

# Wakefield Children and Young People's Survey 2015

## Topic Summary:

### Emotional Health and Wellbeing

Prepared by the Schools Health Education Unit, Exeter  
for Wakefield Council

## Introduction

These results were collected from a sample of primary pupils aged 9 to 10 and secondary pupils aged 13 to 14 in the spring and summer terms 2015, together with a sample of sixth-form and college students.

This summary is an in depth analysis of the health & wellbeing questions, more information can be found in reports and tables held by Helen Laird and Paul Jaques at Wakefield Council's Public Health team. For more information email: pauljaques@wakefield.gov.uk

The survey was commissioned by the Wakefield Council's Health Improvement team as a way of collecting robust information about young people's health and wellbeing.

Teachers were informed on how to collect the most reliable data and then pupils completed a version of the questionnaire appropriate for their age group. Year 5 pupils completed the primary version of the questionnaire. Students in Years 9 and 12 completed the secondary/FE version of the questionnaire in their secondary schools and FE colleges.

All were undertaken anonymously and there was a mix of paper based and online questionnaires.

School Year	Year 5	Year 9	Year 12+	Total
Boys	735	899	514	2148
Girls	677	899	344	1920
(Unknown)		13	5	18
Total	1412	1811	863	4086

A total of 3223 pupils took part in 45 primary and 11 secondary school settings in Wakefield District.

863 students in school sixth-forms and in FE colleges completed the Year 12/FE version of the survey.

### Differences within Wakefield District

The young people in the survey were divided into the seven areas for comparison. Due to the smaller number of FE settings, only the primary and secondary datasets have been broken down into area groupings at this point. Statistically significant differences between the Areas are shown on page 6, that is, unlikely to be due to an accident of sampling, and can be thought of confidently as a real difference between groups.

### Vulnerable groups

We have also looked for differences between the main sample and groups of young people who may be vulnerable. The groups chosen of course overlap: for example, a child not living with both parents at home may also be a young carer. Similarly, 8% of all secondary pupils responded that they have a long-standing illness or disability, but the figure for young carers was higher, at 17%.

The differences given in the reports are seen on page 7 and page 21, and are just a selection of all those found. The list of differences between those living with both parents at home and other pupils for example covers more than a page.

### Reference sample

Wakefield data have been compared with a compilation of survey areas that have completed similar versions of the questionnaire. Where possible, these are listed next to the Wakefield findings and are shown in italics. These areas include among others: Cambridgeshire, Croydon, Dudley, Essex, Greenwich, Hertfordshire, Lambeth, North Yorkshire, Plymouth, Somerset and Wolverhampton. Care must be taken when interpreting differences due to the slight different year groups surveyed in Wakefield compared with the SHEU sample.

For more details please contact the Schools Health Education Unit ([www.sheu.org.uk](http://www.sheu.org.uk)).

## Emotional Health and Wellbeing

### Headline data for 2015

#### BULLYING & SAFETY

- 38% of Year 5 pupils, 28% of Year 9 and 16% of Year 12+ students responded that they feel afraid of going to school because of bullying at least 'sometimes'.
- 11% of Year 5 pupils, 8% of Year 9 and 5% of Year 12+ students responded that they 'often' or 'very often' feel afraid of going to school because of bullying.
- 45% of Year 5 pupils, 36% of Year 9 and 24% of Year 12+ students responded that they have been bullied at least 'once or more' at school in the last year.
- 26% of Year 5 pupils, 21% of Year 9 and 17% of Year 12+ responded that they have been bullied at least 'once or more' outside school in the last year.
- 8% of Year 5 pupils, 4% of Year 9 and 6% of Year 12+ responded that they are bullied at least 'about once a week' outside school.
- 66% of Year 5 pupils, 57% of Year 9 and 41% of Year 12+ responded that they experienced at least one of the negative behaviours listed (e.g. called nasty names) at least '1 or 2 times' in the month before the survey, while 28% of Year 5, 17% of Year 9 and 17% of Year 12+ said they experienced them 'often' or 'every day'. These figures are higher however than the proportions of pupils who say that they have been bullied.
- 24% of Year 5 pupils, 35% of Year 9 and 30% of Year 12+ feel that they are being 'picked on' or bullied because of the way they look; 20% of Year 5, 25% of Year 9 and 27% of Year 12+ feel they are because of their size or weight.
- 72% of Year 5 pupils, 48% of Year 9 and 50% of Year 12+ responded that they think their school takes bullying seriously, while 14% of Year 5, 31% of Year 9 and 25% of Year 12+ think their school does not take it seriously.
- 74% of Year 5 pupils, 74% of Year 9 and 68% of Year 12+ responded that they feel 'quite' or 'very' safe in the area where they live.

#### EMOTIONAL HEALTH

- 79% of Year 5 pupils, 69% of Year 9 and 65% of Year 12+ responded that they feel 'quite' or 'very' happy with their life at the moment.
- 33% of Year 5 pupils, 28% of Year 9 and 26% of Year 12+ had a high or maximum score (28 – 35) on the Short Warwick-Edinburgh Wellbeing Scale (SWEMWBS). The higher the score the higher the indication of positive wellbeing. The lower the score, the poorer the level of wellbeing.
- 41% of Year 5 pupils, 43% of Year 9 and 42% of Year 12+ responded that they have been feeling good about the future 'often' or 'all of the time' and 40% of Year 5, 32% of Year 9 and 35% of Year 12+ said they have been feeling useful.
- 47% of Year 5 pupils, 59% of Year 9 and 64% of Year 12+ responded that they worry about at least one of the issues (e.g. family problems) 'quite a lot' or 'a lot'.
- 24% of Year 5 pupils, 39% of Year 9 and 43% of Year 12+ responded that they worry 'quite a lot' or 'a lot' about school-work/exams, while 12% of Year 5, 32% of Year 9, and 29% of Year 12+ worry about the way they look.

#### PROBLEM SOLVING

- 39% of Year 5 pupils, 40% of Year 9 and 39% of Year 12+ responded that they talk to someone if they have a problem or feel stressed.
- 71% of Year 5 pupils, 57% of Year 9 and 58% of Year 12+ responded that if they had a problem with school they would talk to someone they trust about it.
- 40% of Year 5 pupils, 43% of Year 9 and 42% of Year 12+ responded that if they had a family problem they would keep it to themselves, while 16% of Year 5, 30% of Year 9 and 34% of Year 12+ said the same of a bullying problem.

## Key findings

- There is an increase with age for young people in Wakefield district reporting 'never' being afraid of going to school because of bullying. 62% of Year 5, 72% of Year 9 and 84% of Year 12+ students report this. A similar increase is also seen in the wider SHEU data: 64% of Year 6 and 74% of Year 8/10 students. .... 8
- 38% of Year 5, 28% of Year 9 and 16% of Year 12+ students responded that they feel afraid of going to school because of bullying at least 'sometimes': ..... 8
- 11% of Year 5 pupils, 8% of Year 9 and 5% of Year 10 students responded that they 'often' or 'very often' feel afraid of going to school because of bullying..... 8
- There is a corresponding decrease with age for young people in Wakefield district who report having been bullied at school in the last 12 months. 45% of Year 5 pupils, 36% of Year 9 and 24% of Year 12+ students responded that they have been bullied at least 'once or more' at school in the last year. .... 8
- There is a decrease in the proportion of young people who think their school takes bullying seriously when they move from primary to secondary school. 72% of Year 5 pupils but only 48% of Year 9 pupils think their school takes bullying seriously. A similar decrease is also seen in the wider SHEU data: 76% of Year 6 and 56% of Year 8/10 students although the difference is greater in Wakefield..... 9
- 47% of Year 5 pupils, 59% of Year 9 and 64% of Year 12+ responded that they worry about at least one of the issues listed 'quite a lot' or 'a lot' (e.g. family problems): ..... 10
- There is an increase in age for worrying about school-work/exams which is not a surprise. 24% of Year 5 pupils, 39% of Year 9 and 43% of Year 12+ said that they worry about this 'quite a lot' or 'a lot': ..... 10
- When we divide the overall 'headline' figures for worrying by sex, then we see that boys and girls worry with different frequencies about different things. Top of both worry lists we find school-work/exams and tests, but girls worry rather more about this than boys do. The differences were less striking for primary aged pupils: ..... 11
- We typically see girls percentages for the worries questions consistently higher than the boys results. We can't tell if they worry more or whether they are just happier to say that they do. The gap appears to widen as age increases too. Worrying about the way they look is typically more of an issue for girls than boys: 9% of Year 5 boys and 16% of Year 5 girls report worrying about this but by Year 12+, 17% of boys report this but the gap has widened to 48% of girls saying the same. .... 11
- There are a few differences between the genders in the Year 5 and Year 9 data in terms of issues (e.g. family problem) that they would talk about with someone they trust. What is most striking however, is that the gap widens for all issues by the time they reach Year 12+. For example, 72% of boys and 75% of girls in Year 5 would talk to someone about a bullying issue, 60% of boys and 57% of girls said this in Year 9 but by Year 12+, 52% of boys compares with 67% of girls who would talk about this with someone they trust. This must be a concern for those working with older boys..... 13
- Girls are more likely to report fear of going to school because they may be bullied 44% of girls compares with 34% of boys in Year 5 and in Year 9, 39% of girls compares with 17% of boys: ..... 13
- Across the three age group phases there are associations between low wellbeing scores and negative health behaviours. Young people with poor wellbeing are less likely to eat fruit and vegetables 'on most days', they are more likely to live in smoky homes or indeed smoke themselves and are more likely to worry about a range of issues when compared with those young people who score highly on the wellbeing scale. Young people with poor wellbeing are also less likely to say they enjoy physical activity or say that the amount of physical activity they do is enough to keep them healthy. Young people with poor wellbeing are also less likely to say they are physically active for at least an hour a day that makes them breathe faster and feel warmer..... 14

- For those who say that they feel at least a little unsafe in the area where they live, there are correlations with a number of other concerns. They are more likely to say they are afraid of going to school because of bullying, are less happy with their life in general and more likely to say that they have received a message online from people that they don't know..... 15
- Unsurprisingly, for those secondary aged pupils who say they use self-harm as a coping strategy, there are many links with health-risky behaviours. They are more likely to say they have been offered cannabis and more likely to have smoked cigarettes and tried e-cigarettes. They are also more likely to say they are afraid of going to school because of bullying, feel unsafe in the area where they live and are less happy with their life in general..... 16
- Year 12+ students who said that they usually or always smoke when they have a problem or are feeling stressed, were also more likely to report other health-risky behaviours. They were more likely to have taken cannabis or drink alcohol regularly. They or a partner were more likely to have used emergency contraception. They were also less likely to say they live with both parents together..... 16
- Pupils who report being afraid of going to school because of bullying are more likely to have been bullied at school in the last 12 months. They are also more likely to say they have been bullied because of their size or weight than those who are never afraid of going to school because of bullying. They are more likely to say that their school doesn't take bullying seriously and more worryingly, are also more likely to keep a bullying problem to themselves rather than talk to someone about it..... 17
- Pupils who said they had been bullied in the last 12 months were also more likely to say that they were unhappy with life at the moment, they were less likely to say that their school takes bullying seriously and they were less likely to say that they feel safe in the area where they live. Pupils who said they had been bullied in the last 12 months were less likely to score highly on the wellbeing scale, they were more likely to say that if they had a bullying problem, they would keep it to themselves. .... 18
- There is no significant trend observed for either the primary or secondary datasets for the question: 'Are you ever afraid of going to school because of bullying?' ..... 19
- There appears to be an upward (negative) trend in the secondary responses for 'no' to the question 'Does your school take bullying seriously?' In 2011, 21% said 'no', in 2013, 25% said this and in 2015 this has increased to 31%..... 20
- There appears to be an upward trend for secondary aged students saying they are not happy with their lives at the moment. The wording for the answer options changed slightly in 2015 but the trend was already emerging before the question change. 13% in 2011 said they weren't happy with their lives at the moment, this increased to 16% in 2013 and is now at 19%..... 21

## Area differences

All Area differences listed below are statistically significant. There are many other differences between the areas in Wakefield that don't achieve statistical significance but will none the less be interesting locally. See also page 21 onwards.

### Primary schools

- 66% of pupils said that they experienced at least one of the negative behaviours listed at least '1 or 2 times' in the month before the survey, in **Castleford** this was lower at 55%.
- 14% of pupils said that they think their school does not take bullying seriously, in **Normanton and Featherstone** it was only 9%.
- 26% of pupils said that they have been bullied at least 'once or more' outside school in the last year, in the **South East Wakefield** it was higher at 36%. 14% in the SE area said they are bullied at least once a week compared with the 8% seen in the wider Wakefield district figures.
- 12% of pupils said that they are bullied at least 'about once a week' at school, in **Wakefield Central** 19% of pupils said this.
- 26% of pupils said that they have been bullied at least 'once or more' outside school in the last year, in **Wakefield North West** this was lower at 18%.
- 14% of pupils said that they think their school does not take bullying seriously, in **Rural Wakefield** this figure was higher at 21%.

### Secondary schools

- 8% of pupils said that they are bullied at least 'about once a week' at school. In **Castleford** this was higher at 13%.
- 28% of pupils said that they feel afraid of going to school because of bullying at least 'sometimes'. In **Normanton & Featherstone** this was lower at 13%. 21% said they of pupils said that they have been bullied at least 'once or more' at school in the last year compared with 36% in the wider Wakefield district.
- 48% of pupils said that they think their school takes bullying seriously, in **Normanton & Featherstone** this was higher at 61%.
- 57% of pupils said that they experienced at least one of the negative behaviours listed at least '1 or 2 times' in the month before the survey, in **Pontefract & Knottingley** this was lower at 50%. 25% of pupils said that they think their school does not take bullying seriously compared with 31% in the wider Wakefield district.
- 31% of pupils said that they think their school does not take bullying seriously. In **South East Wakefield** this was higher at 42%. 43% of pupils of pupils said that they have been bullied at least 'once or more' at school in the last year compared with 36% in the wider Wakefield district.
- 8% of pupils said that they are bullied at least 'about once a week' at school. In **Wakefield North West** this was lower at 4%.

## Vulnerable groups

The following differences are statistically significant. See page 20 for additional analysis.

### Primary pupils

- 11% of all Year 5 pupils said that they worried about money problems, for pupils who said they **care for someone** at home this figure was higher at 16%
- 11% of pupils said that they worried about money problems, for pupils who was **a child in care** this figure was higher at 28%

### Secondary Year 9 students

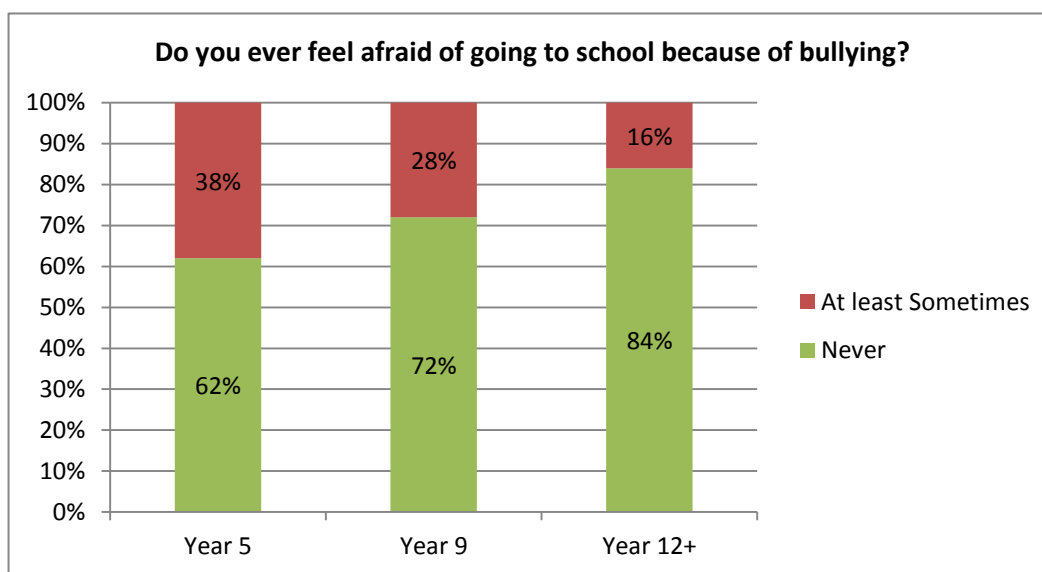
- 36% of pupils in Year 9 said they been bullied at school in the past 12 months, the figure for pupils who said they **care for someone** at home was higher at 53%.
- 36% of pupils in Year 9 said they been bullied at school in the past 12 months, the figure for pupils who said they had a **special need** (a special need, long term illness or disability) was higher at 55%.
- 13% of pupils said that they worried about money problems, for pupils living in **single-parent families** this was higher at 18%.
- 13% of pupils said that they worried about money problems, for pupils who said they had a **special need** this was higher at 22%.
- 69% of pupils said that they were 'quite' or 'very happy' with in general, the figure for pupils who said they **care for someone** at home was lower at 48%.
- 69% of pupils said that they were 'quite' or 'very happy' with in general, the figure for pupils living in **single-parent families** was lower at 59%.

### FE Year 12+ students

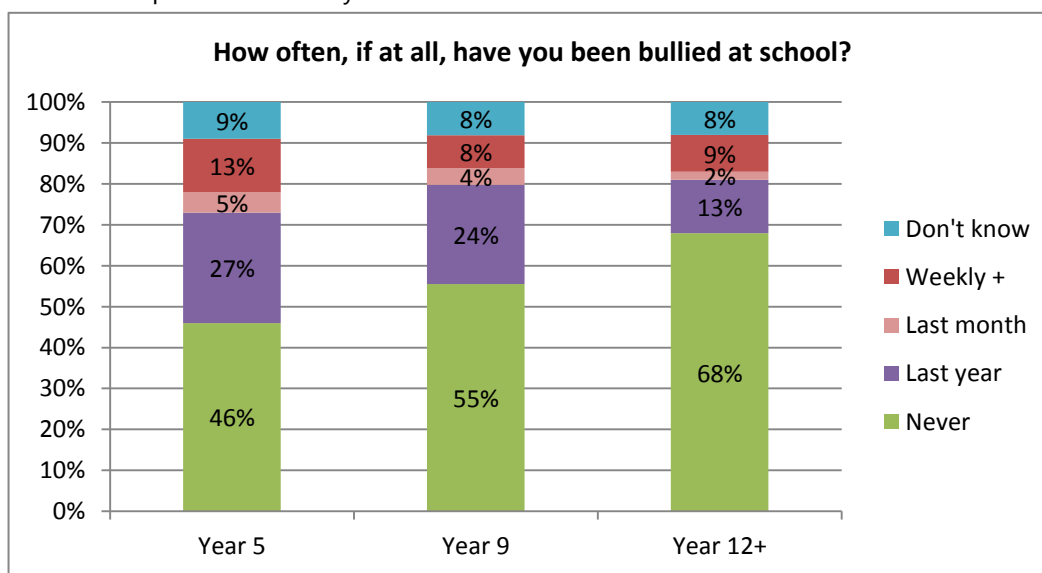
- 24% of pupils in Year 12+ said they been bullied at school in the past 12 months, the figure for pupils who said they **care for someone** at home was higher at 48%.
- 24% of pupils in Year 12+ said they been bullied at school in the past 12 months, the figure for pupils who said they **care for someone** at home was higher at 37%.
- 32% of pupils said that they worried about money problems, for pupils who said they **care for someone** at home this was higher at 49%.
- 65% of pupils said that they were 'quite' or 'very happy' with in general, the figure for pupils who said they **care for someone** was lower at 36%.

## Age related differences

- There is an increase with age for young people in Wakefield district reporting 'never' being afraid of going to school because of bullying. 62% of Year 5, 72% of Year 9 and 84% of Year 12+ students report this. A similar increase is also seen in the wider SHEU data: 64% of Year 6 and 74% of Year 8/10 students.
- 38% of Year 5, 28% of Year 9 and 16% of Year 12+ students responded that they feel afraid of going to school because of bullying at least 'sometimes':

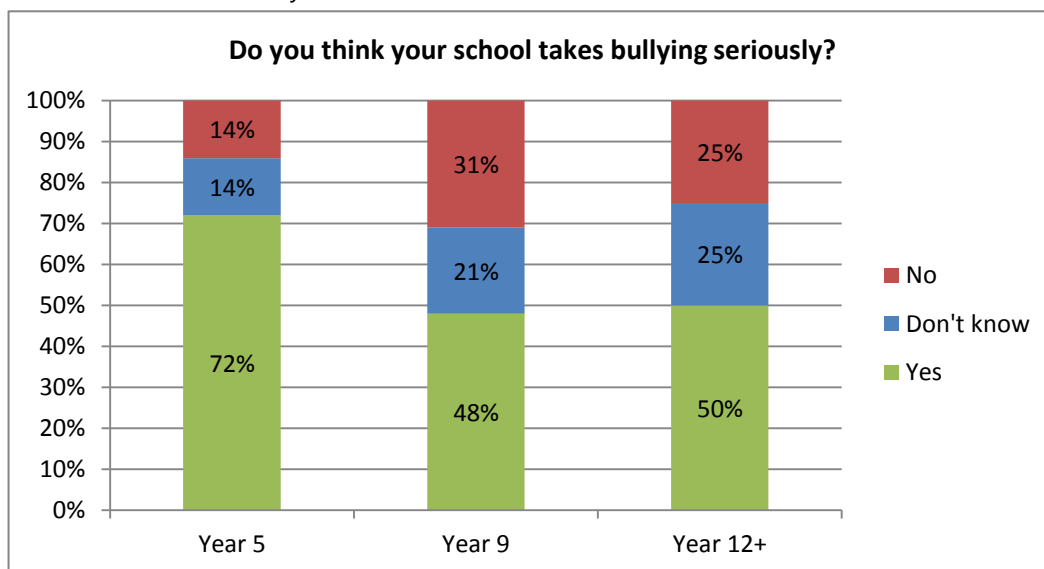


- 11% of Year 5 pupils, 8% of Year 9 and 5% of Year 10 students responded that they 'often' or 'very often' feel afraid of going to school because of bullying.
- There is a corresponding decrease with age for young people in Wakefield district who report having been bullied at school in the last 12 months. 45% of Year 5 pupils, 36% of Year 9 and 24% of Year 12+ students responded that they have been bullied at least 'once or more' at school in the last year.

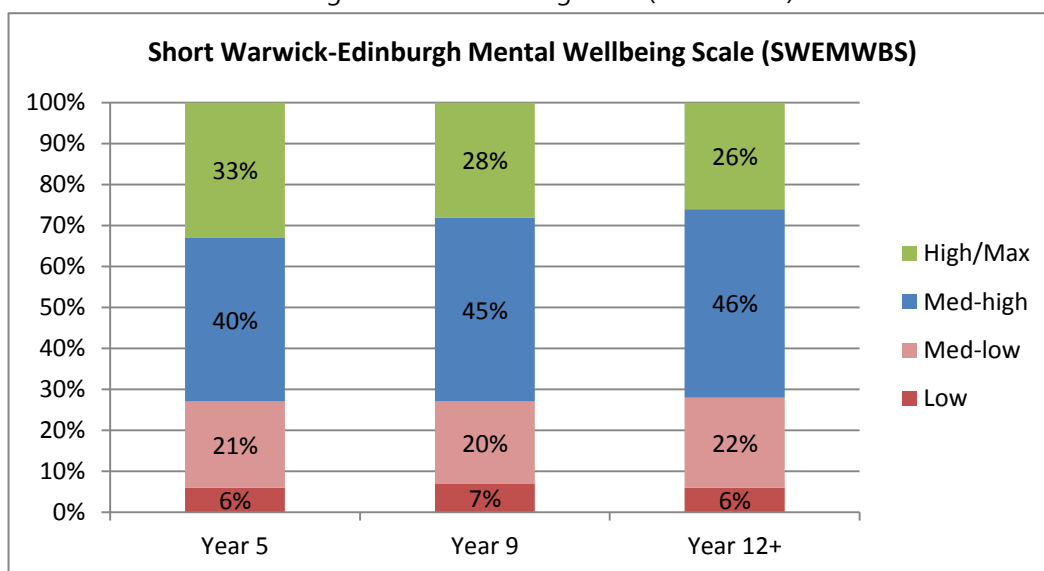




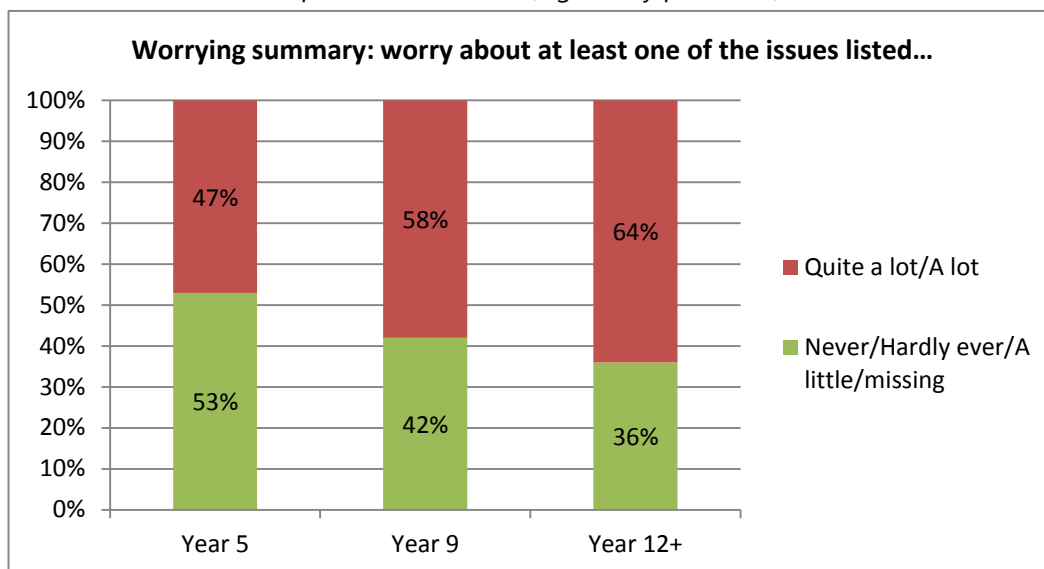
- There is a decrease in the proportion of young people who think their school takes bullying seriously when they move from primary to secondary school. 72% of Year 5 pupils but only 48% of Year 9 pupils think their school takes bullying seriously. A similar decrease is also seen in the wider SHEU data: 76% of Year 6 and 56% of Year 8/10 students although the difference is greater in Wakefield.
- 72% of Year 5 pupils, 48% of Year 9 and 50% of Year 12+ responded that they think their school takes bullying seriously, while 14% of Year 5, 31% of Year 9 and 25% of Year 12+ think their school does not take it seriously.



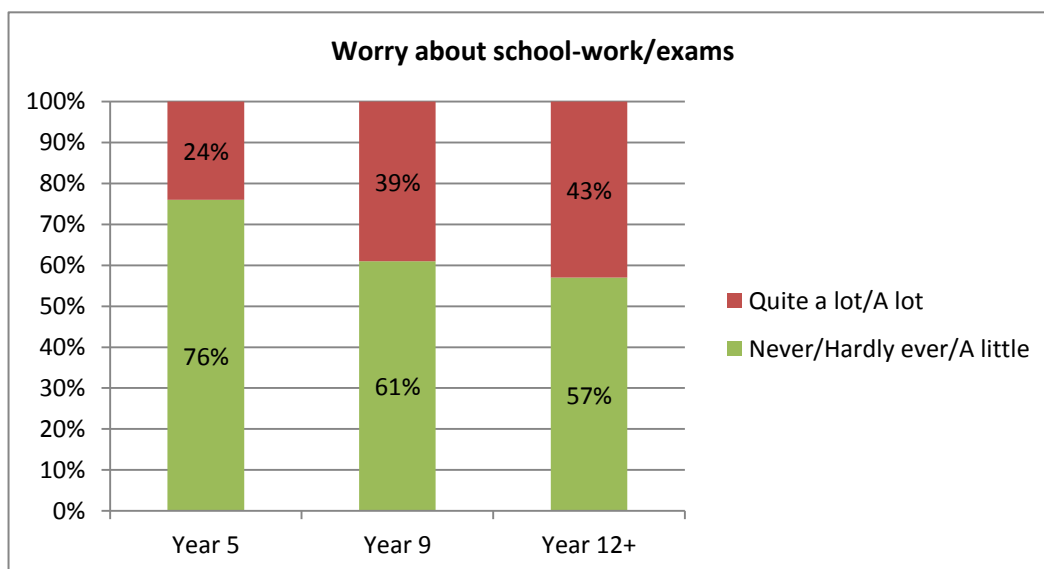
- 33% of Year 5 pupils, 28% of Year 9 and 26% of Year 12+ had a high or maximum score (28 – 35) on the Short Warwick-Edinburgh Mental Wellbeing Scale (SWEMWBS):



- 47% of Year 5 pupils, 59% of Year 9 and 64% of Year 12+ responded that they worry about at least one of the issues listed 'quite a lot' or 'a lot' (e.g. family problems):



- There is an increase in age for worrying about school-work/exams which is not a surprise. 24% of Year 5 pupils, 39% of Year 9 and 43% of Year 12+ said that they worry about this 'quite a lot' or 'a lot':



## Gender differences

### Worries

- When we divide the overall 'headline' figures for worrying by sex, then we see that boys and girls worry with different frequencies about different things. Top of both worry lists we find school-work/exams and tests, but girls worry rather more about this than boys do. The differences were less striking for primary aged pupils:

**Percentage of pupils responding that they worry about the following 'quite a lot' or 'a lot':**

Year 12+ Boys		Year 12+ Girls	
School-work/exams	29	School-work/exams	65
Money problems	24	The way they look	48
The way they look	17	Money problems	44
Family problems	16	Family problems	31
Problems with friends	11	Problems with friends	20

Year 9 Boys		Year 9 Girls	
School-work/exams	28	School-work/exams	51
Family problems	17	The way they look	49
The way they look	14	Problems with friends	33
Problems with friends	12	Family problems	29
Money problems	10	Money problems	16

Year 5 Boys		Year 5 Girls	
School-work/exams	24	School-work/exams	25
Family problems	18	Problems with friends	22
Problems with friends	14	Family problems	19
Money problems	12	The way they look	16
The way they look	9	Money problems	9

- We typically see girls percentages for the worries questions consistently higher than the boys results. We can't tell if they worry more or whether they are just happier to say that they do. The gap appears to widen as age increases too. Worrying about the way they look is typically more of an issue for girls than boys: 9% of Year 5 boys and 16% of Year 5 girls report worrying about this but by Year 12+, 17% of boys report this but the gap has widened to 48% of girls saying the same.

## Problem-focussed and emotion-focussed coping

The thinking behind this question is that responses can be 'problem-focussed', dealing directly with the problem (think about it, talk to someone about it) or 'emotion-focussed', trying to reduce the emotional impact of having the problem (keep busy, eat more). Emotion-focussed responses are not a bad thing and, if you are very upset about a problem, are very understandable and even necessary, but they should not be the only response and they can lead to other problems.

Here, secondary aged boys are more likely to play computer games and girls more likely to listen to music, the rest are fairly similar except that we see in the top 10 for girls 'cut or hurt themselves', which is absent from the boys' list.

Year 9 Boys		Year 9 Girls	
Watch more TV/play computer games	48%	Listen to music	63%
Keep busy socialising	39%	Think carefully about the problem by themselves	41%
Think carefully about the problem by themselves	38%	Keep busy socialising	40%
Listen to music	38%	Rest or sleep more	34%
Do physical activity	33%	Talk to someone about it	32%
Talk to someone about it	31%	Watch more TV/play computer games	28%
Rest or sleep more	29%	Eating or drink more (e.g. sweets, chocolates)	27%
Eating or drink more (e.g. sweets, chocolates)	16%	Do physical activity	21%
Seek help with the problem online	7%	Cut or hurt themselves	8%
Other	3%	Seek help with the problem online	8%

For the FE sector, the following coping strategies came top:

Year 12+ Boys		Year 12+ Girls	
Listen to music	46%	Listen to music	64%
Think carefully about the problem by themselves	42%	Think carefully about the problem by themselves	46%
Watch more TV/play computer games	42%	Keep busy socialising	42%
Keep busy socialising	39%	Rest or sleep more	40%
Rest or sleep more	31%	Talk to someone about it	36%
Talk to someone about it	30%	Eating or drink more (e.g. sweets, chocolates)	35%
Do physical activity	30%	Watch more TV/play computer games	33%
Eating or drink more (e.g. sweets, chocolates)	17%	Do physical activity	20%
Smoke cigarettes	14%	Smoke cigarettes	17%
Have a drink of something alcoholic	13%	Have a drink of something alcoholic	13%

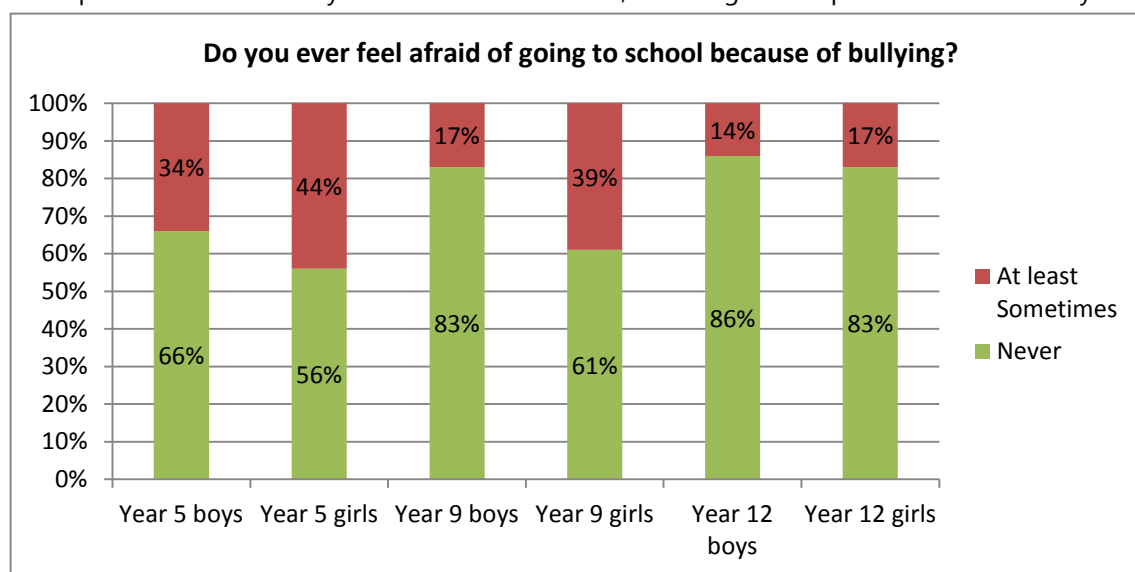
## Would you talk to someone you trust about problems?

- There are a few differences between the genders in the Year 5 and Year 9 data in terms of issues (e.g. family problem) that they would talk about with someone they trust. What is most striking however, is that the gap widens for all issues by the time they reach Year 12+. For example, 72% of boys and 75% of girls in Year 5 would talk to someone about a bullying issue, 60% of boys and 57% of girls said this in Year 9 but by Year 12+, 52% of boys compares with 67% of girls who would talk about this with someone they trust. This must be a concern for those working with older boys.

	Year 5		Total	Year 9		Total	Year 12+		Total
	Boys	Girls		Boys	Girls		Boys	Girls	
Problem with school	69%	73%	71%	58%	56%	57%	52%	67%	58%
Family problem	49%	53%	51%	48%	45%	46%	45%	60%	51%
Health problem	61%	60%	61%	59%	54%	57%	55%	62%	58%
Body changes and growing up	49%	53%	51%	35%	37%	36%	37%	50%	42%
Problem with friends	58%	67%	62%	49%	53%	51%	46%	64%	53%
Bullying problem	72%	75%	73%	60%	57%	58%	52%	67%	58%

## Bullying

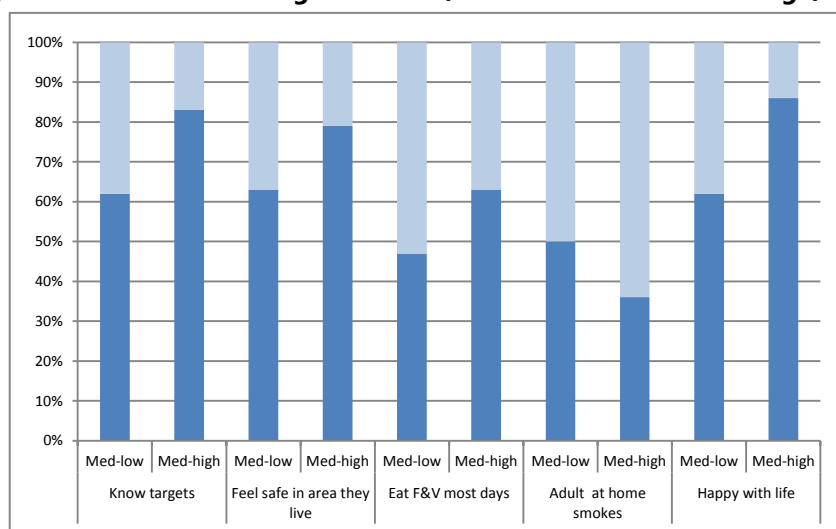
- Girls are more likely to report fear of going to school because they may be bullied 44% of girls compares with 34% of boys in Year 5 and in Year 9, 39% of girls compares with 17% of boys:



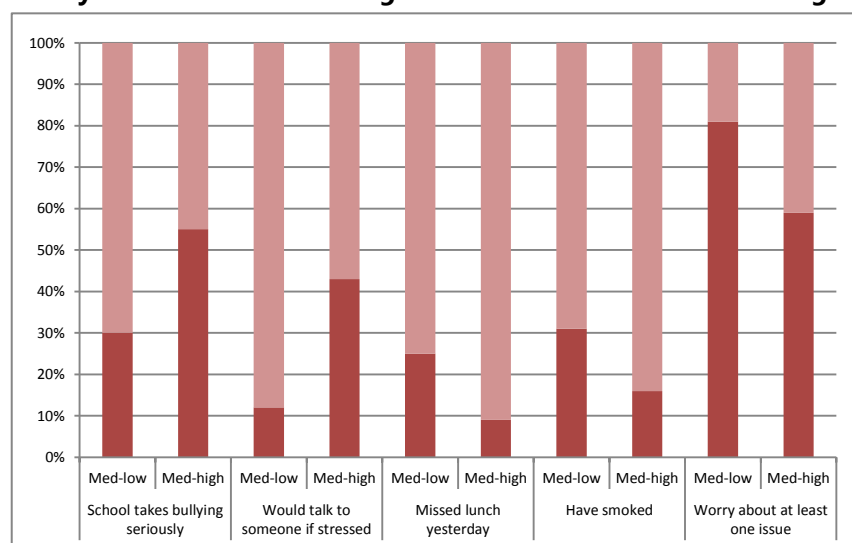
## § Links § - Crosstabs

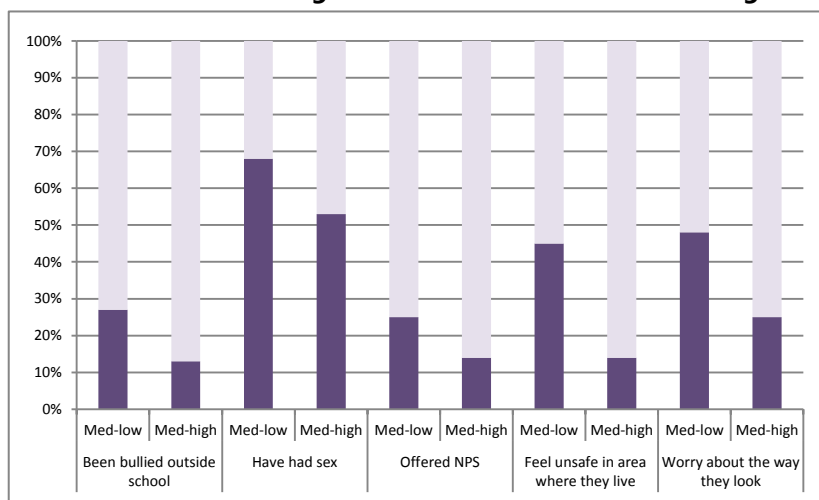
- Across the three age group phases there are associations between low wellbeing scores and negative health behaviours. Young people with poor wellbeing are less likely to eat fruit and vegetables 'on most days', they are more likely to live in smoky homes or indeed smoke themselves and are more likely to worry about a range of issues when compared with those young people who score highly on the wellbeing scale. Young people with poor wellbeing are also less likely to say they enjoy physical activity or say that the amount of physical activity they do is enough to keep them healthy. Young people with poor wellbeing are also less likely to say they are physically active for at least an hour a day that makes them breathe faster and feel warmer.

### Primary – SWEMWBS Wellbeing scores low/med-low score vs. med-high/high score

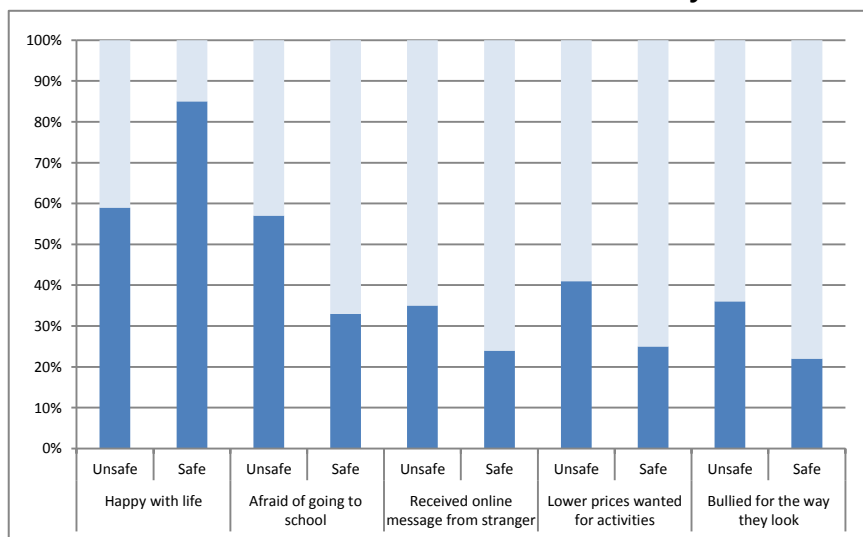


### Secondary – SWEMWBS Wellbeing scores med-low score vs. med-high score



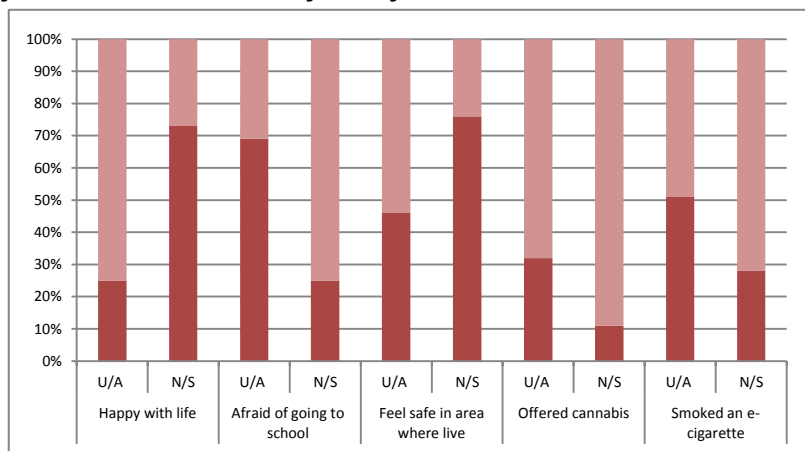
**FE – SWEMWBS Wellbeing scores med-low score vs. med-high score**

- For those who say that they feel at least a little unsafe in the area where they live, there are correlations with a number of other concerns. They are more likely to say they are afraid of going to school because of bullying, are less happy with their life in general and more likely to say that they have received a message online from people that they don't know.

**Primary – those who feel at least a little unsafe in the area where they live vs. those who feel safe:**

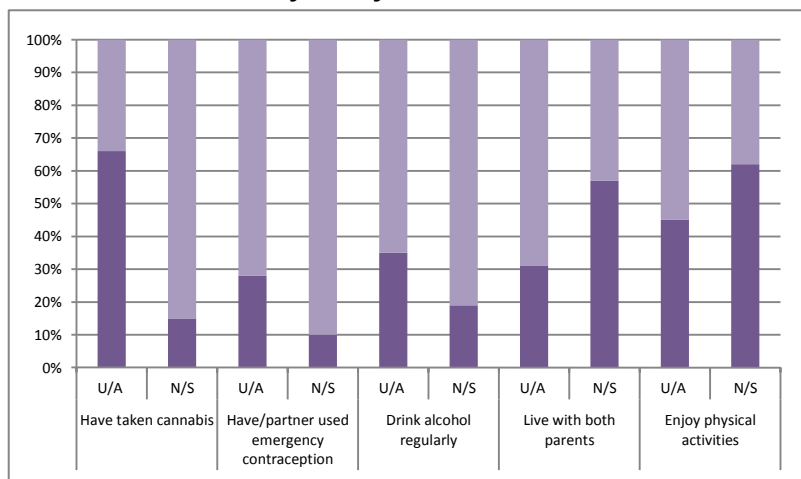
- Unsurprisingly, for those secondary aged pupils who say they use self-harm as a coping strategy, there are many links with health-risky behaviours. They are more likely to say they have been offered cannabis and more likely to have smoked cigarettes and tried e-cigarettes. They are also more likely to say they are afraid of going to school because of bullying, feel unsafe in the area where they live and are less happy with their life in general.

**Secondary – When stressed usually/always self-harm vs. never/sometimes self-harm:**



- Year 12+ students who said that they usually or always smoke when they have a problem or are feeling stressed, were also more likely to report other health-risky behaviours. They were more likely to have taken cannabis or drink alcohol regularly. They or a partner were more likely to have used emergency contraception. They were also less likely to say they live with both parents together.

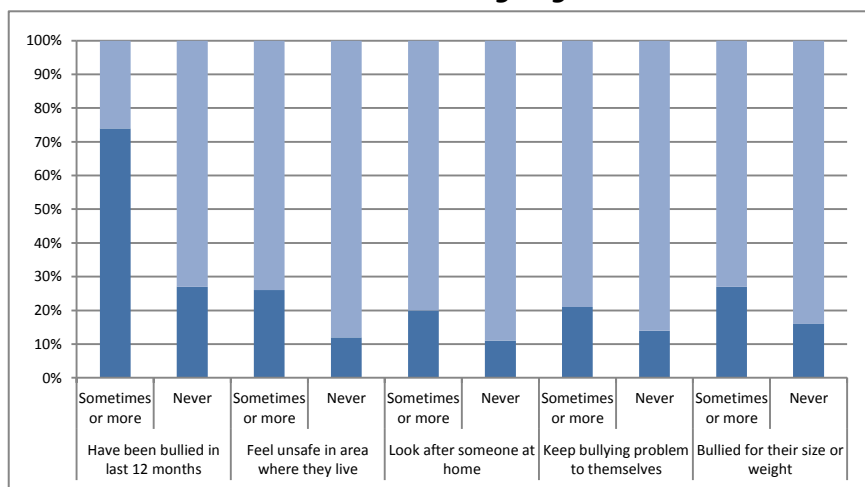
**FE – When stressed usually/always smoke vs. never/sometimes smoke:**



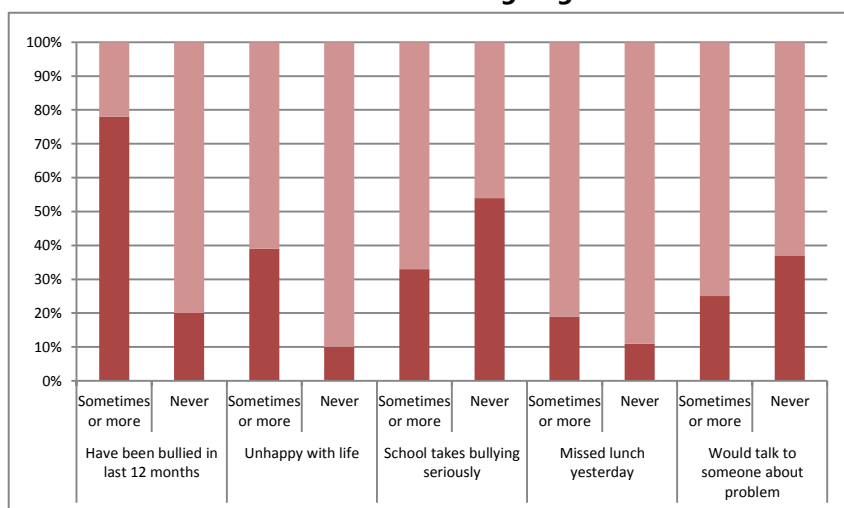


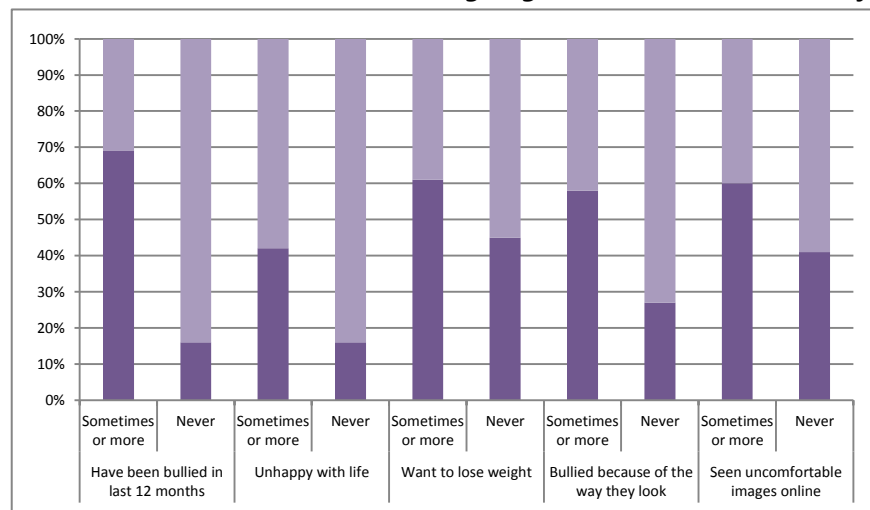
- Pupils who report being afraid of going to school because of bullying are more likely to have been bullied at school in the last 12 months. They are also more likely to say they have been bullied because of their size or weight than those who are never afraid of going to school because of bullying. They are more likely to say that their school doesn't take bullying seriously and more worryingly, are also more likely to keep a bullying problem to themselves rather than talk to someone about it.

**Primary – those who feel at least sometimes afraid of going to school because of bullying vs. never:**



**Secondary – those who feel at least sometimes afraid of going to school because of bullying vs. never:**



**FE – those who feel at least sometimes afraid of going to school because of bullying vs. never:**

- Pupils who said they had been bullied in the last 12 months were also more likely to say that they were unhappy with life at the moment, they were less likely to say that their school takes bullying seriously and they were less likely to say that they feel safe in the area where they live. Pupils who said they had been bullied in the last 12 months were less likely to score highly on the wellbeing scale, they were more likely to say that if they had a bullying problem, they would keep it to themselves.

## Trends

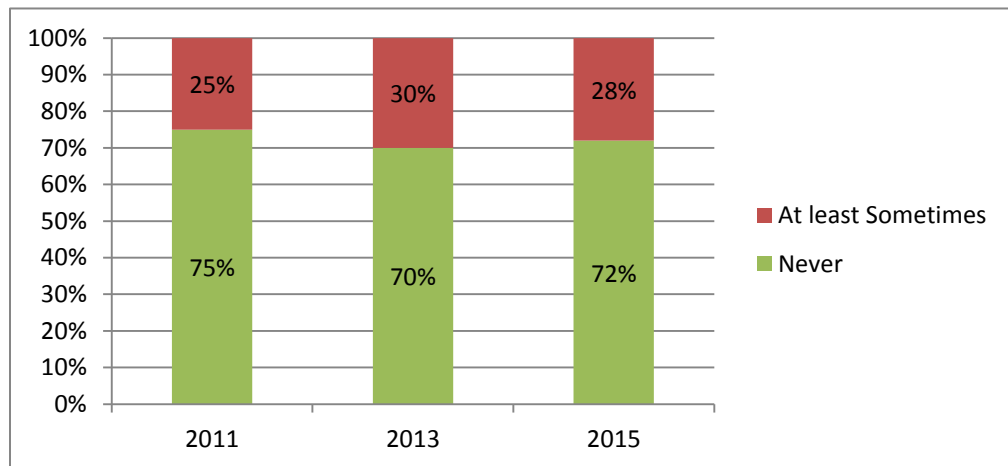
The questionnaires have changed somewhat for the 2015 version compared with previous years but the following are available for analysis.

- There is no significant trend observed for either the primary or secondary datasets for the question: 'Are you ever afraid of going to school because of bullying?'

### Primary Trends – Are you ever afraid of going to school because of bullying?

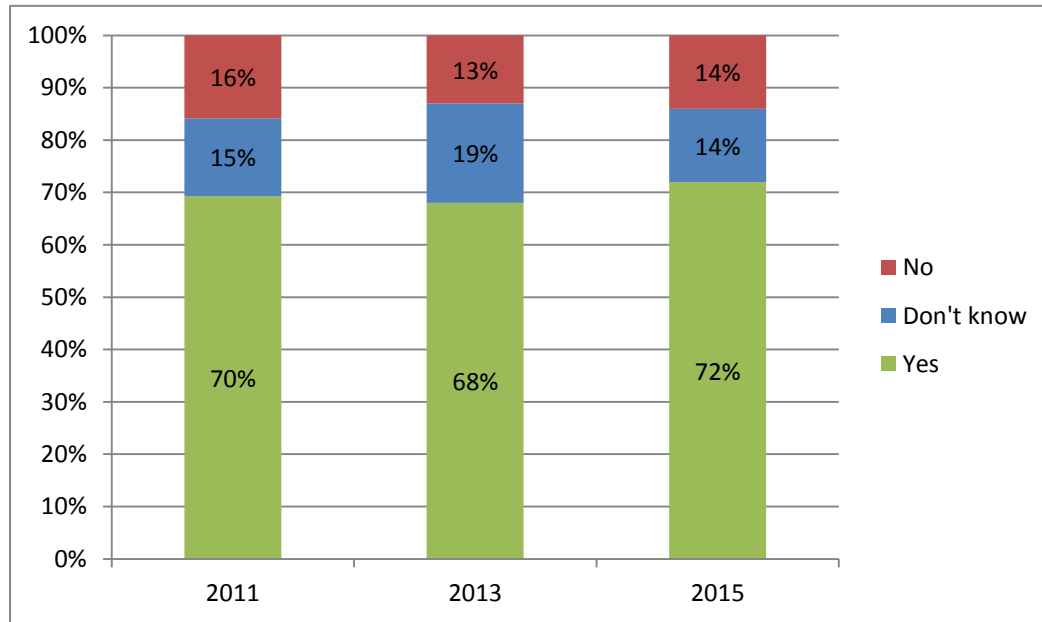


### Secondary Trends – Are you ever afraid of going to school because of bullying?

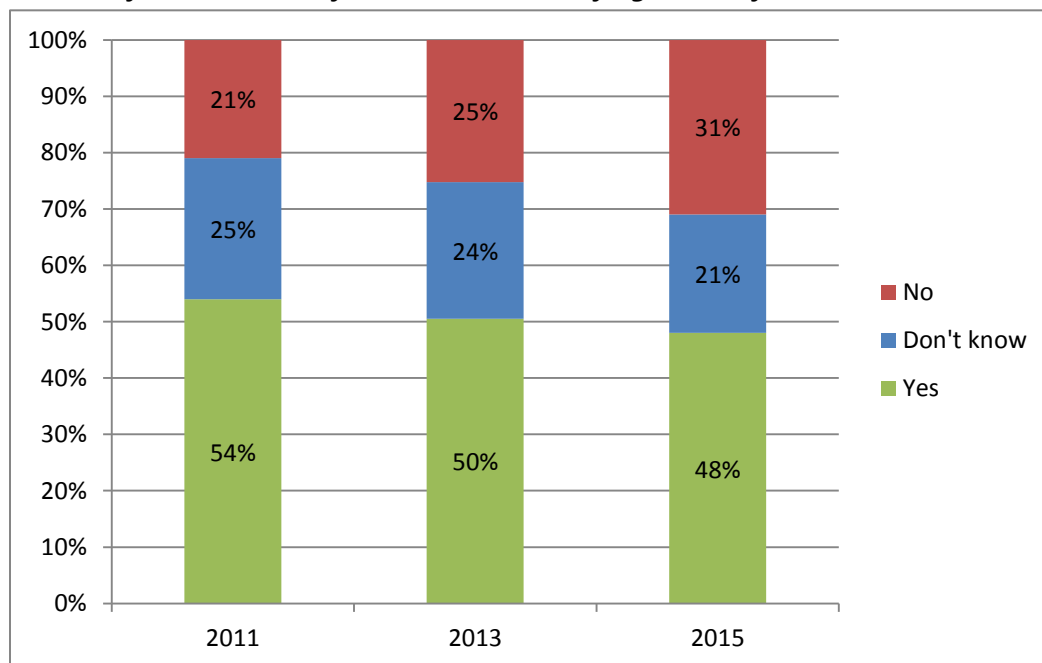


- There appears to be an upward (negative) trend in the secondary responses for 'no' to the question 'Does your school take bullying seriously?' In 2011, 21% said 'no', in 2013, 25% said this and in 2015 this has increased to 31%.

#### Primary Trends – Does your school take bullying seriously?



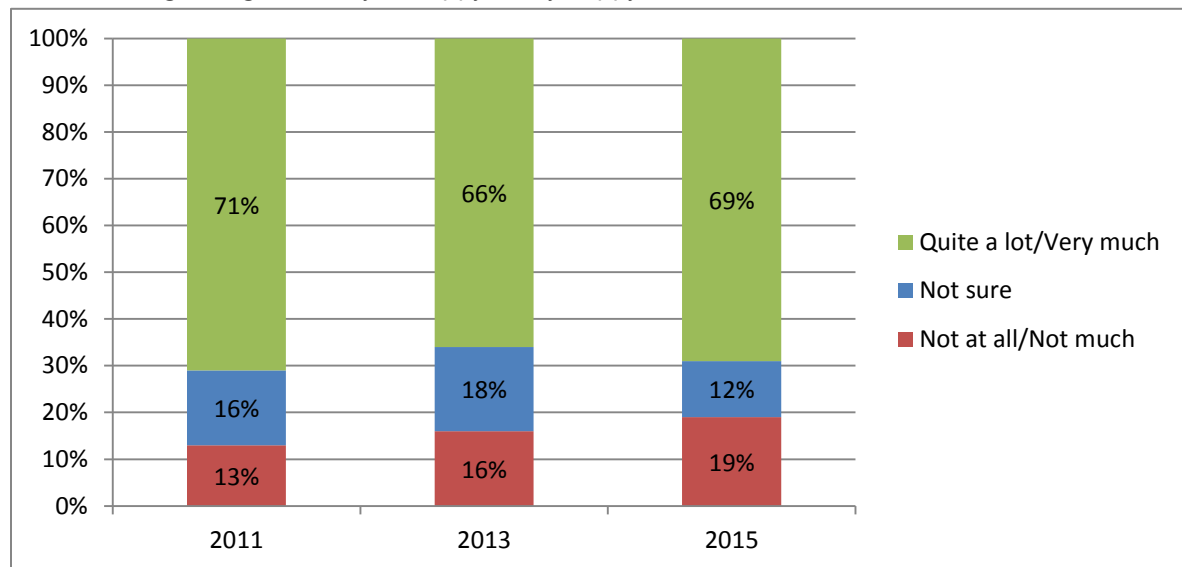
#### Secondary Trends – Does your school take bullying seriously?



- There appears to be an upward trend for secondary aged students saying they are not happy with their lives at the moment. The wording for the answer options changed slightly in 2015 but the trend was already emerging before the question change. 13% in 2011 said they weren't happy with their lives at the moment, this increased to 16% in 2013 and is now at 19%.

**Secondary trends – 'In general, how happy with your life are you at the moment?'**

(2015 wording changed to very unhappy - very happy)



## Inequalities in Wakefield

This table brings together some of the separate instances of differences shown among vulnerable groups from the different sections of this report. See also page 7.

Behaviours in groups of pupils with different circumstances, compared with the whole Wakefield sample:

Percentage in each social identity group reporting different behaviours		Ethnic minority	Young Carer	Children in care	Single-parent family	Special needs
	<b>All Y5</b>					
Positive wellbeing (High/max SWEMWBS score)	<b>33%</b>	30%	32%	20%	31%	34%
Bullied at school last year	<b>45%</b>	43%	53%	39%	38%	53%
Worry about money problems	<b>11%</b>	13%	16%	<b>28%</b>	11%	13%
Worry about schoolwork/exams	<b>24%</b>	32%	30%	24%	25%	27%
Quite/very happy with life	<b>79%</b>	79%	71%	58%	73%	74%
Keep a problem to myself	<b>65%</b>	72%	64%	66%	59%	69%
N	<b>1412</b>	166	210	29	232	127
	<b>All Y9</b>					
Positive wellbeing (High/max SWEMWBS score)	<b>28%</b>	29%	22%	29%	26%	23%
Bullied at school last year	<b>36%</b>	35%	<b>53%</b>	50%	42%	<b>55%</b>
Worry about money problems	<b>13%</b>	13%	19%	28%	<b>18%</b>	<b>22%</b>
Worry about schoolwork/exams	<b>39%</b>	38%	40%	48%	38%	41%
Quite/very happy with life	<b>69%</b>	69%	<b>48%</b>	46%	<b>59%</b>	66%
Keep a problem to myself	<b>77%</b>	76%	87%	91%	77%	79%
N	<b>1811</b>	<b>188</b>	<b>156</b>	<b>25</b>	<b>342</b>	<b>143</b>
	<b>All Y12+</b>					
Positive wellbeing (High/max SWEMWBS score)	<b>26%</b>	20%	18%	14%	25%	18%
Bullied at school last year	<b>24%</b>	18%	<b>48%</b>	30%	28%	<b>37%</b>
Worry about money problems	<b>32%</b>	34%	<b>49%</b>	33%	35%	32%
Worry about schoolwork/exams	<b>43%</b>	45%	46%	38%	37%	44%
Quite/very happy with life	<b>65%</b>	56%	<b>36%</b>	50%	60%	61%
Keep a problem to myself	<b>63%</b>	59%	75%	78%	64%	62%
N	<b>863</b>	<b>86</b>	<b>67</b>	<b>40</b>	<b>199</b>	<b>66</b>
			Significance testing		<b>42%</b>	p<0.05
			KEY		<b>42%</b>	p<0.01

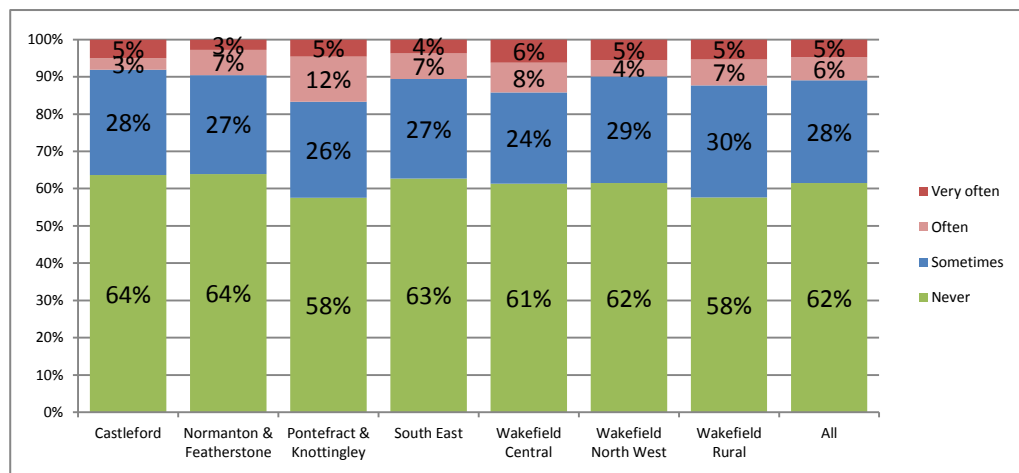
Shaded figures are statistically significantly different from the overall Wakefield figure in the same row.

The key shows the level of statistical significance, with the darker shading showing a higher level.

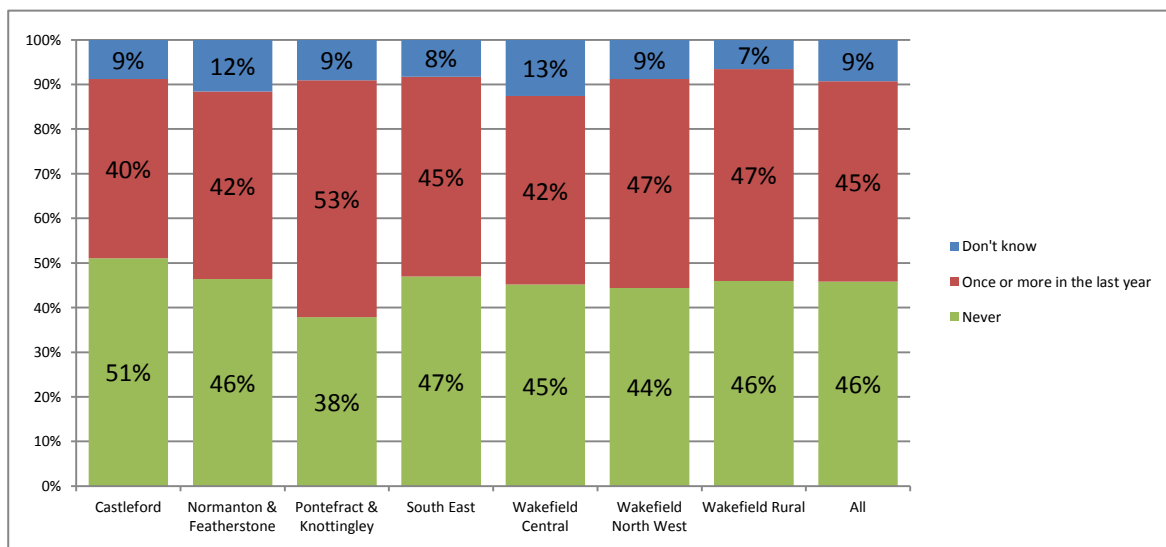
This assessment depends on the size of the difference and the size of the sample in that column.

## Analysis by area

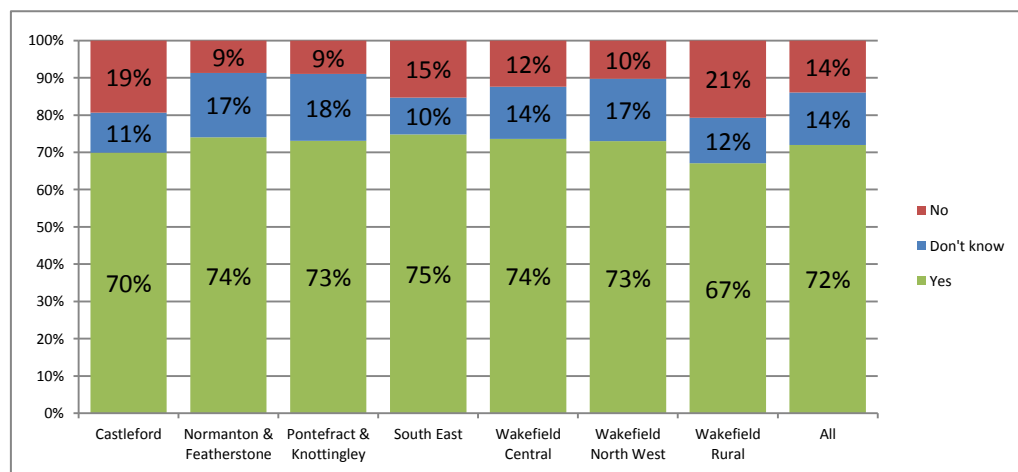
### Primary - Do you ever feel afraid of going to school because of bullying?

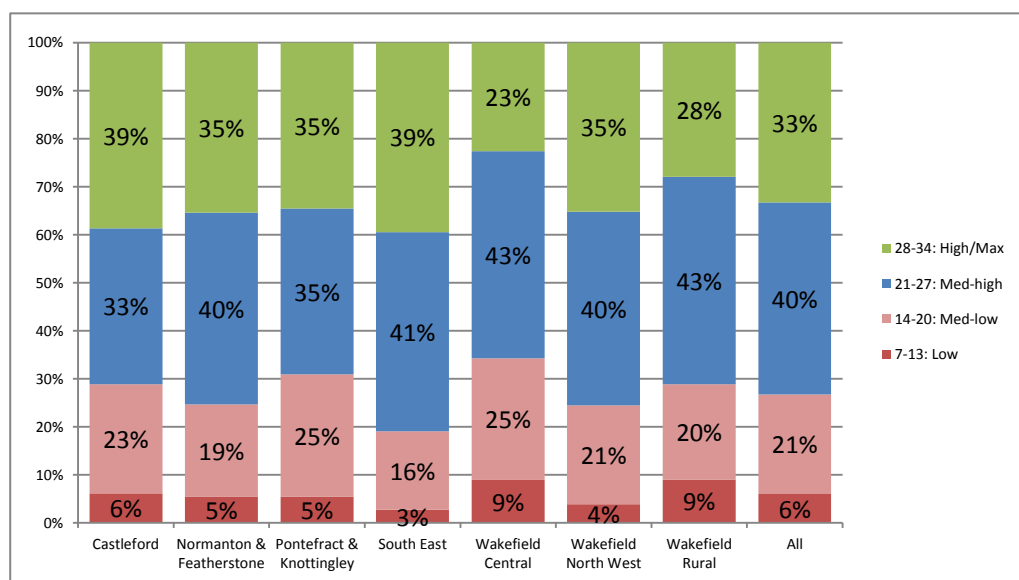
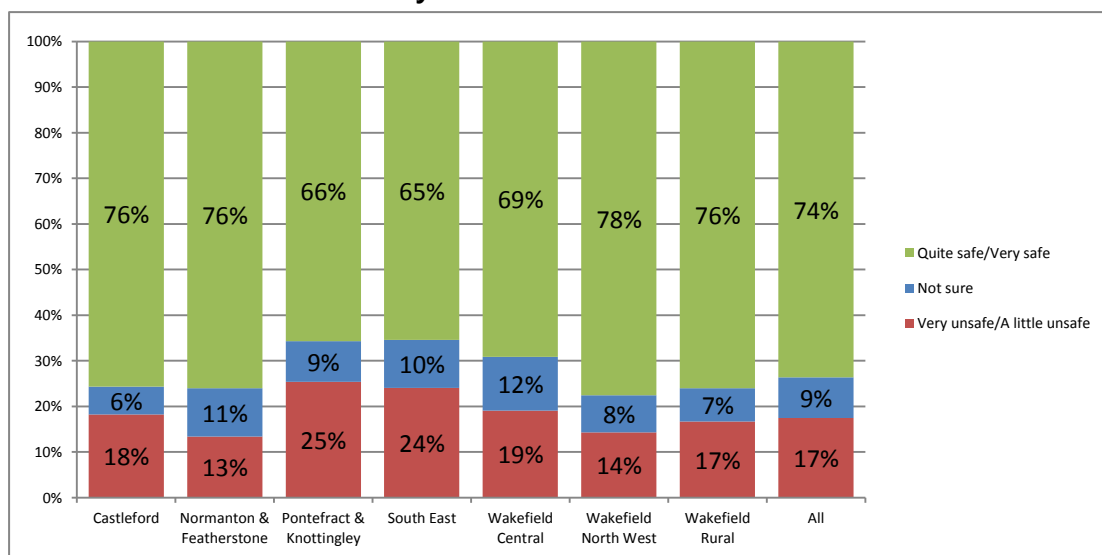


### Primary – Been bullied at school in the last year:

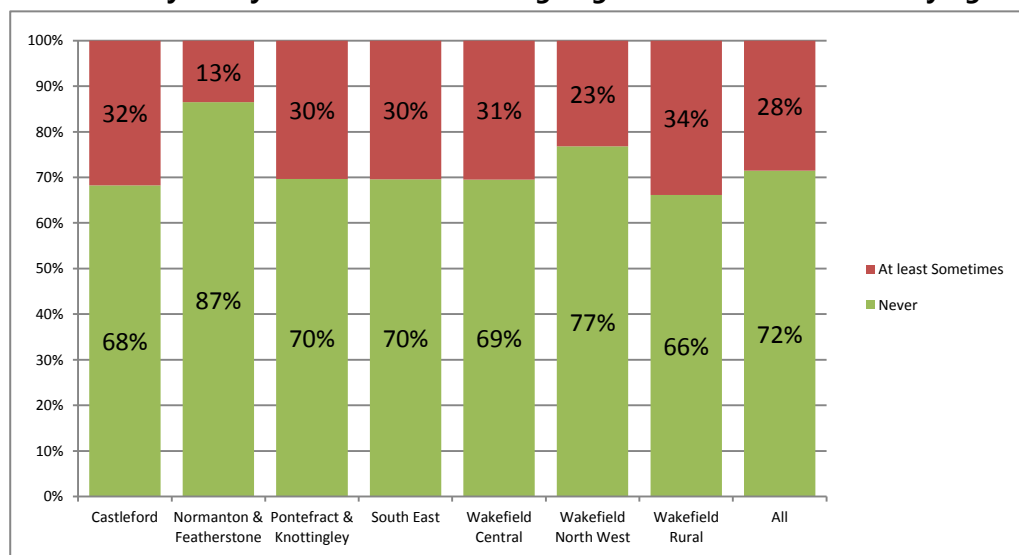
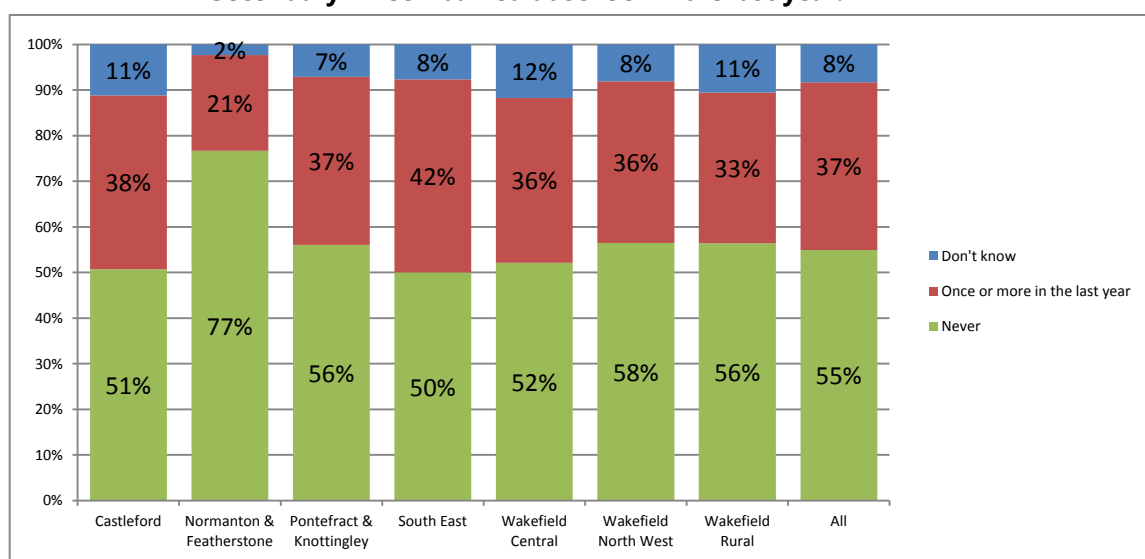
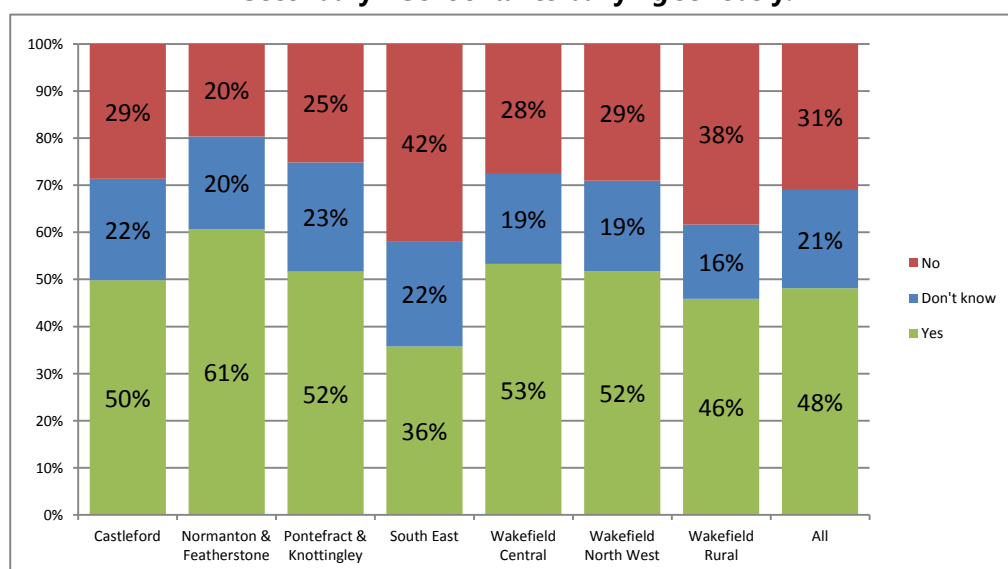


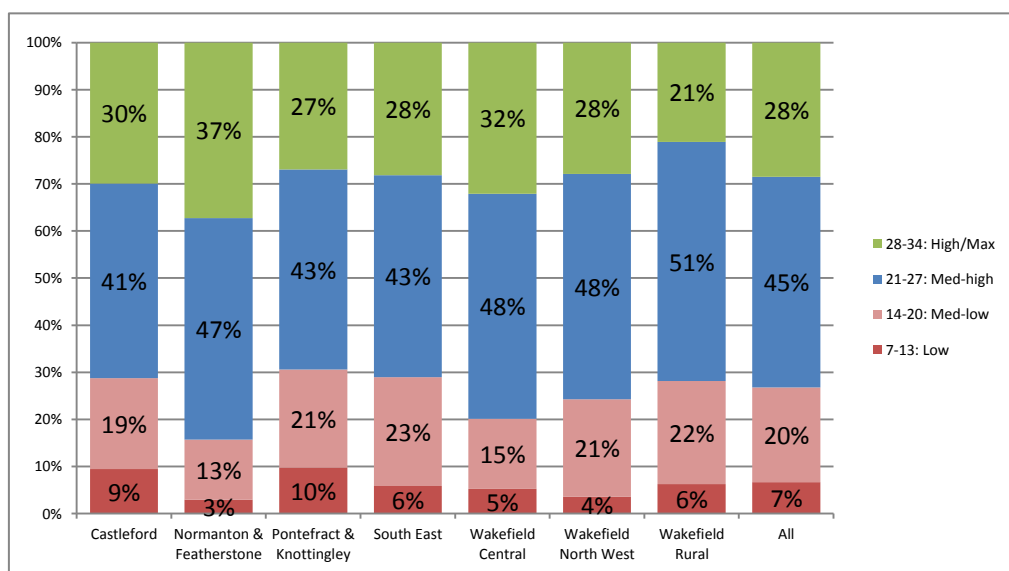
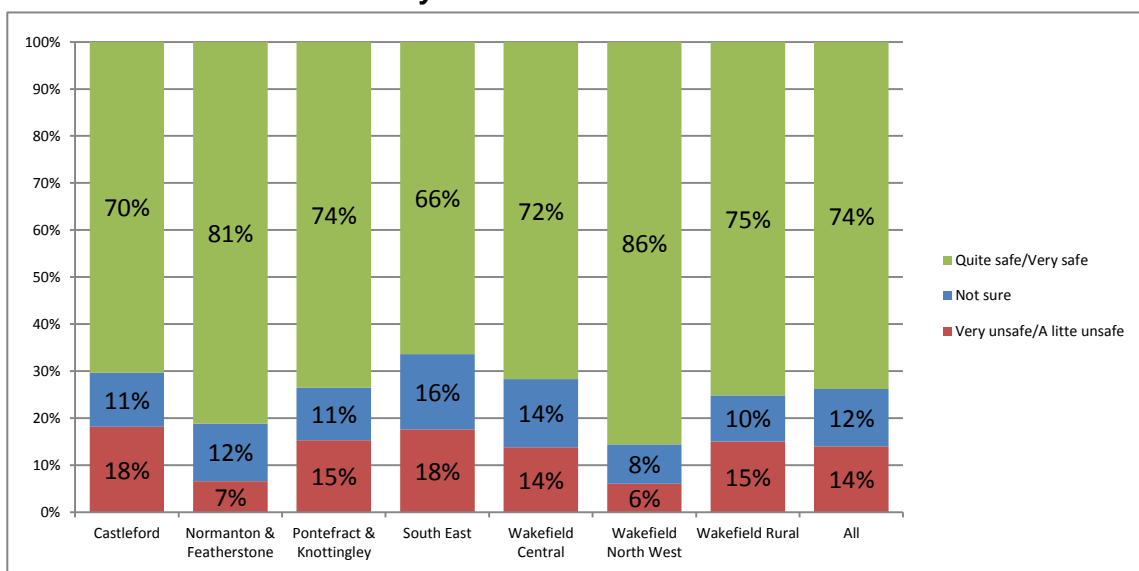
### Primary – School takes bullying seriously:



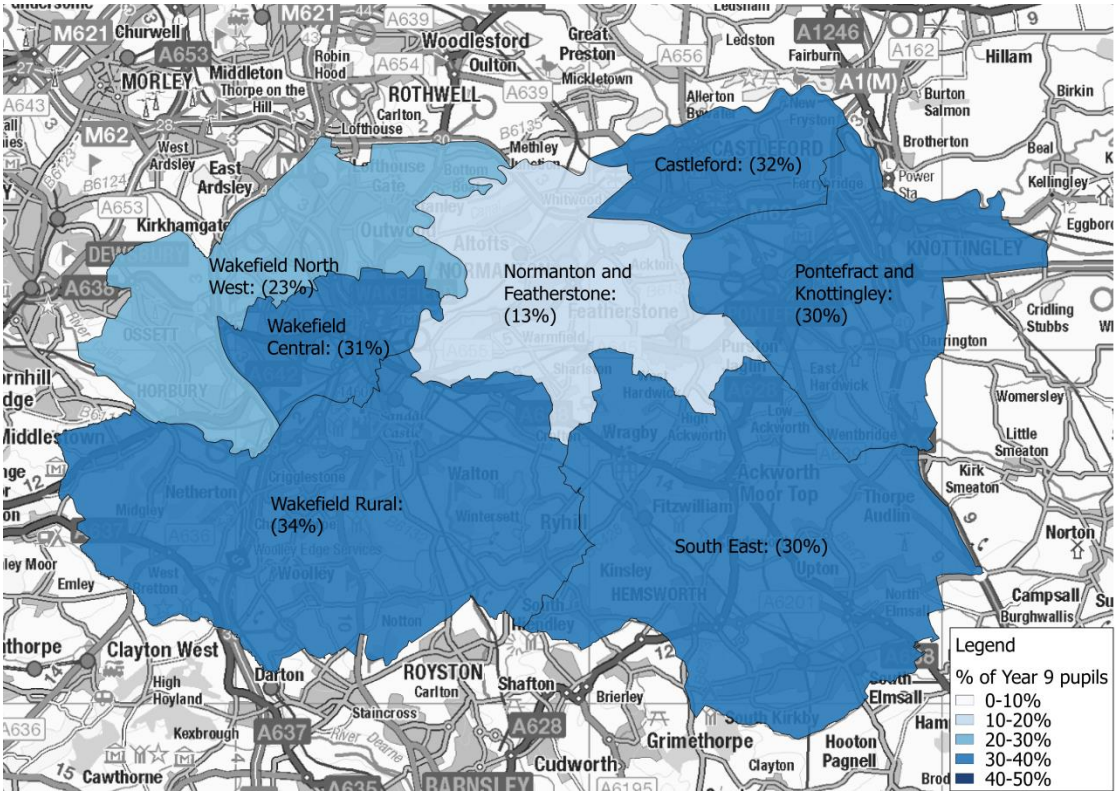
**Primary – SWEMWBS scores:****Primary – Feel safe in local area:**



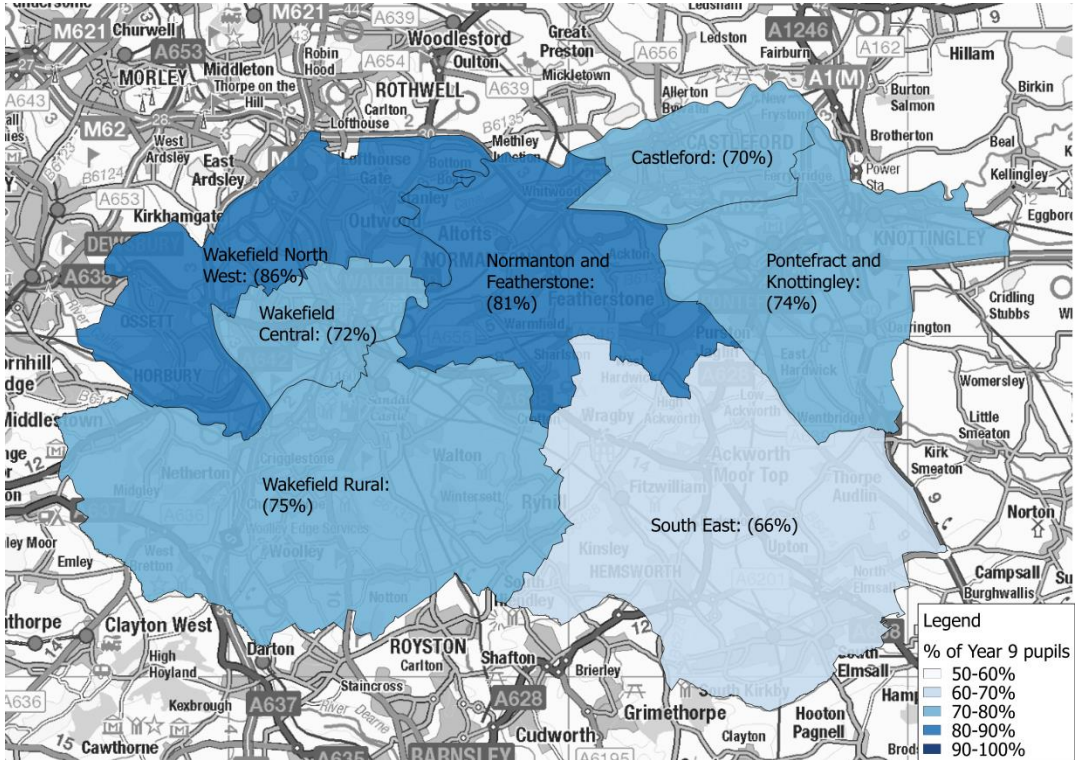
**Secondary - Do you ever feel afraid of going to school because of bullying?****Secondary – Been bullied at school in the last year:****Secondary – School takes bullying seriously:**

**Secondary – SWEMWBS scores:****Secondary – Feel safe in local area:**

Year 9 pupils – at least ‘sometimes’ afraid of going to school because of bullying

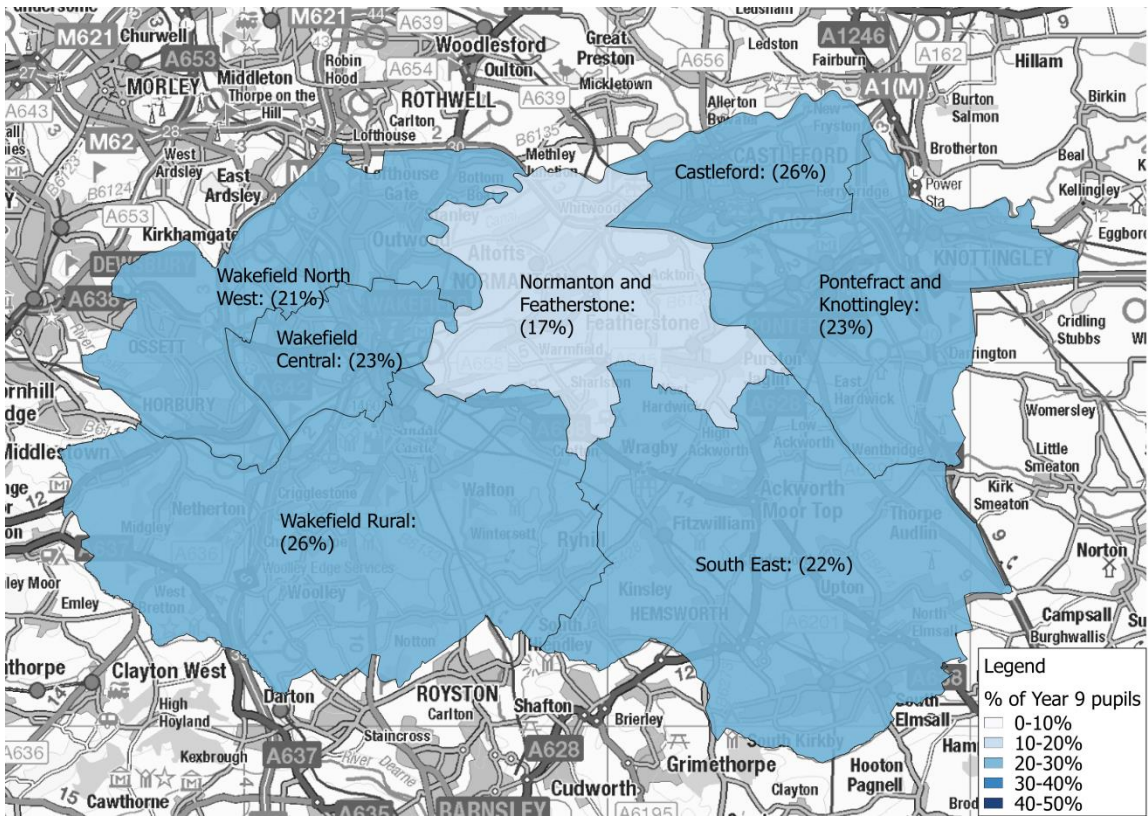


Year 9 pupils – Feel safe in the area where they live

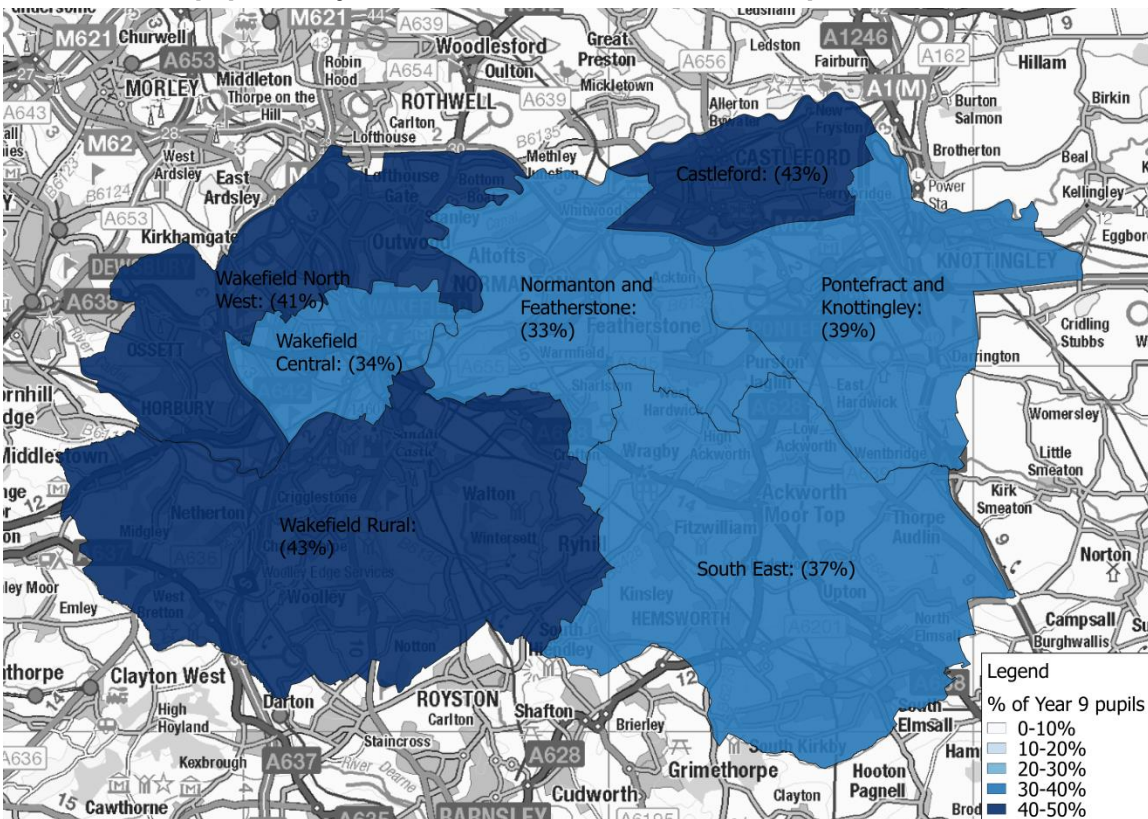




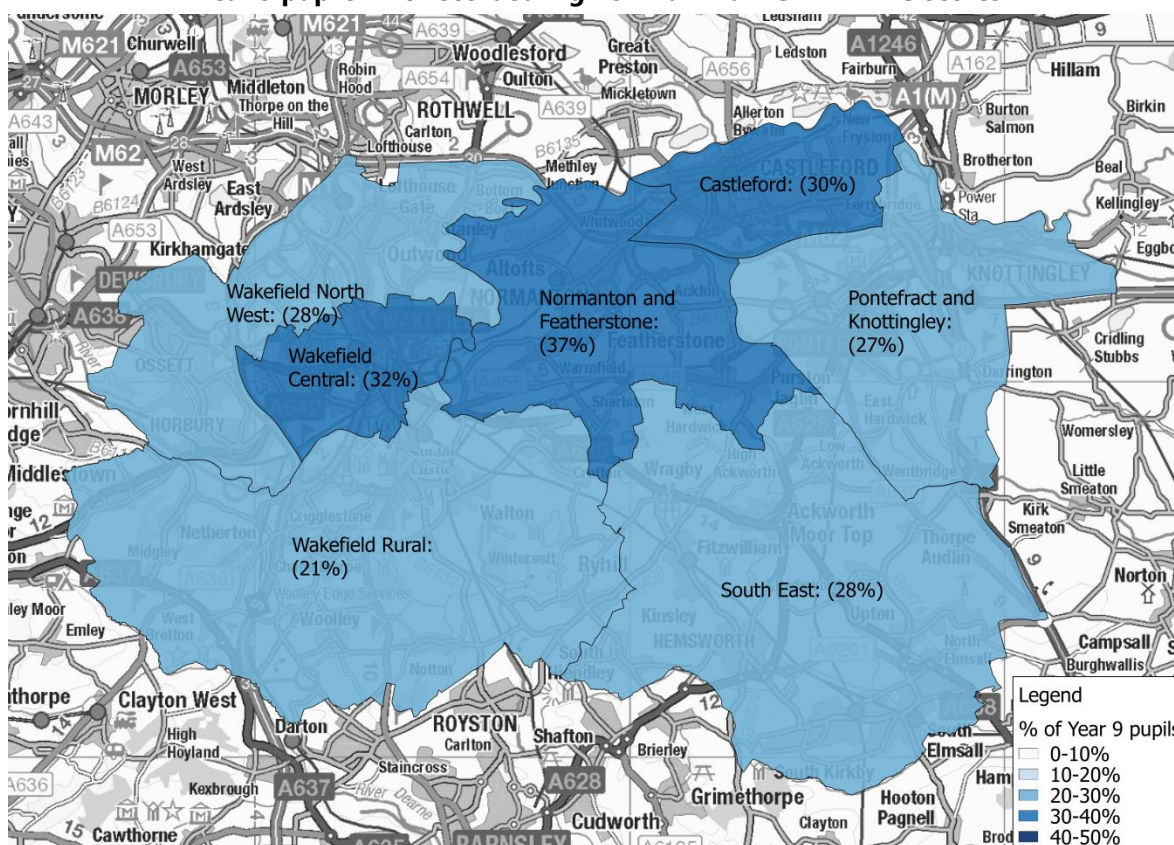
Year 9 pupils worry about family problems ‘quite a lot’ or ‘a lot’



Year 9 pupils worry about school-work/exams & tests ‘quite a lot’ or ‘a lot’



### Year 9 pupils who recorded high or maximum SWEMWBS scores





## Thanks

We are grateful to the teachers, schools and young people for their time and contributions to this survey. As a result we have excellent information to be used by schools, Wakefield Council and other relevant health, statutory and voluntary agencies. This work ensures local children and young people are listened to and their needs inform service provision, resource allocation and programme planning.

Schools taking part in the 2015 survey:

Ackton Pastures Primary School, Airedale Academy, Airedale Junior School, All Saints Featherstone CE (VA) Junior Infant and Nursery School, Alverthorpe St. Paul's CE (VA) School, Carleton Community High School, Castleford Academy, Castleford Redhill Junior School, Castleford Three Lane Ends Community Primary School, Crigglestone Dane Royd Junior and Infant School, Crofton Junior School, De Lacy Academy, Featherstone, North Featherstone Junior and Infant School, Featherstone Purston St. Thomas CE VC Junior School, Havercroft Academy, Hemsworth Arts and Community College, Hensal Primary School, Highfield School, Horbury Bridge CE Junior and Infant Academy, Horbury Primary School, Horbury St. Peter's and Clifton CE (VC) Primary School, Kettlethorpe High School, Minsthorpe Community College, A Specialist Science College, Moorthorpe Primary (J and I ) School, Newton Hill Community School, Normanton Altofts Junior School, Normanton Common Primary School, Northfield Primary School, Ossett Flushdyke Junior and Infant School, Ossett Holy Trinity CE VA Primary School, Ossett South Parade Primary, Outwood Grange Academy, Outwood Primary Academy, Ledger Lane, Pontefract Carleton Park Junior and Infant School, Ryhill Junior, Infant and Nursery School, Sandal Castle VA Community Primary School, Sandal Magna Community Academy, Sharlston Community School, Simpson's Lane Academy, Sitlington Middlestown Junior and Infant School, South Elmsall Carlton Junior and Infant School, South Hiendley Junior Infant and Early Years School, St. John the Baptist Catholic Primary School, St. Joseph's Catholic Primary School, Moorthorpe, Stockingate Mill Junior School, Streethouse Primary School, St. Wilfrid's Catholic High School, & Sixth Form College, The King's School, Towngate Primary School, Wakefield City Academy, Wakefield College, Wakefield Flanshaw Junior and Infant School, Wakefield Heath View Academy, Wakefield Pinders Primary (JIN) School, Wakefield St. Johns CE VA Junior and Infant School, Wakefield the Mount Junior and Infant School and West Bretton Junior and Infant School.