

Wakefield Children and Young People's Survey 2016

Topic Summary:

INEQUALITIES WITHIN WAKEFIELD DISTRICT

Prepared by the Schools Health Education Unit, Exeter
for Wakefield Council

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Introduction

These results were collected from a sample of primary pupils aged 9 to 10 and secondary pupils aged 13 to 14 in the autumn terms 2016, together with a sample of sixth-form and college students.

This summary is an in depth analysis of the inequalities identified within Wakefield District, more information can be found in reports and tables held by Helen Laird and Paul Jaques at Wakefield Council's Public Health team. For more information email: pauljaques@wakefield.gov.uk

The survey was commissioned by the Wakefield Council's Health Improvement team as a way of collecting robust information about young people's health and wellbeing.

Teachers were informed on how to collect the most reliable data and then pupils completed a version of the questionnaire appropriate for their age group. Year 5 pupils completed the primary version of the questionnaire. Students in Years 9 and 12 completed the secondary/FE version of the questionnaire in their secondary schools and FE colleges.

All were undertaken anonymously and there was a mix of paper based and online questionnaires.

School Year	Year 5	Year 9	Year 12+	Total
Boys	681	880	848	2409
Girls	710	878	963	2551
(Unknown)		12	6	18
Total	1391	1770	1817	4978

A total of 3161 pupils took part in 46 primary and 13 secondary school settings in Wakefield District.

1817 students in school sixth-forms and in FE colleges completed the Year 12/FE version of the survey.

1 Special school also completed an adapted version of the survey with their students.

A Summary of Inequalities in Wakefield District

Healthy Eating

Girls



4 in 10 girls in Year 9 had no more than a drink for breakfast this morning compared with 3 in 10 boys in Year 9

Boys



Highest deprivation

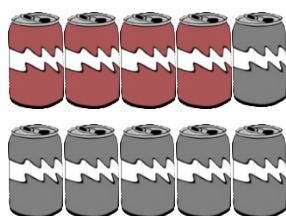


4 in 10 students in Year 12+ in the area of highest deprivation have fruit/vegetables 'on most days' compared with 6 out of 10 students in Year 12+ in the area of lowest deprivation

Lowest deprivation

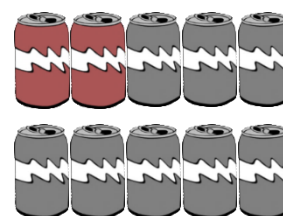


Year 5 pupils in care



4 out of 10 pupils in Year 5 who are in care drink fizzy drinks 'on most days' compared with 2 out of 10 pupils in Year 5 who aren't in care

Year 5 pupils



Ethnic minority



8 in 10 pupils in Year 5 from an ethnic minority have been to the dentist in the past year compared with 9 in 10 White British pupils

White British



Physical activity

Females



5 in 10 females in Year 12+ do less than an hour of physical activity per day compared with 3 in 10 males

Males



Free school meals



4 in 10 pupils in Year 5 who have free school meals do less than an hour of physical activity per day compared with 2 in 10 pupils who don't have free school meals









Non- free school meals







Alcohol

<p>White British</p> 	<p>7 out of 10 students in Year 12+ who are White British drink alcohol occasionally or regularly compared with 4 in 10 students in Year 12+ from an ethnic minority</p>	<p>Ethnic minority</p> 
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Smoking & Drugs

<p>Highest deprivation</p> 	<p>2 in 10 students in Year 12+ smoke cigarettes from the most deprived areas compared with 1 in 10 students in the least deprived areas</p>	<p>Lowest deprivation</p> 
<p>Free school meals</p> 	<p>3 in 10 pupils in Year 9 who have free school meals say someone smokes at home compared with 1 in 10 pupils who don't have free school meals</p>	<p>Non-free school meals</p> 
<p>In care</p> 	<p>4 in 10 students in Year 12+ who are in care have taken cannabis compared with 2 in 10 students who aren't in care</p>	<p>Not in care</p> 
<p>Young carers</p> 	<p>1 in 10 pupils in Year 9 who are young carers have taken cannabis compared with 0 in 10 pupils who aren't young carers</p>	<p>Non-young carers</p> 





Sexual health

<p>Least deprived</p> 	<p>2 in 10 pupils in Year 9 from the least deprived areas know where to get condoms free of charge compared with 4 in 10 pupils from the most deprived areas</p>	<p>Most deprived</p> 
<p>Ethnic Minority</p> 	<p>6 in 10 students in Year 12+ from an ethnic minority know where to get condoms free of charge compared with 8 out of 10 White British students</p>	<p>White British</p> 

Safety

<p>Ethnic minorities</p> 	<p>6 in 10 pupils in Year 9 from ethnic minorities said they always wear a seatbelt while travelling in a car compared with 8 in 10 White British pupils</p>	<p>White British</p> 
<p>Special Needs</p> 	<p>2 in 10 pupils in Year 5 who have special needs are afraid to go to school because of bullying 'often/very often' compared with 1 in 10 pupils who don't have special needs</p>	<p>Non-special Needs</p> 
<p>Girls</p> 	<p>4 out of 10 girls and 6 out of 10 boys in Year 9 said their school takes bullying seriously</p>	<p>Boys</p> 
<p>Special Needs</p> 	<p>3 in 10 students in Year 12+ who have special needs have been bullied in the last 12 months compared with 1 in 10 students who don't have special needs</p>	<p>Non-special Needs</p> 

Enjoying and achieving

<p>Young carers</p> 	<p>3 in 10 students in Year 12+ who were young carers said they need more help in lessons compared with 1 in 10 Year 12 students</p>	<p>Non-young carers</p> 
<p>Special Needs</p> 	<p>3 in 10 pupils in Year 5 who have special needs say they need more help compared with 1 in 10 pupils who don't have special needs</p>	<p>Non-special Needs</p> 

Free school meals



5 in 10 pupils in Year 5 who have free school meals said they have extra help with their learning or behaviour compared with 3 in 10 pupils who don't have free school meals

Non-free school meals



Females



7 in 10 female students in Year 12+ worried about college-work/exams compared with 4 in 10 male students in Year 12+

Males



Special Needs



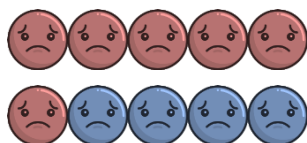
4 in 10 pupils in Year 5 who have special needs say they worry about school-work/exams compared with 3 in 10 pupils who don't have special needs

Non-special Needs



Wellbeing

Ethnic minority



6 in 10 pupils in Year 9 from ethnic minorities would keep family worries to themselves compared with 4 in 10 White British pupils

White British



Single parent families



1 out of 10 pupils in Year 9 from single parent families had High/maximum wellbeing scores compared with 2 out of 10 who live with both parents

Both parents together



Gender differences - below is a table of key indicators for reference:

	Year 5		Year 9		Year 12	
Diet:	Boys	Girls	Boys	Girls	Boys	Girls
% having no breakfast or just a drink	14%	12%	30%	39%	38%	41%
% who eat fruit/veg on most days	56%	68%	42%	50%	44%	50%
% fizzy drinks most days	22%	18%	34%	27%	37%	28%
% who brush their teeth twice a day	77%	85%	81%	92%	83%	93%
Physical Activity:						
% doing less than 1 hour physical activity per day	24%	30%	22%	29%	31%	45%
% of inactive pupils who think they do enough exercise	51%	56%	27%	19%	24%	12%
% who want to be more active	61%	63%	60%	65%	62%	74%
Alcohol/Smoking:						
% who smoke occasionally/regularly	0%	0%	2%	4%	12%	15%
% who smoke e-cigarettes occasionally/regularly	0%	0%	7%	4%	10%	5%
% who at least tried e-cigarettes	3%	2%	28%	26%	43%	40%
% who drink alcohol occasionally/regularly	4%	1%	13%	15%	62%	63%
Drugs:						
% taken cannabis			2%	3%	19%	15%
% taken other form of drug			1%	1%	7%	4%
% taken NPS (incorrectly called legal highs)			1%	1%	2%	2%
Sexual health:						
% that have had sex			4%	3%	39%	45%
% who know where to get condoms free of charge			38%	41%	74%	78%
Travel:						
% who walk/cycle to school	50%	43%	44%	43%	20%	16%
% who always wear a seatbelt	86%	92%	77%	78%	80%	83%
% who always wear a cycle helmet	33%	45%	8%	12%	12%	15%
Bullying:						
% who often/very often feel afraid of going to school because of bullying	9%	11%	4%	8%	2%	3%
% who have been bullied in the last year	43%	45%	29%	37%	10%	11%
% who think school takes bullying seriously	75%	78%	55%	40%	60%	48%
Wellbeing:						
% recording High/max score in the Warwick-Edinburgh wellbeing score	31%	26%	21%	15%	26%	12%
% worry about schoolwork/exams.	23%	27%	30%	43%	39%	74%
% worry about money problems	14%	11%	11%	14%	27%	36%
% keep at least one problem to themselves	69%	65%	78%	77%	72%	69%
Enjoying/Achieving:						
Agree "My work is marked so I can see how to improve it"	88%	91%	81%	84%	83%	86%
Agree "I know my targets and I am helped to meet them"	76%	74%	68%	66%	80%	79%
Agree "My views are asked for in school"	53%	56%	40%	35%	49%	50%
% think they need extra help (not currently receiving)	13%	13%	10%	14%	9%	11%

Vulnerable Groups

This table brings together some of the separate instances of differences shown among vulnerable groups from the different sections of this report.

Responses for groups of Year 5 pupils with different circumstances, compared with the whole Year 5 Wakefield sample:

Year 5 Percentages in each social identity group reporting different behaviours	All	Ethnic minority	Young carer	Children in care	Single-parent family	Special needs	Least deprived	Most deprived	Boy	Girl
Diet										
Had no breakfast or just a drink	13%	13%	21%	10%	17%	20%	3%	19%	14%	12%
Eat fruit/veg on most days	62%	67%	61%	66%	57%	60%	72%	60%	56%	68%
Fizzy drinks/energy drinks/sports drinks on most days	20%	18%	26%	38%	23%	29%	13%	23%	22%	18%
Brush teeth two or more times	81%	75%	81%	73%	83%	68%	92%	73%	77%	85%
Physical activity										
Do less than 1 hour of physical activity a day which makes them breathe faster and feel warmer.	27%	29%	28%	43%	32%	37%	19%	35%	24%	30%
Inactive pupils who think the amount of physical activity they do is enough to keep them healthy	54%	54%	54%	38%	53%	56%	52%	44%	51%	56%
Would like to be more physically active	62%	65%	62%	52%	63%	64%	60%	68%	61%	63%
Smoking and alcohol										
Smoke cigarettes occasionally/regularly	0%	0%	1%	0%	1%	0%	0%	1%	0%	0%
Smoke e-cigarettes occasionally/regularly	0%	1%	1%	0%	1%	0%	0%	1%	0%	0%
At least tried e-cigarettes	3%	3%	5%	3%	2%	4%	1%	4%	3%	2%
Drink alcohol occasionally/regularly	2%	4%	4%	3%	2%	2%	3%	2%	4%	1%
Travel										
Walked/cycled to school	47%	48%	49%	55%	48%	53%	34%	49%	50%	43%
Always wear a seatbelt	89%	81%	84%	90%	87%	87%	95%	86%	86%	92%
Always wear a safety helmet when cycling	39%	37%	36%	24%	35%	40%	47%	24%	33%	45%
Safety										
Often/very often feel afraid of going to school because of bullying	10%	9%	13%	7%	13%	21%	11%	10%	9%	11%
Been bullied at school in the last year	44%	35%	51%	61%	40%	57%	33%	44%	43%	45%
School takes bullying seriously	77%	73%	77%	63%	75%	71%	83%	69%	75%	78%
Wellbeing										
High/maximum Warwick-Edinburgh wellbeing score	28%	32%	23%	23%	18%	29%	41%	25%	31%	26%
Worry about school-work/exams	25%	26%	32%	25%	28%	38%	21%	31%	23%	27%
Worry about money problems	12%	14%	18%	21%	17%	22%	8%	17%	14%	11%
Keep at least one problem to themselves	67%	73%	76%	83%	76%	74%	55%	77%	69%	65%
Enjoying and achieving										
Work is marked so they can see how to improve it	90%	89%	90%	79%	88%	83%	95%	84%	88%	91%
Know their targets and are helped to meet them	75%	79%	75%	75%	75%	76%	75%	72%	76%	74%
Views and opinions are asked for in school	55%	51%	56%	67%	55%	63%	59%	57%	53%	56%
Pupils who think that they need extra help if they don't currently receive it (excludes those who receive help)	13%	13%	24%	18%	15%	26%	13%	17%	13%	13%
<i>Total Sample size:</i>	1,391	141	199	30	176	165	104	256	681	710
Significance testing key									10	p<0.05
									10	p<0.01

Responses for groups of Year 9 students with different circumstances, compared with the whole Year 9 Wakefield sample:

Year 9 Percentages in each social identity group reporting different behaviours	All	Ethnic minority	Young carer	Children in care	Single-parent family	Special needs	Least deprived	Most deprived	Boy	Girl
Diet										
Had no breakfast or just a drink	35%	31%	41%	31%	43%	29%	22%	35%	30%	39%
Eat fruit/veg on most days	46%	48%	44%	52%	40%	44%	62%	42%	42%	50%
Fizzy drinks/energy drinks/sports drinks on most days	30%	26%	40%	23%	33%	38%	15%	33%	34%	27%
Brush teeth two or more times	87%	85%	81%	98%	84%	81%	95%	88%	81%	92%
Physical activity										
Do less than 1 hour of physical activity a day which makes them breathe faster and feel warmer	26%	29%	29%	31%	30%	32%	15%	28%	22%	29%
Inactive pupils who think the amount of physical activity they do is enough to keep them healthy	22%	32%	23%	21%	19%	27%	8%	15%	27%	19%
Would like to be more physically active	62%	69%	63%	58%	64%	61%	56%	65%	60%	65%
Smoking, alcohol & other drugs										
Smoke cigarettes occasionally/regularly	3%	5%	7%	5%	3%	3%	0%	4%	2%	4%
Smoke e-cigarettes occasionally/regularly	6%	6%	12%	2%	7%	4%	3%	4%	7%	4%
At least tried e-cigarettes	27%	26%	34%	36%	29%	18%	14%	28%	28%	26%
Drink alcohol occasionally/regularly	14%	7%	19%	11%	12%	16%	9%	14%	13%	15%
Taken cannabis	3%	5%	7%	5%	4%	2%	0%	2%	2%	3%
Taken other form of drug	1%	2%	3%	3%	1%	2%	0%	1%	1%	1%
Taken NPS	1%	2%	3%	5%	1%	1%	0%	1%	1%	1%
Sexual health										
Have had sex	4%	3%	4%	8%	5%	3%	3%	3%	4%	3%
Know where to get condoms free of charge	40%	32%	43%	54%	38%	40%	20%	38%	38%	41%
Travel										
Walked/cycled to school	44%	39%	47%	47%	47%	35%	52%	49%	44%	43%
Always wear a seatbelt	78%	61%	67%	75%	73%	80%	88%	74%	77%	78%
Always wear a safety helmet when cycling	10%	7%	5%	12%	8%	17%	17%	8%	8%	12%
Safety										
Often/very often feel afraid of going to school because of bullying	6%	6%	13%	14%	10%	15%	3%	10%	4%	8%
Been bullied at school in the last year	33%	35%	46%	43%	38%	51%	31%	35%	29%	37%
School takes bullying seriously	47%	45%	39%	41%	39%	47%	54%	45%	55%	40%
Wellbeing										
High/maximum Warwick-Edinburgh wellbeing score	18%	17%	14%	14%	12%	15%	16%	17%	21%	15%
Worry about school-work/exams	36%	39%	42%	33%	34%	40%	46%	36%	30%	43%
Worry about money problems	13%	16%	24%	12%	17%	16%	13%	16%	11%	14%
Keep at least one problem to themselves	77%	85%	78%	79%	81%	77%	72%	80%	78%	77%
Enjoying and achieving										
Work is marked so they can see how to improve it	82%	83%	83%	85%	81%	79%	75%	85%	81%	84%
Know their targets and are helped to meet them	67%	71%	70%	63%	67%	68%	67%	70%	68%	66%
Views and opinions are asked for in school	38%	38%	38%	40%	36%	41%	42%	41%	40%	35%
Pupils who think that they need extra help if they don't currently receive it (excludes those who receive help)	12%	13%	16%	18%	14%	14%	14%	16%	10%	14%
Total Sample size:	1,760	180	202	45	310	163	79	376	880	878
Significance testing key									10	p<0.05
									10	p<0.01

Shaded figures are statistically significantly different from the overall Wakefield figure in the same row.

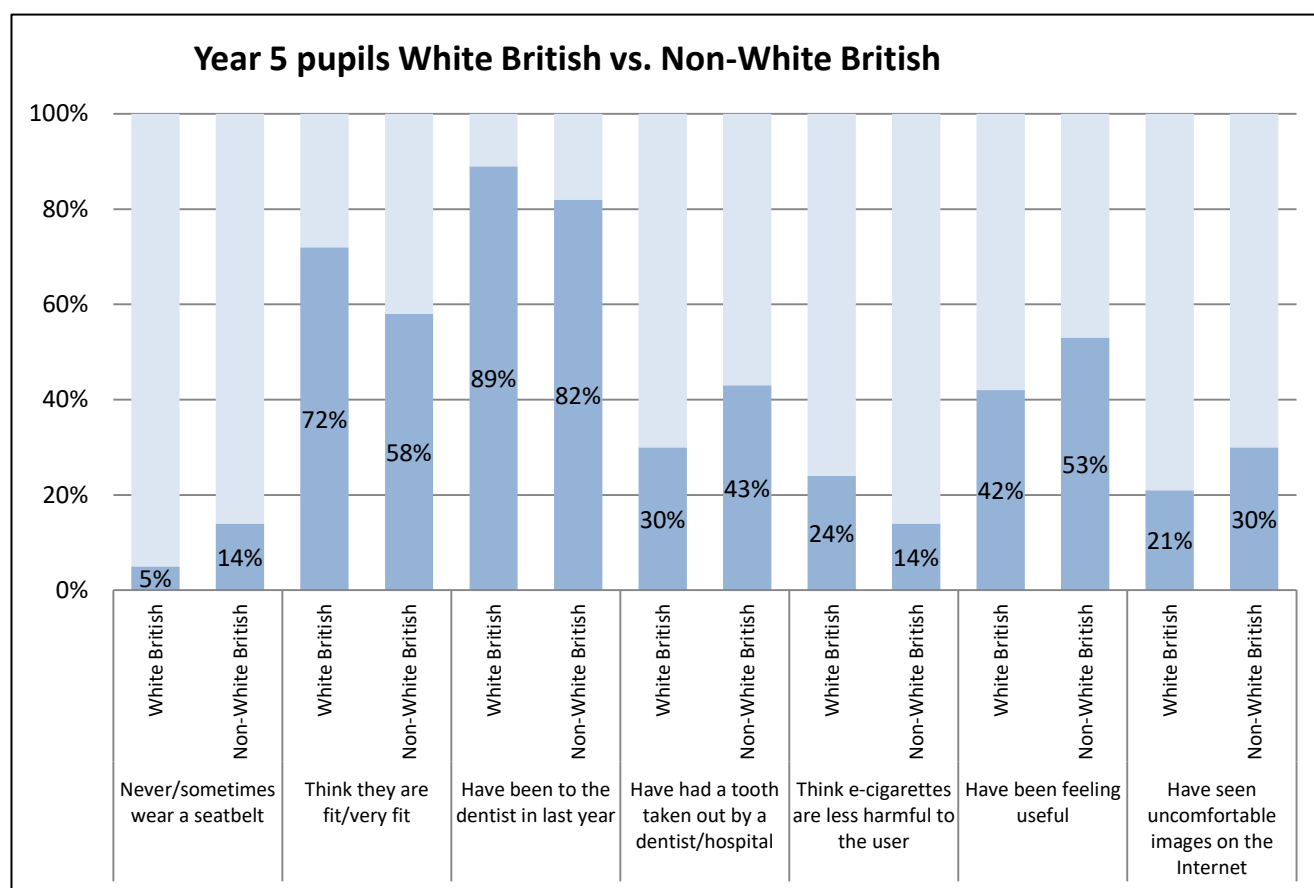
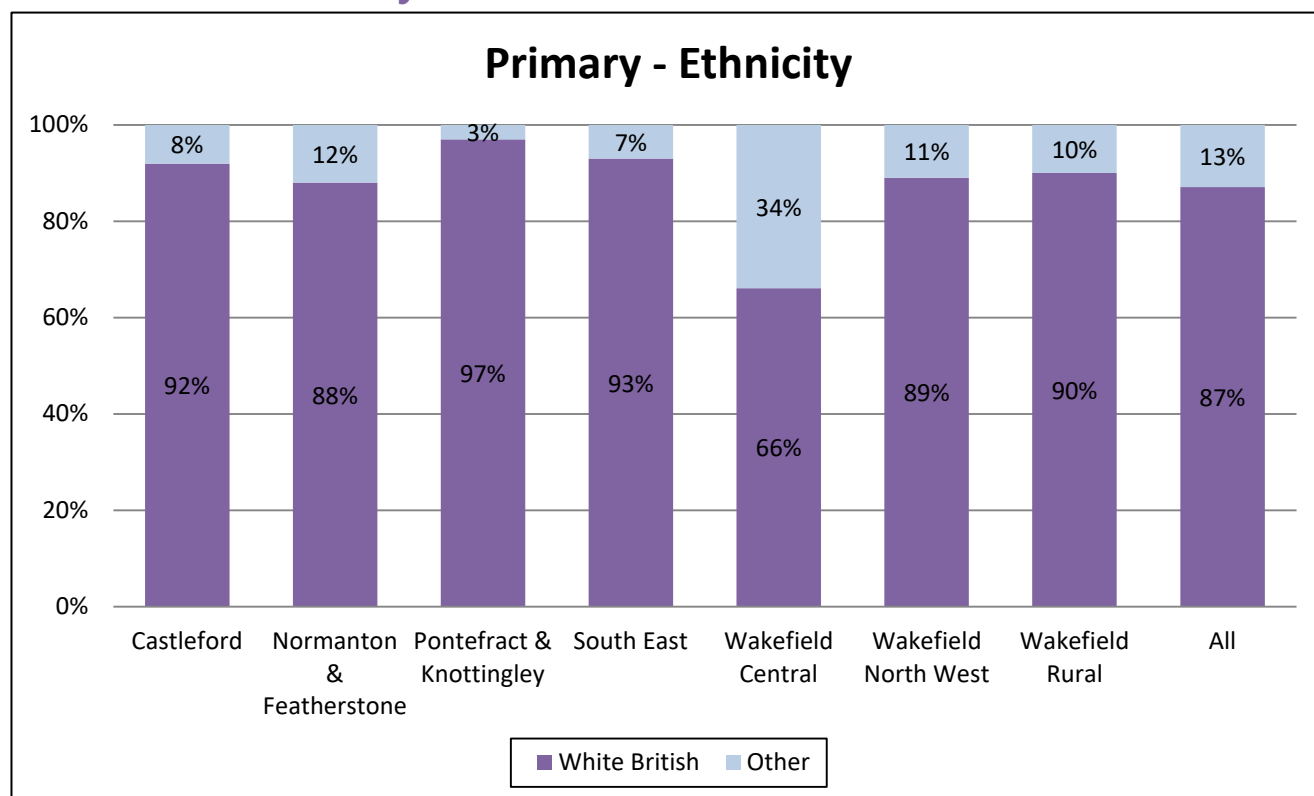
The key shows the level of statistical significance, with the darker shading showing a higher level.

This assessment depends on the size of the difference and the size of the sample in that column.

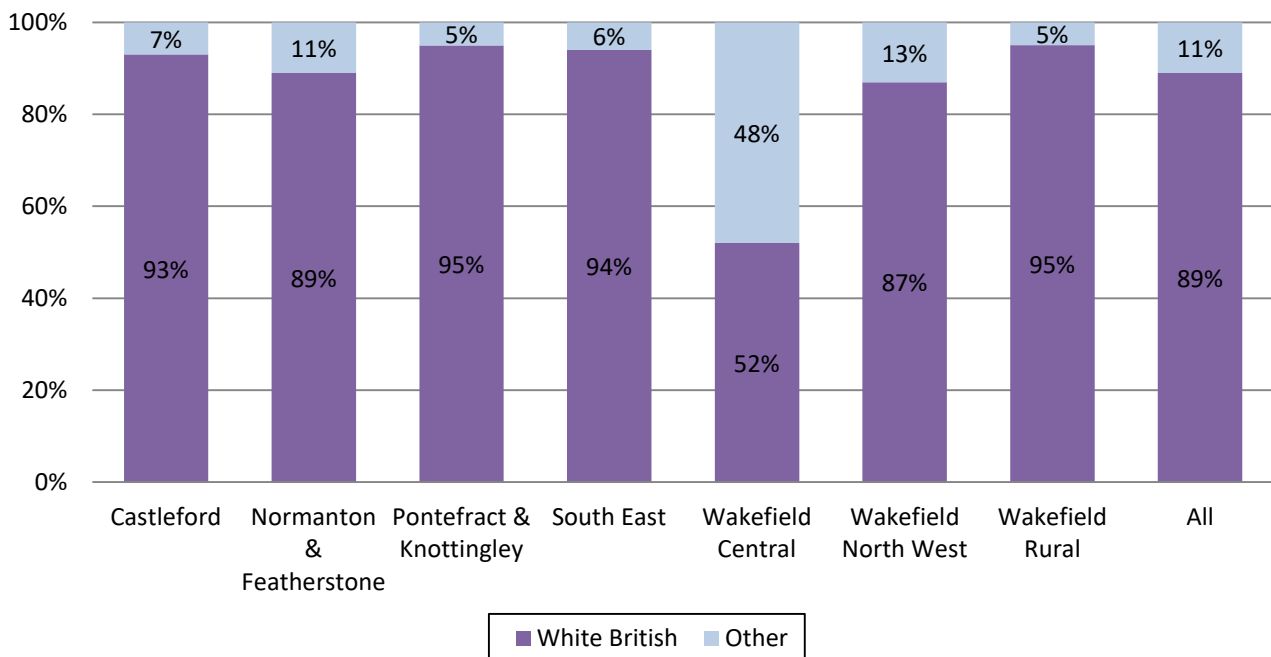
Responses for groups of Year 12+ students with different circumstances, compared with the whole Year 12+ Wakefield sample:

Year 12+13 Percentages in each social identity group reporting different behaviours	All	Ethnic minority	Young carer	Children in care	Single-parent family	Special needs	Least deprived	Most deprived	Boy	Girl
Diet										
Had no breakfast or just a drink	40%	44%	44%	45%	44%	41%	38%	43%	38%	41%
Eat fruit/veg on most days	47%	42%	47%	39%	40%	37%	55%	43%	44%	50%
Fizzy drinks/energy drinks/sports drinks on most days	32%	28%	39%	43%	38%	37%	25%	39%	37%	28%
Brush teeth two or more times	89%	91%	87%	87%	87%	85%	91%	89%	83%	93%
Physical activity										
Do less than 1 hour of physical activity a day which makes them breathe faster and feel warmer	39%	40%	36%	40%	43%	42%	39%	37%	31%	45%
Inactive pupils who think the amount of physical activity they do is enough to keep them healthy	17%	17%	24%	24%	16%	19%	15%	19%	24%	12%
Would like to be more physically active	68%	71%	68%	71%	67%	60%	66%	67%	62%	74%
Smoking, alcohol & other drugs										
Smoke cigarettes occasionally/regularly	14%	13%	17%	27%	18%	19%	9%	17%	12%	15%
Smoke e-cigarettes occasionally/regularly	8%	7%	5%	7%	11%	8%	6%	11%	10%	5%
At least tried e-cigarettes	41%	40%	44%	58%	47%	44%	34%	43%	43%	40%
Drink alcohol occasionally/regularly	63%	36%	58%	53%	66%	54%	64%	61%	62%	63%
Taken cannabis	17%	15%	20%	35%	22%	23%	15%	16%	19%	15%
Taken other form of drug	5%	4%	5%	11%	7%	7%	4%	5%	7%	4%
Taken NPS	2%	1%	4%	5%	3%	4%	1%	3%	2%	2%
Sexual health										
Have had sex	42%	26%	47%	60%	47%	43%	38%	43%	39%	45%
Know where to get condoms free of charge	76%	61%	75%	83%	80%	78%	71%	80%	74%	78%
Travel										
Walked/cycled to school	18%	18%	15%	19%	19%	11%	12%	21%	20%	16%
Always wear a seatbelt	82%	70%	81%	70%	75%	81%	84%	79%	80%	83%
Always wear a safety helmet when cycling	14%	8%	15%	10%	12%	22%	17%	10%	12%	15%
Safety										
Often/very often feel afraid of going to school because of bullying	2%	2%	5%	7%	2%	7%	0%	3%	2%	3%
Been bullied at school in the last year	11%	9%	19%	19%	11%	25%	7%	14%	10%	11%
College takes bullying seriously	53%	47%	49%	44%	54%	49%	60%	45%	60%	48%
Wellbeing										
High/maximum Warwick-Edinburgh wellbeing score	18%	19%	16%	18%	15%	14%	17%	18%	26%	12%
Worry about college-work/exams	58%	67%	70%	51%	56%	56%	61%	53%	39%	74%
Worry about money problems	32%	30%	43%	38%	36%	39%	34%	31%	27%	36%
Keep at least one problem to themselves	70%	74%	83%	81%	74%	73%	64%	73%	72%	69%
Enjoying and achieving										
Work is marked so they can see how to improve it	85%	81%	88%	80%	84%	76%	87%	84%	83%	86%
Know their targets and are helped to meet them	79%	78%	89%	74%	77%	78%	82%	79%	80%	79%
Views and opinions are asked for in college	49%	55%	56%	38%	46%	46%	43%	52%	49%	50%
Pupils who think that they need extra help if they don't currently receive it (excludes those who receive help)	10%	15%	25%	14%	10%	16%	10%	11%	9%	11%
<i>Total Sample size:</i>	1, 817	220	95	55	374	156	228	443	848	963
Significance testing key									10	p<0.05
									10	p<0.01

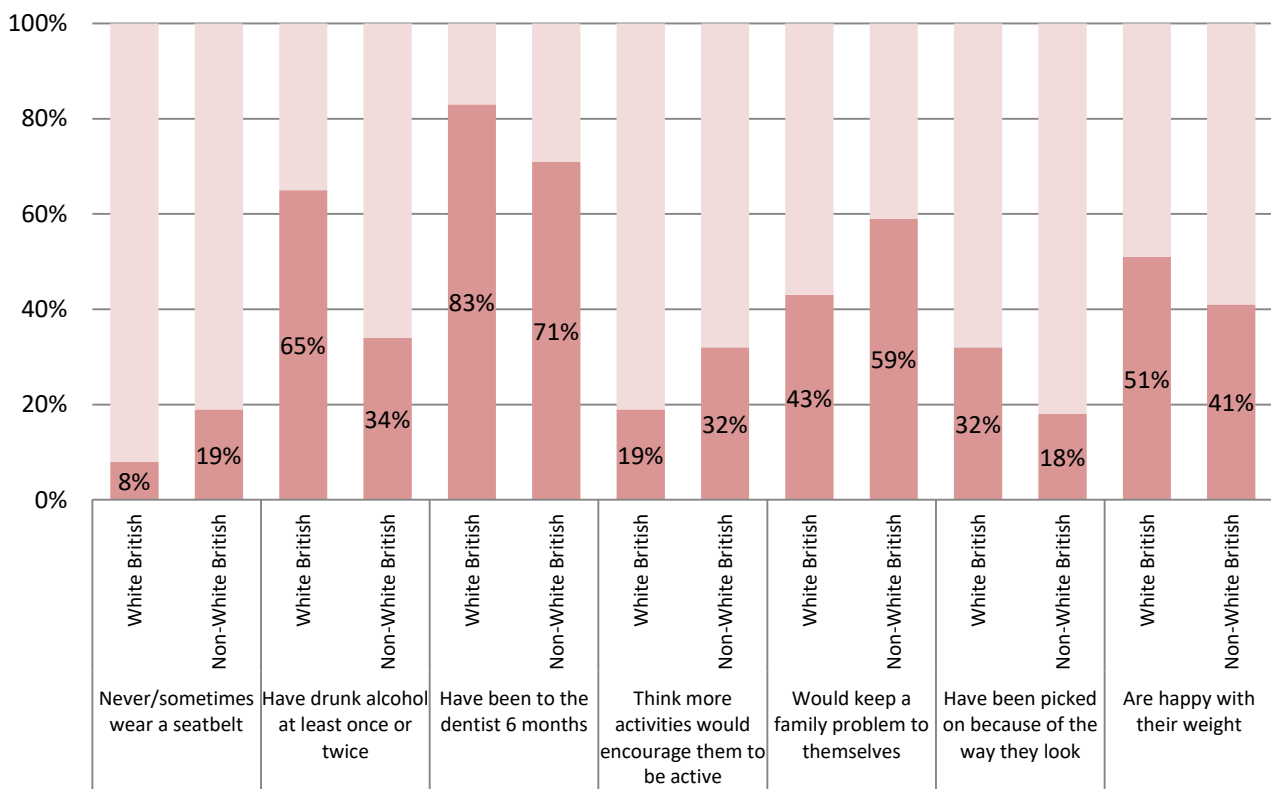
Differences in ethnicity across Wakefield District



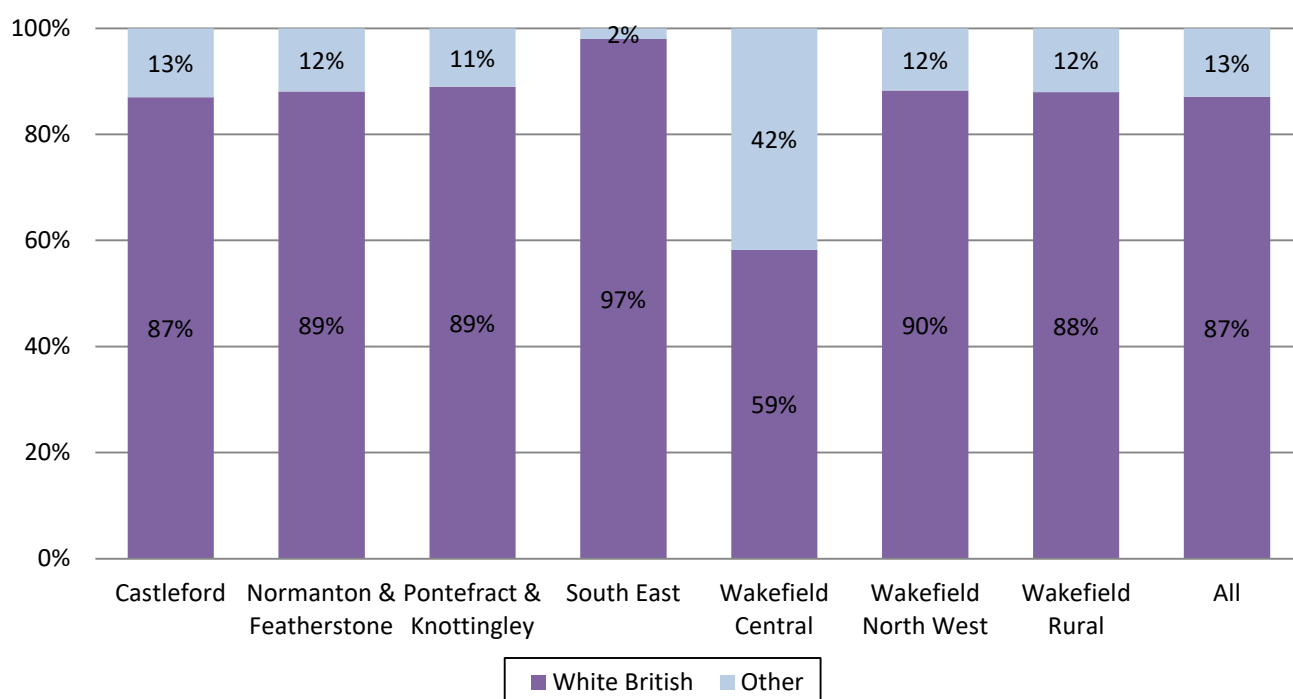
Secondary - Ethnicity



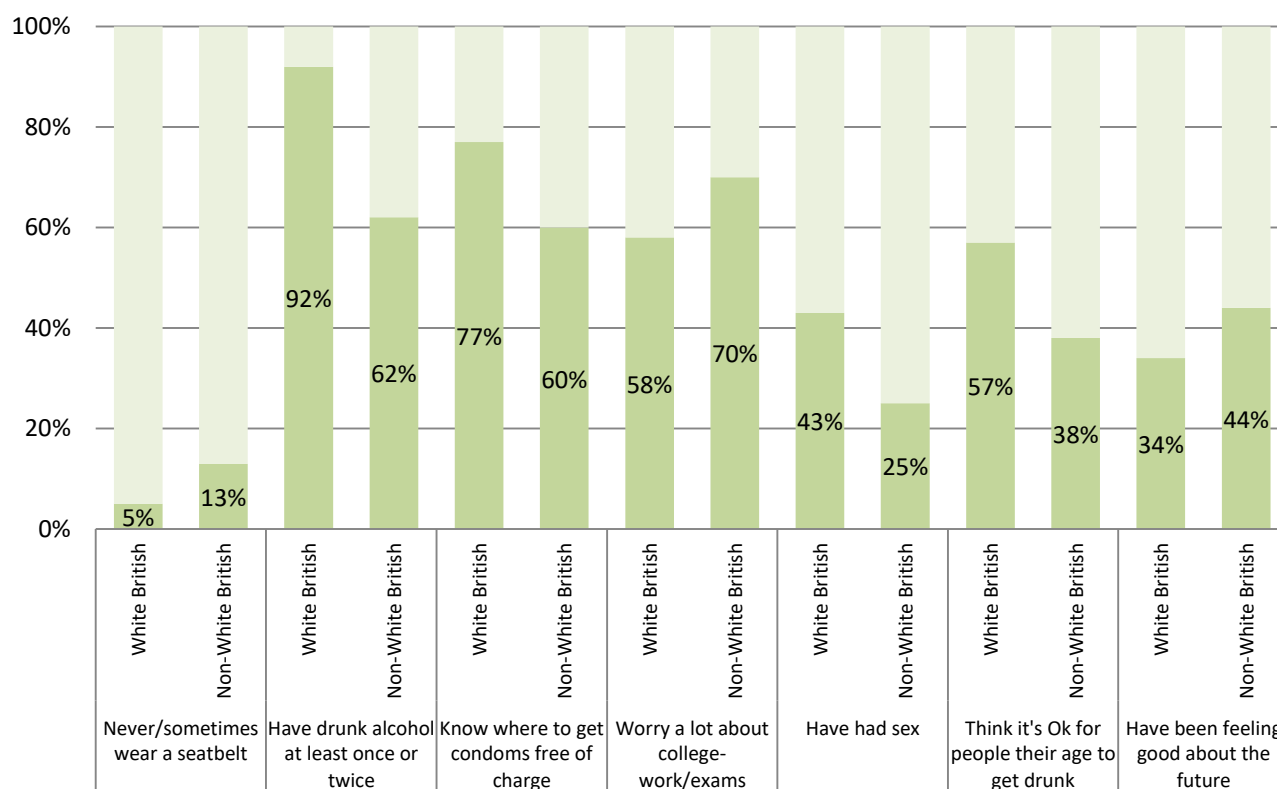
Year 9 pupils White British vs. Non-White British



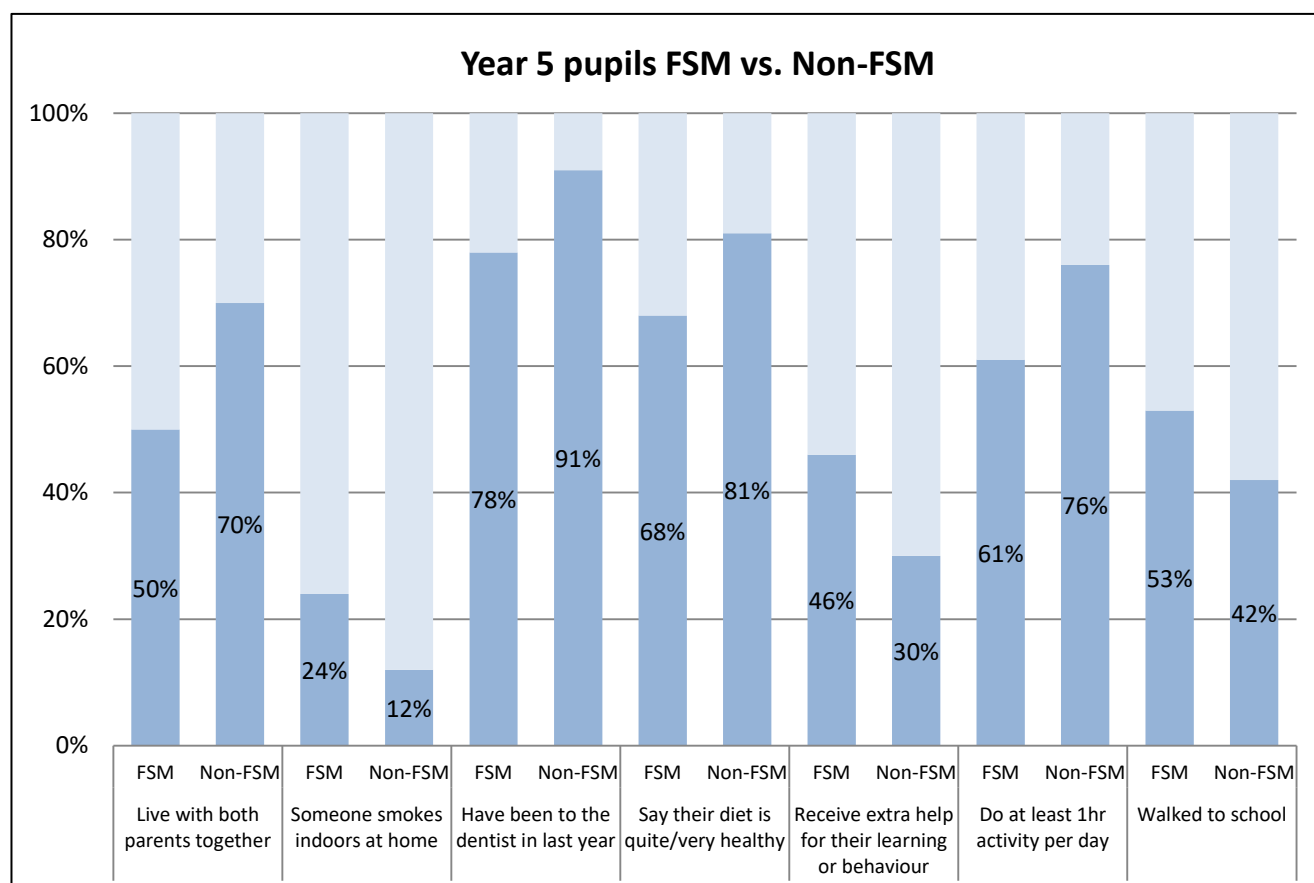
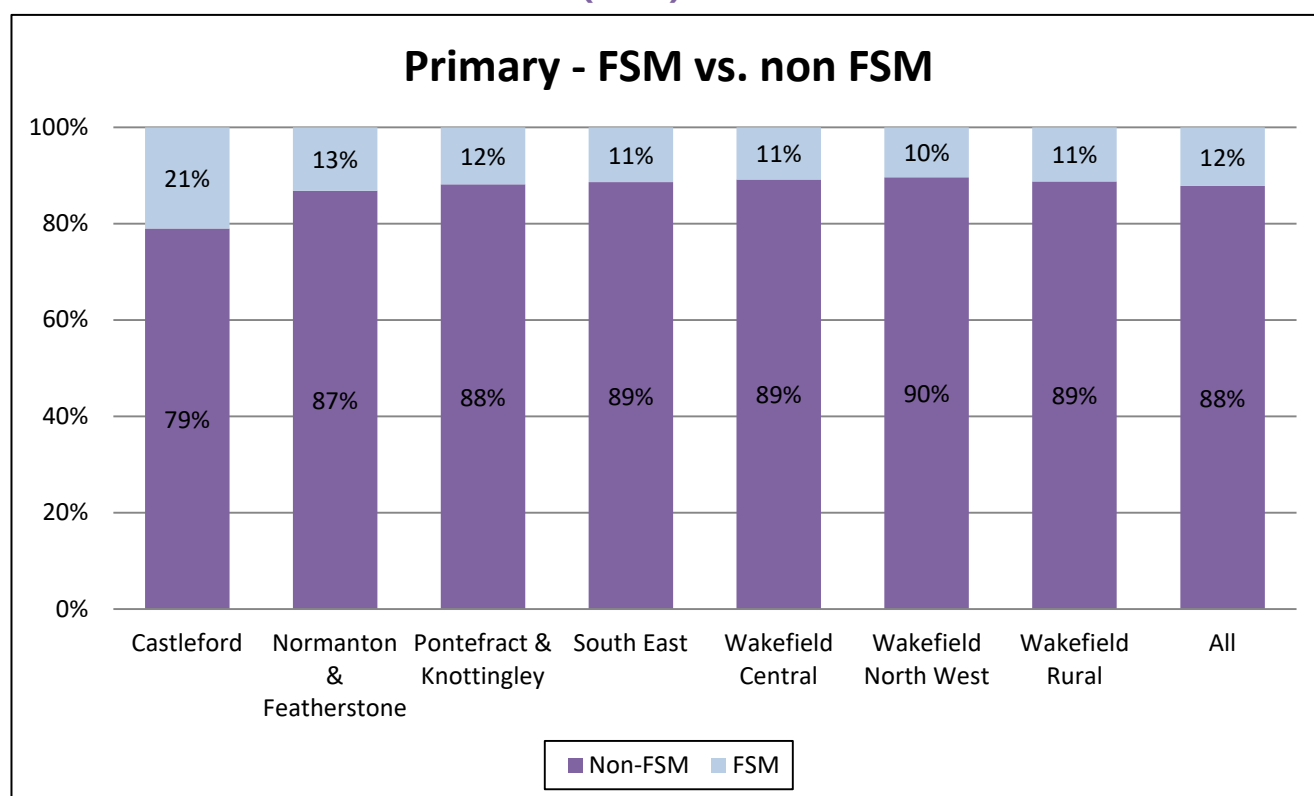
FE - Ethnicity

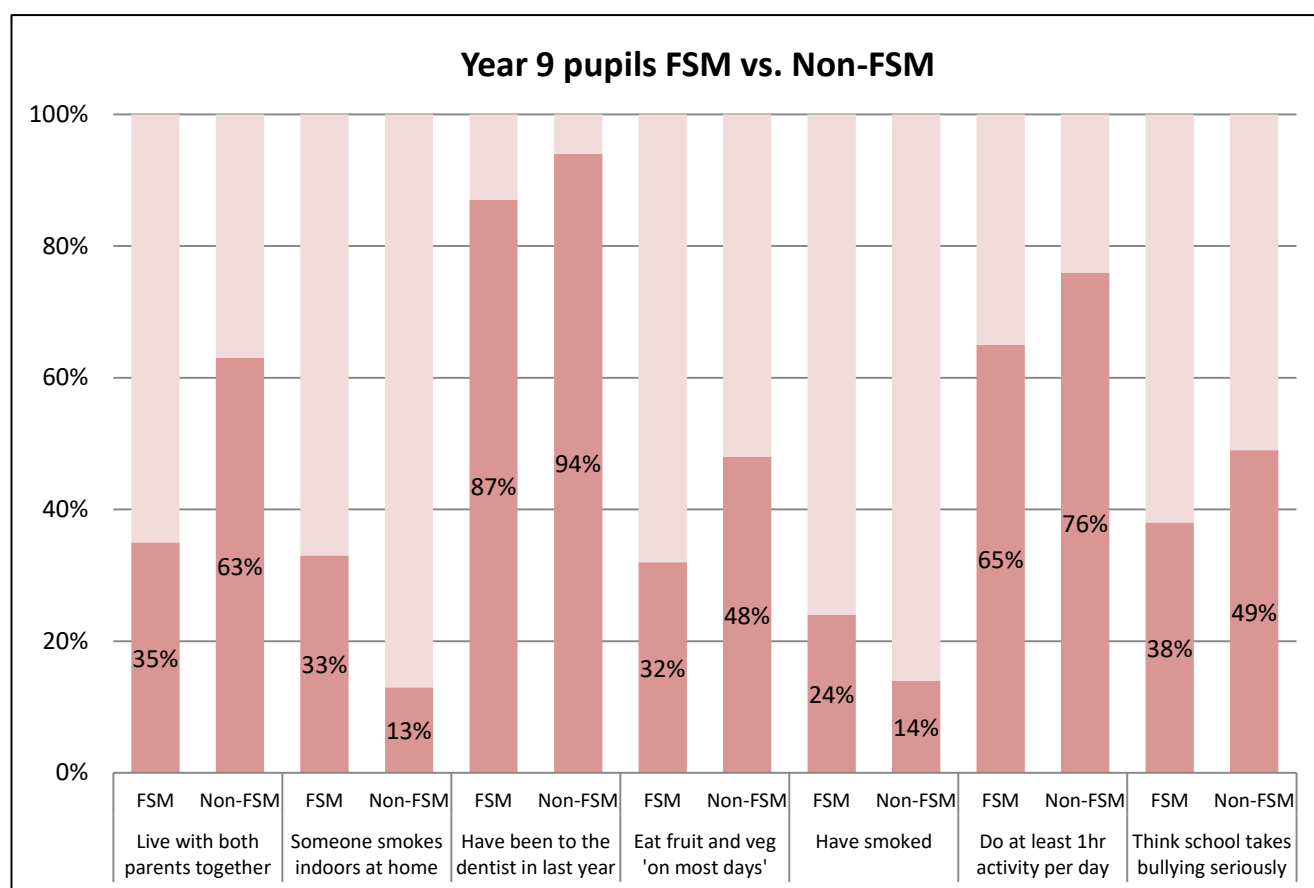
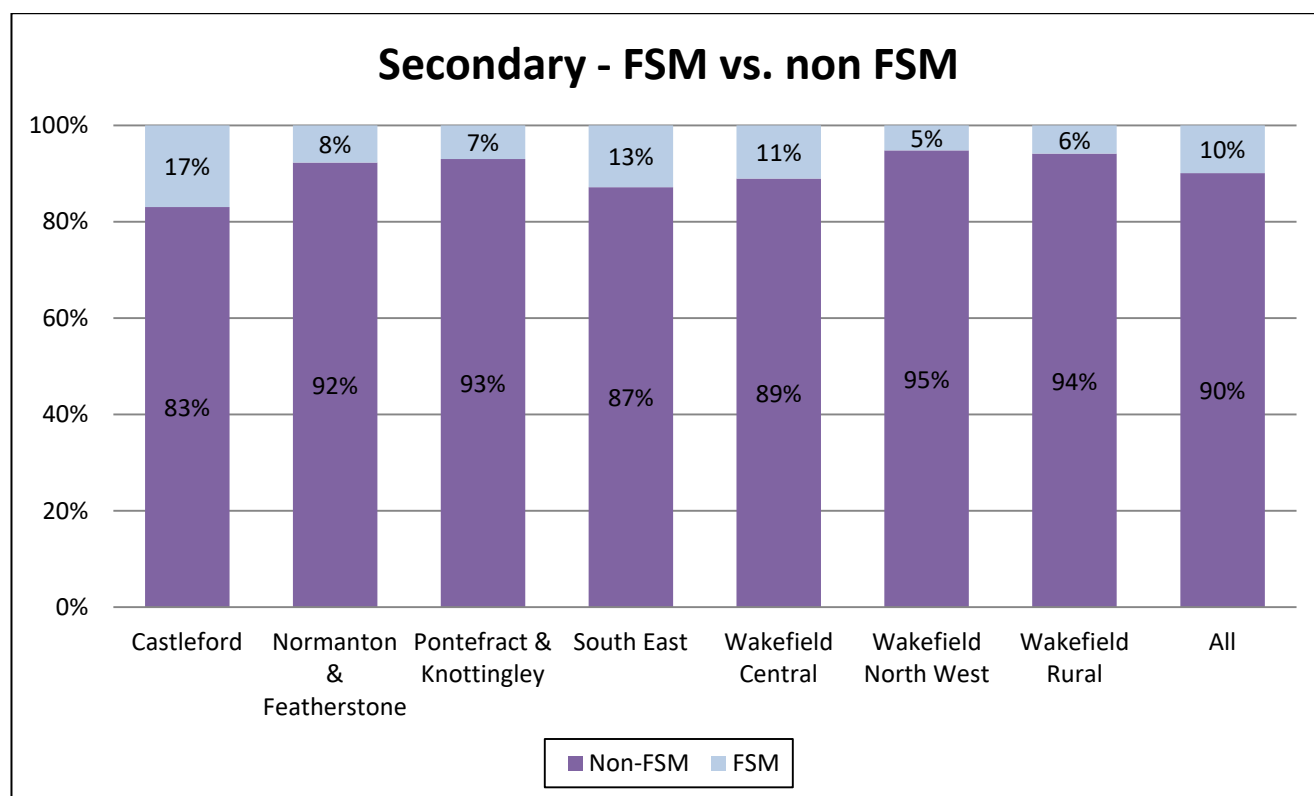


Year 12+ students White British vs. Non-White British

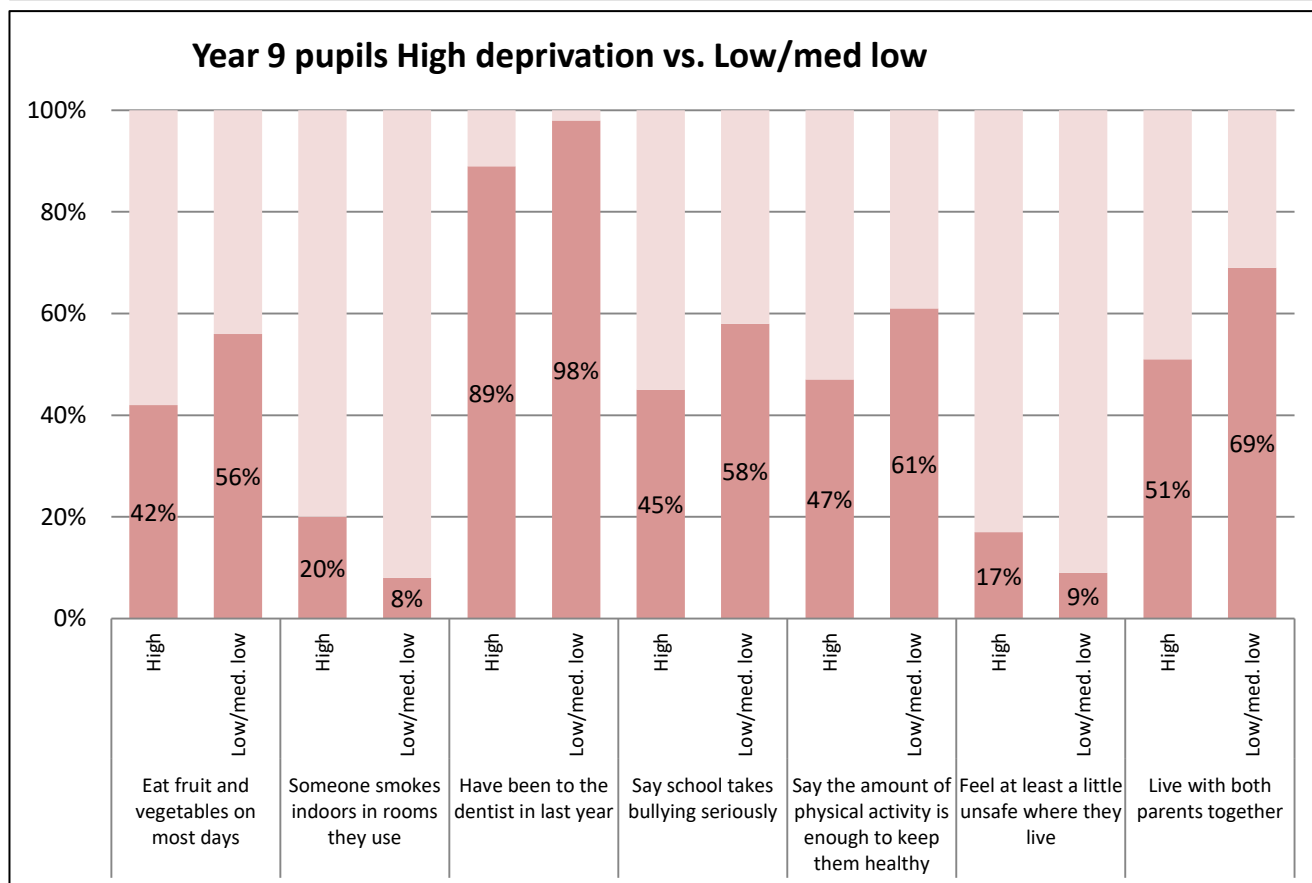
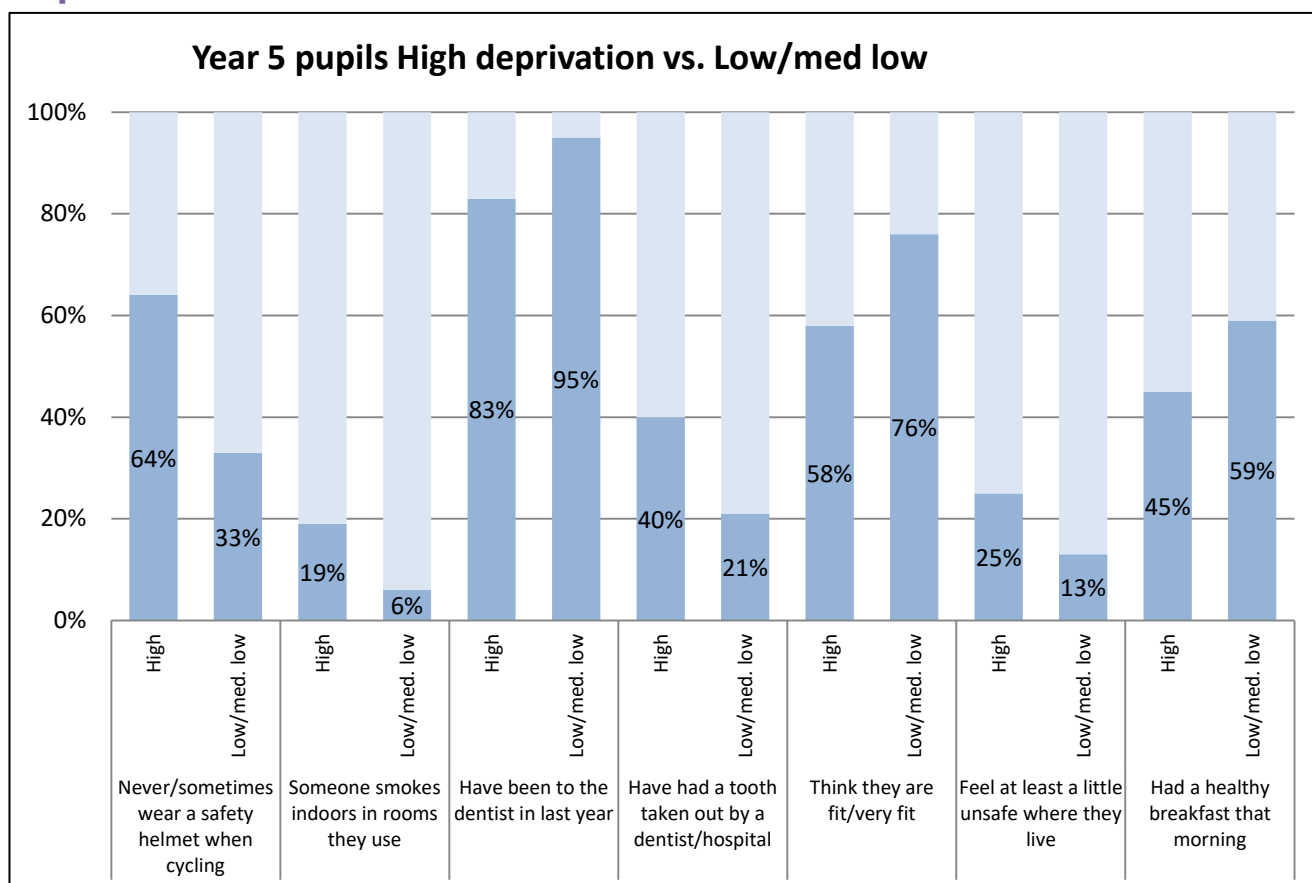


Differences in free school meals (FSM) across Wakefield District

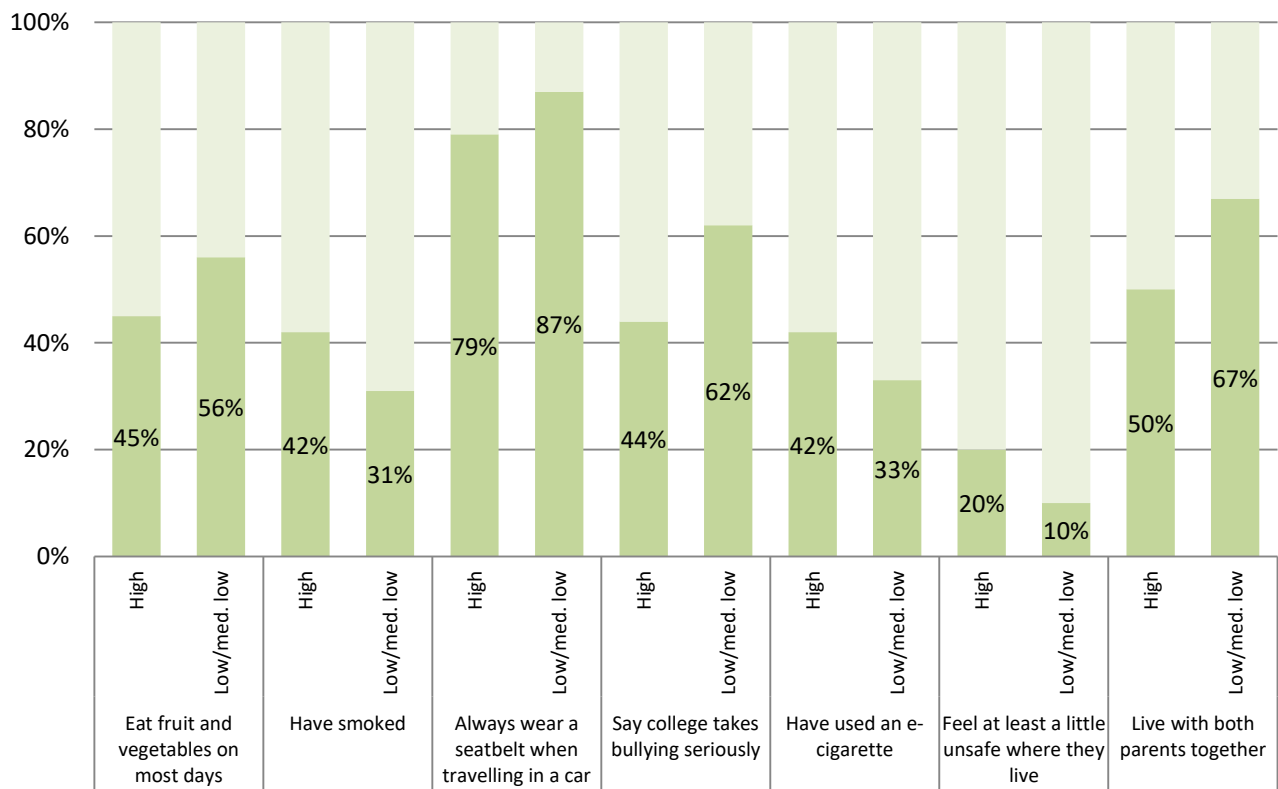




Deprivation Indices



Year 12+ students High deprivation vs. Low/med low



Thanks

We are grateful to the teachers, schools and young people for their time and contributions to this survey. As a result we have excellent information to be used by schools, Wakefield Council and other relevant health, statutory and voluntary agencies. This work ensures local children and young people are listened to and their needs inform service provision, resource allocation and programme planning.

Schools taking part in the 2016 survey:

Airedale Academy, All Saints Featherstone CE (VA) Junior Infant and Nursery School, Alverthorpe St Paul's CE (VA) School, Ash Grove Junior and Infant School, Carleton Community High School, Castleford Academy, Castleford Oyster Park Primary School, Castleford Park Junior Academy, Crigglestone Dane Royd Junior and Infant School, Crigglestone Mackie Hill Junior and Infant School, Crigglestone St James CE Primary Academy, Crofton Academy, De Lacy Academy, English Martyrs Catholic Primary School, Gawthorpe Community Academy, Hemsworth Arts and Community Academy, Hemsworth Grove Lea Primary School, Hental Primary School, Highfield Special School, Horbury St Peter's and Clifton CE (VC) Primary School, Jerry Clay Academy, Minsthorpe Community College, Moorthorpe Primary School, New College Pontefract, Newton Hill Community School, Normanton Common Primary Academy, Northfield Primary School, Ossett Academy and Sixth Form College, Ossett Flushdyke Junior and Infant School, Ossett Holy Trinity CE VA Primary School, Ossett South Parade Primary School, Ossett Southdale CE VC Junior School, Outwood Grange Academy, Outwood Primary Academy Kirkhamgate, Outwood Primary Academy Ledger Lane, Pinderfields Hospital PRU, Pontefract Carleton Park Junior and Infant School, Pontefract Orchard Head Junior and Infant and Nursery School, Rooks Nest Academy, Sacred Heart Catholic Primary School, Sharlston Community School, Shay Lane Primary (J and I) School, Sitlington Middlestown Junior and Infant School, Sitlington Netherton Junior and Infant School, St Helen's CE Primary School, St Ignatius Catholic Primary School, St John the Baptist Catholic Primary School, St Joseph's Catholic Primary School, Moorthorpe, Streethouse, Junior, Infant and Nursery School, The Freeston Academy, The King's School, Towngate Primary Academy, Wakefield City Academy, Wakefield College, Wakefield Flanshaw Junior and Infant School, Wakefield Greenhill Primary School, Wakefield Pinders Primary (JIN) School, Wakefield St Johns CE VA Junior and Infant School, Wakefield the Mount Junior and Infant School, Walton Primary Academy, West Bretton Junior and Infant School and Willow Green Academy.