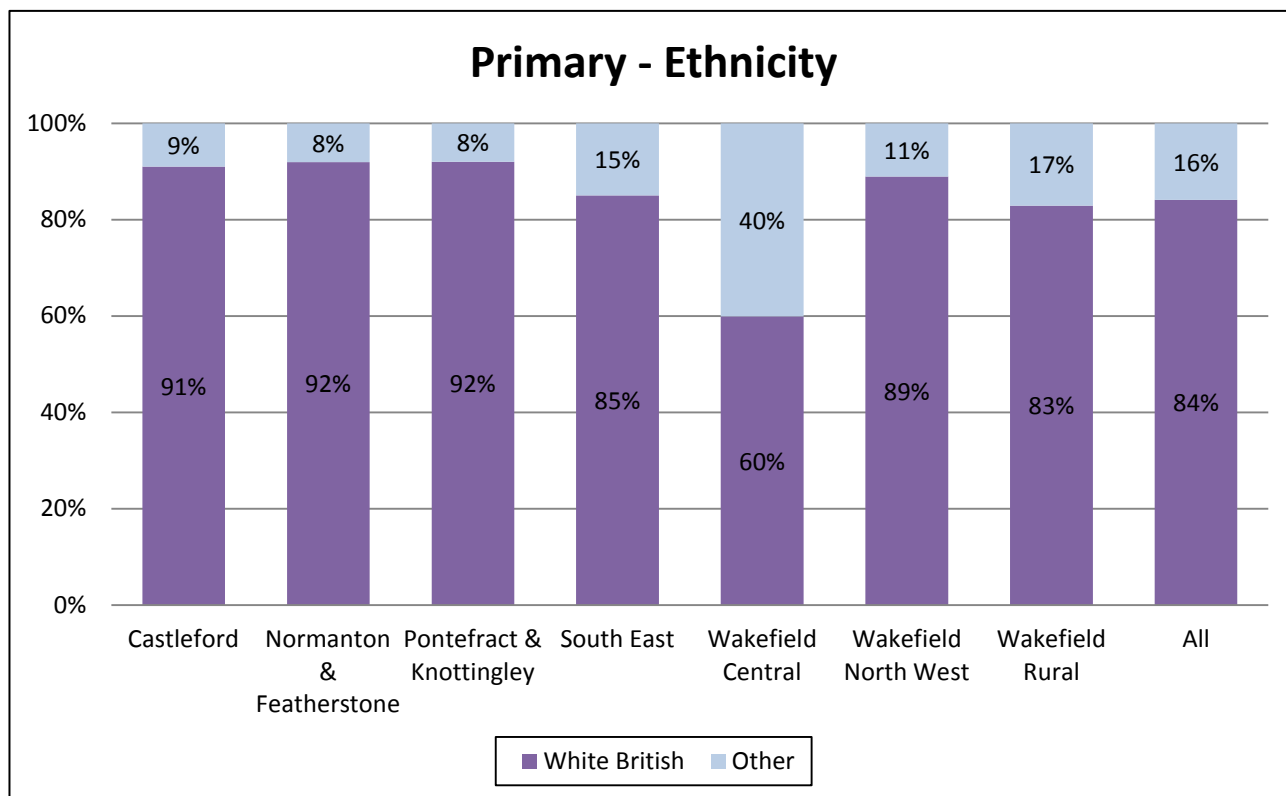
Sig	White British	Other Ethnicity	Question	White British	Other Ethnicity
				Yr 5	Yr 5
				Boys	85
				Girls	81
***	6%	17%	of pupils responded that they 'never' or only 'sometimes' wear a seatbelt when travelling in a car.		
***	47%	28%	of pupils responded that they 'rarely or never' have a takeaway meal.		
***	38%	20%	of pupils responded that they have drunk alcohol at least 'once or twice'.		
***	69%	55%	of pupils responded that they think they are 'fit' or 'very fit'.		
***	88%	78%	of pupils responded that they 'always' wear a seatbelt when travelling in a car.		
***	45%	31%	of pupils responded that they had a packed lunch on the day before the survey.		
***	39%	52%	of pupils responded that if they had a family problem they would keep it to themselves.		
***	36%	48%	of pupils responded that they 'hardly ever or never' go to woodlands around Wakefield District.		
***	89%	80%	of pupils responded that they have been to the dentist in the last year.		
***	74%	63%	of pupils responded that the amount of physical activity they do is enough to keep them healthy.		
***	50%	62%	of pupils responded that they had school food for lunch on the day before the survey.		
***	64%	53%	of pupils responded that they think at least 'most of' the pupils in their year at school do physical activity for more than 1 hour a day.		
***	44%	55%	of pupils responded that they go to playgrounds around Wakefield District at least 'once a week'.		
**	64%	54%	of pupils responded that they are happy with their weight as it is.		
**	61%	71%	of pupils responded that they would like to be more physically active.		
**	54%	64%	of pupils responded that they 'never' or only 'sometimes' wear a safety helmet when cycling.		
**	61%	71%	of pupils responded that they would like to eat more healthily.		
*	23%	32%	of pupils responded that they worry 'quite a lot' or 'a lot' about school-work/exams.		
*	61%	70%	of pupils responded that they live with their mum and dad together.		
*	74%	66%	of pupils responded that they have been to the dentist in the last 6 months.		
*	39%	48%	of pupils responded that they do the activities listed in Q17 at a park.		

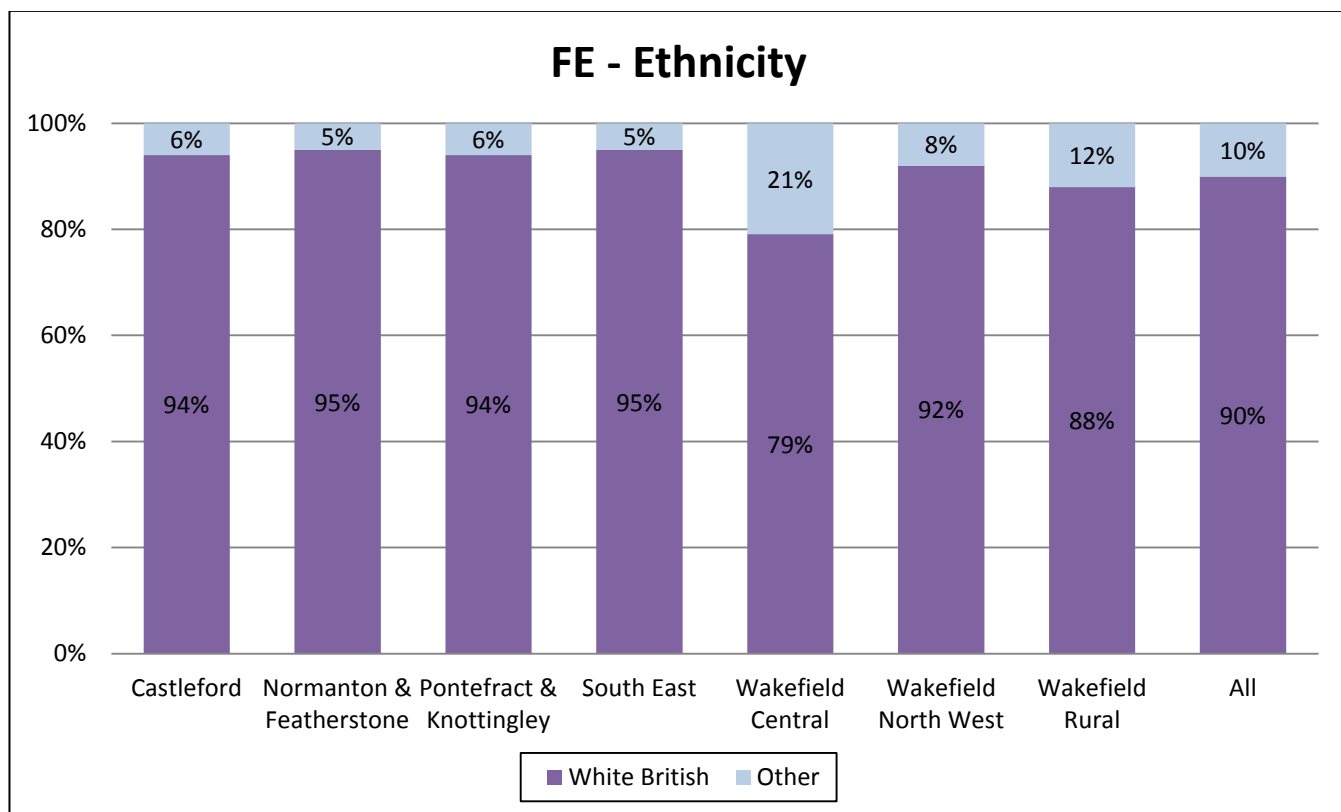
Below we have listed some statistically significant differences between White British and Other Ethnicity for Year 9.

Sig			White British	Other Ethnicity
	White British	Other Ethnicity	Yr 9	Yr 9
			Boys	105
			Girls	82
		Question		
***	75%	48%	of pupils responded that they have drunk alcohol at least 'once or twice'.	
***	82%	65%	of pupils responded that they have been to the dentist in the last 6 months.	
***	18%	33%	of pupils responded that they think 'none or just a few' pupils in their year at school drink alcohol regularly.	
***	94%	86%	of pupils responded that they have been to the dentist in the last year.	
***	79%	64%	of pupils responded that they 'always' wear a seatbelt when travelling in a car.	
***	7%	14%	of pupils responded that they 'never' or only 'sometimes' wear a seatbelt when travelling in a car.	
***	7%	15%	of pupils responded that they would like to put on weight.	
***	57%	69%	of pupils responded that they live with their mum and dad together.	
***	52%	40%	of pupils responded that they listen to music if they have a problem or feel stressed.	
***	11%	19%	of pupils responded that they 'rarely or never' eat chips or roast potatoes.	
***	58%	46%	of pupils responded that they know where to get condoms free of charge.	
***	17%	25%	of pupils responded that they 'rarely or never' eat crisps.	
***	69%	59%	of pupils responded that when travelling in a car the person driving 'never' holds their mobile phone in their hand.	
**	61%	51%	of pupils correctly identified that HIV/AIDS can be treated but not cured.	
**	39%	29%	of pupils responded that they had a packed lunch on the day before the survey.	
**	34%	43%	of pupils responded that they play football (not in school time).	
*	26%	18%	of pupils responded that they think at least 'most of' the pupils in their year at school drink alcohol regularly.	
*	32%	41%	of pupils responded that they go to parks around Wakefield District at least 'once a week'.	
*	23%	31%	of pupils responded that they do at least '3 – 4 hours' of physical activity a day that makes them breathe faster and feel warmer.	
*	29%	38%	of pupils responded that they do the activities listed in Q17 at a sports club grounds.	
*	7%	12%	of pupils responded that they 'rarely or never' eat sweets/chocolate.	
*	20%	27%	of pupils responded that they have smoked in the past or smoke now.	
*	14%	21%	of pupils responded that they think at least 'most of' the pupils in their year at school smoke cigarettes.	
*	14%	20%	of pupils responded that they go to playgrounds around Wakefield District at least 'once a week'.	
*	32%	25%	of pupils responded that they worry 'quite a lot' or 'a lot' about the way they look.	
*	33%	41%	of pupils responded that they 'hardly ever or never' go to woodlands around Wakefield District.	
*	23%	16%	of pupils responded that they would like to do more swimming outside school.	

Below we have listed some statistically significant differences between White British and Other Ethnicity.

Sig	White British	Other Ethnicity	Question	White British		Other Ethnicity	
				Boys	Girls	Yr 12+	Yr 12+
						450	54
						312	31
***	93%	65%	of pupils responded that they have drunk alcohol at least 'once or twice'.				
***	49%	17%	of pupils responded that one of the main reasons they drink alcohol is to socialise.				
***	56%	25%	of pupils responded that they think it is OK for young people their age to get drunk.				
***	78%	59%	of pupils responded that they 'always' wear a seatbelt when travelling in a car.				
***	24%	6%	of pupils responded that they drink alcohol 'regularly'.				
***	30%	12%	of pupils responded that one of the main reasons they drink alcohol is to get drunk.				
***	56%	35%	of pupils responded that they have heard of New or Novel Psychoactive Substances (NPS, sometimes referred to as 'Chemical highs' or 'Legal highs').				
***	77%	60%	of pupils responded that they think at least 'most of' the pupils in their year at school drink alcohol regularly.				
***	32%	15%	of pupils feel that they are being 'picked on' or bullied because of the way they look.				
***	66%	49%	of pupils correctly identified that HIV/AIDS can be treated but not cured.				
***	54%	71%	of pupils responded that they 'hardly ever or never' go to the countryside or canal side around Wakefield District.				
***	54%	36%	of pupils responded that they 'agree' or 'strongly agree' that they can describe the laws relating to the age of consent for sexual relationships.				
***	83%	68%	of pupils responded that they know where to get condoms free of charge.				
***	8%	17%	of pupils responded that they 'rarely or never' eat fruit and veg.				
**	52%	67%	of pupils responded that they live with their mum and dad together.				
**	21%	33%	of pupils responded that new activities being available would make them want to do more activities.				
*	73%	60%	of pupils responded that they think at least 'most of' the boys in their year at school have had sexual intercourse.				
*	51%	64%	of pupils responded that they 'hardly ever or never' go to woodlands around Wakefield District.				
*	32%	19%	of pupils think they are 'unfit' or 'very unfit'.				
*	34%	22%	of pupils responded that they 'rarely or never' have a takeaway meal.				
*	81%	71%	of pupils responded that they know where to get support and advice regarding sexual health.				
*	59%	46%	of pupils responded that they have had sexual intercourse.				
*	29%	17%	of pupils responded that they have had sexual intercourse and used a condom only 'sometimes'.				





## Young carers

- 4% of Year 5 pupils in Wakefield District said that they have ever tried smoking. For those that said they care for someone at home who has a serious illness or disability this figure is higher at 9%.
- This association is also seen in the Year 9 data. 20% of all Year 9 pupils have ever tried smoking or smoke now but within the group identified as 'Young carers' this figure is higher at 36%.
- For the Year 9 pupils identified as 'Young carers', there are a number of other correlations that are a concern, they are more likely to have been offered drugs and to say that they have taken drugs compared with the wider sample. 7% of Wakefield pupils said they had taken drugs but within this group it is higher at 19%.
- 36% of Year 9 pupils said that they had been bullied at school within the last 12 months but for young carers this was much higher at 53%.
- 7% of the Wakefield Year 9 sample had been sexually active; within the group of young carers this was higher at 12%.
- 69% of Wakefield Year 9 students said they were happy with their lives at the moment but for young carers this was lower at 48%.
- Similar associations can be seen in the FE student sample for young carers. They were more likely to have taken drugs, been bullied at school in the last 12 months and be less happy with their lives at the moment compared with the wider Wakefield sample.
- 32% of Wakefield Year 12+ students said that they worried about money problems. For those who care for someone at home who has a serious illness or disability this figure is higher at 49%.

## Vulnerable Groups

This table brings together some of the separate instances of differences shown among vulnerable groups from the different sections of this report.

Responses for groups of pupils with different circumstances, compared with the whole Wakefield sample:

Percentages in each social identity group reporting different behaviours - primary	All Yr 5	Ethnic minority	Young Carer	Children in care	Single-parent family	Special needs	Least deprived	Most deprived
No breakfast/just a drink	12%	13%	19%	14%	15%	13%	7%	14%
Eat chips/roast pots on most days	14%	12%	17%	17%	15%	18%	10%	20%
Eat fruit/veg on most days	56%	52%	47%	45%	56%	57%	70%	54%
Normally brush teeth at least twice a day	81%	78%	76%	76%	80%	78%	88%	79%
Do less than an hour or no physical activity a day	25%	30%	29%	28%	30%	26%	19%	31%
1+ hours exercise/day	75%	70%	71%	72%	70%	74%	81%	69%
Would like to be more physically active	62%	71%	72%	68%	61%	67%	58%	66%
Drink alcohol 'regularly'	1%	1%	1%	0%	1%	1%	0%	2%
Ever tried smoking	4%	7%	9%	14%	6%	5%	3%	6%
Smoke e-cigarettes 'occasionally'/'regularly'	1%	2%	3%	0%	2%	2%	1%	1%
Active travel to school	54%	55%	61%	62%	58%	51%	45%	65%
Always wear a seatbelt when in a car	86%	78%	80%	71%	85%	82%	93%	84%
'Usually'/'always' feel unsafe due to the speed of traffic outside school	15%	17%	17%	29%	17%	18%	12%	22%
Always wear a safety helmet when cycling	30%	28%	26%	25%	21%	33%	43%	25%
'Often'/'very often' feel afraid of going to school because of bullying	11%	13%	24%	18%	9%	13%	11%	14%
Bullied at school last year	45%	43%	53%	39%	38%	53%	45%	46%
Think their school takes bullying seriously	72%	66%	67%	71%	76%	61%	74%	73%
'Quite'/'very' happy with life	79%	79%	71%	58%	73%	74%	81%	76%
High/max SWEMWBS score	33%	30%	32%	20%	31%	34%	34%	36%
Worry about school-work/exams	24%	32%	30%	24%	25%	27%	24%	17%
Worry about money problems	11%	13%	16%	28%	11%	13%	9%	11%
Keep a problem to themselves	65%	72%	64%	66%	59%	69%	65%	68%
Agreed with "My work is marked so I can see how to improve it"	86%	84%	82%	86%	87%	83%	90%	86%
Agreed with "I know my targets and I am helped to meet them"	73%	69%	67%	79%	73%	73%	79%	75%
Agreed with "My views are asked for in school"	51%	49%	49%	66%	54%	58%	53%	55%
<b>Sample size:</b>	1412	166	210	29	232	127	193	228
						Significance testing	42%	p<0.05
						KEY	42%	p<0.01

Shaded figures are statistically significantly different from the overall Wakefield figure in the same row.

The key shows the level of statistical significance, with the darker shading showing a higher level.

This assessment depends on the size of the difference and the size of the sample in that column.

Responses for groups of Year 9 students with different circumstances, compared with the whole Year 9 Wakefield sample:

Percentages in each social identity group reporting different behaviours - secondary	All Yr 9	Ethnic minority	Young Carer	Children in care	Single-parent family	Special needs	Least deprived	Most deprived
No breakfast/just a drink	33%	27%	42%	52%	41%	40%	21%	33%
No lunch the previous day	13%	14%	21%	29%	14%	13%	12%	12%
Eat fruit/veg on most days	49%	49%	47%	52%	41%	41%	61%	41%
Eat chips/roast pots on most days	11%	9%	15%	12%	12%	14%	9%	10%
Normally brush teeth at least twice a day	88%	88%	83%	83%	86%	83%	90%	87%
Do less than an hour or no physical activity a day	26%	28%	29%	28%	28%	30%	23%	30%
1+ hours exercise/day	74%	72%	71%	72%	72%	70%	77%	70%
Would like to be more physically active	65%	68%	61%	60%	65%	61%	65%	67%
Drink alcohol 'regularly'	3%	3%	5%	12%	4%	4%	1%	4%
Think it is OK for young people to get drunk	13%	10%	16%	22%	18%	23%	12%	9%
Smoke 'occasionally'/'regularly'	4%	2%	9%	17%	6%	8%	2%	3%
Think it is OK for young people to smoke	5%	4%	10%	4%	7%	12%	5%	5%
Smoke e-cigarettes 'occasionally'/'regularly'	5%	7%	12%	8%	6%	8%	4%	6%
Ever offered drugs	13%	17%	25%	26%	19%	21%	9%	12%
Ever taken drugs	5%	8%	17%	30%	8%	13%	3%	3%
Offered New or Novel Psychoactive Substances ('Legal highs')	5%	7%	11%	4%	7%	8%	3%	3%
Taken New or Novel Psychoactive Substances ('Legal highs')	3%	3%	4%	4%	3%	4%	2%	1%
Sexually active	7%	8%	12%	21%	11%	8%	4%	7%
Know where to get free condoms	57%	46%	63%	52%	56%	62%	67%	50%
Active travel to school	40%	35%	46%	54%	43%	38%	47%	38%
Always wear a seatbelt when in a car	77%	64%	68%	79%	69%	73%	82%	78%
'Usually'/'always' feel unsafe due to the speed of traffic outside school	9%	6%	20%	0%	8%	16%	5%	10%
Always wear a safety helmet when cycling	10%	9%	8%	8%	6%	13%	15%	8%
'Often'/'very often' feel afraid of going to school because of bullying	8%	7%	16%	21%	8%	16%	5%	5%
Bullied at school last year	36%	35%	53%	50%	42%	55%	31%	39%
Think their school takes bullying seriously	48%	44%	38%	35%	45%	45%	57%	50%
'Quite'/'very' happy with life	69%	69%	48%	46%	59%	66%	71%	70%
High/max SWEMWBS score	28%	29%	22%	29%	26%	23%	27%	29%
Worry about school-work/exams	39%	38%	40%	48%	38%	41%	47%	39%
Worry about money problems	13%	13%	19%	28%	18%	22%	10%	11%
Keep at least one problem to themselves	69%	67%	72%	84%	67%	66%	69%	65%
Agree with "My work is marked so I can see how to improve it"	68%	65%	64%	56%	68%	66%	69%	71%
Agree with "I know my targets and I am helped to meet them"	58%	58%	53%	52%	57%	54%	55%	65%
Agree with "My views are asked for in school"	34%	34%	28%	28%	32%	34%	32%	41%
<b>Sample size:</b>	1811	188	156	25	342	143	257	225



Responses for groups of Year 12+ students with different circumstances, compared with the whole Year 12+ Wakefield sample:

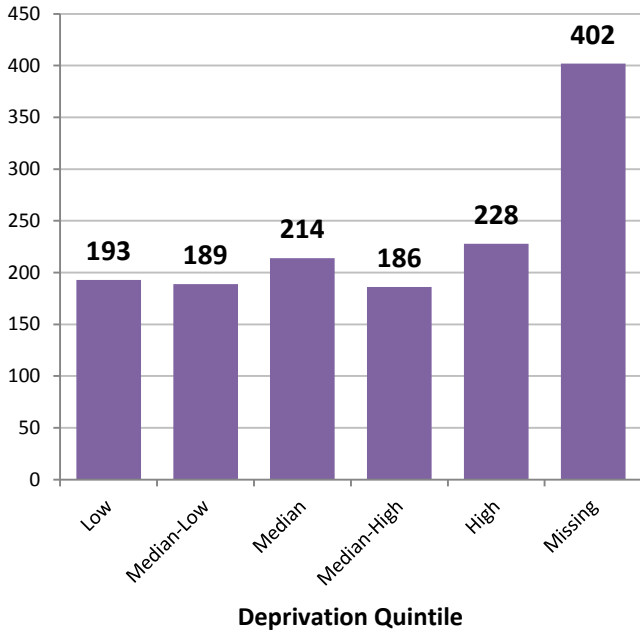
Percentages in each social identity group reporting different behaviours - FE	All Yr 12+	Ethnic minority	Young Carer	Children in care	Single-parent family	Special needs	Least deprived	Most deprived
No breakfast/just a drink	45%	38%	60%	58%	49%	41%	52%	45%
No lunch the previous day	16%	19%	25%	33%	16%	18%	12%	19%
Eat fruit/veg on most days	35%	36%	22%	23%	30%	36%	34%	32%
Eat chips/roast pots on most days	13%	17%	19%	13%	9%	17%	20%	9%
Normally brush teeth at least twice a day	83%	87%	82%	78%	83%	81%	80%	83%
Do less than an hour or no physical activity a day	37%	43%	35%	33%	38%	33%	37%	35%
1+ hours exercise/day	63%	57%	65%	67%	62%	67%	63%	65%
Would like to be more physically active	67%	72%	69%	48%	67%	63%	69%	76%
Drink alcohol 'regularly'	22%	6%	24%	36%	24%	21%	20%	16%
Think it is OK for young people to get drunk	53%	25%	56%	47%	62%	48%	54%	45%
Smoke 'occasionally'/'regularly'	22%	25%	33%	35%	25%	24%	13%	21%
Think it is OK for young people to smoke	26%	20%	34%	35%	28%	17%	29%	23%
Smoke e-cigarettes 'occasionally'/'regularly'	8%	5%	16%	10%	8%	10%	4%	5%
Ever offered drugs	45%	38%	53%	72%	46%	46%	41%	42%
Ever taken drugs	24%	23%	37%	54%	29%	30%	12%	21%
Offered New or NPS ('legal highs')	17%	14%	24%	21%	18%	21%	8%	15%
Taken New or NPS ('legal highs')	9%	8%	18%	10%	9%	11%	4%	6%
Sexually active	58%	46%	71%	82%	69%	67%	38%	61%
Can find free condoms	82%	68%	86%	89%	87%	80%	71%	87%
Active travel to school	25%	24%	31%	22%	29%	21%	20%	26%
Always wear a seatbelt when in a car	76%	59%	64%	73%	72%	78%	83%	80%
'Usually'/'always' feel unsafe due to the speed of traffic outside school	8%	8%	19%	13%	13%	13%	10%	14%
Always wear a safety helmet when cycling	9%	10%	3%	6%	8%	13%	13%	6%
'Often'/'very often' feel afraid of going to school because of bullying	5%	6%	19%	13%	8%	12%	6%	8%
Bullied at school last year	24%	18%	48%	30%	28%	37%	27%	27%
Think their school takes bullying seriously	50%	44%	31%	50%	50%	44%	67%	57%
'Quite'/'very' happy with life	65%	56%	36%	50%	60%	61%	69%	61%
High/max SWEMWBS score	26%	20%	18%	14%	25%	18%	35%	33%
Worry about schoolwork/exams	43%	45%	46%	38%	37%	44%	46%	43%
Worry about money problems	32%	34%	49%	33%	35%	32%	32%	41%
Keep at least one problem to myself	63%	59%	75%	78%	64%	62%	58%	67%
Agree with "My work is marked so I can see how to improve it"	70%	62%	58%	68%	67%	70%	84%	75%
Agree with "I know my targets and I am helped to meet them"	65%	63%	49%	65%	63%	62%	78%	76%
Agree with "My views are asked for in school"	40%	38%	30%	50%	40%	32%	40%	51%
<b>Sample size:</b>	<b>863</b>	86	67	40	199	66	50	114
						Significance testing	42%	p<0.05
						KEY	42%	p<0.01

## Deprivation Indices

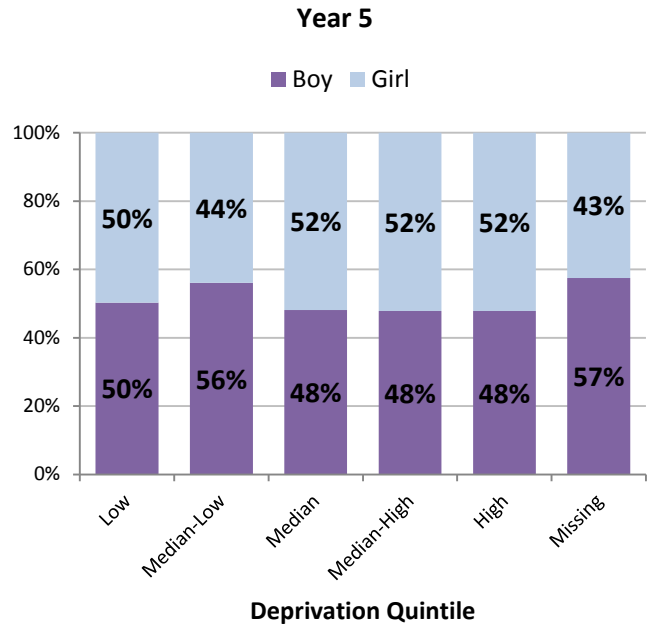
- The English Indices of Deprivation (IMD) is an analysis of the relative deprivation across areas in England, called Lower Super Output Areas (LSOAs). The indices were released in 2010; more detail can be found here <https://www.gov.uk/government/statistics/english-indices-of-deprivation-2010>.
- The IMD ranks all of the LSOAs across England according to their relative levels of deprivation; this allows for comparison between areas of higher or lower deprivation. One typical method used is to allocate quintiles, so one can e.g. compare the most deprived 20% of areas with the least deprived 20% of areas.
- In the current study, 1010 (72%) Year 5 pupils, 1137 (63%) Year 9 pupils and 480 (56%) pupils from Year 12+ provided enough postcode information to enable identification of which LSOA they live in, allowing allocation to IMD quintiles. In the following section charts will show some differences between areas of relatively low deprivation in the Wakefield district, labelled 'low' (pupils living in one of the top 20% least deprived areas of England), and areas of relatively high deprivation, labelled 'high' (pupils living in one of the top 20% most deprived areas of England).
- The highest proportions of White British Year 5 pupils are found in the low/med-low deprivation quintiles 90% compared with 76% in the med-high quintile. Interestingly, in the highest deprivation quintile, 87% were White British.
- 73% of Year 5 pupils in the least deprived quintile said that they eat fruit and vegetables 'on most days'. This compares with 58% in the most deprived quintile but again this is higher than the median-high quintile which has 52% eating fruit and vegetables 'on most days'.
- Proportionally more Year 5 pupils in the least deprived quintiles described their diet as 'quite or very healthy compared with those in the highest areas of deprivation and complementary to this, pupils in the most deprived quintiles were more likely to say that they would like to eat more healthily.
- 88% of Year 5 pupils in the least deprived quintile said that they brush their teeth at least twice a day and 77% said that they have been to the dentist in the last 6 months. This compares with 79% brushing their teeth and 69% visiting the dentist reported by pupils in the most deprived quintile.
- 81% of Year 5 pupils in the least deprived quintile said that they are physically active for at least an hour a day and 92% describe themselves as fit. This compares with 69% being physically active and 84% describing themselves as fit in the most deprived quintile.
- 44% of Year 5 pupils in the least deprived quintile have tried alcohol compared with 28% of pupils in the most deprived quintile. For smoking however, more pupils in the deprived quintiles have tried cigarettes.
- 24% of Year 5 pupils in the least deprived quintile have at least one adult at home who smokes compared with 56% in the most deprived quintile.
- 45% of Year 5 pupils in the least deprived quintile walked or cycled to school on the day of the survey compared with 65% in the most deprived quintile. The speed of traffic outside school was more of a concern to pupils in the more deprived quintiles than those in the least deprived quintiles.
- 33% of Year 5 pupils in the least deprived quintile said that they were at least sometimes afraid of going to school because of bullying compared with 42% in the most deprived quintile.
- 64% of Year 5 pupils in the least deprived quintile said that they usually or always wear a safety helmet when cycling compared with only 33% in the most deprived quintile.
- 79% of Year 5 pupils in the least deprived quintile said that they felt safe where they live compared with 63% in the most deprived quintile.

## Primary Schools

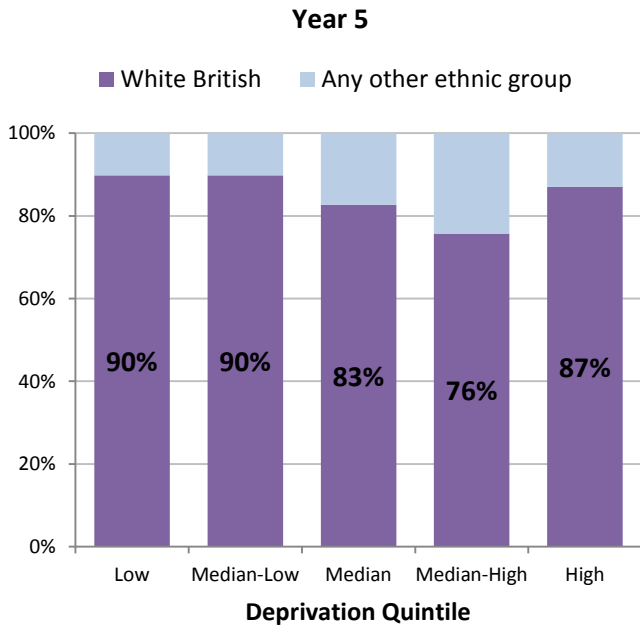
Number of pupils in Year 5 who were surveyed that live within each of the Deprivation Quintiles across Wakefield District:



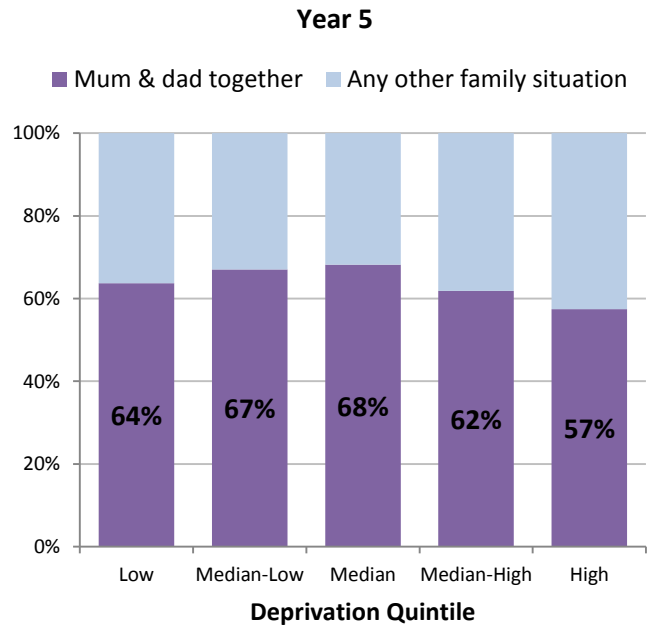
Balance of boys and girls in each deprivation quintile:



Which of the following most nearly describes you?

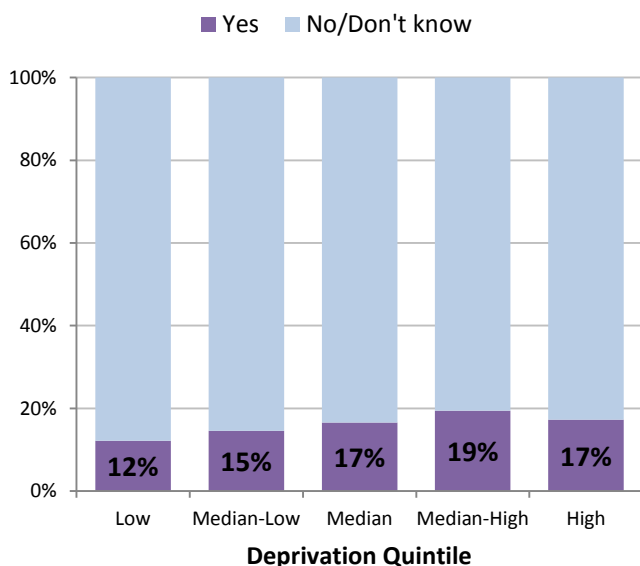


Which adults do you live with?



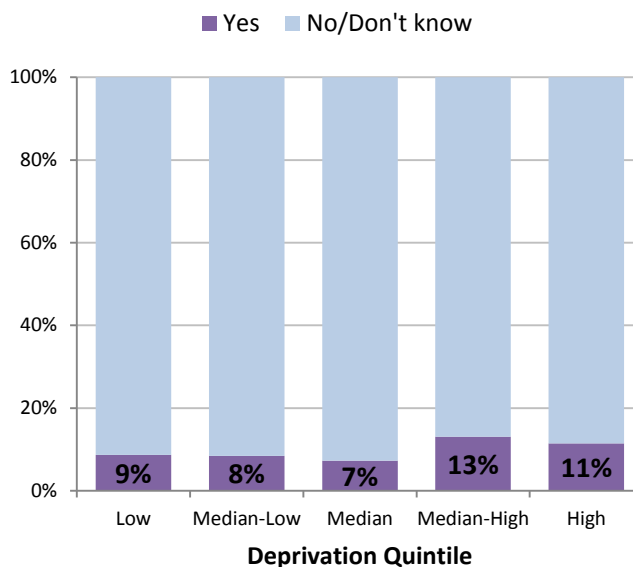
Do you care for anyone within your home that has a serious illness or disability?

Year 5



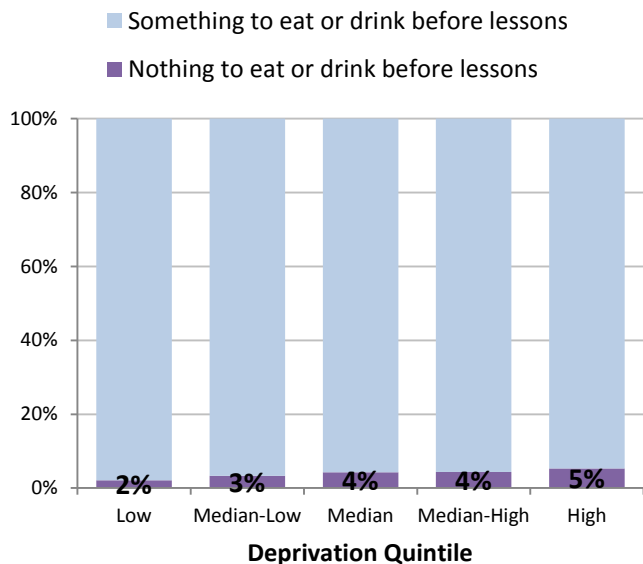
Do you have a special need, long term illness or disability which limits your daily activities or what you can do?

Year 5



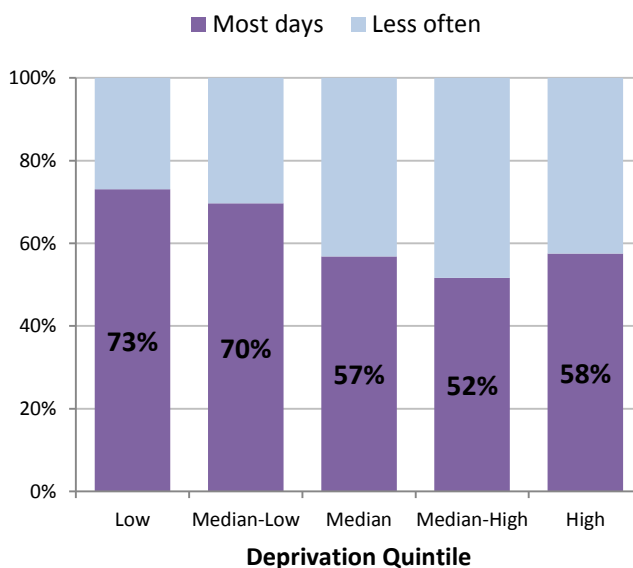
What did you eat or drink before lessons this morning?

Year 5



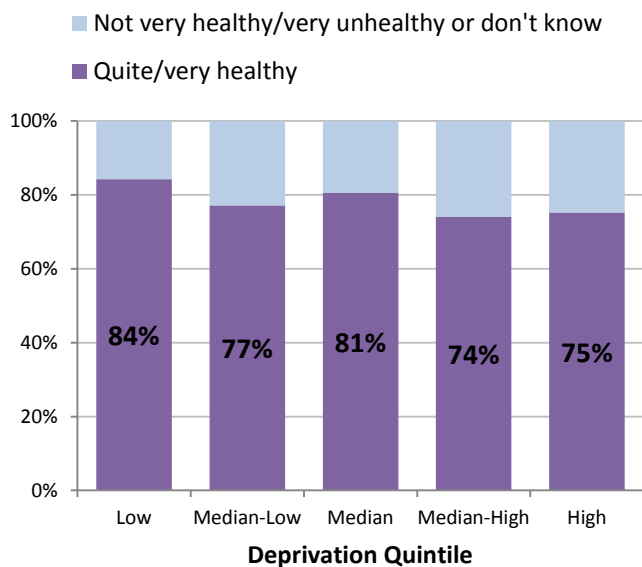
How often do you eat or drink any of the following? [Fruit or vegetables]

Year 5



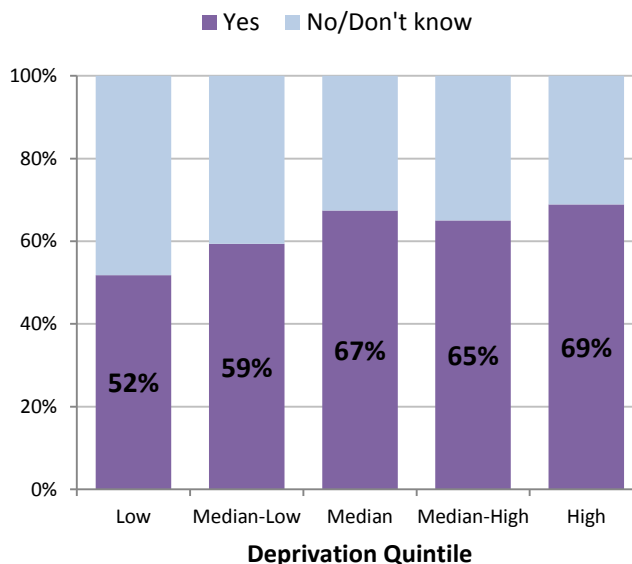
Is your diet (the food that you eat)...

Year 5



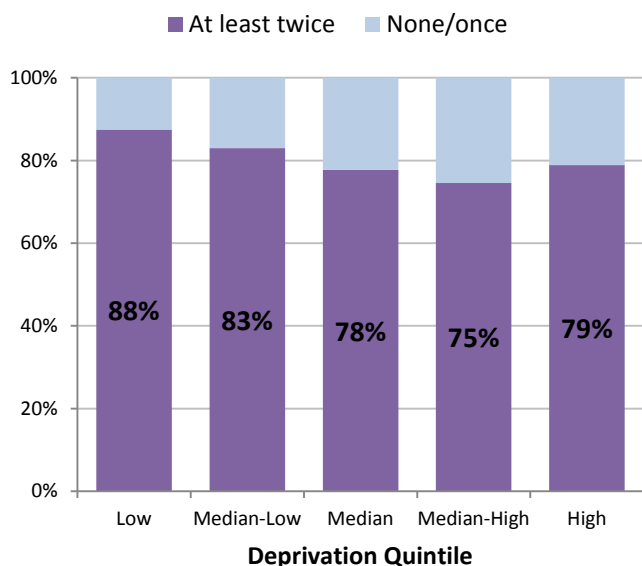
Would you like to eat more healthily?

Year 5



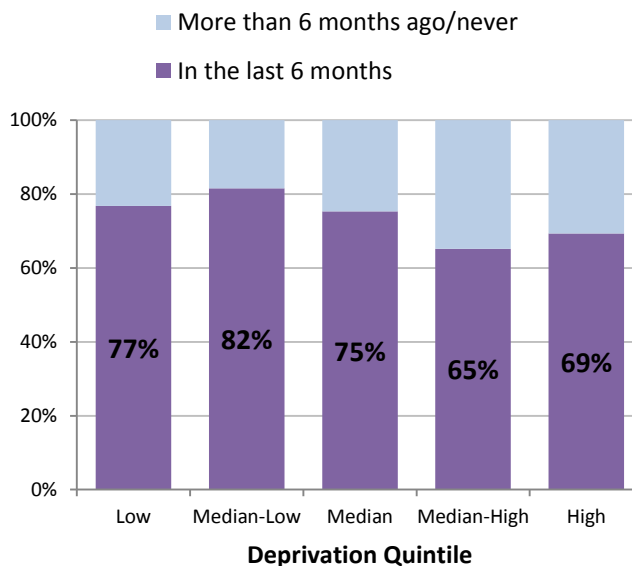
How many times a day do you normally brush your teeth?

Year 5

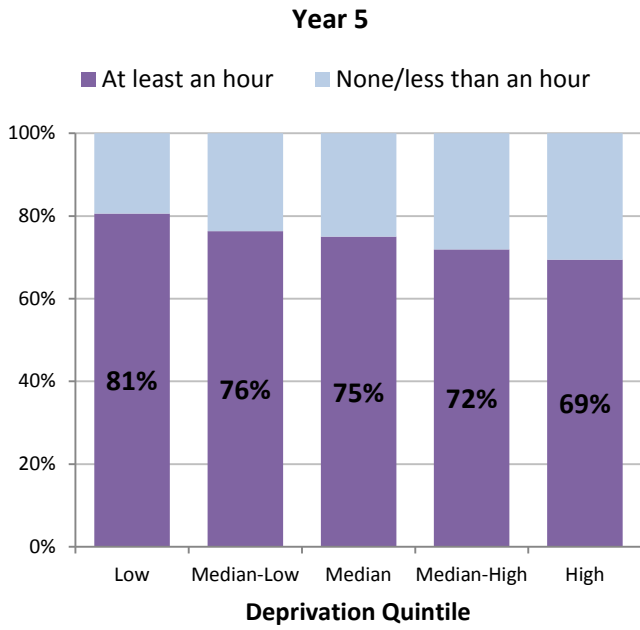


How long ago did you last visit the dentist?

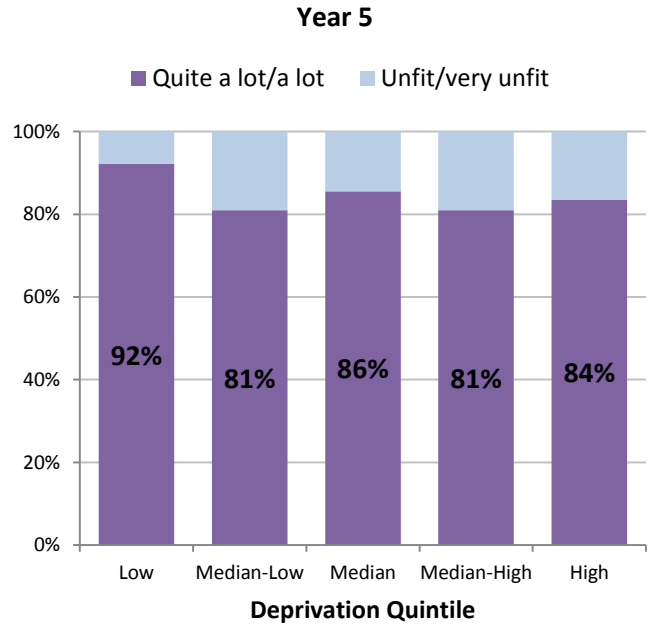
Year 5



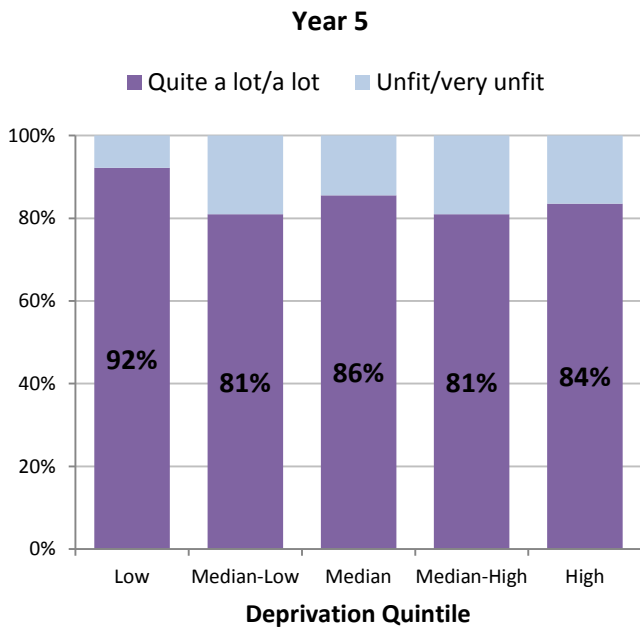
How many hours of physical activity do you do a day which makes you breathe faster and feel warmer (e.g. walking quickly or running around)?



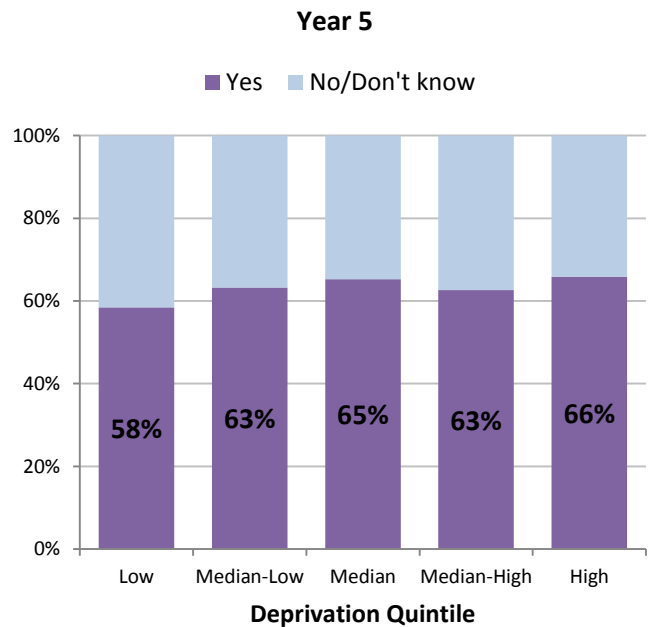
How fit do you think you are?



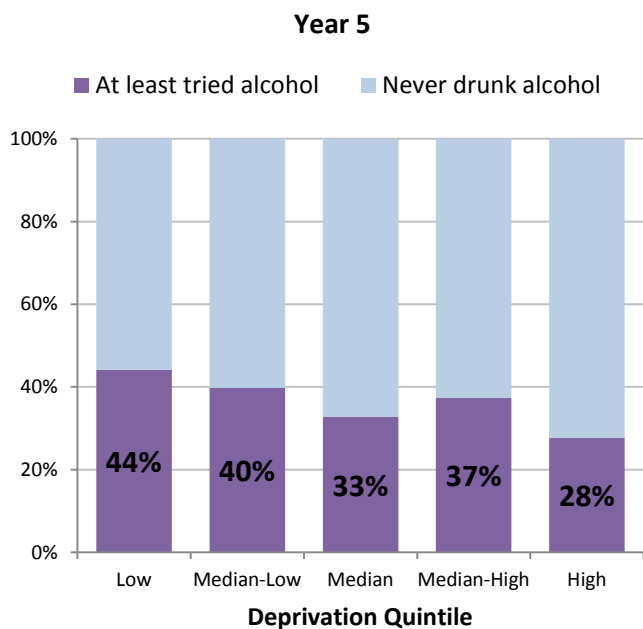
How much do you enjoy physical activities?



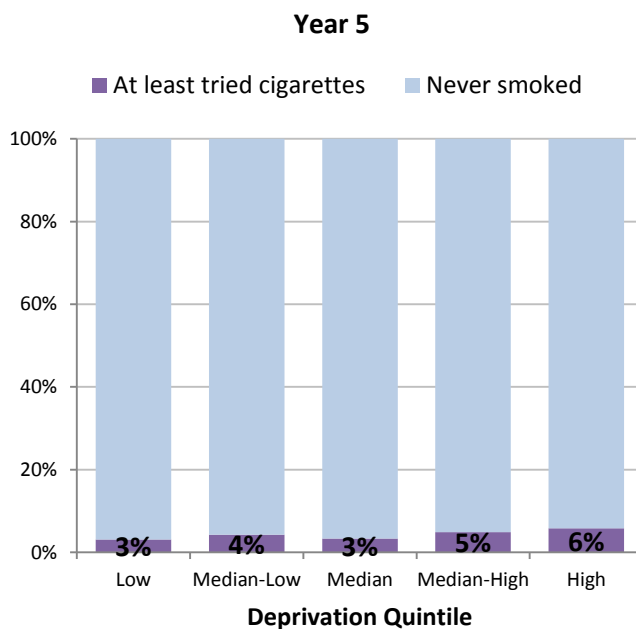
Would you like to be more physically active?



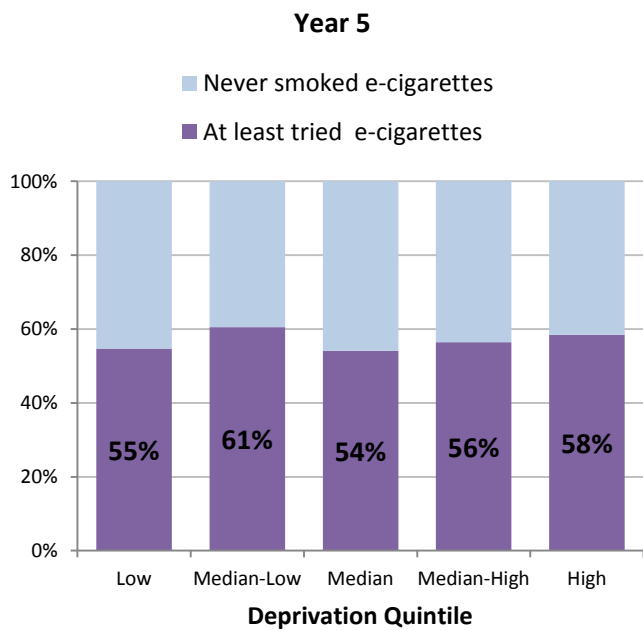
Alcohol: Which statement describes you best?



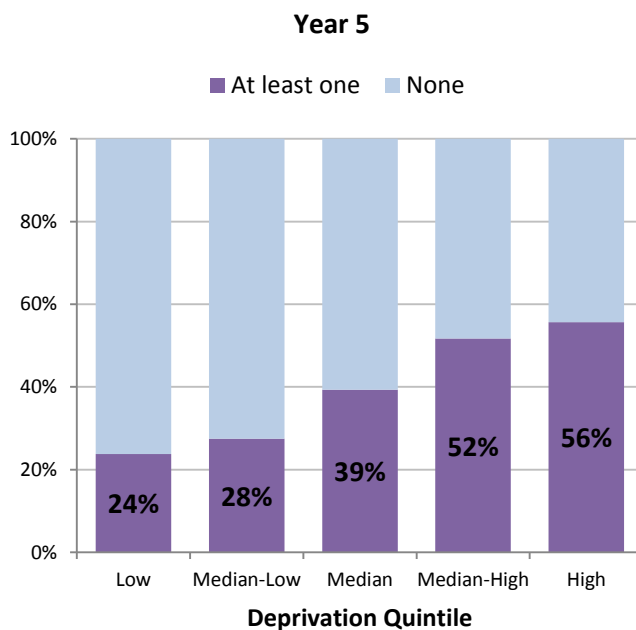
Smoking: which describes you best?



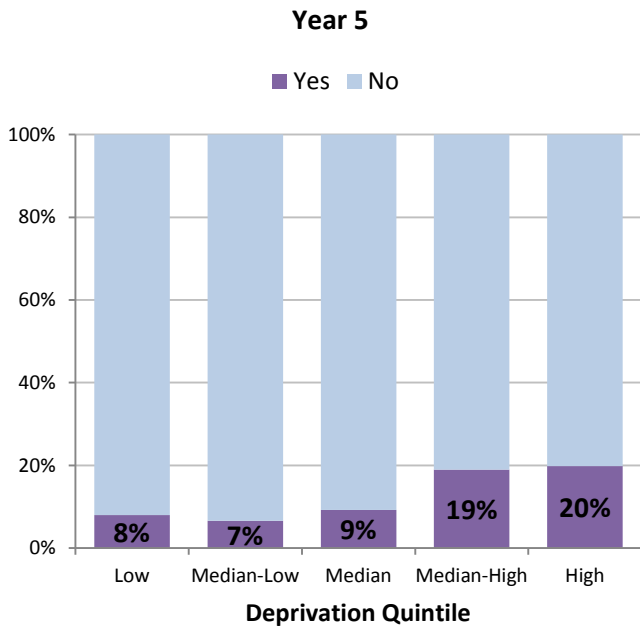
E-cigarettes: which describes you best?



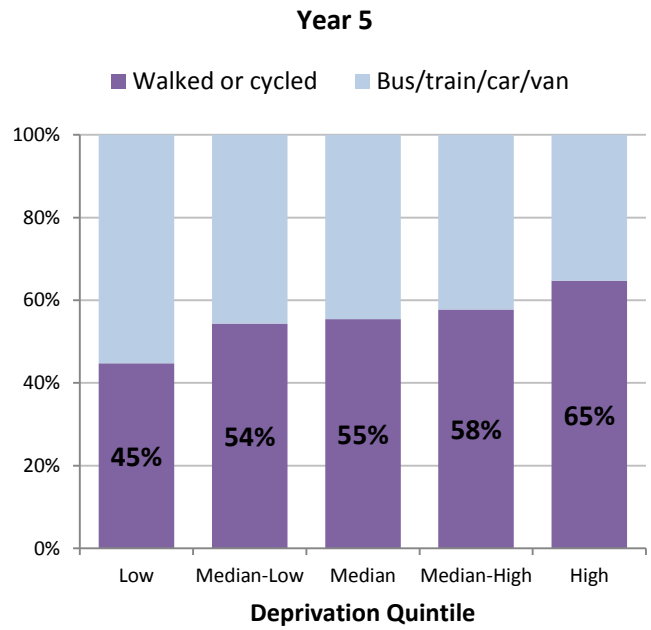
How many adults (aged 18 or over) that live in your house smoke?



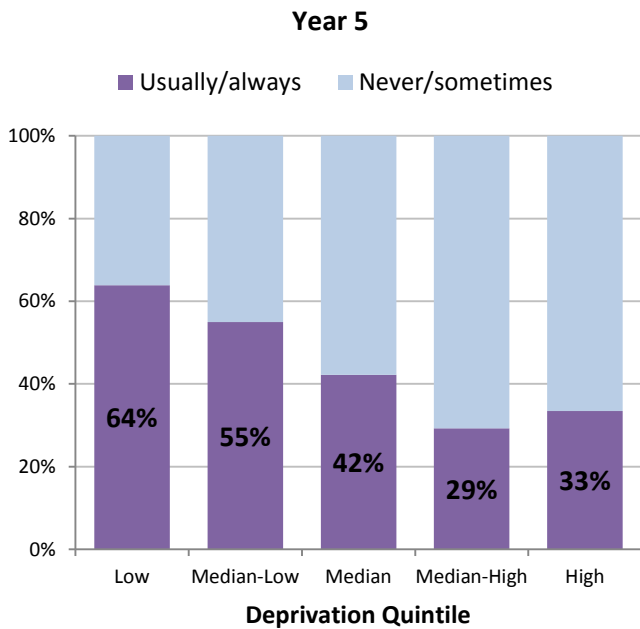
Does anyone smoke indoors at home in rooms that you use?



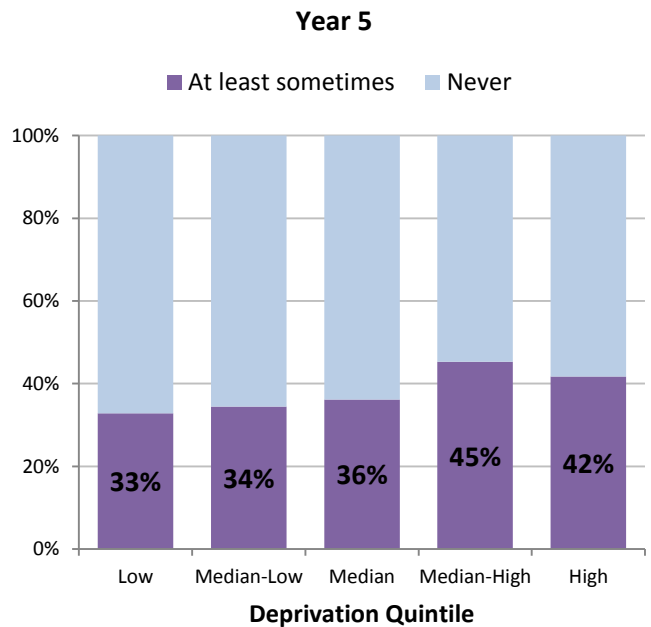
How did you get to school today?



Do you wear a safety helmet when cycling?



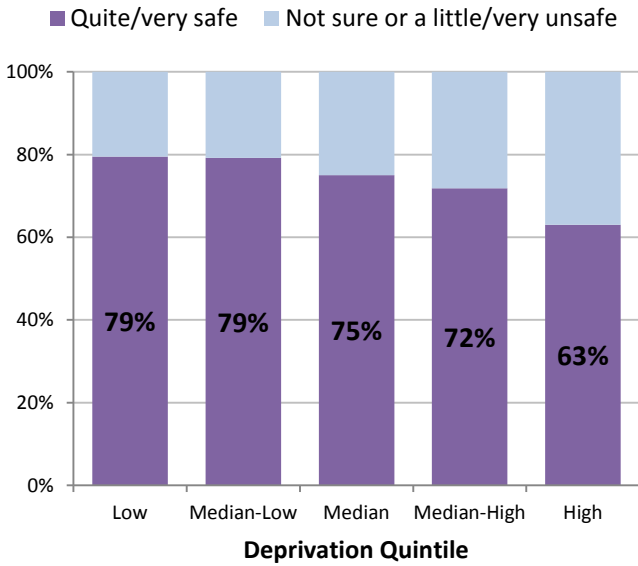
Do you ever feel afraid of going to school because of bullying?





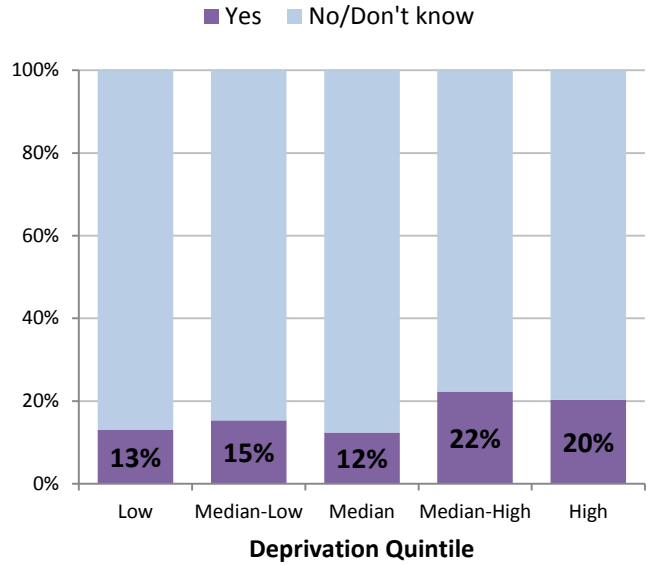
How safe do you feel in the area where you live?

Year 5



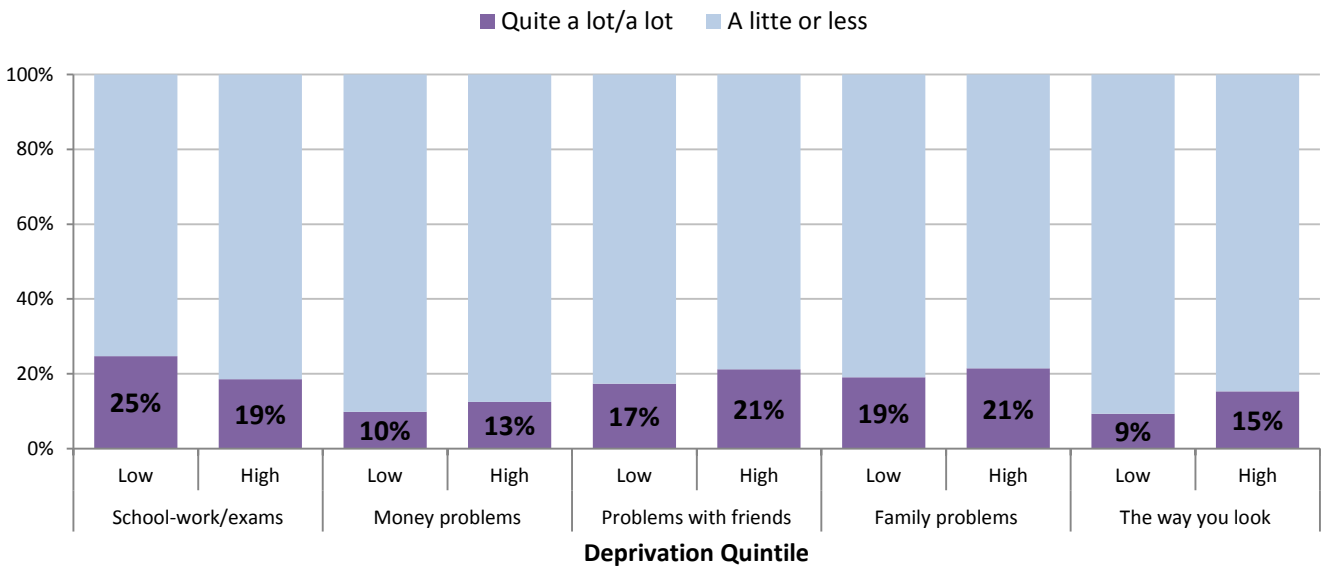
Have any of the following things happened to you when you have been on the Internet? People lying about who they are:

Year 5



How much do you worry about the problems listed below?

Year 5

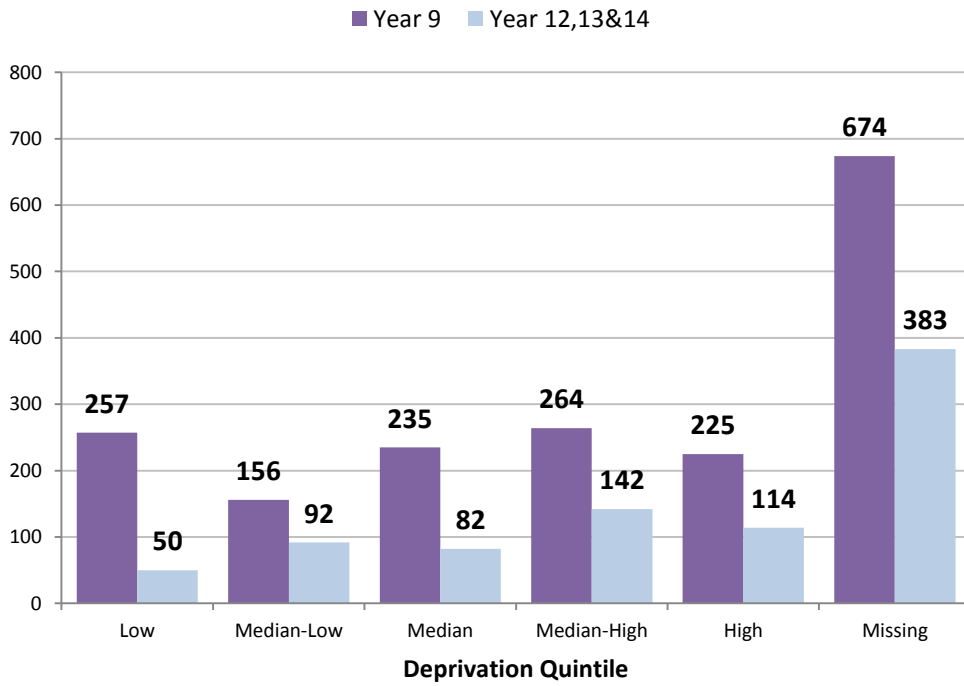


## Secondary observations

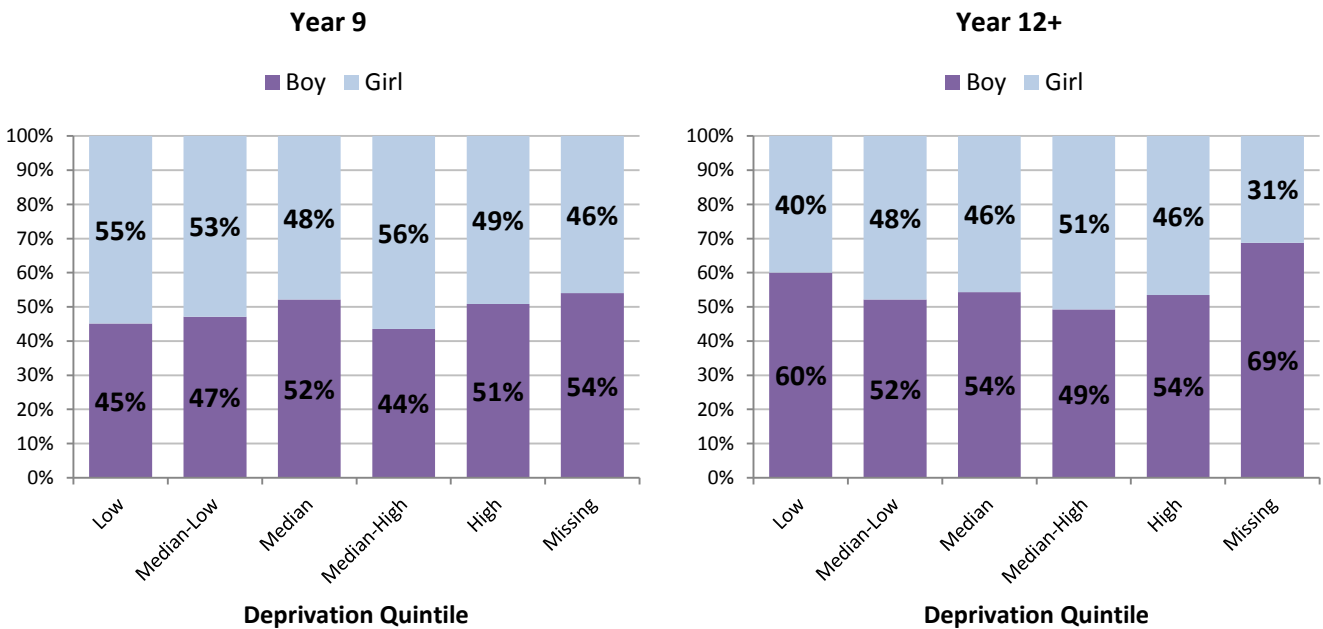
- In both the Year 9 and Year 12 samples, students in the least deprived quintiles were more likely to say that they live with both parents together. 71% of Year 9 students in the least deprived quintiles lived with both parents compared with 53% in the most deprived quintile.
- In the Year 12 sample, students in the least deprived quintiles were more likely to say that they had something for breakfast that morning. 16% of Year 12+ students in the least deprived quintiles said they had nothing to eat or drink before lessons that morning compared with 25% in the most deprived quintile. This was also the association seen for Year 12 students saying they had no lunch the day before.
- 62% of Year 9 students in the least deprived quintile said that they have fruit and vegetables 'on most days' compared with 42% saying this in the most deprived quintile.
- 54% of Year 12+ students in the least deprived quintile said in their opinion it is OK for young people their age to get drunk compared with 45% saying this in the most deprived quintile.
- 15% of Year 9 students in the least deprived quintile said that they have at least tried smoking compared with 25% saying this in the most deprived quintile.
- 19% of Year 9 students in the least deprived quintile said that they have at least tried smoking e-cigarettes compared with 34% saying this in the most deprived quintile.
- In both the Year 9 and Year 12 samples, students in the least deprived quintiles were less likely to say that they live with an adult who smokes. 23% of Year 9 students in the least deprived quintiles said this compared with 52% in the most deprived quintile.
- 66% of Year 9 students in the least deprived quintile said that they have heard of NSP ('Chemical highs' or 'Legal highs') compared with 31% saying this in the most deprived quintile.
- 67% of Year 9 students in the least deprived quintile said that they know where to get condoms free of charge compared with 50% saying this in the most deprived quintile. Conversely, in the FE sector this association was reversed with 71% saying this in the least deprived quintile and 87% in the most deprived quintile.
- Similar associations were seen in the secondary and FE sector as in the primary sector in relation to the safety questions. More students in the least deprivation quintiles wear a safety helmet when cycling and feel safe in the area where they live compared with students in the most deprived quintile.
- 59% of Year 9 students in the least deprived quintile said that they wanted to continue in full-time education after Year 11 compared with 46% of students in the most deprived quintile.
- Interestingly, students in the most deprived quintiles were more likely to say that their school cares whether they are happy or not. 28% of Year 9 students said this in the least deprived quintile compared with 47% in the most deprived quintile.

## Secondary Schools

Number of pupils in Year 9 and Year 12+ who were surveyed that live within each of the Deprivation Quintiles across Wakefield District:

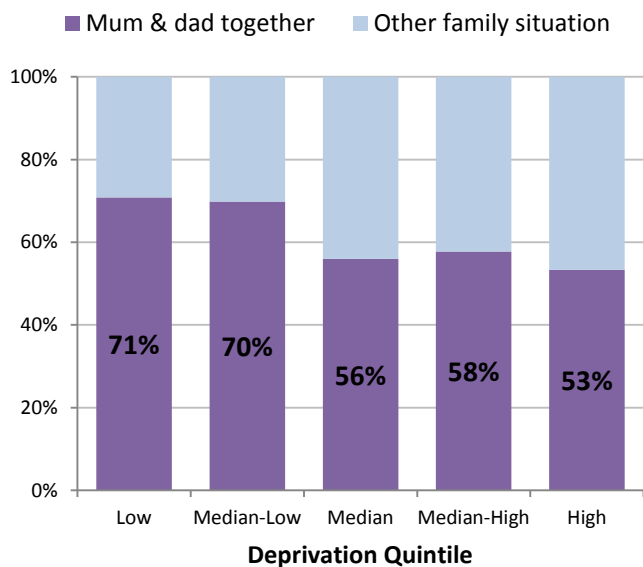


Balance of boys and girls in each deprivation quintile:

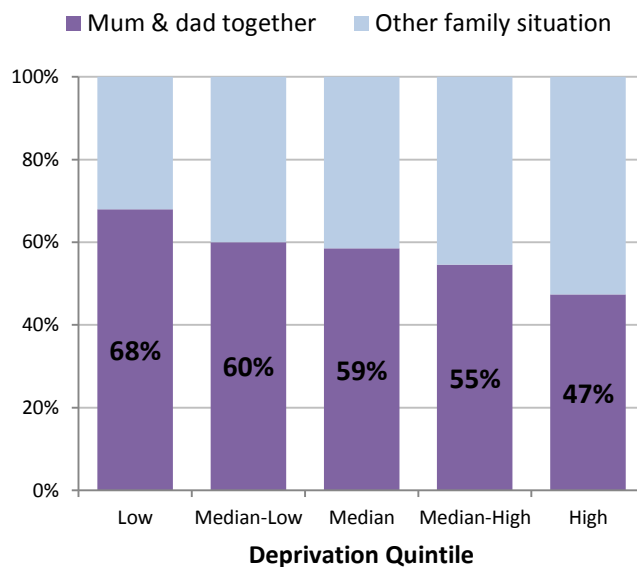


Which adults do you live with?

Year 9

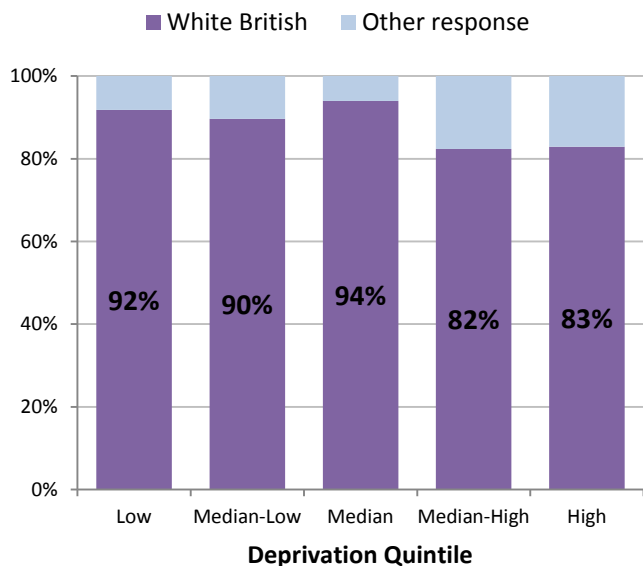


Year 12+

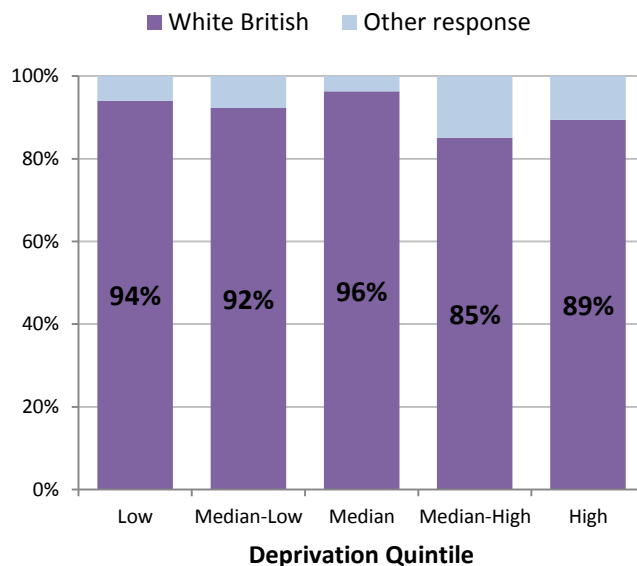


Which of the following most nearly describes you?

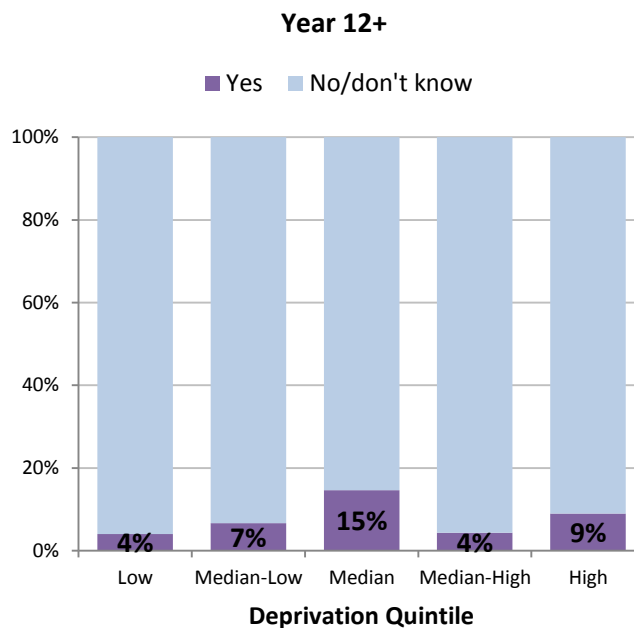
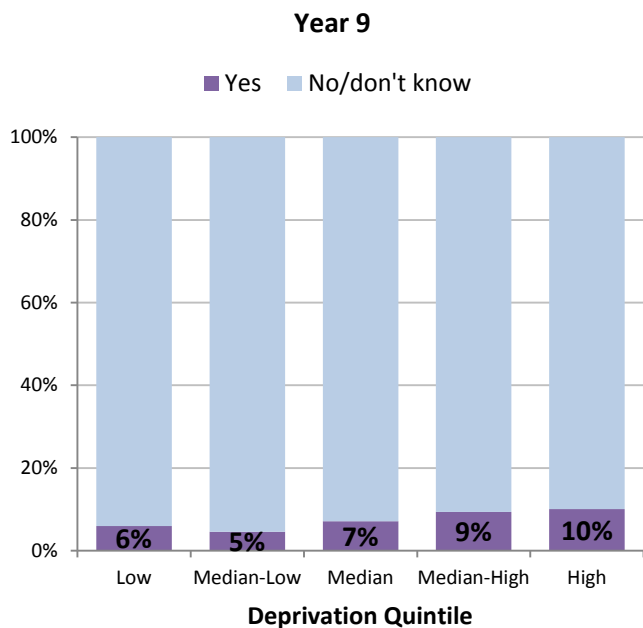
Year 9



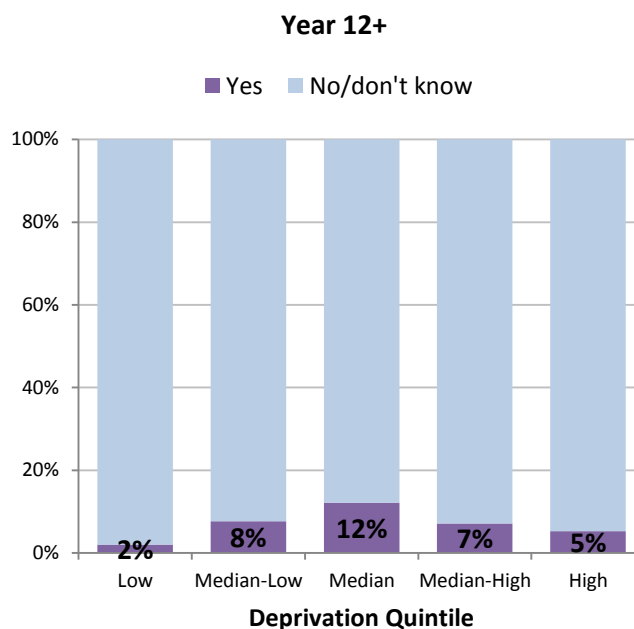
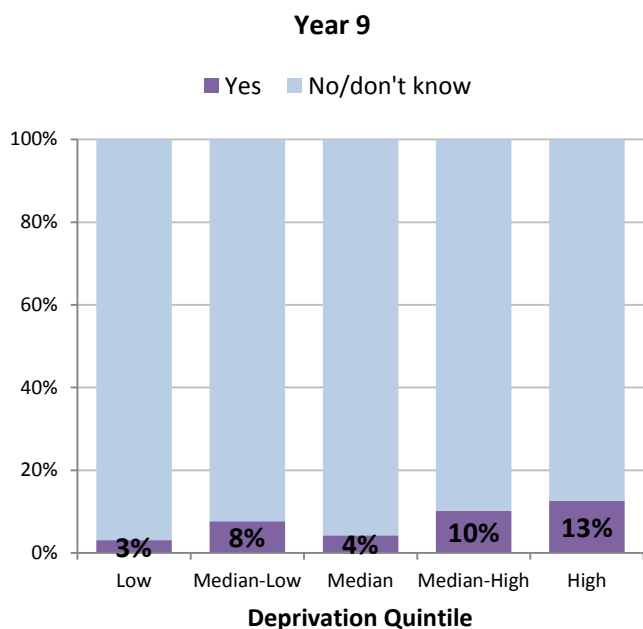
Year 12+



Do you have a special need, long term illness or disability which limits your daily activities or what you can do?

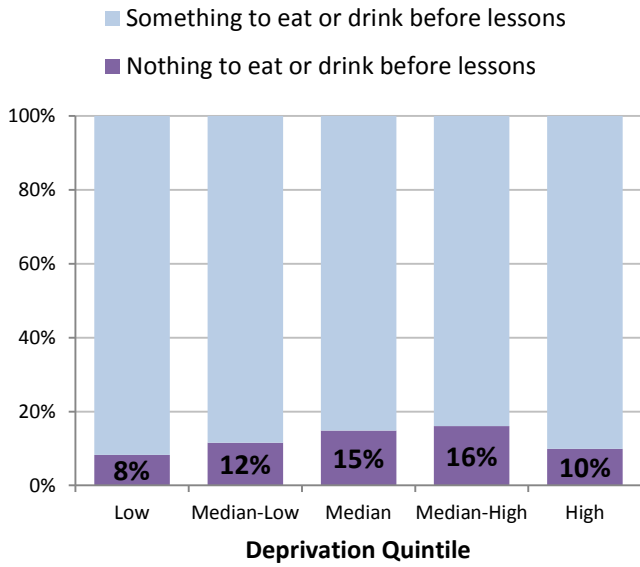


Do you care for anyone within your home that has a serious illness or disability?

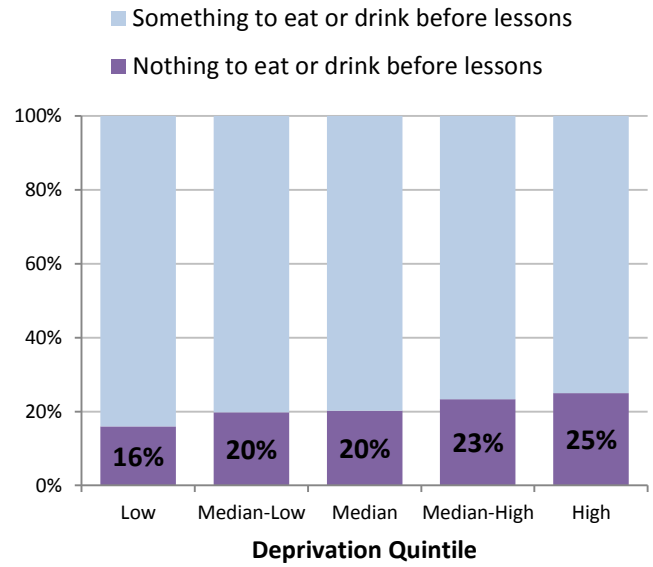


What did you eat or drink before lessons this morning?

Year 9

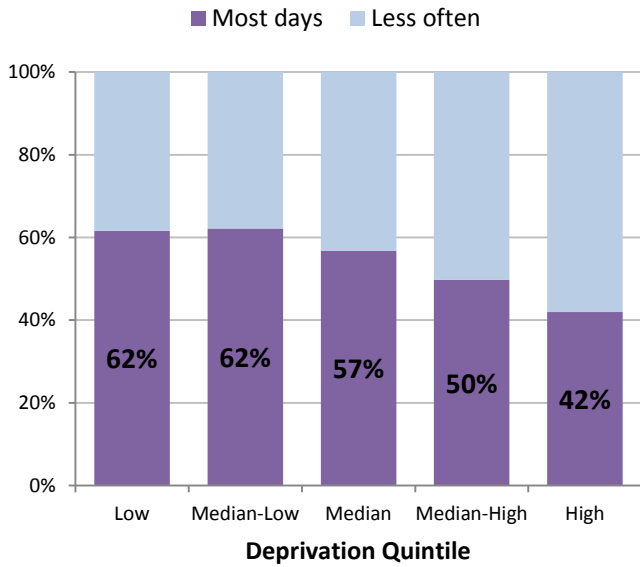


Year 12+

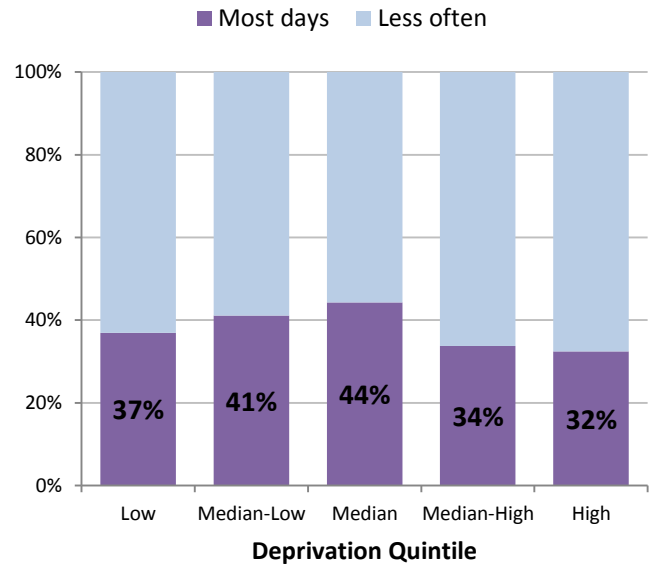


How often do you eat or drink any of the following? [Fruit or vegetables]

Year 9



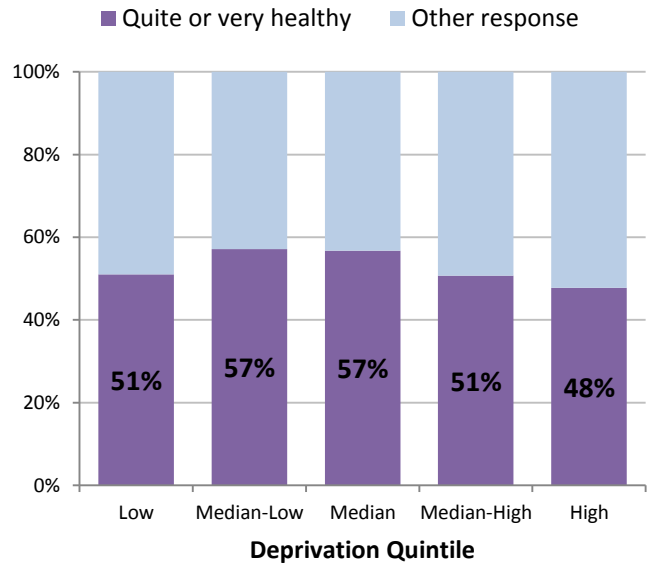
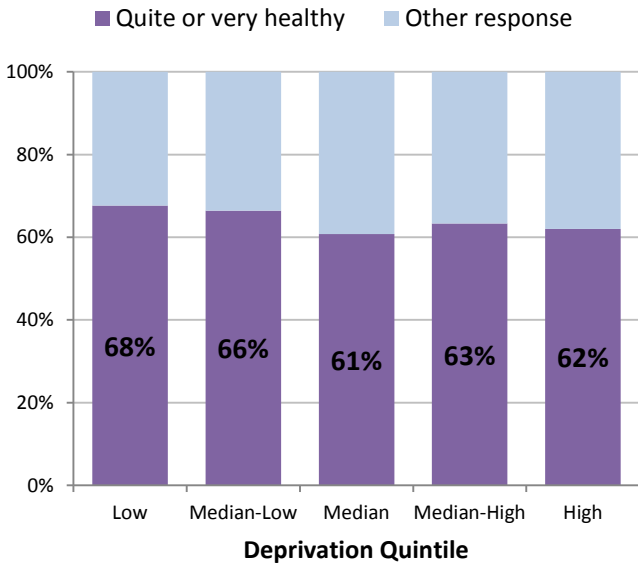
Year 12+



Is your diet (the food that you eat)...?

Year 9

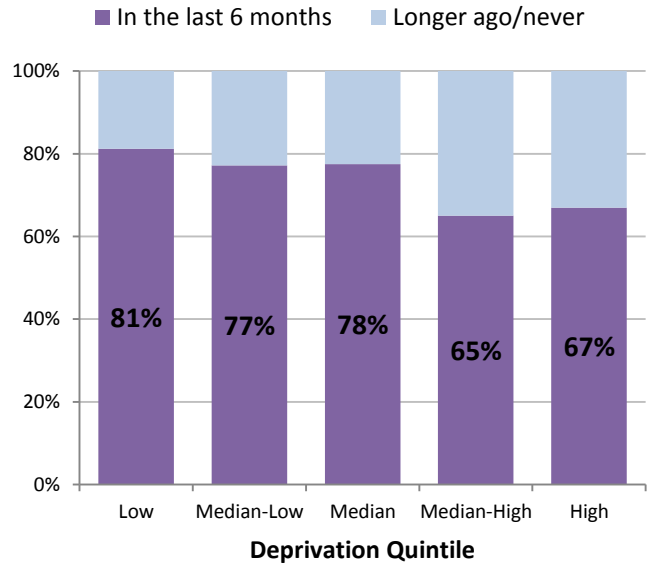
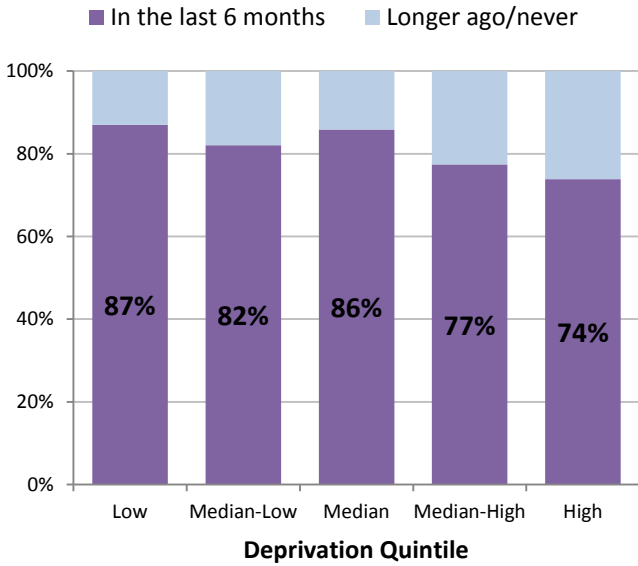
Year 12+



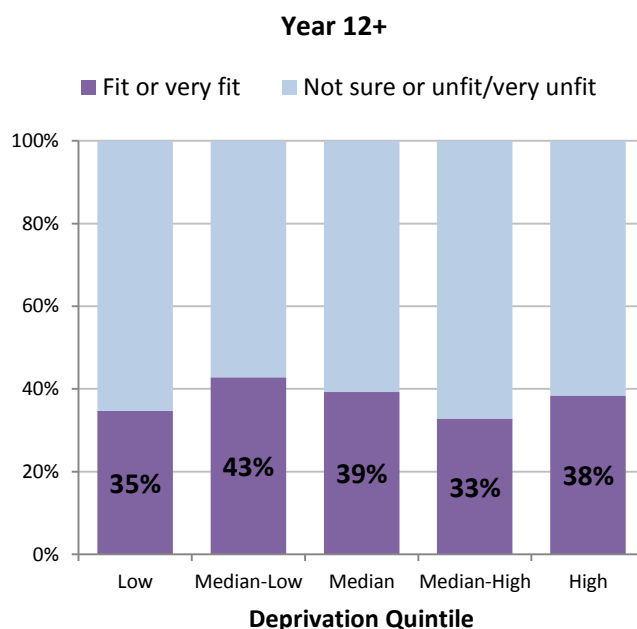
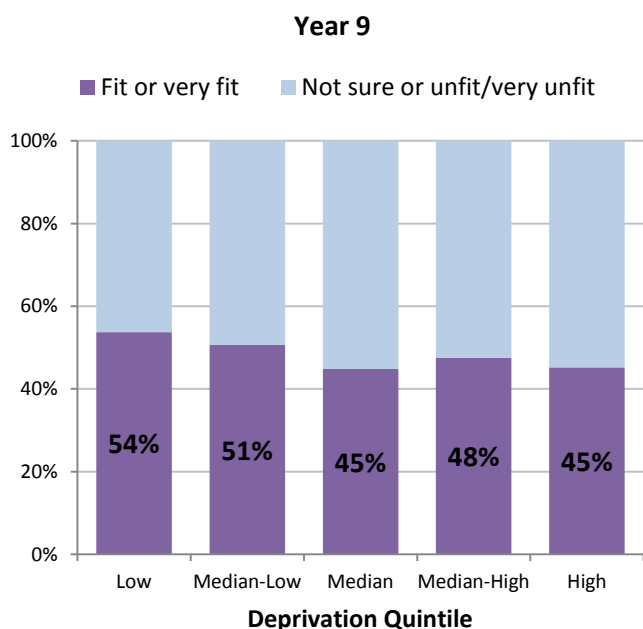
How long ago did you last visit the dentist?

Year 9

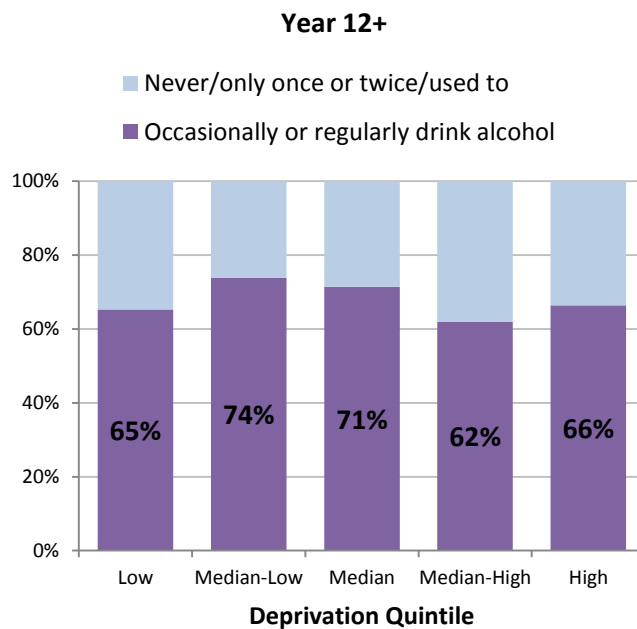
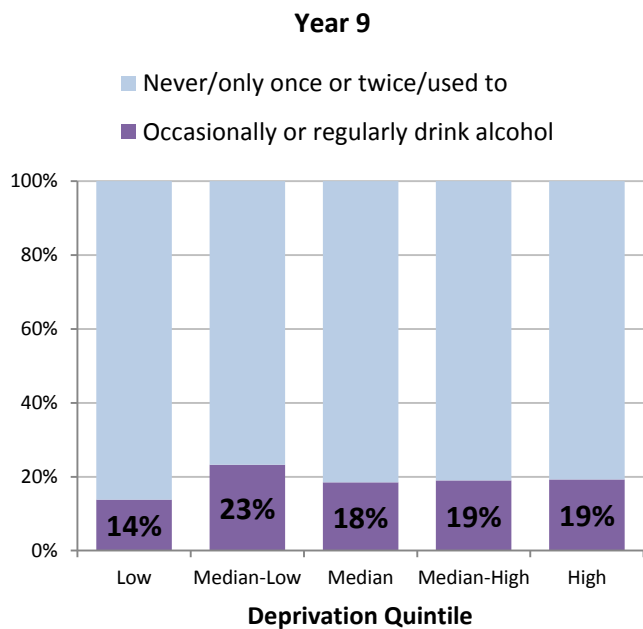
Year 12+



How fit do you think you are?

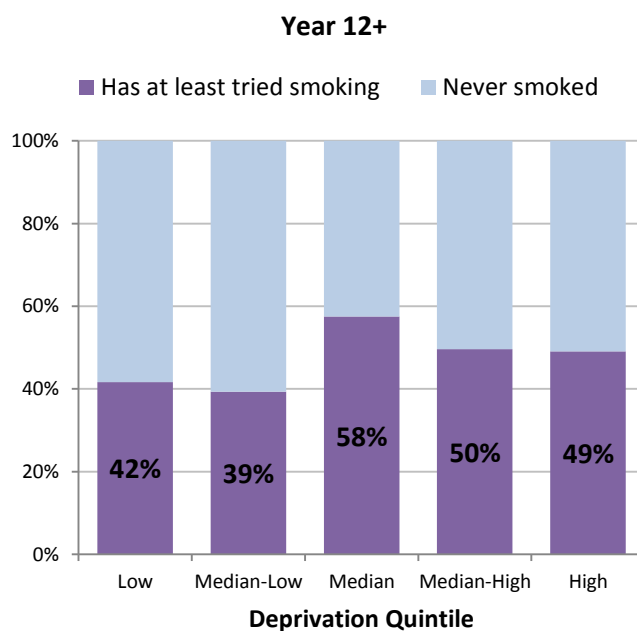
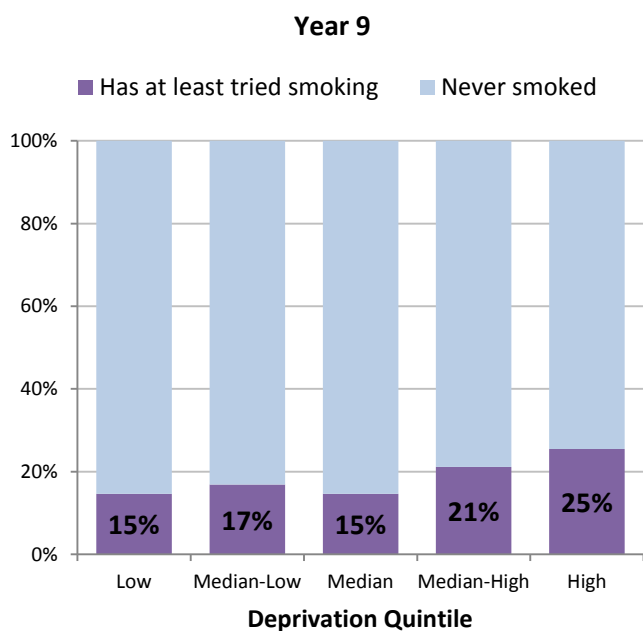


Alcohol: Which statement describes you best?

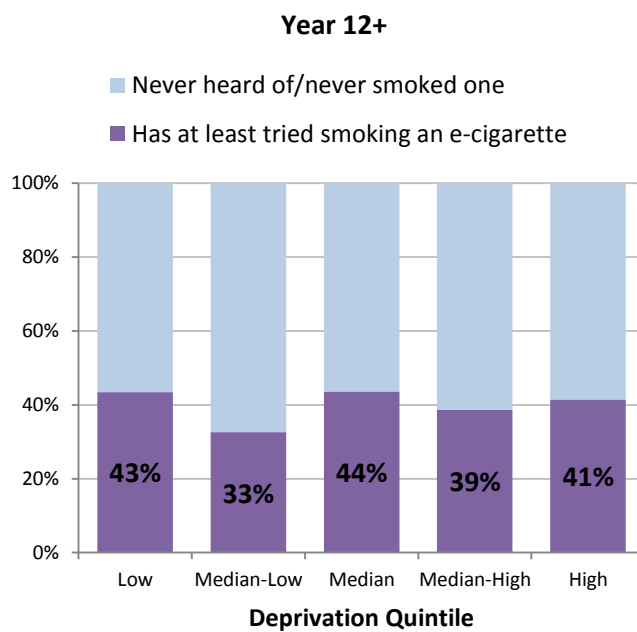
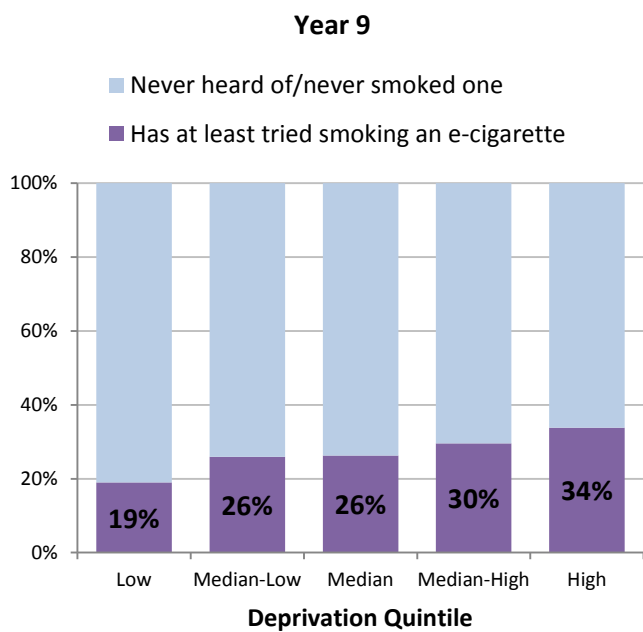




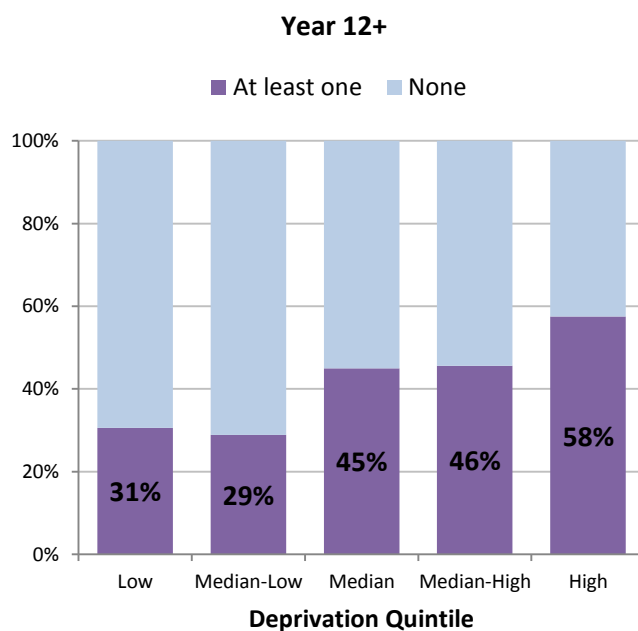
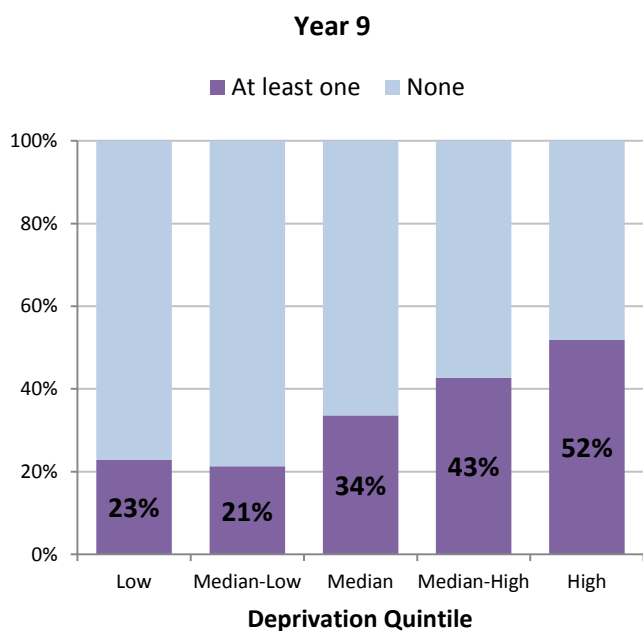
Smoking: which describes you best?



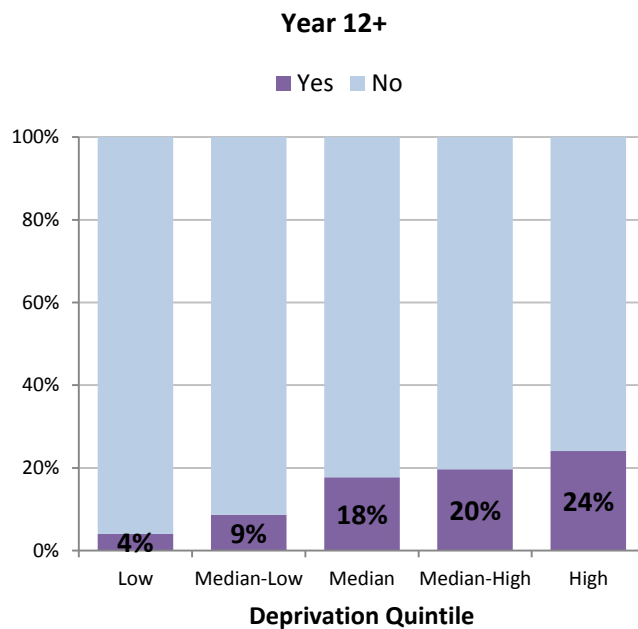
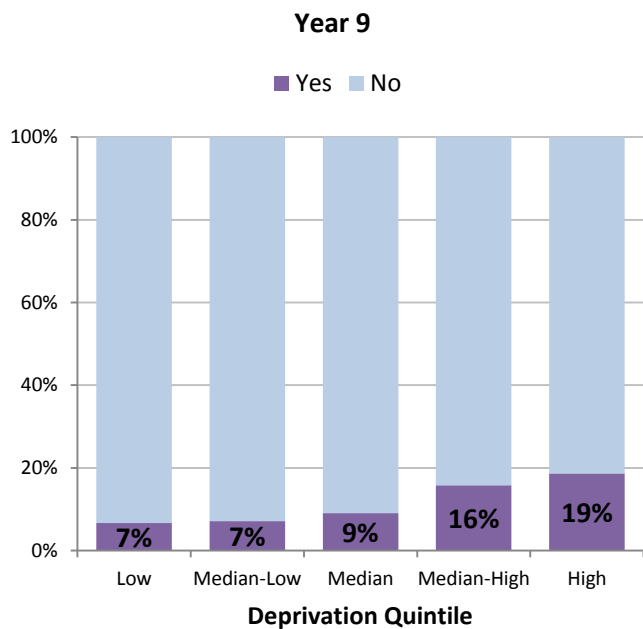
E-cigarettes: which describes you best?



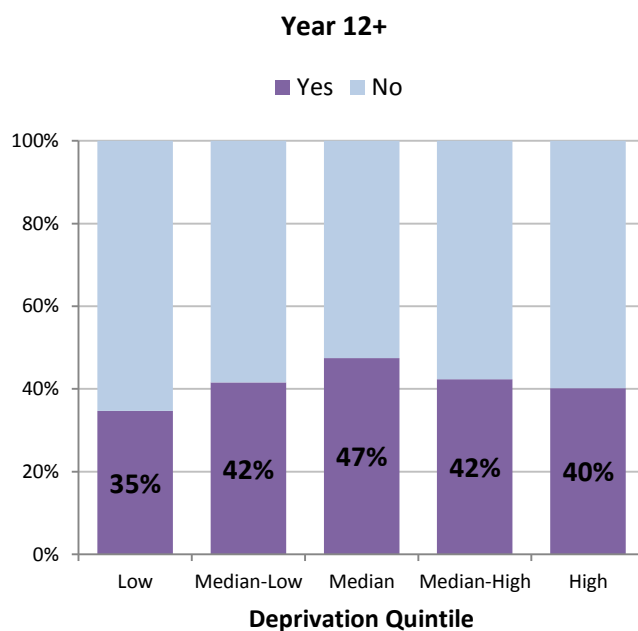
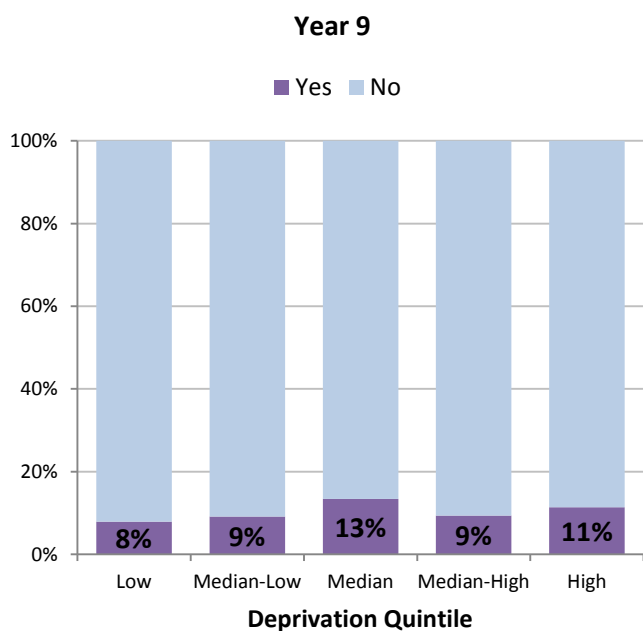
How many adults (aged 18 or over) that live in your house smoke?



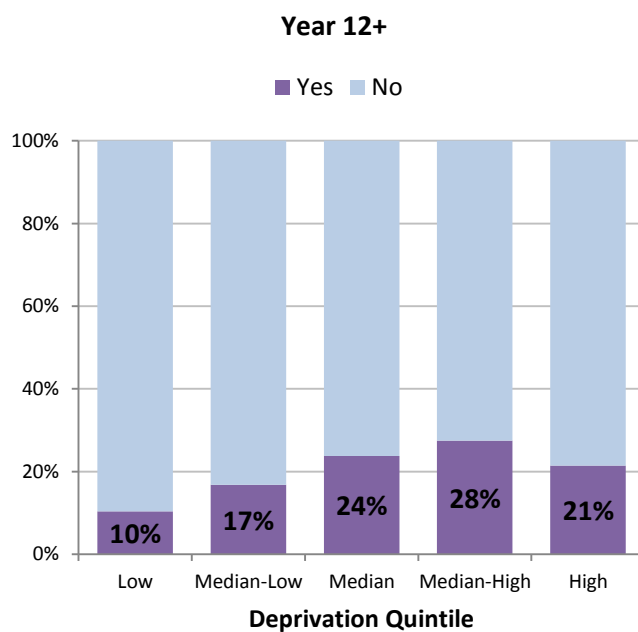
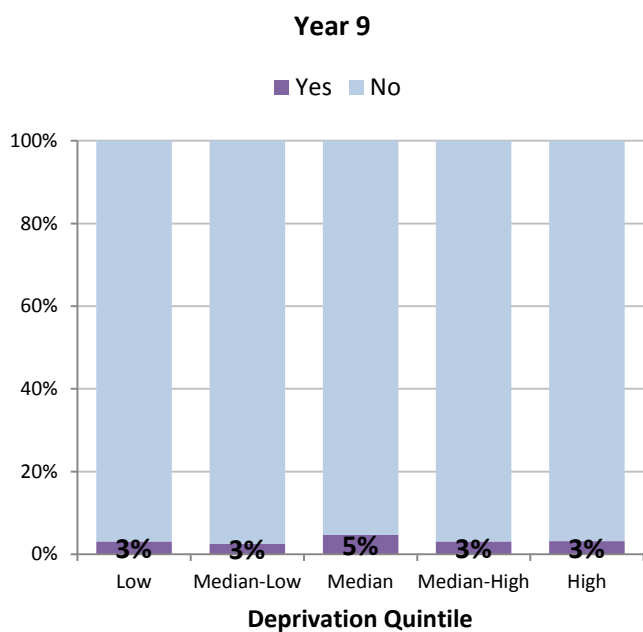
Does anyone smoke indoors at home in rooms that you use?



Have you ever been offered cannabis?



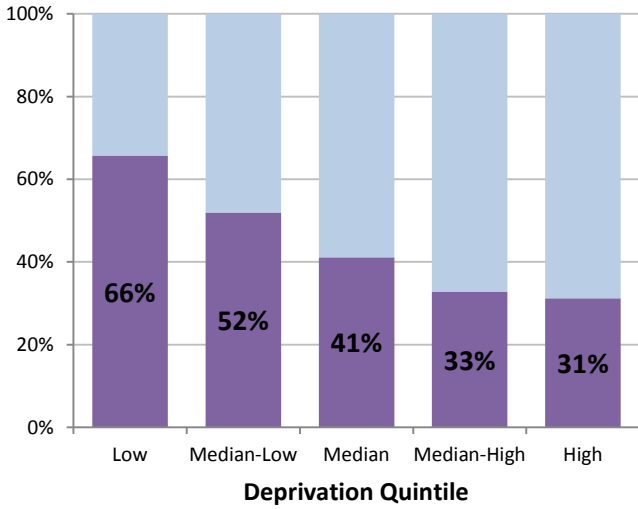
Have you ever taken cannabis?



Have you heard of New or Novel Psychoactive Substances, NPS ('Chemical highs' or 'Legal highs')?

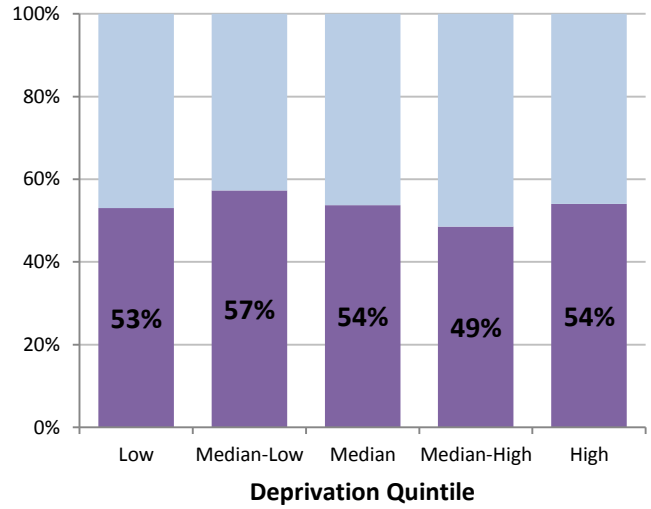
**Year 9**

■ Yes ■ No



**Year 12+**

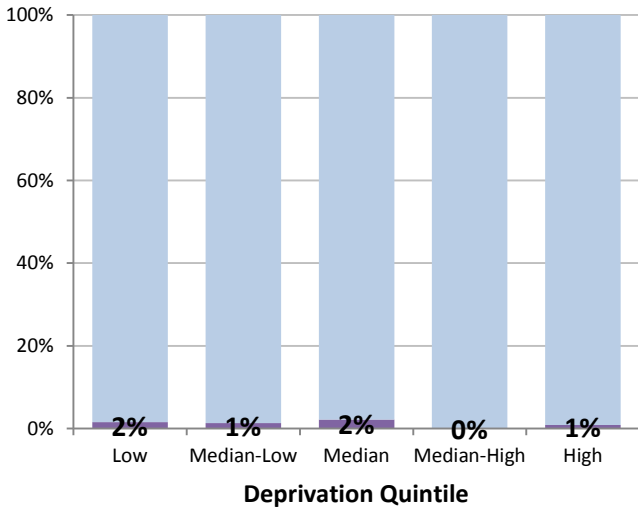
■ Yes ■ No



Have you taken New or Novel Psychoactive Substances, NPS ('Chemical highs' or 'Legal highs')?

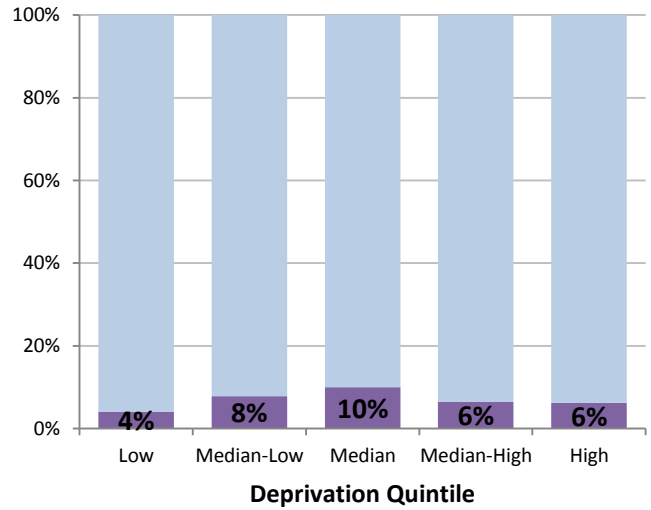
**Year 9**

■ Yes ■ No



**Year 12+**

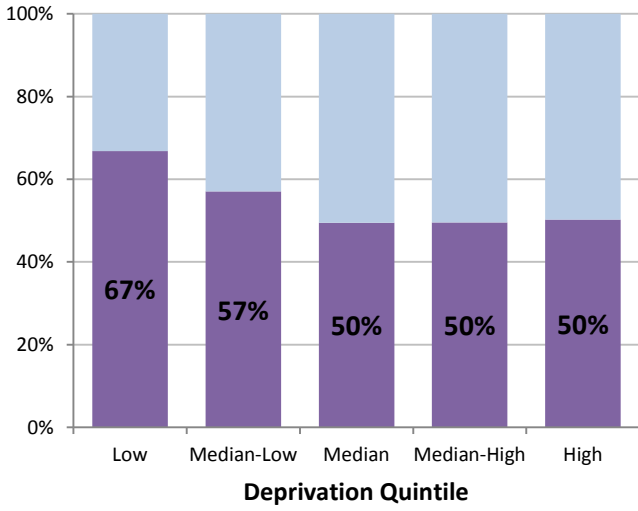
■ Yes ■ No



Do you know where to get condoms free of charge?

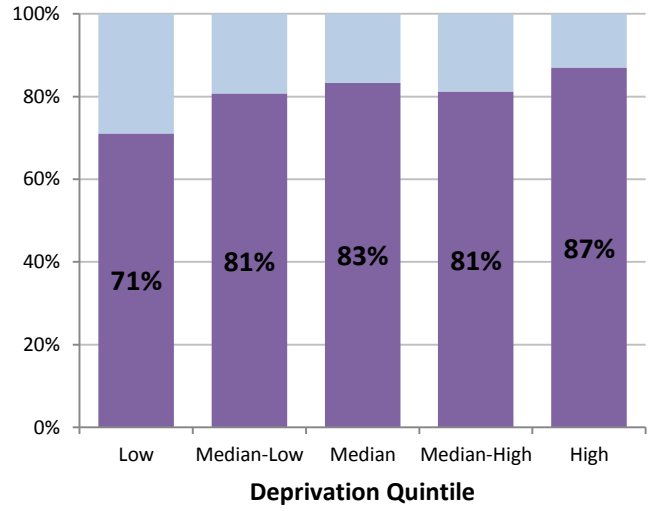
Year 9

■ Yes ■ No



Year 12+

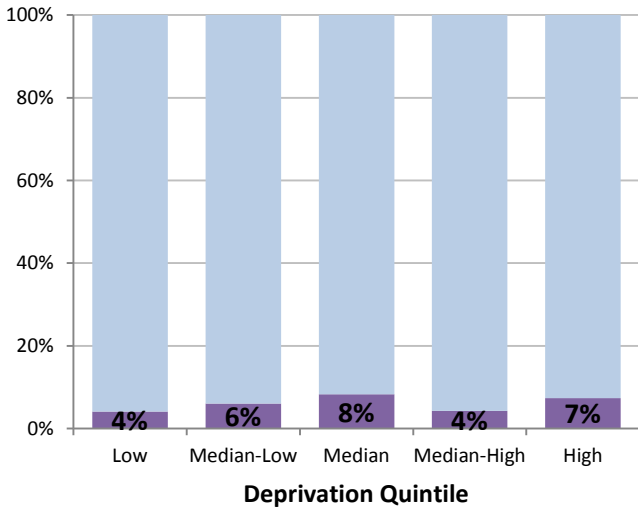
■ Yes ■ No



Have you ever had sexual intercourse?

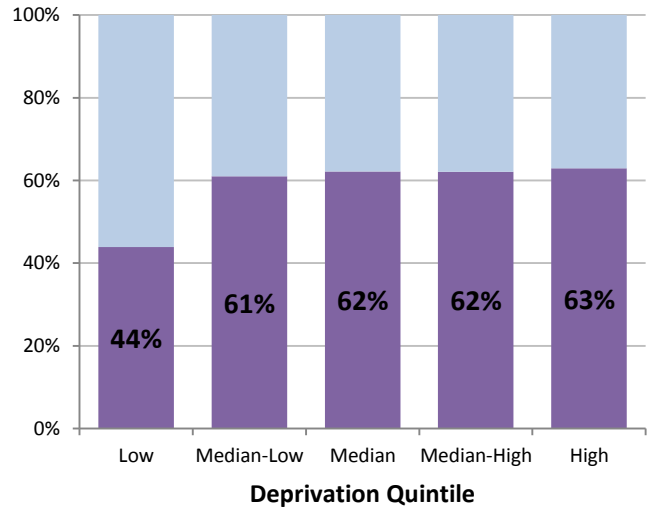
Year 9

■ Yes ■ No



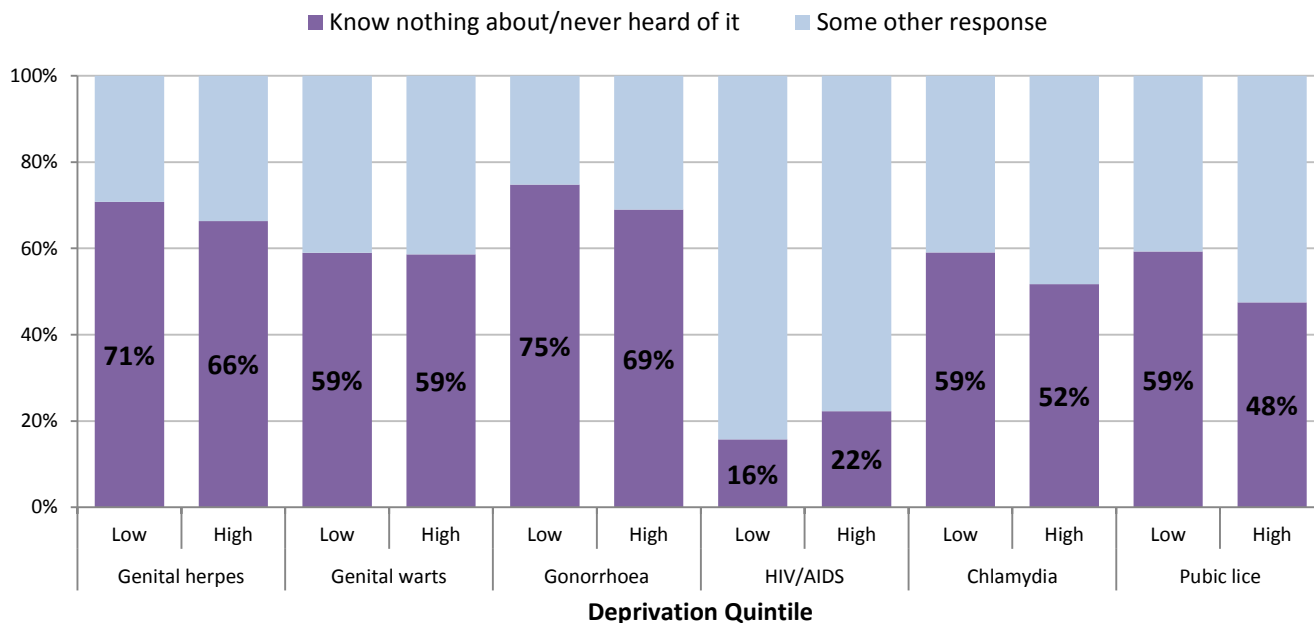
Year 12+

■ Yes ■ No

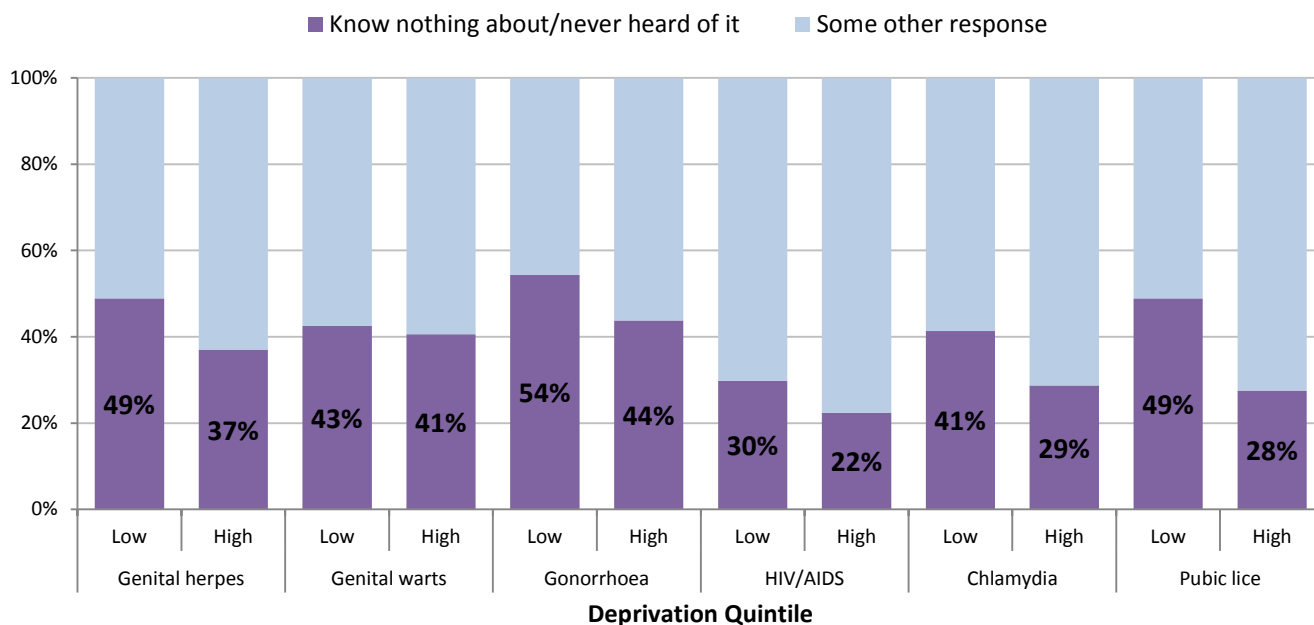


Knowledge of STIs:

Year 9

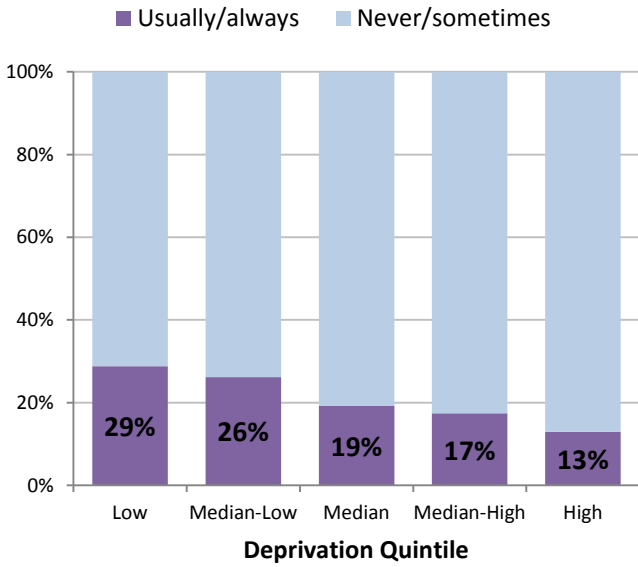


Year 12+

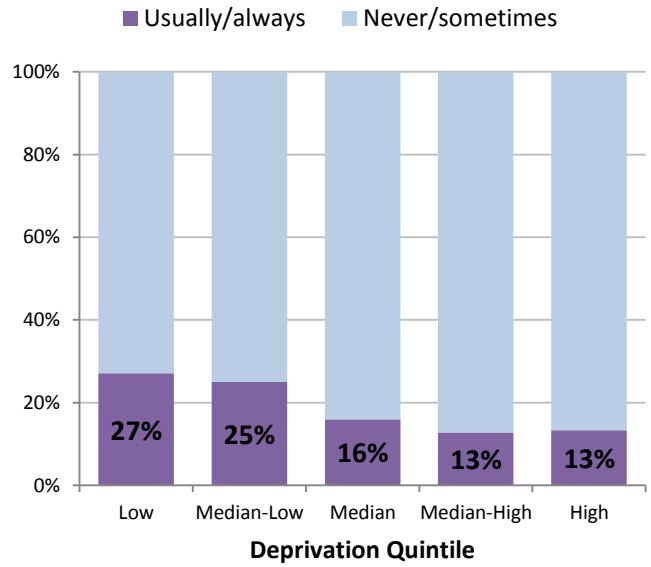


Do you wear a safety helmet when cycling?

Year 9

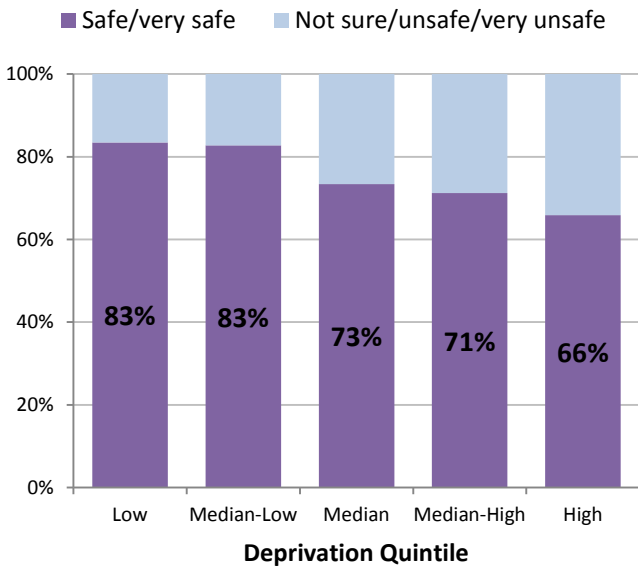


Year 12+

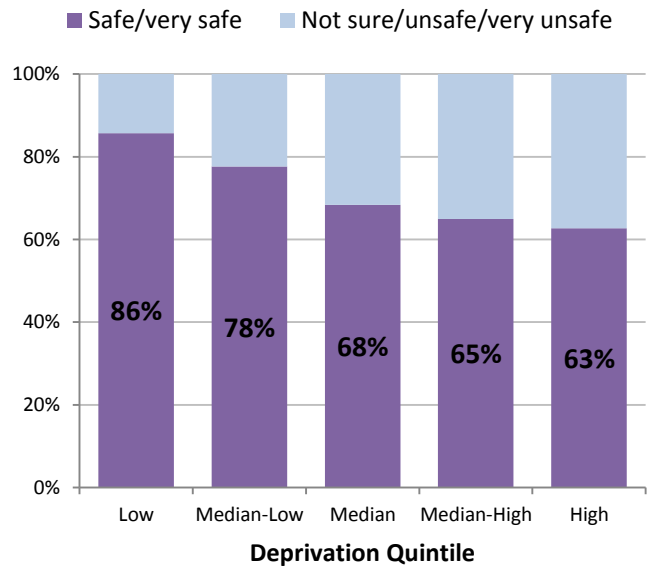


How safe do you feel in the area where you live?

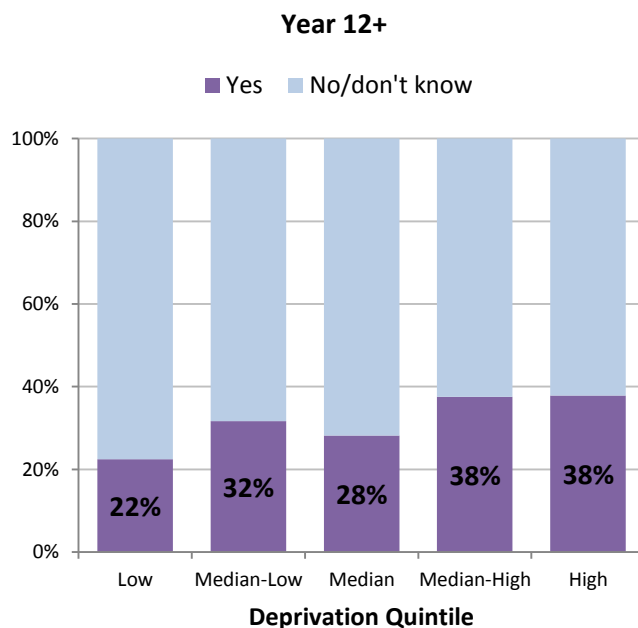
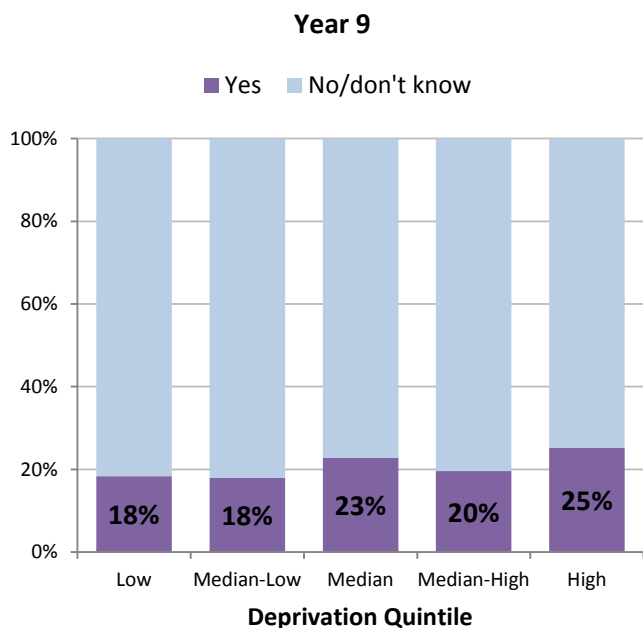
Year 9



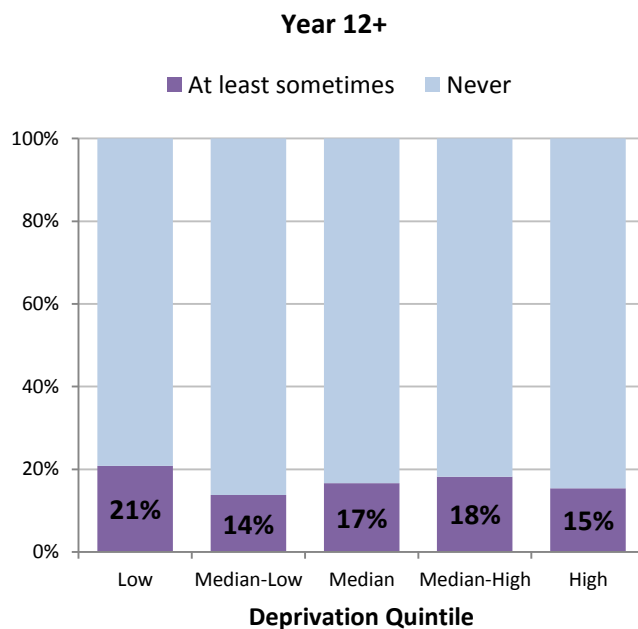
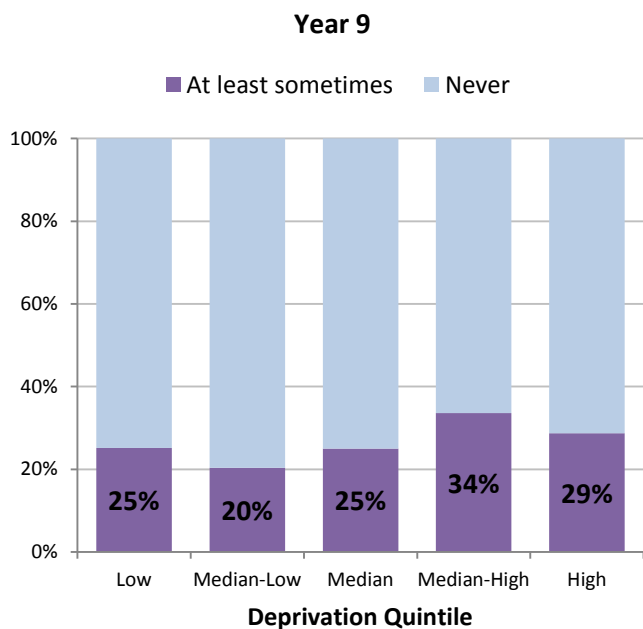
Year 12+



Have any of the following things happened to you when you have been on the Internet?  
 People lying about who they are:



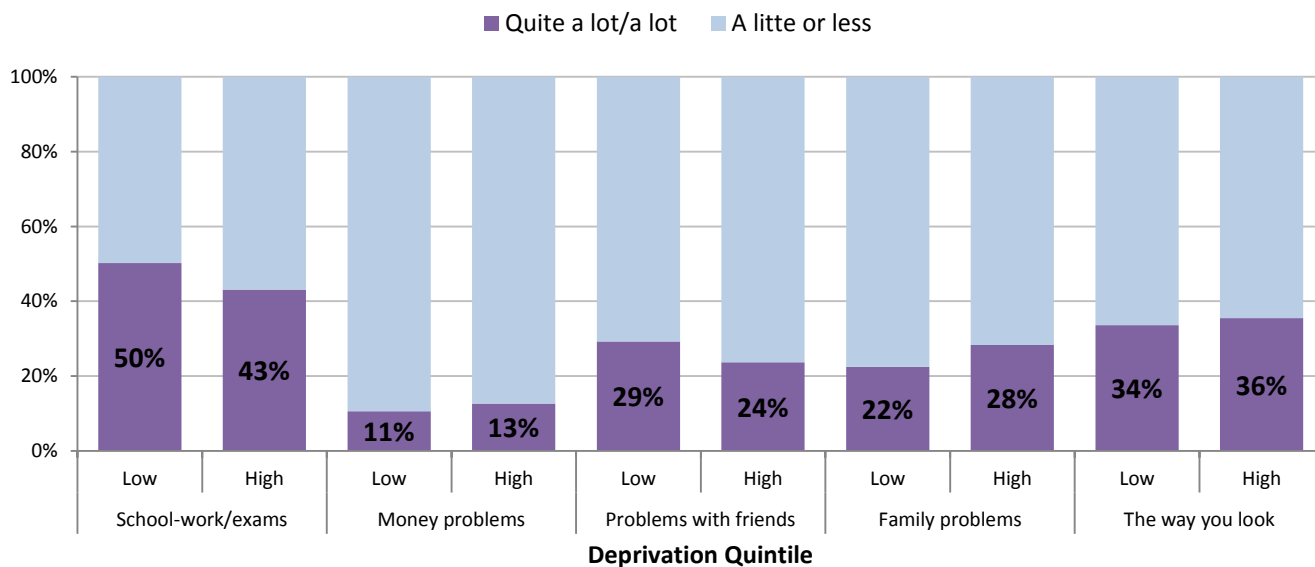
Do you ever feel afraid of going to school because of bullying?



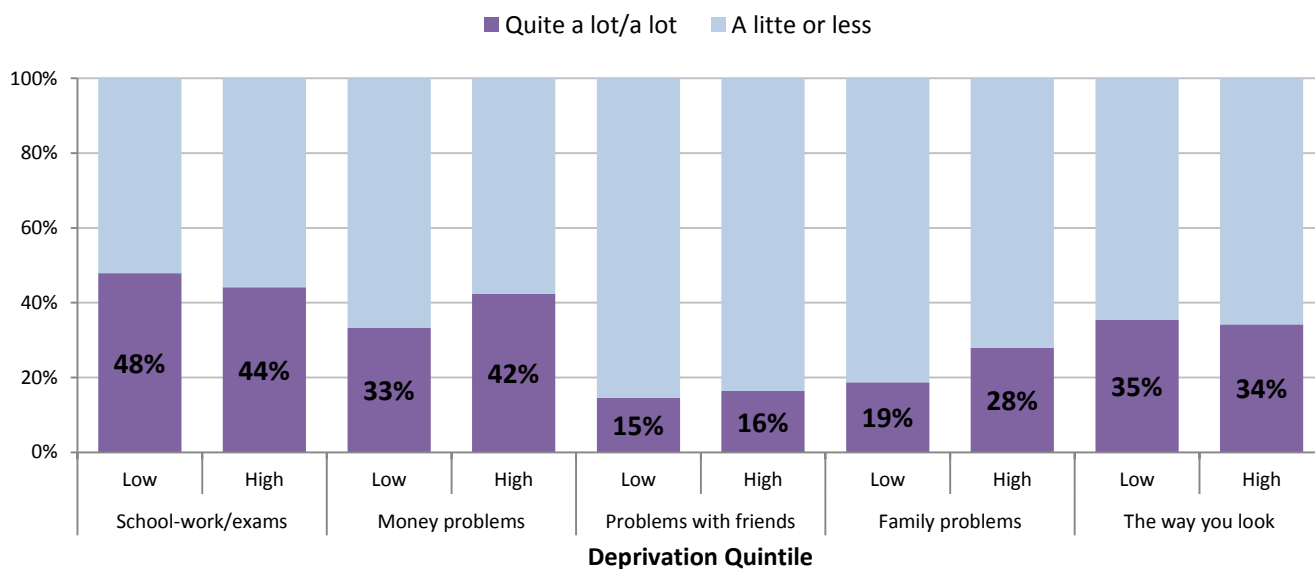


How much do you worry about the problems listed below?

**Year 9**



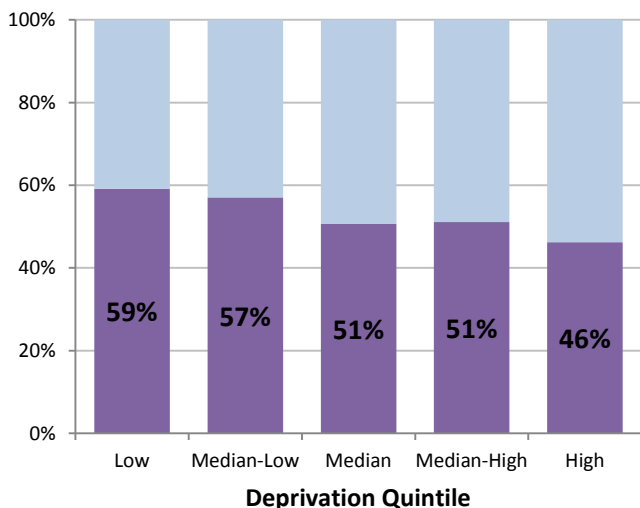
**Year 12+**



At the end of Year 11/13 do you want to continue in full-time education?

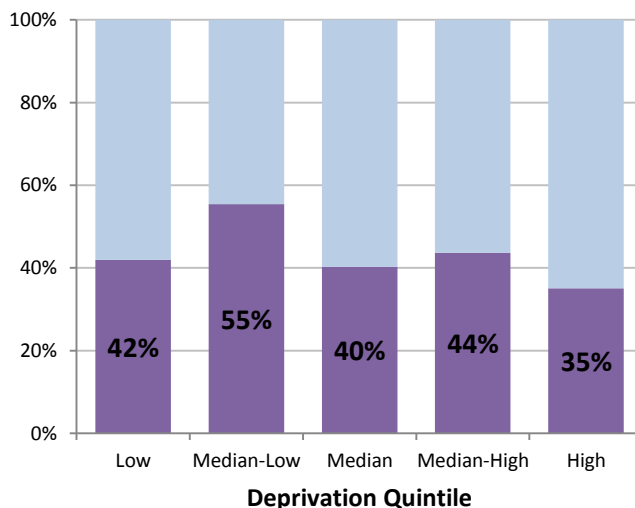
**Year 9**

■ Yes ■ Not ticked



**Year 12+**

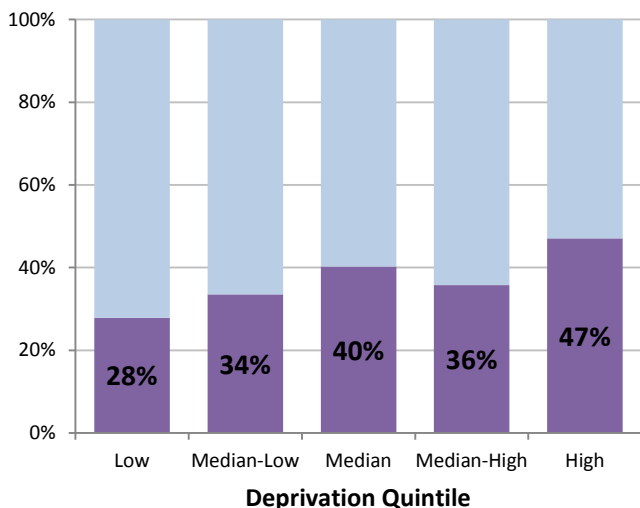
■ Yes ■ Not ticked



"The school cares whether I am happy or not":

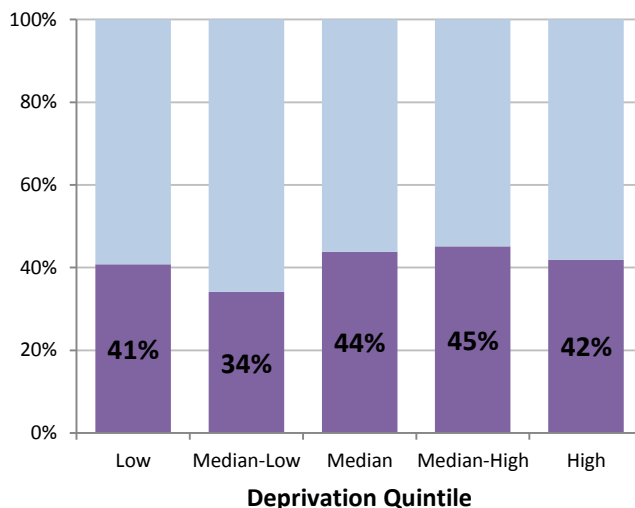
**Year 9**

■ Yes ■ No/don't know



**Year 12+**

■ Yes ■ No/don't know



## Thanks

We are grateful to the teachers, schools and young people for their time and contributions to this survey. As a result we have excellent information to be used by schools, Wakefield Council and other relevant health, statutory and voluntary agencies. This work ensures local children and young people are listened to and their needs inform service provision, resource allocation and programme planning.

Schools taking part in the 2015 survey:

Ackton Pastures Primary School, Airedale Academy, Airedale Junior School, All Saints Featherstone CE (VA) Junior Infant and Nursery School, Alverthorpe St. Paul's CE (VA) School, Carleton Community High School, Castleford Academy, Castleford Redhill Junior School, Castleford Three Lane Ends Community Primary School, Crigglestone Dane Royd Junior and Infant School, Crofton Junior School, De Lacy Academy, Featherstone, North Featherstone Junior and Infant School, Featherstone Purston St. Thomas CE VC Junior School, Havercroft Academy, Hemsworth Arts and Community College, Hensal Primary School, Highfield School, Horbury Bridge CE Junior and Infant Academy, Horbury Primary School, Horbury St. Peter's and Clifton CE (VC) Primary School, Kettlethorpe High School, Minsthorpe Community College, A Specialist Science College, Moorthorpe Primary (J and I) School, Newton Hill Community School, Normanton Altofts Junior School, Normanton Common Primary School, Northfield Primary School, Ossett Flushdyke Junior and Infant School, Ossett Holy Trinity CE VA Primary School, Ossett South Parade Primary, Outwood Grange Academy, Outwood Primary Academy, Ledger Lane, Pontefract Carleton Park Junior and Infant School, Ryhill Junior, Infant and Nursery School, Sandal Castle VA Community Primary School, Sandal Magna Community Academy, Sharlston Community School, Simpson's Lane Academy, Sitlington Middlestown Junior and Infant School, South Elmsall Carlton Junior and Infant School, South Hiendley Junior Infant and Early Years School, St. John the Baptist Catholic Primary School, St. Joseph's Catholic Primary School, Moorthorpe, Stockingate Mill Junior School, Streethouse Primary School, St. Wilfrid's Catholic High School, & Sixth Form College, The King's School, Towngate Primary School, Wakefield City Academy, Wakefield College, Wakefield Flanshaw Junior and Infant School, Wakefield Heath View Academy, Wakefield Pinders Primary (JIN) School, Wakefield St. Johns CE VA Junior and Infant School, Wakefield the Mount Junior and Infant School and West Bretton Junior and Infant School.